

2022 Aquathlon Series Race 3 Start List

Race no.	Heat	Start Time	Swim cap	Last Name	First Name	Distance	Race Category	Club
563	1	07:00	Yellow	CHAN	Ho Kwan	Challenge Distance (Swim 900m/Run 7km)	Male Elite Junior (NS only)	New Sports Triathlon
564	1	07:00	Yellow	CHAN	Yui Fung	Challenge Distance (Swim 900m/Run 7km)	Male Elite Junior (NS only)	Energetic Triathlon Shatin
565	1	07:00	Yellow	CHU	Yan Ho Philip	Challenge Distance (Swim 900m/Run 7km)	Male Elite Junior (NS only)	South China Athletic Association
566	1	07:00	Yellow	FOK	Wang Hin Ian	Challenge Distance (Swim 900m/Run 7km)	Male Elite Junior (NS only)	
567	1	07:00	Yellow	KWAN	Lok Chun Andrew	Challenge Distance (Swim 900m/Run 7km)	Male Elite Junior (NS only)	South China Athletic Association
568	1	07:00	Yellow	TSANG	Wai Chun	Challenge Distance (Swim 900m/Run 7km)	Male Elite Junior (NS only)	AustSports Association
569	1	07:00	Yellow	TSZ HIN	Yip	Challenge Distance (Swim 900m/Run 7km)	Male Elite Junior (NS only)	
570	1	07:00	Yellow	WAN	Chak Lam Bobby	Challenge Distance (Swim 900m/Run 7km)	Male Elite Junior (NS only)	Energetic Triathlon Shatin
571	1	07:00	Yellow	WONG	Ka Ho	Challenge Distance (Swim 900m/Run 7km)	Male Elite Junior (NS only)	First Ten Generation Team
572	1	07:00	Yellow	HUNG	Tik Long	Challenge Distance (Swim 900m/Run 7km)	Male Elite Open (NS only)	New Sports Triathlon
573	1	07:00	Yellow	NG	Jason	Challenge Distance (Swim 900m/Run 7km)	Male Elite Open (NS only)	
574	1	07:00	Yellow	TAN	James	Challenge Distance (Swim 900m/Run 7km)	Male Elite Open (NS only)	South China Athletic Association
575	1	07:00	Yellow	TSANG	Cheung Sing Nicholas	Challenge Distance (Swim 900m/Run 7km)	Male Elite Open (NS only)	
576	1	07:00	Yellow	WONG	Tsz To	Challenge Distance (Swim 900m/Run 7km)	Male Elite Open (NS only)	
577	1	07:00	Yellow	YU	Shing Him	Challenge Distance (Swim 900m/Run 7km)	Male Elite Open (NS only)	
578	1	07:00	Yellow	CHENG	Ka Nok Carlos	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 20-24	
579	1	07:00	Yellow	CHOI	Shi Him Josiah	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 20-24	
580	1	07:00	Yellow	CHUNG	Siu Ting	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 20-24	New Sports Triathlon
581	1	07:00	Yellow	LAM	Shun Sun	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 20-24	
582	1	07:00	Yellow	LIN	Cheuk Kiu Bryan	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 20-24	New Sports Triathlon
583	1	07:00	Yellow	PIERCY	James	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 20-24	
584	1	07:00	Yellow	ABADIR	Alexandre	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 25-29	Sonic Sports Association
585	1	07:00	Yellow	LAU	Tsun Ling	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 25-29	Dali Swimming Club
586	1	07:00	Yellow	LAW	Leong Tim	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 25-29	First Ten Generation Team
587	1	07:00	Yellow	LEE	Chak Yan	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 25-29	Pro-trinity Sports Club
588	1	07:00	Yellow	NG	Ka Wai	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 25-29	AustSports Association
589	1	07:00	Yellow	TANG	Hon Man	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 25-29	Titan Triathlon
590	1	07:00	Yellow	TSANG	Chi Lai	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 25-29	Alpha Zone Sports
591	1	07:00	Yellow	CHAN	Cheuk Man	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 30-34	Titan Triathlon
