

2022 Aquathlon Series Race 2 Start List

Race no.	Heat	Start Time	Swim cap	Last Name	First Name	Distance	Race Category	Club
309	1	7:00	Green	WONG	Tsz To	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Elite Open (NS only)	
310	1	7:00	Green	YU	Shing Him	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Elite Open (NS only)	
311	1	7:00	Green	TAN	James	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Elite Open (NS only)	South China Athletic Association
312	1	7:00	Green	NG	Jason	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Elite Open (NS only)	
313	1	7:00	Green	TSANG	Cheung Sing Nicholas	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Elite Open (NS only)	
314	1	7:00	Green	HUNG	Tik Long	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Elite Open (NS only)	New Sports Triathlon
315	1	7:00	Green	KWAN	Lok Chun Andrew	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Elite Junior (NS only)	South China Athletic Association
316	1	7:00	Green	WONG	Ka Ho	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Elite Junior (NS only)	First Ten Generation Team
317	1	7:00	Green	CHAN	Ho Kwan	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Elite Junior (NS only)	New Sports Triathlon
318	1	7:00	Green	CHAN	Yui Fung	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Elite Junior (NS only)	Energetic Triathlon Shatin
319	1	7:00	Green	FOK	Wang Hin Ian	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Elite Junior (NS only)	
320	1	7:00	Green	TSANG	Wai Chun	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Elite Junior (NS only)	AustSports Association
321	1	7:00	Green	WAN	Chak Lam Bobby	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Elite Junior (NS only)	Energetic Triathlon Shatin
561	1	7:00	Green	CHU	Yan Ho	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Elite Junior (NS only)	
562	1	7:00	Green	YIP	Tsz Hin	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Elite Junior (NS only)	
322	1	7:00	Green	HALL	Charlotte	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Female Elite Junior (NS only)	Hong Kong Football Club Swimming and Triathlon Society
323	1	7:00	Green	WRIGHT	Tallulah Taye	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Female Elite Junior (NS only)	
324	1	7:00	Green	COURRET	Pauline	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Female Elite Junior (NS only)	South China Athletic Association
469	1	7:00	Green	LO	Cheuk Yat	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Female Elite Junior (NS only)	
325	1	7:00	Green	CHO	Wing To Cheri	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Female Elite Open (NS only)	
326	2	7:25	White	LEUNG	Ka Sin	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Female Age Group 20-24	
327	2	7:25	White	TANG	Tammy	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Female Age Group 20-24	First Ten Generation Team
480	2	7:25	White	LEE	Wai Man	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Female Age Group 20-24	New Sports Triathlon
328	2	7:25	White	TONG	Hui Yan	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Female Age Group 25-29	Crest Ray Recreation & Sports Club
329	2	7:25	White	TSANG	Ka Hung	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Female Age Group 25-29	
330	2	7:25	White	LAM	Sin Ching	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Female Age Group 25-29	New Sports Triathlon
331	2	7:25	White	CHAN	Hok Ming Adeline	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Female Age Group 25-29	Sonic Sports Association
332	2	7:25	White	LI	Tsz Yu	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Female Age Group 25-29	New Sports Triathlon
333	2	7:25	White	KWAN	Natalie	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Female Age Group 30-34	
334	2	7:25	White	REINFRANK	Alkira Lee	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Female Age Group 30-34	
335	2	7:25	White	BENTLEY	Gillian	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Female Age Group 30-34	Sonic Sports Association
336	2	7:25	White	CECI	Lee	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Female Age Group 30-34	Excel Swim Sports Association
337	2	7:25	White	SIU	Tsz Hang Rachel	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Female Age Group 30-34	
338	2	7:25	White	HAI	Belle	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Female Age Group 35-39	Alpha Zone Sports
339	2	7:25	White	LAI	Sophia	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Female Age Group 35-39	Energetic Triathlon Shatin
340	2	7:25	White	TSE	Wing Sum Agnes	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Female Age Group 35-39	New Sports Triathlon
341	2	7:25	White	HUNG	Shirley	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Female Age Group 35-39	
342	2	7:25	White	PANG	Lok Man	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Female Age Group 35-39	Titan Triathlon
