

2023 Aquathlon Series Award

First name	Last name	Age category	AQ1	AQ2	AQ3	AQ Champ	Points	Pos	Club
CHALLENGE DISTANCE (BEST 3)									
Tammy	TANG	Female Age Group 20-24 .	100	100	100	100	300.0	1	First Ten Generation Team
Sin Laam	TANG	Female Age Group 20-24 .	33		20	50	103.3	2	
Ka Hung	TSANG	Female Age Group 25-29 .	100	67	100	100	300.0	1	
Hoi Yan	LEUNG	Female Age Group 25-29 .	89	100	86		274.6	2	
Hiu Yan	TONG	Female Age Group 25-29 .	78	33	71	50	199.2	3	Crest Ray Recreation & Sports Club
Chau Yu	NG	Female Age Group 30-34 .	89		82	100	270.7	1	South China Athletic Association
Ceci	LEE	Female Age Group 30-34 .	67	83	64		213.6	2	Excel Swim Sports Association
Amy	MIAO	Female Age Group 30-34 .	78	50	55		182.3	3	South China Athletic Association
Alkira	REINFRANK	Female Age Group 30-34 .	44	33	36		114.1	4	
Cheung Sze	WU	Female Age Group 30-34 .	33	17	45		95.5	5	Titan Triathlon
Cheryl Jessica	LAW	Female Age Group 35-39 .		60	71	100	231.4	1	
Man Fung	POON	Female Age Group 40-44 .	100	33	89	25	222.2	1	Energetic Triathlon Shatin
Amandine	COURRET	Female Age Group 45-49 .	100	100	100	100	300.0	1	South China Athletic Association
Ka Ling	LIM	Female Age Group 45-49 .	40	33		50	123.3	2	
Stephanie	TRESCH	Female Age Group 50-54 .	29	40	80	100	220.0	1	
Hau Yi Dora	LI	Female Age Group 50-54 .		80	60	67	206.7	2	Energetic Triathlon Shatin
Wai Fun	LIU	Female Age Group 50-54 .	43	100	40	33	182.9	3	Sonic Sports Association
Wing Yee	CHEUNG	Female Age Group 55-59 .	100	100	100	100	300.0	1	Alpha Zone Sports
Kwok Choi Josephine	LEE	Female Age Group 55-59 .	67	50	50		166.7	2	Tritons Triathlon Club
"Angel, Yin Ling"	TSOI	Female Age Group 60-64 .	100		100	100	300.0	1	Energetic Triathlon Shatin
Shun Ying	WONG	Female Age Group 60-64 .	50	100	67		216.7	2	AustSports Association
Choi Ping	CHAU	Female Age Group 60-64 .		50	33	50	133.3	3	
Tsun Hei	LAU	Male Age Group 20-24 .	100	100	100	100	300.0	1	
Long Kit	CHIU	Male Age Group 20-24 .	67	80	89		235.6	2	New Sports Triathlon
Ka Nok Carlos	CHENG	Male Age Group 20-24 .	33		67	50	150.0	3	Compass Sports Association
Leong Tim	LAW	Male Age Group 30-34 .	100	100	100		300.0	1	First Ten Generation Team
Thibaud	LEMAIRE	Male Age Group 30-34 .	90	80	90	100	280.5	2	Sonic Sports Association