592	1	07:00	Yellow	CHAN	Chun Lung Alan	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 30-34	New Sports Triathlon
593	1	07:00	Yellow	CHAN	Lai Ho	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 30-34	
594	1	07:00	Yellow	CHEUNG	Ting Ho	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 30-34	
595	1	07:00	Yellow	HO	Chun Sum Samuel	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 30-34	Energetic Triathlon Shatin
596	1	07:00	Yellow	HO	Chun Ting Timothy	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 30-34	Energetic Triathlon Shatin
597	1	07:00	Yellow	KO	King Hei	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 30-34	Titan Triathlon
598	1	07:00	Yellow	LAI	Wa Chun	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 30-34	
599	1	07:00	Yellow	LAU	Long Fung	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 30-34	New Sports Triathlon
600	1	07:00	Yellow	LEE	Ming Ki	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 30-34	
601	1	07:00	Yellow	LO	Yin Wai	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 30-34	Sonic Sports Association
602	1	07:00	Yellow	MAN	Ho Yin	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 30-34	Excel Swim Sports Association
603	1	07:00	Yellow	WONG	Chi Sum	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 30-34	Sonic Sports Association
604	1	07:00	Yellow	WU	Kenneth Yee Lok	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 30-34	
605	1	07:00	Yellow	LEE	Kwan Yu Brian	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 35-39	Energetic Triathlon Shatin
606	1	07:00	Yellow	LEE	Lap Ken Kenneth	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 35-39	Sonic Sports Association
607	1	07:00	Yellow	PUN	Tak Kiu	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 35-39	AustSports Association
608	1	07:00	Yellow	SAU	Miu Cheung	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 35-39	Energetic Triathlon Shatin
609	1	07:00	Yellow	TAM	Yau Yan	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 35-39	AustSports Association

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Race no.	Heat	Start Time	Swim cap	Last Name	First Name	Distance	Race Category	Club
610	1	07:00	Yellow	TSANG	Jim	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 35-39	Alpha Zone Sports
611	1	07:00	Yellow	WONG	Ka Ho Lawrence	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 35-39	Sonic Sports Association
612	1	07:00	Yellow	CHAN	Chi Wai	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 40-44	Energetic Triathlon Shatin
613	1	07:00	Yellow	CHAN	Ngok Pang Ronald	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 40-44	New Sports Triathlon
614	1	07:00	Yellow	CHENG	Wai Keung	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 40-44	AustSports Association
615	1	07:00	Yellow	CHIU	Kin Sang	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 40-44	AustSports Association
616	1	07:00	Yellow	CHOW	Kevin	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 40-44	
617	1	07:00	Yellow	FAN	Chun Yip	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 40-44	Health Guide Sports Association Company Limited
618	1	07:00	Yellow	FU	Yin Wing, Jerry	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 40-44	
619	1	07:00	Yellow	GEBERT	Benjamin	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 40-44	