343	2	7:25	White	CHAU	Chiu Nam	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Female Age Group 35-39	
344	2	7:25	White	LAU	Michelle	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Female Age Group 40-44	
345	2	7:25	White	TAM	Sau Chu Eliza	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Female Age Group 40-44	
346	2	7:25	White	WONG	Gi Wai Gigi	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Female Age Group 40-44	Sonic Sports Association
347	2	7:25	White	LEE	Janice	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Female Age Group 40-44	Sonic Sports Association
348	2	7:25	White	IRVINE	Janet Anne	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Female Age Group 40-44	Sonic Sports Association
349	2	7:25	White	WU	Ka Wing	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Female Age Group 40-44	Sonic Sports Association
350	2	7:25	White	POON	Man Fung	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Female Age Group 40-44	Energetic Triathlon Shatin
351	2	7:25	White	KWOK	Ching Chi	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Female Age Group 40-44	Sonic Sports Association
352	2	7:25	White	TAM	Pui Yi Elizabeth	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Female Age Group 45-49	Crest Ray Recreation & Sports Club
353	2	7:25	White	YIP	Lai Chong	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Female Age Group 45-49	Sonic Sports Association
354	2	7:25	White	COURRET	Amandine	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Female Age Group 45-49	South China Athletic Association
355	2	7:25	White	LI	Hau Yi Dora	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Female Age Group 50-54	Energetic Triathlon Shatin

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Race no.	Heat	Start Time	Swim cap	Last Name	First Name	Distance	Race Category	Club
356	2	7:25	White	LUI	Shuk Han Karen	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Female Age Group 50-54	Energetic Triathlon Shatin
357	2	7:25	White	LIU	Wai Fun	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Female Age Group 50-54	
358	2	7:25	White	LAI	Ingrid	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Female Age Group 55-59	
359	2	7:25	White	CHEUNG	Wing Yee	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Female Age Group 55-59	Alpha Zone Sports
360	2	7:25	White	TSOI	Angel, Yin Ling	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Female Age Group 60-64	Energetic Triathlon Shatin
361	2	7:25	White	WONG	Shun Ying	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Female Age Group 60-64	AustSports Association
362	2	7:25	White	CHAU	Choi Ping	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Female Age Group 60-64	
363	2	7:25	White	LEUNG	Yuk Ching Christina	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Female Age Group 65 & Over	Energetic Triathlon Shatin
364	2	7:25	White	YEUNG	Sai Hee Sally	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Female Age Group 65 & Over	New Sports Triathlon
365	3	7:50	Blue	CHEK	Yiu Wing	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 50-54	Alpha Zone Sports
366	3	7:50	Blue	SZETO	Wing Kei	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 50-54	Energetic Triathlon Shatin
367	3	7:50	Blue	TANG	Jerry	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 50-54	Sonic Sports Association
368	3	7:50	Blue	MOK	Ho Yin	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 50-54	Energetic Triathlon Shatin
369	3	7:50	Blue	YEUNG	Yam Ho	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 50-54	
370	3	7:50	Blue	YIU	Ka On	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 50-54	Sonic Sports Association
371	3	7:50	Blue	LAMBOURN	Lionel	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 50-54	
372	3	7:50	Blue	FAN	Xiaowen	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 50-54	Energetic Triathlon Shatin
373	3	7:50	Blue	LIU	Jeffrey	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 50-54	Mango Swimming Club
374	3	7:50	Blue	MATSUZAWA	Atsushi	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 50-54	
375	3	7:50	Blue	KWAN	Chi Man	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 55-59	New Target Sport Association
376	3	7:50	Blue	LEONG	Chung Ming	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 55-59	
377	3	7:50	Blue	HO	Kwong Ngai Eric	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 55-59	AustSports Association
378	3	7:50	Blue	CHIH	Ming Yuen	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 55-59	Alpha Zone Sports
379	3	7:50	Blue	BURTON	Scott	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 55-59	
380	3	7:50	Blue	LEUNG	Kin Keung	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 55-59	Energetic Triathlon Shatin
381	3	7:50	Blue	LEE	Lai Chung	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 55-59	Mango Swimming Club