2023 Aquathlon Series Award

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Ting Ho	CHEUNG	Male Age Group 30-34 .	95	90	95		280.2	3	Compass Sports Association
Ming Hei	HO	Male Age Group 30-34 .	70		71	86	227.1	4	Energetic Triathlon Shatin
Kenneth Yee Lok	WU	Male Age Group 30-34 .	75	60	62	71	208.3	5	Compass Sports Association
Chung	HO	Male Age Group 30-34 .	20	40	14		74.3	6	Crest Ray Recreation & Sports Club
King Hei	KO	Male Age Group 35-39 .	100	100	100	100	300.0	1	Titan Triathlon
Sean	MA	Male Age Group 35-39 .	88	92	87	88	268.0	2	
Cheuk Man	CHAN	Male Age Group 35-39 .	76	85	93	75	254.4	3	Titan Triathlon
Cyril	GOMEZ	Male Age Group 35-39 .	71	77	77		224.4	4	
Wai Lun	SUEN	Male Age Group 35-39 .	41	8	60	25	126.2	5	
Wai Kit	WOO	Male Age Group 40-44 .	100	100	91	89	290.9	1	
Chi Kin Bernard	LEE	Male Age Group 40-44 .	92	94	100		286.4	2	
Gump	WONG YUK HEI	Male Age Group 40-44 .		82	82	67	230.8	3	
Jim	TSANG	Male Age Group 40-44 .	85	71	55		209.7	4	Alpha Zone Sports
Ken	ISHIHATA	Male Age Group 40-44 .	69	76	64	56	209.3	5	
Suphathorn	RAMABUTR	Male Age Group 40-44 .	62	41		44	147.2	6	Tritons Triathlon Club
Ngok Pang Ronald	CHAN	Male Age Group 40-44 .	46	53		33	132.4	7	New Sports Triathlon
Tik Ho	CHUM	Male Age Group 45-49 .	100	100	100	91	300.0	1	Aqua Gym Sport Association
Benjamin	GEBERT	Male Age Group 45-49 .	89	63	94		245.8	2	
Pak-Fai	CHAN	Male Age Group 45-49 .	61	69	78		207.6	3	
Chi Lai Anthony	LAI	Male Age Group 45-49 .		44	44	45	133.6	4	
Lam Fung	LOK	Male Age Group 45-49 .	56	6	50	27	132.8	5	New Sports Triathlon
KA MING	Lai	Male Age Group 45-49 .	11	19		9	39.0	6	
Olivier	COURRET	Male Age Group 50-54 .		100	100	100	300.0	1	South China Athletic Association
Atsushi	MATSUZAWA	Male Age Group 50-54 .	90	86	86		261.4	2	
Samuel	JIM	Male Age Group 50-54 .	70	71	71		212.9	3	New Sports Triathlon
Ka On	YIU	Male Age Group 50-54 .	20	43	29	50	121.4	4	Sonic Sports Association
Lap Kei	CHEUNG	Male Age Group 50-54 .	10	29		25	63.6	5	
Kenji	UENO	Male Age Group 55-59 .		100	91	100	290.9	1	
Bertram	SHI	Male Age Group 55-59 .		86	82	71	239.0	2	Energetic Triathlon Shatin
Ma Chi Po	MA	Male Age Group 55-59 .	75	71	55	57	203.6	3	New Sports Triathlon
Man Kwong	CHEUNG	Male Age Group 55-59 .	63		64	43	169.0	4	Mango Swimming Club
Kin Keung	LEUNG	Male Age Group 55-59 .	38	29	45	29	111.5	5	Energetic Triathlon Shatin