620	1	07:00	Yellow	HO	Sung Sing	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 40-44	AustSports Association
621	1	07:00	Yellow	LAI	Chi Lai Anthony	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 40-44	Sonic Sports Association
622	1	07:00	Yellow	LEE	Chi Kin Bernard	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 40-44	South China Athletic Association
623	1	07:00	Yellow	LEUNG	Tsz	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 40-44	Hoi Ngai Sports Association
624	1	07:00	Yellow	MAK	Chun Yin	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 40-44	
625	1	07:00	Yellow	MOK	Chit	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 40-44	AustSports Association
626	1	07:00	Yellow	TSOI	Hui Fai	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 40-44	Sonic Sports Association
627	1	07:00	Yellow	WONG	Kwok Wah	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 40-44	AustSports Association
628	1	07:00	Yellow	WONG YUK HEI	Gump	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 40-44	
629	1	07:00	Yellow	WOO	Wai Kit	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 40-44	Excel Swim Sports Association
630	1	07:00	Yellow	YUNG	Man Hon	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 40-44	AustSports Association
696	1	07:00	Yellow	SHING	Henry	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 40-44	Health Guide Sports Association Company Limited
631	2	07:05	White	CHAN	Pak-Fai	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 45-49	
632	2	07:05	White	CHUM	Tik Ho	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 45-49	
633	2	07:05	White	COURRET	Olivier	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 45-49	South China Athletic Association
634	2	07:05	White	HAYASHI	Takeshi	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 45-49	
635	2	07:05	White	KIT	Oet	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 45-49	The Little Dolphin Swimming Training Center
636	2	07:05	White	LAM	Wai Yip	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 45-49	
637	2	07:05	White	LEE	Kin Man	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 45-49	South China Athletic Association
638	2	07:05	White	LOK	Lam Fung	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 45-49	New Sports Triathlon
639	2	07:05	White	LU	Bryant	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 45-49	Sonic Sports Association
640	2	07:05	White	NG	Chi Wai Simon	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 45-49	Energetic Triathlon Shatin
641	2	07:05	White	NG	Siu Hong	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 45-49	AustSports Association
642	2	07:05	White	NG	Wing-Fai	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 45-49	
643	2	07:05	White	PAPALKAR	Jai	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 45-49	Sonic Sports Association
644	2	07:05	White	TSE	Fuk Cheung	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 45-49	
645	2	07:05	White	WONG	Ching Kong	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 45-49	Energetic Triathlon Shatin
646	2	07:05	White	WONG	Man Kit	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 45-49	New Sports Triathlon
647	2	07:05	White	YAN	Sui Tong Albert	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 45-49	South China Athletic Association
648	2	07:05	White	YEUNG	Wing Yin	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 45-49	Energetic Triathlon Shatin