382	3	7:50	Blue	MA	Ma Chi Po	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 55-59	New Sports Triathlon
560	3	7:50	Blue	KONG	Tak Wa Paul	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 55-59	Energetic Triathlon Shatin
383	3	7:50	Blue	CHOI	Tai Wing	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 60-64	AustSports Association
384	3	7:50	Blue	WONG	Ho Man Jonathan	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 60-64	AustSports Association
385	3	7:50	Blue	IP	Wing Kwong	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 60-64	Energetic Triathlon Shatin
386	3	7:50	Blue	WONG	Check Yin	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 65 & Over	Mango Swimming Club
387	3	7:50	Blue	CHAN	King Yuen	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 65 & Over	New Sports Triathlon
388	3	7:50	Blue	CHAN	Stephen King Che	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 65 & Over	Energetic Triathlon Shatin
389	3	7:50	Blue	SHEK	Kong	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 65 & Over	AustSports Association
390	3	7:50	Blue	CHAN	Fai Ming	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 65 & Over	AustSports Association
391	4	8:15	Yellow	SAU	Miu Cheung	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 35-39	Energetic Triathlon Shatin
392	4	8:15	Yellow	GOMEZ	Cyril	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 35-39	Hong Kong Dragons Triathlon Club
393	4	8:15	Yellow	WONG	Chi Kit	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 35-39	The Little Dolphin Swimming Training Center
394	4	8:15	Yellow	HU	Daolong	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 35-39	Energetic Triathlon Shatin
395	4	8:15	Yellow	WONG	Ka Ho Lawrence	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 35-39	Sonic Sports Association
396	4	8:15	Yellow	WRIGHT	Henry	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 35-39	
397	4	8:15	Yellow	PUN	Tak Kiu	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 35-39	AustSports Association
398	4	8:15	Yellow	TSANG	Jim	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 35-39	Alpha Zone Sports
399	4	8:15	Yellow	TAM	Yau Yan	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 35-39	AustSports Association
559	4	8:15	Yellow	RAFFERTY	Colm	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 35-39	Hong Kong Dragons Triathlon Club
400	4	8:15	Yellow	WAN	Sunny	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 40-44	
401	4	8:15	Yellow	TSOI	Hiu Fai	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 40-44	Sonic Sports Association
402	4	8:15	Yellow	LEE	Chi Kin Bernard	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 40-44	South China Athletic Association
403	4	8:15	Yellow	FU	Yin Wing, Jerry	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 40-44	

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Race no.	Heat	Start Time	Swim cap	Last Name	First Name	Distance	Race Category	Club
404	4	8:15	Yellow	CHAN	Ngok Pang Ronald	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 40-44	New Sports Triathlon
405	4	8:15	Yellow	LEUNG	Tsz	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 40-44	Hoi Ngai Sports Association
406	4	8:15	Yellow	WONG YUK HEI	Gump	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 40-44	
407	4	8:15	Yellow	LAU	Sheung Man	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 40-44	
408	4	8:15	Yellow	AU	Siu Ming	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 40-44	The Little Dolphin Swimming Training Center
409	4	8:15	Yellow	DALLING	Will	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 40-44	
410	4	8:15	Yellow	WOO	Wai Kit	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 40-44	Excel Swim Sports Association
411	4	8:15	Yellow	NG	Mark	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 40-44	Energetic Triathlon Shatin
412	4	8:15	Yellow	CHENG	Wing Shun Vincent	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 40-44	
413	4	8:15	Yellow	KIT	Oet	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 45-49	The Little Dolphin Swimming Training Center
414	4	8:15	Yellow	NG	Chi Wai Simon	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 45-49	Energetic Triathlon Shatin
415	4	8:15	Yellow	LAM	Wai Yip	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 45-49	
416	4	8:15	Yellow	YAN	Sui Tong Albert	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 45-49	South China Athletic Association
417	4	8:15	Yellow	LI	Ka Wing	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 45-49	Energetic Triathlon Shatin
418	4	8:15	Yellow	CHUM	Tik Ho	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 45-49	
419	4	8:15	Yellow	PAPALKAR	Jai	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 45-49	Sonic Sports Association
420	4	8:15	Yellow	LI	Chun Pong David	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 45-49	Sonic Sports Association
421	4	8:15	Yellow	LOK	Lam Fung	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 45-49	New Sports Triathlon