2023 Aquathlon Series Award

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Check Yin	WONG	Male Age Group 65 & Over .	100		100	100	300.0	1	Mango Swimming Club
Kong	SHEK	Male Age Group 65 & Over .	71	100	78	80	257.8	2	AustSports Association
King Yuen	CHAN	Male Age Group 65 & Over .	57	75	67	60	201.7	3	New Sports Triathlon
Fai Ming	CHAN	Male Age Group 65 & Over .	43	50	56	40	148.4	4	AustSports Association
Pu Chak	YUNG	Male Elite Junior 1 ...	67	100		71	238.1	1	The Little Dolphin Swimming Training Center
Pak Yiu Anson	WONG	Male Elite Junior 1 ...	100	83		29	211.9	2	First Ten Generation Team
Wai Chun	TSANG	Male Elite Junior 1 ...	83	67	29	57	207.1	3	AustSports Association
Chak Lam	WAN	Male Elite Junior 1 ...	17	17	14	43	76.2	4	Energetic Triathlon Shatin
Pak Hoi	CHAN	Male Elite Junior 2	100	100	50		250.0	1	
Shing Him	YU	Male Elite Open	100	100	100	100	300.0	1	Energetic Triathlon Shatin
Ho Kwan	CHAN	Male Elite Open	33	50	20	67	150.0	2	
SPRINT DISTANCE (BEST 3)(*BEST 2)									
Yan Wing	TO	Female Age Group 20-29		100	67	100	266.7	1	Crest Ray Recreation & Sports Club
Tsz Huen Alexandra	WAN	Female Age Group 20-29	50	75	33	60	185.0	2	Crest Ray Recreation & Sports Club
Chung Kay Joyce	WONG	Female Age Group 30-39	67	71	67	50	204.8	1	Energetic Triathlon Shatin
Kit Yi	FUNG	Female Age Group 30-39	50	29	33		111.9	2	
Suet Ying	CHUNG	Female Age Group 30-39	33	43	17		92.9	3	New Sports Triathlon
Ka Sin	WONG	Female Age Group 40-49	86	67	67		219.0	1	
Nga Yee	LI	Female Age Group 40-49	57	33		50	140.5	2	Energetic Triathlon Shatin
Shuk Han Karen	LUI	Female Age Group 50-59	100		100	100	300.0	1	Energetic Triathlon Shatin
Yuen Hung	TAM	Female Age Group 60 & Over	100	100	100		300.0	1	AustSports Association
Petra	STAMENOVIC	Female Elite Youth		100	60	100	260.0	1	
Sarah Elise	MODIANO	Female Elite Youth	100	71		75	246.4	2	South China Athletic Association
Wan Tung	WONG	Female Elite Youth	75	57	80		212.1	3	Energetic Triathlon Shatin
Hayley	TSANG	Female Elite Youth	50	14		50	114.3	4	Energetic Triathlon Shatin
Lok Tung	WONG	Female Elite Youth	25	43	40		107.9	5	
Oi Yin	CHAN	Female Elite Youth		29	20	25	73.6	6	
Nicole	CHAU	Female Junior 1	100	78	67	100	277.8	1	
Hiu Tung	TANG	Female Junior 1	50	100	100	75	275.0	2	

2023 Aquathlon Series Award

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Ka Nok	NG	Male Age Group 20-29*	80		80	100	180.0	1	
Kai Yin	WONG	Male Age Group 20-29*	20		60	50	110.0	2	Crest Ray Recreation & Sports Club
Chun Ting Timothy	HO	Male Age Group 30-39*	100		100	100	200.0	1	Energetic Triathlon Shatin
Chun Sum Samuel	HO	Male Age Group 30-39*	94			90	184.1	2	Energetic Triathlon Shatin
Keiichiro	KUMAI	Male Age Group 30-39*			67	80	146.7	3	
Chun Hong	LAM	Male Age Group 30-39*	76		50		126.5	4	
Kam Yeung	YIM	Male Age Group 30-39*	6		8	10	18.3	5	
Kazuya	KURIBAYASHI	Male Age Group 40-49	100	83	100		282.6	1	
Takeshi	HAYASHI	Male Age Group 40-49	97	87	91		274.9	2	
Derek Hing Kwok	MA	Male Age Group 40-49	87	91	87		264.9	3	
Wai Hung	CHAN	Male Age Group 40-49	73	65	83	88	243.4	4	
Ryuji	TAKAHASHI	Male Age Group 40-49	67	74	78		218.8	5	
Hon Suen	MOK	Male Age Group 40-49	57	39	65	75	196.9	6	
Kin Lim	KWAN	Male Age Group 40-49	47		61	56	163.8	7	Energetic Triathlon Shatin
Leon	CHAN	Male Age Group 40-49		48	26	63	136.4	8	Alpha Zone Sports
Wai Ho	TSE	Male Age Group 40-49	13	57	43		113.3	9	Alpha Zone Sports
Kin Lun	LO	Male Age Group 40-49	7	43		50	100.1	10	Alpha Zone Sports
Ka Chun	WONG	Male Age Group 40-49	10	22	17	44	82.9	11	
Hon Yip	CHAN	Male Age Group 40-49		9	9	25	42.4	12	
Shu Wah Jimmy	WAN	Male Age Group 50-59	89	100	100	100	300.0	1	Energetic Triathlon Shatin
Jiro	IOKIBE	Male Age Group 50-59	100	82	90	88	277.5	2	
Yosuke	OKA	Male Age Group 50-59	78	73	60	75	225.5	3	
Sunil	SHAH	Male Age Group 50-59	22	27		25	74.5	4	
Iwata	TAKATOSHI	Male Age Group 60 & Over	100	100	100		300.0	1	
Yin Cheong	WONG	Male Age Group 60 & Over	67	67	50	100	233.3	2	Energetic Triathlon Shatin
Lok Shi	LAM	Male Elite Youth*	83		100	100	200.0	1	Energetic Triathlon Shatin
Nok Hei	WONG	Male Elite Youth*	100		90	89	190.0	2	
Ho Chun	AU	Male Elite Youth*	17		60	78	137.8	3	Energetic Triathlon Shatin
Ka Hei Cyrus	CHAN	Male Elite Youth*	67		70	56	136.7	4	
Kwong Hei Anson	TSANG	Male Elite Youth*	50		80		130.0	5	Energetic Triathlon Shatin
Aitan	GOLDBERG	Male Elite Youth*	33			67	100.0	6	Energetic Triathlon Shatin
Pak Long	LAI	Male Elite Youth*			30	44	74.4	7	Sparkle Triathlon