700	2	07:05	White	CHAN	Yu Hoi	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 45-49	Energetic Triathlon Shatin
649	2	07:05	White	AU YEUNG	Hong	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 50-54	Mango Swimming Club
650	2	07:05	White	CHEK	Yiu Wing	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 50-54	Alpha Zone Sports
651	2	07:05	White	FAN	Xiaowen	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 50-54	Energetic Triathlon Shatin
652	2	07:05	White	KWOK	Yee Man	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 50-54	Alpha Zone Sports
653	2	07:05	White	LAMBOURN	Lionel	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 50-54	

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Race no.	Heat	Start Time	Swim cap	Last Name	First Name	Distance	Race Category	Club
654	2	07:05	White	LIU	Jeffrey	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 50-54	Mango Swimming Club
655	2	07:05	White	MATSUZAWA	Atsushi	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 50-54	
656	2	07:05	White	MOK	Ho Yin	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 50-54	Energetic Triathlon Shatin
657	2	07:05	White	TANG	Jerry	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 50-54	Sonic Sports Association
658	2	07:05	White	YEUNG	Yam Ho	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 50-54	
659	2	07:05	White	YIU	Ka On	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 50-54	Sonic Sports Association
660	2	07:05	White	CHIH	Ming Yuen	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 55-59	Alpha Zone Sports
661	2	07:05	White	GREATON	Timothy	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 55-59	
662	2	07:05	White	HO	Kwong Ngai Eric	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 55-59	AustSports Association
663	2	07:05	White	KONG	Tak Wa Paul	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 55-59	Energetic Triathlon Shatin
664	2	07:05	White	KWAN	Chi Man	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 55-59	New Target Sport Association
665	2	07:05	White	LEE	Lai Chung	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 55-59	Mango Swimming Club
666	2	07:05	White	LEONG	Chung Ming	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 55-59	
667	2	07:05	White	LEUNG	Wai Ming	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 55-59	Titan Triathlon
668	2	07:05	White	LUI	Kam Shing Benjamin	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 55-59	Energetic Triathlon Shatin
669	2	07:05	White	MA	Ma Chi Po	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 55-59	New Sports Triathlon
670	2	07:05	White	SHI	Bertram	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 55-59	Energetic Triathlon Shatin
671	2	07:05	White	TAM	Sze Lun	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 55-59	
709	2	07:05	White	LEUNG	Kin Keung	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 55-59	Energetic Triathlon Shatin
672	2	07:05	White	CHOI	Tai Wing	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 60-64	AustSports Association
673	2	07:05	White	CHUNG	Lui Hung Lawrence	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 60-64	Energetic Triathlon Shatin
674	2	07:05	White	IP	Wing Kwong	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 60-64	Energetic Triathlon Shatin
675	2	07:05	White	LEE	Kwok Ning	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 60-64	