422	4	8:15	Yellow	FONG	Chi Wai	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 45-49	Crest Ray Recreation & Sports Club
423	4	8:15	Yellow	YEUNG	Wing Yin	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 45-49	Energetic Triathlon Shatin
424	4	8:15	Yellow	COURRET	Olivier	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 45-49	South China Athletic Association
425	4	8:15	Yellow	NG	Wing-Fai	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 45-49	
426	4	8:15	Yellow	TSE	Fuk Cheung	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 45-49	
427	4	8:15	Yellow	CHAN	Pak-Fai	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 45-49	
428	4	8:15	Yellow	LAM	Chung Kei	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 45-49	
429	4	8:15	Yellow	LEE	John Ho Chuen	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 45-49	
430	5	8:40	Green	CHENG	Ka Nok Carlos	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 20-24	
431	5	8:40	Green	LIN	Cheuk Kiu Bryan	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 20-24	New Sports Triathlon
432	5	8:40	Green	CHOI	Shi Him Josiah	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 20-24	
433	5	8:40	Green	LAM	Shun Sun	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 20-24	
434	5	8:40	Green	CHUNG	Siu Ting	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 20-24	New Sports Triathlon
435	5	8:40	Green	PIERCY	James	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 20-24	
436	5	8:40	Green	LEE	Chak Yan	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 25-29	Pro-trinity Sports Club
437	5	8:40	Green	WONG	Perry	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 25-29	New Sports Triathlon
438	5	8:40	Green	LAU	Chak Fung	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 25-29	New Sports Triathlon
439	5	8:40	Green	WONG	Hui Wai	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 25-29	Energetic Triathlon Shatin
440	5	8:40	Green	HO	Chun Hei	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 25-29	
441	5	8:40	Green	CHING	Ho Kwong Billy	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 25-29	New Sports Triathlon
442	5	8:40	Green	TSANG	Chi Lai	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 25-29	Alpha Zone Sports
443	5	8:40	Green	LAW	Leong Tim	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 25-29	First Ten Generation Team
444	5	8:40	Green	LAU	Tsun Ling	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 25-29	Dali Swimming Club
445	5	8:40	Green	WONG	Angus	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 25-29	
446	5	8:40	Green	NG	Ka Wai	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 25-29	AustSports Association
447	5	8:40	Green	MAN	Ho Yin	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 30-34	Excel Swim Sports Association
448	5	8:40	Green	KO	King Hei	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 30-34	Titan Triathlon
449	5	8:40	Green	LEE	Ming Ki	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 30-34	
450	5	8:40	Green	HO	Ming Hei	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 30-34	Energetic Triathlon Shatin
451	5	8:40	Green	WONG	Albert Hoi Fai	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 30-34	
452	5	8:40	Green	CHAN	Chun Lung Alan	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 30-34	New Sports Triathlon
453	5	8:40	Green	CHEUNG	Ting Ho	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 30-34	
454	5	8:40	Green	WU	Kenneth Yee Lok	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 30-34	

2022 Aquathlon Series Race 2 Start List

Race no.	Heat	Start Time	Swim cap	Last Name	First Name	Distance	Race Category	Club
455	5	8:40	Green	HO	Chun Ting Timothy	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 30-34	Energetic Triathlon Shatin
456	5	8:40	Green	HO	Chun Sum Samuel	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 30-34	Energetic Triathlon Shatin
457	5	8:40	Green	LAI	Wa Chun	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 30-34	
458	5	8:40	Green	CHAN	Lai Ho	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 30-34	
459	5	8:40	Green	KUSUNOKI	Hidenori	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 30-34	
460	5	8:40	Green	LAU	Long Fung	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.5k)	Male Age Group 30-34	New Sports Triathlon
461	6	9:30	Pink	LUN	Anson	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Elite Youth (NS only)	AustSports Association
462	6	9:30	Pink	MAN	Lai Ki Nicole	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Elite Youth (NS only)	Energetic Triathlon Shatin
463	6	9:30	Pink	GREATON	Tess Evelyn	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Elite Youth (NS only)	
464	6	9:30	Pink	STAMENOVIC	Petra	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Elite Youth (NS only)	