2023 Aquathlon Series Award

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Tsun Fung	YIM	Male Elite Youth*			40	33	73.3	8	Sparkle Triathlon
Yui Hei Mason	CHAN	Male Elite Youth*			10	22	32.2	9	Energetic Triathlon Shatin
Auscar	TSANG	Male Elite Youth*			20	11	31.1	10	Energetic Triathlon Shatin
Po Shun	YICK	Male Junior 1*	80		100	100	200.0	1	Sparkle Triathlon
Yu Chak	CHOW	Male Junior 1*	60		67	88	154.2	2	Crest Ray Recreation & Sports Club
Chin Yeung	LAI	Male Junior 1*	40			75	115.0	3	Crest Ray Recreation & Sports Club
Yin	KEI	Male Junior 1*			33	63	95.8	4	Aqua Gym Sport Association
Tsun Kiu	LUI	Male Junior 2*	100		100	100	200.0	1	Compass Sports Association
King Ching	LEUNG	Male Junior 2*	75		80		155.0	2	
Siu Wo	AU YEUNG	Male Junior 2*	50		60	67	126.7	3	The Little Dolphin Swimming Training Center
Lok Ping	TUNG	Male Junior 2*	25		40		65.0	4	
DISCOVERY DISTANCE (BEST 2)									
Yan Tao	SHUM	Boys 2008	100		100	100	200.0	1	
Tsz Him	MOK	Boys 2008	86		80	50	165.7	2	
Chi Him Ryan	YAU	Boys 2008	57		60	75	135.0	3	
Chun Max	TAI	Boys 2008	71		40		111.4	4	Pro-trinity Sports Club
Chun Ming Marcus	WU	Boys 2008			20	25	45.0	5	
Chun Hei	WONG	Boys 2009	100		67	100	200.0	1	The Little Dolphin Swimming Training Center
Tin Chak	WONG	Boys 2009	80		100	71	180.0	2	
Ching Ho	KWOK	Boys 2009	60		89	86	174.6	3	Crest Ray Recreation & Sports Club
Jesse Wai Ching	CHEUNG	Boys 2009	50		56		105.6	4	
Pak Lam Cass	MAN	Boys 2009	40		33		73.3	5	AustSports Association
Hei Tung	NG	Boys 2009			22	43	65.1	6	
Cheuk Ki	CHUNG	Boys 2009	30		11		41.1	7	AustSports Association
Mathis Hin Lun	SHUM	Boys 2010	94		88	100	194.1	1	
Edison	WONG	Boys 2010	82		100	56	182.4	2	Sonic Sports Association
Hong Nam	LAU	Boys 2010	53		75	89	163.9	3	Alpha Zone Sports
Alban	MODIANO	Boys 2010	65			78	142.5	4	South China Athletic Association
Chum	TSZ HO	Boys 2010	59		63		121.3	5	Aqua Gym Sport Association
Lucas	WONG	Boys 2010	47		38	67	113.7	6	Energetic Triathlon Shatin
Pak Hei	CHAN	Boys 2010	24			44	68.0	7	
Chak Yan Bosco	WAN	Boys 2011	100		100	100	200.0	1	Energetic Triathlon Shatin
Tze Kiu	TAM	Boys 2011	93		92	75	184.5	2	Energetic Triathlon Shatin