676	2	07:05	White	WONG	Ho Man Jonathan	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 60-64	AustSports Association
677	2	07:05	White	CHAN	Fai Ming	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 65 & Over	AustSports Association
678	2	07:05	White	CHAN	King Yuen	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 65 & Over	New Sports Triathlon
679	2	07:05	White	CHAN	Stephen King Che	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 65 & Over	Energetic Triathlon Shatin
680	2	07:05	White	LEE	Kingman	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 65 & Over	
681	2	07:05	White	SHEK	Kong	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 65 & Over	AustSports Association
682	2	07:05	White	WONG	Check Yin	Challenge Distance (Swim 900m/Run 7km)	Male Age Group 65 & Over	Mango Swimming Club
683	3	07:10	Blue	LEE	Wai Man	Challenge Distance (Swim 900m/Run 7km)	Female Age Group 20-24	New Sports Triathlon
684	3	07:10	Blue	TANG	Tammy	Challenge Distance (Swim 900m/Run 7km)	Female Age Group 20-24	First Ten Generation Team
685	3	07:10	Blue	LAI	Yi Lok	Challenge Distance (Swim 900m/Run 7km)	Female Age Group 25-29	
686	3	07:10	Blue	LAM	Sin Ching	Challenge Distance (Swim 900m/Run 7km)	Female Age Group 25-29	New Sports Triathlon
687	3	07:10	Blue	SUEN	Althea	Challenge Distance (Swim 900m/Run 7km)	Female Age Group 25-29	
688	3	07:10	Blue	TSANG	Ka Hung	Challenge Distance (Swim 900m/Run 7km)	Female Age Group 25-29	
689	3	07:10	Blue	CHAN	On Ki	Challenge Distance (Swim 900m/Run 7km)	Female Age Group 30-34	New Sports Triathlon
690	3	07:10	Blue	GILLIAN BENTLEY	Bentley	Challenge Distance (Swim 900m/Run 7km)	Female Age Group 30-34	Sonic Sports Association
691	3	07:10	Blue	NG	Chau Yu	Challenge Distance (Swim 900m/Run 7km)	Female Age Group 30-34	South China Athletic Association
692	3	07:10	Blue	REINFRANK	Alkira Lee	Challenge Distance (Swim 900m/Run 7km)	Female Age Group 30-34	
693	3	07:10	Blue	SIU	Tsz Hang Rachel	Challenge Distance (Swim 900m/Run 7km)	Female Age Group 30-34	
694	3	07:10	Blue	WU	Cheung Sze	Challenge Distance (Swim 900m/Run 7km)	Female Age Group 30-34	Titan Triathlon
695	3	07:10	Blue	LEE	Janice	Challenge Distance (Swim 900m/Run 7km)	Female Age Group 40-44	Sonic Sports Association
697	3	07:10	Blue	TAM	Sau Chu Eliza	Challenge Distance (Swim 900m/Run 7km)	Female Age Group 40-44	
698	3	07:10	Blue	WONG	Gi Wai Gigi	Challenge Distance (Swim 900m/Run 7km)	Female Age Group 40-44	Sonic Sports Association
699	3	07:10	Blue	WU	Ka Wing	Challenge Distance (Swim 900m/Run 7km)	Female Age Group 40-44	Sonic Sports Association

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Race no.	Heat	Start Time	Swim cap	Last Name	First Name	Distance	Race Category	Club
701	3	07:10	Blue	COURRET	Amandine	Challenge Distance (Swim 900m/Run 7km)	Female Age Group 45-49	South China Athletic Association
702	3	07:10	Blue	LIM	Ka Ling	Challenge Distance (Swim 900m/Run 7km)	Female Age Group 45-49	
703	3	07:10	Blue	SHEK	Maggie	Challenge Distance (Swim 900m/Run 7km)	Female Age Group 45-49	
704	3	07:10	Blue	TAM	Pui Yi Elizabeth	Challenge Distance (Swim 900m/Run 7km)	Female Age Group 45-49	Crest Ray Recreation & Sports Club
705	3	07:10	Blue	LI	Hau Yi Dora	Challenge Distance (Swim 900m/Run 7km)	Female Age Group 50-54	Energetic Triathlon Shatin
706	3	07:10	Blue	LIU	Wai Fun	Challenge Distance (Swim 900m/Run 7km)	Female Age Group 50-54	
