

## 2023 Benchmarking Name List (Swim) - 5 April 2023

Race No	Heat	Time	Lane	Name(ENG)	Name(CHN)	Category	Swim	Remarks
503	1	1:20	1	Tsang Wai Chun	曾澤灑	Male Elite Junior 17	400m	NS
504	1	1:20	2	Wan Chak Lam	溫澤林	Male Elite Junior 17	400m	NS
505	1	1:20	3	Yip Tsz Hin	葉子軒	Male Elite Junior 17	400m	NS
506	1	1:20	4	Chu Yan Ho	朱昕浩	Male Elite Junior 18	400m	NS
507	1	1:20	5	Lun Anson	倫柏翹	Female Elite Junior 16	400m	NS
508	1	1:20	6	Leung Tsz Long	梁子朗	Female Elite Junior 19	400m	NS
509	1	1:20	7	Tang Hiu Tung	鄧曉桐	Female Elite Junior 17 / Female 16 & above	400m/200m	NS/RS
501	2	1:30	1	Lun Paco Pak Hou	倫柏灑	Male Elite U23	800m	NS
502	2	1:30	2	Chan Ho Kwan	陳灑鈞	Male Elite U23	800m	NS
510	2	1:30	3	Chan Ka Hei Cyrus	陳家晞	Male Youth 15	200m	NS
518	2	1:30	4	Wan Chak Yan Bosco	溫澤仁	Male Youth 13 & below	200m	NS
519	2	1:30	5	Ting Ngai Chun	丁毅臻	Male Youth 13 & below	200m	NS
515	2	1:30	6	Chan Yui Hei	陳睿浠	Male Youth 13 & below / Male 13	200m	NS/NDS
517	2	1:30	7	Tam Tze Kiu	譚子翹	Male Youth 13 & below / Male 12	200m	NS/NDS
520	3	1:38	1	Ting Chun Ching	丁進澄	Male Youth 13 & below	200m	NS
521	3	1:38	2	Au-Yeung Siu-Wo Nathan	歐陽兆和	Male Junior 18 & above	200m	NDS
511	3	1:38	3	Lai Pak Long	黎柏朗	Male Youth 15	200m	NS
512	3	1:38	4	Aitan Hilton Goldberg	-	Male Youth 15	200m	NS
513	3	1:38	5	Wong Chun Hei	黃俊偉	Male Youth 14	200m	NS
514	3	1:38	6	Feng Chak Yan	馮澤恩	Male Youth 14	200m	NS
516	3	1:38	7	Edison Wong	黃子健	Male Youth 13 & below / Male 13	200m	NS/NDS
522	4	1:46	1	Chow Yu Chak	周雨澤	Male Junior 16 / Male 16 & above	200m	NDS/RS
523	4	1:46	2	Yick Po Shun Yemi	易甫鎔	Male Junior 16 / Male 16 & above	200m	NDS/RS
524	4	1:46	3	Leung Ka Yui Kami	梁珈睿	Female Youth 13 & below	200m	NS
525	4	1:46	4	Wong Lok Tung	王樂彤	Female Youth 14	200m	NS
526	4	1:46	5	Sarah Elise Modiano	-	Female Youth 14	200m	NS
527	4	1:46	6	Chan Oi Yin	陳愛妍	Female Youth 14	200m	NS
528	4	1:46	7	Wong Wan Tung	黃允彤	Female Youth 15	200m	NS
529	5	1:54	1	Ng Cheuk Kiu	吳卓翹	Male 12	200m	NDS
530	5	1:54	2	Chung Chi Yan Ian	鍾智仁	Male 12	200m	NDS
531	5	1:54	3	Chau Cheuk Yin Desmond	周卓賢	Male 12	200m	NDS/RS
532	5	1:54	4	Lam King Sing Kurtis	林敬昇	Male 12	200m	NDS
533	5	1:54	5	Cheung Wai Shing, Jesse	張維正	Male 14	200m	NDS
534	5	1:54	6	Man Pak Lam Cass	文柏藍	Male 14	200m	NDS/RS
535	5	1:54	7	Wong Chun Him Louis	黃俊謙	Male 10	200m	RS
536	6	2:02	1	Damon Lau Sze Chai	劉思齊	Male 10	200m	RS
537	6	2:02	2	Mak San Mau Jacob	麥宸畝	Male 10	200m	RS
538	6	2:02	3	Choi Yui Hang	蔡睿珩	Male 11	200m	RS
543	6	2:02	4	Tsui Yuen Ying Max	隋元瑛	Male 11	200m	RS
544	6	2:02	5	Au Cheuk Nam Janko	區卓嵐	Male 11	200m	RS
546	6	2:02	6	Chan Yat Hay Sky	陳逸希	Male 12	200m	RS
547	6	2:02	7	Chan Tsz Long	陳子朗	Male 12	200m	RS
548	7	2:10	1	Tai, Chak Marc	戴澤	Male 13	200m	RS
549	7	2:10	2	Lau Hong Nam	劉康楠	Male 13	200m	RS
550	7	2:10	3	Shum Mathis Hin Lun	沈衍輪	Male 13	200m	RS
551	7	2:10	4	Lucas Wong	王諾	Male 13	200m	RS
552	7	2:10	5	Chau Heulwen	周焯慧	Female 12	200m	NDS
553	7	2:10	6	Leung Hiu Tung	梁曉彤	Female 13	200m	NDS/RS

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554	7	2:10	7	Chan Yi Chun	陳以臻	Female 13	200m	NDS/RS
555	8	2:18	1	Cheung Sin Tung	張善桐	Female 13	200m	NDS/RS
556	8	2:18	2	Chung Chi Yee Cydnee	鍾倩兒	Female 10	200m	RS
557	8	2:18	3	Yeung Hiu Yau	楊曉悠	Female 11	200m	RS
558	8	2:18	4	Law Sum Yin	羅沁妍	Female 13	200m	RS
559	8	2:18	5	Lin Wai Lam	連焯琳	Female 14	200m	RS
560	8	2:18	6	Cheung Man Ying	張敏盈	Female 14	200m	RS
561	8	2:18	7	Ma Yi	馬懿	Female 11	200m	RS

562	9	2:26	2	Kei Yin	紀彥	Male 16 & above	200m	RS
563	9	2:26	3	Tai Chun Max	戴晉	Male 15	200m	RS
564	9	2:26	4	Yau Chi Him Ryan	丘志謙	Male 15	200m	RS
565	9	2:26	5	Mok Tsz Him	莫子謙	Male 15	200m	RS
566	9	2:26	6	Shum Yan To	沈恩途	Male 15	200m	RS