

2024 Overall Individual Series Awards

Awards Categories

Male Elite Open	Female Elite Open
Male Elite Junior 1	Female Elite Junior 1
Male Elite Junior 2	Female Elite Junior 2
Male 20-24	Female 20-24
Male 25-29	Female 25-29
Male 30-34	Female 30-34
Male 35-39	Female 35-39
Male 40-44	Female 40-44
Male 45-49	Female 45-49
Male 50-54	Female 50-54
Male 55-59	Female 55-59
Male 60-64	Female 60-64
Male 65 & Over	Female 65 & Over
Male Junior 1	Female Junior 1
Male Junior 2	Female Junior 2
Male Elite Youth	Female Elite Youth
Male Youth 1 (12-13)	Female Youth 1 (12-13)
Male Youth 2 (14-15)	Female Youth 2 (14-15)
Male TriKids 1 (8-9)	Female TriKids 1 (8-9)
Male TriKids 2 (10-11)	Female TriKids 2 (10-11)
Male 20-29 (Mainly Short Distances)	Female 20-29 (Mainly Short Distances)
Male 30-39 (Mainly Short Distances)	Female 30-39 (Mainly Short Distances)
Male 40-49 (Mainly Short Distances)	Female 40-49 (Mainly Short Distances)
Male 50-59 (Mainly Short Distances)	Female 50-59 (Mainly Short Distances)
Male 60 & Over (Mainly Short Distances)	Female 60 & Over (Mainly Short Distances)

2024 Overall Individual Series – Eligible Races

Event	Elite Open	Elite Junior	Elite Youth	Age Group (Long Distance)	Age Group (Short Distance)	Junior 1/2	2009 - 2012	2013 - 2016	Point
2024 Aquathlon Series – Race 1	Challenge	Challenge	Sprint	Challenge	Sprint	Sprint	Discovery	TriKids	1
2024 Aquathlon Series – Race 2	Challenge	Challenge	Sprint	Challenge	Sprint	Sprint	Discovery	TriKids	1
2024 Aquathlon Series – Race 3	Challenge	Challenge	Discovery	Challenge	Sprint	Sprint	Discovery	TriKids	1
2024 Aquathlon Championships	Challenge	Challenge	Sprint	Challenge	Sprint	Sprint	Discovery	TriKids	1
2024 Duathlon Series – Race 1	Challenge	Sprint	Discovery	Challenge	Sprint	Sprint	Discovery	TriKids	1
2024 Duathlon Series – Race 2	-	Sprint	Discovery	Challenge	Challenge	Sprint	Discovery	TriKids	1
2024 Duathlon Series – Race 3	-	Sprint	Discovery	Challenge	Challenge	Sprint	Discovery	TriKids	1
67th Festival of Sports - 2024 Age Group Triathlon	Challenge	Sprint	Discovery	Challenge	Discovery	Sprint	Discovery	TriKids	1
Hong Kong Summer Triathlon Challenge 2024	Sprint	Sprint	Discovery	Challenge	Discovery	Sprint	Discovery	TriKids	1
2024 Asia Triathlon U15 & Youth Championships Asia Cup HONG KONG	Asia Cup (AM)	Youth Champ/ Asia Cup (AM)	Asia U15 Champ	Challenge	Discovery	Challenge	TriKids 2	TriKids 1	1

- Trophies will be awarded to the top 3 competitors with the highest overall eligible score in the above races. These trophies will be presented at the Annual Awards Ceremony.
- Athletes must participate and finish in at least **two** Duathlon (one for Age Group short distance) & **two** Aquathlon & **two** Triathlon races to be eligible for the Overall Individual Series Award. However, there will no longer be an Overall Individual Series Award this year if less than two to three overall races be held for whatever reason.
- The overall ranking in each category will be determined by adding the scores (The 2 highest score races of Aquathlon, Triathlon races and Duathlon races/one for Duathlon races for short distance), The winner being the one with the highest total score.
- In the event, one or more participants having the same overall eligible score, the participants who finished with a higher position in the 2024 Asia Triathlon U15 & Youth Championships and Hong Kong Asia Cup will rank in front of the other.