2023 Aquathlon Series Award

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Cheuk Kiu	NG	Boys 2011	71		83	92	175.0	3	Energetic Triathlon Shatin
Ian Chi Yan	CHUNG	Boys 2011	86		67	83	169.0	4	Sparkle Triathlon
Tsz Long	CHAN	Boys 2011	79		58	67	145.2	5	Energetic Triathlon Shatin
Cheuk Yin Desmond	CHAU	Boys 2011	64		50	58	122.6	6	Energetic Triathlon Shatin
Yik Hei	LAU	Boys 2011	57			50	107.1	7	
Yat Hay Sky	CHAN	Boys 2011	29		25	33	61.9	8	Energetic Triathlon Shatin
Pak Yin	CHU	Boys 2011			33	25	58.3	9	AustSports Association
O	SHAM	Boys 2011	43		8		51.2	10	
Wing Chi	LAU	Girls 2008	75		100	100	200.0	1	
Christa	CHEN	Girls 2008	50		50		100.0	2	Energetic Triathlon Shatin
Hau Yau	LEUNG	Girls 2009			50	100	150.0	1	
Tsz Yin	CHAN	Girls 2010	67		100	100	200.0	1	Hoi Ngai Sports Association
Yuet Hei	NG	Girls 2010	100		75	50	175.0	2	Energetic Triathlon Shatin
Yi Chun	CHAN	Girls 2010	50		25		75.0	3	AustSports Association
Hong Ching	WONG	Girls 2011	80		100	100	200.0	1	The Little Dolphin Swimming Training Center
Heulwen	CHAU	Girls 2011	100		67	60	166.7	2	Energetic Triathlon Shatin
Ava	COLIN-JONES	Girls 2011	40			80	120.0	3	
Chin Yat	WONG	Girls 2011	60		33		93.3	4	
TRIKIDS DISTANCE (BEST 2)									
Chun Ching	TING	Boys 2012	100		100	100	200.0	1	Sparkle Triathlon
Yuen Ying Max	TSUI	Boys 2012	93		93		185.7	2	
Yui Hang	CHOI	Boys 2012	64		79	89	167.5	3	
Leong Yin	AU	Boys 2012	57		86	78	163.5	4	Sparkle Triathlon
Cheuk Yat Julien	WONG	Boys 2012	86		71	56	157.1	5	Sparkle Triathlon
Hun Man	NG	Boys 2012	79		64		142.9	6	Sparkle Triathlon
Cheuk Nam Janko	AU	Boys 2012	71		50	44	121.4	7	Energetic Triathlon Shatin
Ling Chun	HUNG	Boys 2012	50		57		107.1	8	Hoi Ngai Sports Association
Tsz Fung	CHAN	Boys 2012	36		43		78.6	9	Hoi Ngai Sports Association
Hao Che	CHANG	Boys 2012	43		36		78.6	10	Crest Ray Recreation & Sports Club
Jack	DALLING	Boys 2012	29		29		57.1	11	
San Mau Jacob	MAK	Boys 2013	100		92	100	200.0	1	Sparkle Triathlon
Pak Long Casper	CHAN	Boys 2013	95		83	91	185.6	2	Energetic Triathlon Shatin
Yi Chun Leonard	WU	Boys 2013	89		50	64	153.1	3	South China Athletic Association