707	3	07:10	Blue	CHEUNG	Wing Yee	Challenge Distance (Swim 900m/Run 7km)	Female Age Group 55-59	Alpha Zone Sports
708	3	07:10	Blue	LAI	Ingrid	Challenge Distance (Swim 900m/Run 7km)	Female Age Group 55-59	
710	3	07:10	Blue	CHAU	Choi Ping	Challenge Distance (Swim 900m/Run 7km)	Female Age Group 60-64	
711	3	07:10	Blue	WONG	Shun Ying	Challenge Distance (Swim 900m/Run 7km)	Female Age Group 60-64	AustSports Association
712	3	07:10	Blue	COURRET	Pauline	Challenge Distance (Swim 900m/Run 7km)	Female Elite Junior (NS only)	South China Athletic Association
713	3	07:10	Blue	LO	Cheuk Yat	Challenge Distance (Swim 900m/Run 7km)	Female Elite Junior (NS only)	
714	3	07:10	Blue	CHO	Wing To Cheri	Challenge Distance (Swim 900m/Run 7km)	Female Elite Open (NS only)	
715	3	07:10	Blue	HALL	Charlotte	Challenge Distance (Swim 900m/Run 7km)	Female Elite Open (NS only)	Hong Kong Football Club Swimming and Triathlon Society
716	3	07:10	Blue	WRIGHT	Tallulah Taye	Challenge Distance (Swim 900m/Run 7km)	Female Elite Open (NS only)	
717	4	07:45	Pink	KAN	Carson	Sprint Distance (Swim 300m/Run 5.6km)	Male Elite Youth (NS only)	Energetic Triathlon Shatin
718	4	07:45	Pink	LAM	Lok Shi	Sprint Distance (Swim 300m/Run 5.6km)	Male Elite Youth (NS only)	
719	4	07:45	Pink	TSANG	Auscar	Sprint Distance (Swim 300m/Run 5.6km)	Male Elite Youth (NS only)	Energetic Triathlon Shatin
720	4	07:45	Pink	WONG	Nok Hei	Sprint Distance (Swim 300m/Run 5.6km)	Male Elite Youth (NS only)	
721	4	07:45	Pink	WONG	Pak Yiu Anson	Sprint Distance (Swim 300m/Run 5.6km)	Male Elite Youth (NS only)	First Ten Generation Team
722	4	07:45	Pink	YIM	Tsun Fung	Sprint Distance (Swim 300m/Run 5.6km)	Male Elite Youth (NS only)	Sparkle Triathlon
723	4	07:45	Pink	YUNG	Pu Chak	Sprint Distance (Swim 300m/Run 5.6km)	Male Elite Youth (NS only)	The Little Dolphin Swimming Training Center
724	4	07:45	Pink	LEUNG	Alan	Sprint Distance (Swim 300m/Run 5.6km)	Male Junior 1	
725	4	07:45	Pink	LO	Hin Ching	Sprint Distance (Swim 300m/Run 5.6km)	Male Junior 1	Energetic Triathlon Shatin
726	4	07:45	Pink	LUI	Tsun Kiu	Sprint Distance (Swim 300m/Run 5.6km)	Male Junior 1	
727	4	07:45	Pink	LIU	King Tin Alvin	Sprint Distance (Swim 300m/Run 5.6km)	Male Junior 1	Energetic Triathlon Shatin
728	4	07:45	Pink	HO	Chung Hin	Sprint Distance (Swim 300m/Run 5.6km)	Male Junior 2	New Sports Triathlon
729	4	07:45	Pink	LAU	Tsun Hei	Sprint Distance (Swim 300m/Run 5.6km)	Male Junior 2	
730	4	07:45	Pink	LUN	Paco Pak Hou	Sprint Distance (Swim 300m/Run 5.6km)	Male Junior 2	AustSports Association
731	4	07:45	Pink	CHAN	Ken Ho Hin	Sprint Distance (Swim 300m/Run 5.6km)	Male Open	
732	4	07:45	Pink	CHAU	Ka Hei	Sprint Distance (Swim 300m/Run 5.6km)	Male Open	
733	4	07:45	Pink	CHAU	Ka Lok	Sprint Distance (Swim 300m/Run 5.6km)	Male Open	
734	4	07:45	Pink	CHING	Ho Kwong Billy	Sprint Distance (Swim 300m/Run 5.6km)	Male Open	New Sports Triathlon
735	4	07:45	Pink	CHIU	Tsz Fug	Sprint Distance (Swim 300m/Run 5.6km)	Male Open	Sonic Sports Association
736	4	07:45	Pink	CHU	Jason	Sprint Distance (Swim 300m/Run 5.6km)	Male Open	New Sports Triathlon
737	4	07:45	Pink	HO	Ting Him	Sprint Distance (Swim 300m/Run 5.6km)	Male Open	
738	4	07:45	Pink	LEE	Ka Kit	Sprint Distance (Swim 300m/Run 5.6km)	Male Open	
739	4	07:45	Pink	LI	Hok Yee Terence	Sprint Distance (Swim 300m/Run 5.6km)	Male Open	Titan Triathlon