465	6	9:30	Pink	WONG	Wan Tung	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Elite Youth (NS only)	Energetic Triathlon Shatin
466	6	9:30	Pink	TANAKA	Miu	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Junior 1	
467	6	9:30	Pink	CHIU	Kai On	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Junior 1	
468	6	9:30	Pink	KWOK	Sze Ming	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Junior 1	
470	6	9:30	Pink	SWEETY	Woo	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Junior 2	
471	6	9:30	Pink	LEUNG	Tsz Long	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Junior 2	AustSports Association
472	6	9:30	Pink	YU	Chi Yan	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Master	Energetic Triathlon Shatin
473	6	9:30	Pink	LEUNG	Bonnie Boe Yu	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Master	
474	6	9:30	Pink	FU	Lai Ying	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Master	
475	6	9:30	Pink	WONG	Chung Kay Joyce	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Master	Energetic Triathlon Shatin
476	6	9:30	Pink	LI	Nga Yee	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Master	
477	6	9:30	Pink	YEUNG	Judy	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Open	Sonic Sports Association
478	6	9:30	Pink	KWAN	Ka Wan	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Open	Energetic Triathlon Shatin
479	6	9:30	Pink	WAN	Tsz Ching Elizabeth	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Open	New Sports Triathlon
481	6	9:30	Pink	WONG	Sze Wan Vivian	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Open	Alpha Zone Sports
482	6	9:30	Pink	TASKER	Tania	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Open	
483	6	9:30	Pink	WAN	Tsz Huen Alexandra	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Open	
484	6	9:30	Pink	NG	Chau Yu	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Open	South China Athletic Association
485	6	9:30	Pink	LEE	Kwok Choi Josephine	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Veteran	
486	6	9:30	Pink	LEE	Koon Fong Jo	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Veteran	
487	7	9:45	White	LAM	Lok Shi	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Elite Youth (NS only)	
488	7	9:45	White	TSANG	Auscar	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Elite Youth (NS only)	Energetic Triathlon Shatin
490	7	9:45	White	KAN	Carson	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Elite Youth (NS only)	Energetic Triathlon Shatin
491	7	9:45	White	WONG	Nok Hei	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Elite Youth (NS only)	
492	7	9:45	White	WONG	Pak Yiu Anson	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Elite Youth (NS only)	First Ten Generation Team
493	7	9:45	White	YUNG	Pu Chak	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Elite Youth (NS only)	The Little Dolphin Swimming Training Center
494	7	9:45	White	YIM	Tsun Fung	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Elite Youth (NS only)	Sparkle Triathlon
495	7	9:45	White	LUI	Tsun Kiu	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Junior 1	
496	7	9:45	White	TUNG	Lok Ping	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Junior 1	
497	7	9:45	White	LEUNG	Alan	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Junior 1	
498	7	9:45	White	LO	Hin Ching	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Junior 1	Energetic Triathlon Shatin
499	7	9:45	White	YUNG	Ying Wat Wesley	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Junior 2	AustSports Association
500	7	9:45	White	CHUN WAI	Cheung	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Junior 2	AustSports Association
501	7	9:45	White	LAU	Siu Yat	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Junior 2	AustSports Association
502	7	9:45	White	LUN	Paco Pak Hou	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Junior 2	AustSports Association
503	7	9:45	White	KWAN	Tszfungjeffrey	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Junior 2	AustSports Association
504	7	9:45	White	LEUNG	Anson	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Junior 2	New Sports Triathlon
505	7	9:45	White	FONG	Siu Cheung	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Junior 2	Crest Ray Recreation & Sports Club
506	7	9:45	White	POON	Pui Hin	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Junior 2	
507	7	9:45	White	REN	Mingqi	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Junior 2	

2022 Aquathlon Series Race 2 Start List

Race no.	Heat	Start Time	Swim cap	Last Name	First Name	Distance	Race Category	Club
508	7	9:45	White	KUNG	Alvin Yue Hin	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Open	Alpha Zone Sports
509	7	9:45	White	LIU	Jian Feng	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Open	
510	7	9:45	White	WONG	Ying Sun	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Open	
511	7	9:45	White	LI	Jing Yi Andrew	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Open	