2023 Aquathlon Series Award

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Damon	LAU	Boys 2013	79			73	151.7	4	Energetic Triathlon Shatin
Chun Him Louis	WONG	Boys 2013	74		75		148.7	5	Energetic Triathlon Shatin
Lap Yan	KEI	Boys 2013	53		58	82	140.2	6	Sparkle Triathlon
Ho Ching Angus	LEUNG	Boys 2013	68		67		135.1	7	The Little Dolphin Swimming Training Center
Yu Ming Marcus	LAM	Boys 2013	84		33		117.5	8	
Ting Hei Aiken	CHAN	Boys 2013	63		42	45	108.6	9	
Chun Lok	LI	Boys 2013	47			55	101.9	10	
Yau Hei	TONG	Boys 2013	32			18	49.8	11	Energetic Triathlon Shatin
Xianda	WU	Boys 2013	11			27	37.8	12	The Little Dolphin Swimming Training Center
Tsz Long	TANG	Boys 2013			25	9	34.1	13	
Chun Yin Jairus	LAI	Boys 2014	100		92	73	191.7	1	Sparkle Triathlon
Yat Long Jay	CHAN	Boys 2014	88		75	100	187.5	2	Energetic Triathlon Shatin
Kai Hei	LEUNG	Boys 2014			83	64	147.0	3	
Hok Sum	AU	Boys 2014	75		67	45	141.7	4	Sparkle Triathlon
Wan Hin	MOK	Boys 2014			58	55	112.9	5	
Ling Chim	HUNG	Boys 2014	63		33		95.8	6	Hoi Ngai Sports Association
Chung Yu	WONG	Boys 2014			50	36	86.4	7	Energetic Triathlon Shatin
Lok Tin Mike	MAN	Boys 2014	50		25		75.0	8	AustSports Association
Nok Norman	CHAN	Boys 2014			42	18	59.8	9	The Little Dolphin Swimming Training Center
Gareth Pak Kiu	LI	Boys 2014	13		17	9	29.2	10	
Chi Yin Ivin	CHUNG	Boys 2015	80		100	100	200.0	1	Sparkle Triathlon
Yat Hei Isaac	POON	Boys 2015	100		80	60	180.0	2	AustSports Association
Chun Kiu	YU	Boys 2015	60		60	80	140.0	3	Sparkle Triathlon
Hiu Yau	YEUNG	Girls 2012	100		100	100	200.0	1	
Skye Nuo	NGUYEN	Girls 2012			60	75	135.0	2	
Ka Yan	LEUNG	Girls 2012	67		40		106.7	3	
Cin Yee Cydnee	CHUNG	Girls 2013	100		100	100	200.0	1	Sparkle Triathlon
Cheuk Lam	CHUNG	Girls 2013	75		40	83	158.3	2	Energetic Triathlon Shatin
Tsz Shun	CHAN	Girls 2013			80	50	130.0	3	
Jessie	HO	Girls 2013	50			67	116.7	4	Kun Sports Association
Tsz Wan Ingrid	FONG	Girls 2013	25		60	33	93.3	5	Crest Ray Recreation & Sports Club
Chin Yui	CHAN	Girls 2014	100		100		200.0	1	AustSports Association
Ceinwen	CHAU	Girls 2014	50		86	100	185.7	2	Energetic Triathlon Shatin

2023 Aquathlon Series Award

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Keira Joy	LEUNG	Girls 2014	83		43		126.2	3	First Ten Generation Team
Hei Kiu	NG	Girls 2014	67		57		123.8	4	AustSports Association
Jess	DALLING	Girls 2014	17		71		88.1	5	
Lok Yin Alicia	LAU	Girls 2014	33		29		61.9	6	The Little Dolphin Swimming Training Center
Ka Pik Abigail	MAK	Girls 2015	100		100	100	200.0	1	Sparkle Triathlon
Cheryl	LAU	Girls 2015	75		80	50	155.0	2	First Ten Generation Team
Tin Wai	LAW	Girls 2015			60	33	93.3	3	
Tsz Yau Gwen	FONG	Girls 2015	50		40	17	90.0	4	Crest Ray Recreation & Sports Club
Niesha	BRAR	Girls 2015	25		20		45.0	5	First Ten Generation Team