740	4	07:45	Pink	MAK	Shek Chung	Sprint Distance (Swim 300m/Run 5.6km)	Male Open	Energetic Triathlon Shatin
741	4	07:45	Pink	NG	Ka Nok	Sprint Distance (Swim 300m/Run 5.6km)	Male Open	
742	4	07:45	Pink	WONG	Wing Tai	Sprint Distance (Swim 300m/Run 5.6km)	Male Open	Energetic Triathlon Shatin
743	4	07:45	Pink	CHAN	Pak Hong	Sprint Distance (Swim 300m/Run 5.6km)	Male Master	
744	4	07:45	Pink	CHONG	Ting Piu	Sprint Distance (Swim 300m/Run 5.6km)	Male Master	Titan Triathlon
745	4	07:45	Pink	CHOW	Lok Man	Sprint Distance (Swim 300m/Run 5.6km)	Male Master	
746	4	07:45	Pink	KIJIMA	Nobuyasu	Sprint Distance (Swim 300m/Run 5.6km)	Male Master	
747	4	07:45	Pink	KURIBAYASHI	Kazuya	Sprint Distance (Swim 300m/Run 5.6km)	Male Master	

2022 Aquathlon Series Race 3 Start List

Race no.	Heat	Start Time	Swim cap	Last Name	First Name	Distance	Race Category	Club
748	4	07:45	Pink	KWOK	Keith	Sprint Distance (Swim 300m/Run 5.6km)	Male Master	
749	4	07:45	Pink	KWOK KOON	Yip	Sprint Distance (Swim 300m/Run 5.6km)	Male Master	Energetic Triathlon Shatin
750	4	07:45	Pink	LAM	Chung Kei	Sprint Distance (Swim 300m/Run 5.6km)	Male Master	
751	4	07:45	Pink	LAM	Yiu Kwok	Sprint Distance (Swim 300m/Run 5.6km)	Male Master	
752	4	07:45	Pink	LAU	Chun Yu	Sprint Distance (Swim 300m/Run 5.6km)	Male Master	
753	4	07:45	Pink	LAW	Kin Tak	Sprint Distance (Swim 300m/Run 5.6km)	Male Master	Alpha Zone Sports
754	4	07:45	Pink	LEE	Yuk Tong Sirius	Sprint Distance (Swim 300m/Run 5.6km)	Male Master	Energetic Triathlon Shatin
755	4	07:45	Pink	LUI	Yuen Ming	Sprint Distance (Swim 300m/Run 5.6km)	Male Master	
756	4	07:45	Pink	MA	Derek Hing Kwok	Sprint Distance (Swim 300m/Run 5.6km)	Male Master	
757	4	07:45	Pink	MOK	Hon Suen	Sprint Distance (Swim 300m/Run 5.6km)	Male Master	
758	4	07:45	Pink	OKA	Yosuke	Sprint Distance (Swim 300m/Run 5.6km)	Male Master	
759	4	07:45	Pink	QUAN	Alec Kam Lek	Sprint Distance (Swim 300m/Run 5.6km)	Male Master	AustSports Association
760	4	07:45	Pink	TSANG	Kin Man	Sprint Distance (Swim 300m/Run 5.6km)	Male Master	
761	4	07:45	Pink	WAN	Andy C	Sprint Distance (Swim 300m/Run 5.6km)	Male Master	
762	4	07:45	Pink	WAN	Sunny	Sprint Distance (Swim 300m/Run 5.6km)	Male Master	
763	4	07:45	Pink	WONG	Jason	Sprint Distance (Swim 300m/Run 5.6km)	Male Master	
764	4	07:45	Pink	YUSUKE	Shimozono	Sprint Distance (Swim 300m/Run 5.6km)	Male Master	
765	4	07:45	Pink	AU	Yue Chau	Sprint Distance (Swim 300m/Run 5.6km)	Male Veteran	
766	4	07:45	Pink	CHAN	Edwin	Sprint Distance (Swim 300m/Run 5.6km)	Male Veteran	
767	4	07:45	Pink	CHAN	Kin Chong	Sprint Distance (Swim 300m/Run 5.6km)	Male Veteran	
768	4	07:45	Pink	CHEUNG	Hon Man	Sprint Distance (Swim 300m/Run 5.6km)	Male Veteran	
769	4	07:45	Pink	CHU	Kai Cheong	Sprint Distance (Swim 300m/Run 5.6km)	Male Veteran	New Sports Triathlon
770	4	07:45	Pink	IOKIBE	Jiro	Sprint Distance (Swim 300m/Run 5.6km)	Male Veteran	
771	4	07:45	Pink	LAM	Yat Sang	Sprint Distance (Swim 300m/Run 5.6km)	Male Veteran	Energetic Triathlon Shatin
772	4	07:45	Pink	LEE	Vincent	Sprint Distance (Swim 300m/Run 5.6km)	Male Veteran	
773	4	07:45	Pink	WAN	Shu Wah Jimmy	Sprint Distance (Swim 300m/Run 5.6km)	Male Veteran	Energetic Triathlon Shatin
774	4	07:45	Pink	WONG	Yin Cheong	Sprint Distance (Swim 300m/Run 5.6km)	Male Veteran	Energetic Triathlon Shatin
775	4	07:45	Pink	YEUNG	Chi Ling Clement	Sprint Distance (Swim 300m/Run 5.6km)	Male Veteran	Alpha Zone Sports