512	7	9:45	White	CHU	Jason	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Open	New Sports Triathlon
513	7	9:45	White	LAU	Chun Kit	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Open	
514	7	9:45	White	LI	Hok Yee Terence	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Open	Titan Triathlon
515	7	9:45	White	LEUNG	Chin Fung	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Open	Sonic Sports Association
516	7	9:45	White	CHAN	Yin Ming	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Open	
517	7	9:45	White	NG	Ka Nok	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Open	
518	7	9:45	White	CHAN	Ken Ho Hin	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Open	
519	7	9:45	White	LEE	Ka Kit	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Open	
520	7	9:45	White	CHAN	Kit Pang	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Open	
521	8	10:00	Blue	KIT	Miracle	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Master	Alpha Zone Sports
522	8	10:00	Blue	LAM	Yiu Kwok	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Master	
523	8	10:00	Blue	YUSUKE	Shimozono	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Master	
524	8	10:00	Blue	CHAN	Yu Hoi	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Master	Energetic Triathlon Shatin
525	8	10:00	Blue	HUNG	Cheung Kit John	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Master	South China Athletic Association
526	8	10:00	Blue	HAYASHI	Takeshi	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Master	
527	8	10:00	Blue	WAN	Andy C	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Master	
528	8	10:00	Blue	WONG	Jason	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Master	
529	8	10:00	Blue	LAU	Chun Yu	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Master	
530	8	10:00	Blue	SO	Ray	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Master	Energetic Triathlon Shatin
531	8	10:00	Blue	LAI	Chi Lai Anthony	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Master	Sonic Sports Association
532	8	10:00	Blue	KWOK	Ka Chun	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Master	Energetic Triathlon Shatin
533	8	10:00	Blue	WONG	Ching Kong	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Master	Energetic Triathlon Shatin
534	8	10:00	Blue	CHONG	Ting Piu	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Master	Titan Triathlon
535	8	10:00	Blue	MA	Derek Hing Kwok	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Master	
536	8	10:00	Blue	CHAN	Pit Ho	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Master	Energetic Triathlon Shatin
537	8	10:00	Blue	KAM	Chi Tang Jacky	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Master	Alpha Zone Sports
538	8	10:00	Blue	CHOW	Lok Man	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Master	
539	8	10:00	Blue	LEE	Lap Ken Kenneth	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Master	Sonic Sports Association
540	8	10:00	Blue	TASKER	Simon	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Master	
541	8	10:00	Blue	MOK	Hon Suen	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Master	
542	8	10:00	Blue	KWOK	Keith	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Master	
543	8	10:00	Blue	KURIBAYASHI	Kazuya	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Master	
544	8	10:00	Blue	OKA	Yosuke	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Master	
545	8	10:00	Blue	TSANG	Kin Man	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Master	
546	8	10:00	Blue	YEUNG	Chi Ling Clement	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Veteran	Alpha Zone Sports
547	8	10:00	Blue	YEN	Ka Shun Sunny	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Veteran	Energetic Triathlon Shatin
548	8	10:00	Blue	IP	Wai Kit	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Veteran	Mango Swimming Club
549	8	10:00	Blue	SO	Wai Kit Ricky	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Veteran	Energetic Triathlon Shatin
550	8	10:00	Blue	LEUNG	Silky	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Veteran	New Sports Triathlon
551	8	10:00	Blue	POON	Chi Chiu Alex	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Veteran	
552	8	10:00	Blue	GREATON	Timothy	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Veteran	
553	8	10:00	Blue	WAN	Shu Wah Jimmy	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Veteran	Energetic Triathlon Shatin
554	8	10:00	Blue	KWOK	Yee Man	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Veteran	Alpha Zone Sports
555	8	10:00	Blue	YIU	Vor	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Veteran	
556	8	10:00	Blue	LEE	Vincent	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Veteran	
557	8	10:00	Blue	IOKIBE	Jiro	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Veteran	
558	8	10:00	Blue	LUI	Kam Shing Benjamin	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Veteran	Energetic Triathlon Shatin