776	5	08:00	Green	GREATON	Tess Evelyn	Sprint Distance (Swim 300m/Run 5.6km)	Female Elite Youth (NS only)	
777	5	08:00	Green	LUN	Anson	Sprint Distance (Swim 300m/Run 5.6km)	Female Elite Youth (NS only)	AustSports Association
778	5	08:00	Green	MAN	Lai Ki Nicole	Sprint Distance (Swim 300m/Run 5.6km)	Female Elite Youth (NS only)	Energetic Triathlon Shatin
779	5	08:00	Green	STAMENOVIC	Petra	Sprint Distance (Swim 300m/Run 5.6km)	Female Elite Youth (NS only)	
780	5	08:00	Green	WONG	Wan Tung	Sprint Distance (Swim 300m/Run 5.6km)	Female Elite Youth (NS only)	Energetic Triathlon Shatin
781	5	08:00	Green	CHIU	Kai On	Sprint Distance (Swim 300m/Run 5.6km)	Female Junior 1	
782	5	08:00	Green	KWOK	Sze Ming	Sprint Distance (Swim 300m/Run 5.6km)	Female Junior 1	
783	5	08:00	Green	LAM	Samantha Gabriella	Sprint Distance (Swim 300m/Run 5.6km)	Female Junior 1	
784	5	08:00	Green	TANAKA	Miu	Sprint Distance (Swim 300m/Run 5.6km)	Female Junior 1	
807	5	08:00	Green	LAM	Katherine Victoria	Sprint Distance (Swim 300m/Run 5.6km)	Female Junior 1	
785	5	08:00	Green	LEUNG	Tsz Long	Sprint Distance (Swim 300m/Run 5.6km)	Female Junior 2	AustSports Association
786	5	08:00	Green	SWEETY	Woo	Sprint Distance (Swim 300m/Run 5.6km)	Female Junior 2	
787	5	08:00	Green	CHUNG	Shui Ping	Sprint Distance (Swim 300m/Run 5.6km)	Female Master	Energetic Triathlon Shatin
788	5	08:00	Green	FU	Lai Ying	Sprint Distance (Swim 300m/Run 5.6km)	Female Master	
789	5	08:00	Green	FUNG	Kit Yi	Sprint Distance (Swim 300m/Run 5.6km)	Female Master	
790	5	08:00	Green	YU	Chi Yan	Sprint Distance (Swim 300m/Run 5.6km)	Female Master	Energetic Triathlon Shatin
791	5	08:00	Green	YUEN	Persephone	Sprint Distance (Swim 300m/Run 5.6km)	Female Master	
792	5	08:00	Green	CHAU	Tsoi Yan	Sprint Distance (Swim 300m/Run 5.6km)	Female Open	Crest Ray Recreation & Sports Club

2022 Aquathlon Series Race 3 Start List

Race no.	Heat	Start Time	Swim cap	Last Name	First Name	Distance	Race Category	Club
793	5	08:00	Green	CHEUNG	Cheuk Yin Tammy	Sprint Distance (Swim 300m/Run 5.6km)	Female Open	
794	5	08:00	Green	TO	Ka Yan	Sprint Distance (Swim 300m/Run 5.6km)	Female Open	Excel Swim Sports Association
795	5	08:00	Green	TO	Yan Wing	Sprint Distance (Swim 300m/Run 5.6km)	Female Open	Crest Ray Recreation & Sports Club
796	5	08:00	Green	TONG	Hiu Yan	Sprint Distance (Swim 300m/Run 5.6km)	Female Open	Crest Ray Recreation & Sports Club
797	5	08:00	Green	WAN	Tsz Huen Alexandra	Sprint Distance (Swim 300m/Run 5.6km)	Female Open	
798	5	08:00	Green	WONG	Sze Wan Vivian	Sprint Distance (Swim 300m/Run 5.6km)	Female Open	Alpha Zone Sports
799	5	08:00	Green	YEUNG	Judy	Sprint Distance (Swim 300m/Run 5.6km)	Female Open	Sonic Sports Association
800	5	08:00	Green	LEE	Koon Fong Jo	Sprint Distance (Swim 300m/Run 5.6km)	Female Veteran	
801	5	08:00	Green	LEE	Kwok Choi Josephine	Sprint Distance (Swim 300m/Run 5.6km)	Female Veteran	
802	5	08:00	Green	LUI	Shuk Han Karen	Sprint Distance (Swim 300m/Run 5.6km)	Female Veteran	Energetic Triathlon Shatin
803	5	08:00	Green	SER	Hau Mei	Sprint Distance (Swim 300m/Run 5.6km)	Female Veteran	
804	5	08:00	Green	SO	Belinda	Sprint Distance (Swim 300m/Run 5.6km)	Female Veteran	Sonic Sports Association
805	5	08:00	Green	WONG	Cecilia	Sprint Distance (Swim 300m/Run 5.6km)	Female Veteran	Sonic Sports Association
806	5	08:00	Green	WONG	Mui Christina	Sprint Distance (Swim 300m/Run 5.6km)	Female Veteran	Mango Swimming Club