

2022 Aquathlon Series Race 4 - Start List

Race no.	Heat	Start Time	Swim cap	Last Name	First Name	Distance	Race Category	Club
1071	1	07:30	Green	CHAU	Tsoi Yan	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Female Age Group 20-24	Crest Ray Recreation & Sports Club
1072	1	07:30	Green	CHEUNG	Cheuk Yin Tammy	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Female Age Group 20-24	
1073	1	07:30	Green	HUNG	Cheuk Yi Chelsea	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Female Age Group 20-24	Energetic Triathlon Shatin
1074	1	07:30	Green	TANG	Tammy	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Female Age Group 20-24	First Ten Generation Team
1075	1	07:30	Green	LAM	Sin Ching	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Female Age Group 25-29	New Sports Triathlon
1076	1	07:30	Green	LI	Tsz Yu	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Female Age Group 25-29	New Sports Triathlon
1077	1	07:30	Green	SUEN	Althea	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Female Age Group 25-29	
1078	1	07:30	Green	TO	Yan Wing	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Female Age Group 25-29	Crest Ray Recreation & Sports Club
1079	1	07:30	Green	TONG	Hiu Yan	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Female Age Group 25-29	Crest Ray Recreation & Sports Club
1080	1	07:30	Green	TSANG	Ka Hung	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Female Age Group 25-29	
1081	1	07:30	Green	WAN	Tsz Ching Elizabeth	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Female Age Group 25-29	New Sports Triathlon
1082	1	07:30	Green	CHAN	On Ki	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Female Age Group 30-34	New Sports Triathlon
1083	1	07:30	Green	KWAN	Natalie	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Female Age Group 30-34	
1084	1	07:30	Green	MIAO	Amy	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Female Age Group 30-34	
1085	1	07:30	Green	NG	Chau Yu	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Female Age Group 30-34	South China Athletic Association
1086	1	07:30	Green	REINFRANK	Alkira Lee	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Female Age Group 30-34	
1087	1	07:30	Green	CHAU	Chiu Nam	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Female Age Group 35-39	
1088	1	07:30	Green	FUNG	Kit Yi	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Female Age Group 35-39	
1089	1	07:30	Green	ALPHEIM	Olivia	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Female Age Group 40-44	
1090	1	07:30	Green	POON	Man Fung	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Female Age Group 40-44	Energetic Triathlon Shatin
1091	1	07:30	Green	PU	Shu	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Female Age Group 40-44	
1092	1	07:30	Green	UCHIDA	Noriko	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Female Age Group 40-44	
1093	1	07:30	Green	WADA-THOMAS	Naoko	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Female Age Group 40-44	
1094	1	07:30	Green	COURRET	Amandine	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Female Age Group 45-49	South China Athletic Association
1095	1	07:30	Green	HUI	Ka Man Amy	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Female Age Group 45-49	Energetic Triathlon Shatin
1096	1	07:30	Green	TAM	Pui Yi Elizabeth	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Female Age Group 45-49	Crest Ray Recreation & Sports Club
1097	1	07:30	Green	TSANG	Ling Ling	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Female Age Group 45-49	
1098	1	07:30	Green	LI	Hau Yi Dora	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Female Age Group 50-54	Energetic Triathlon Shatin
1099	1	07:30	Green	LIU	Wai Fun	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Female Age Group 50-54	
1100	1	07:30	Green	CHEUNG	Wing Yee	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Female Age Group 55-59	Alpha Zone Sports
1101	1	07:30	Green	LEE	Kwok Choi Josephine	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Female Age Group 55-59	
1102	1	07:30	Green	WONG	Cecilia	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Female Age Group 55-59	Sonic Sports Association
1103	1	07:30	Green	CHAU	Choi Ping	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Female Age Group 60-64	
1104	1	07:30	Green	WONG	Shun Ying	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Female Age Group 60-64	AustSports Association
1105	1	07:30	Green	COURRET	Pauline	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Female Elite Junior (NS only)	South China Athletic Association
1106	1	07:30	Green	LO	Cheuk Yat	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Female Elite Junior (NS only)	
1263	1	07:30	Green	METAIS	Zoe	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Female Elite Junior (NS only)	
1107	2	08:00	Yellow	CHAN	Ho Kwan	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Elite Junior (NS only)	New Sports Triathlon
1108	2	08:00	Yellow	CHAN	Yui Fung	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Elite Junior (NS only)	Energetic Triathlon Shatin
1109	2	08:00	Yellow	CHU	Yan Ho Philip	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Elite Junior (NS only)	South China Athletic Association
1110	2	08:00	Yellow	FOK	Wang Hin Ian	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Elite Junior (NS only)	
1111	2	08:00	Yellow	KWAN	Lok Chun Andrew	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Elite Junior (NS only)	South China Athletic Association
1112	2	08:00	Yellow	TSANG	Wai Chun	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Elite Junior (NS only)	AustSports Association
1113	2	08:00	Yellow	Yip	TSZ HIN	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Elite Junior (NS only)	Energetic Triathlon Shatin
1114	2	08:00	Yellow	WAN	Chak Lam Bobby	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Elite Junior (NS only)	Energetic Triathlon Shatin
1115	2	08:00	Yellow	WONG	Ka Ho	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Elite Junior (NS only)	First Ten Generation Team
1116	2	08:00	Yellow	ELG	Robin	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Elite Open (NS only)	
1117	2	08:00	Yellow	HUNG	Tik Long	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Elite Open (NS only)	New Sports Triathlon
1118	2	08:00	Yellow	TAN	James	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Elite Open (NS only)	South China Athletic Association
1119	2	08:00	Yellow	CHENG	Ka Nok Carlos	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 20-24	
1120	2	08:00	Yellow	CHIU	Long Kit	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 20-24	
1121	2	08:00	Yellow	CHUNG	Siu Ting	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 20-24	New Sports Triathlon
1122	2	08:00	Yellow	TANG	Kin Yip	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 20-24	Sonic Sports Association
1124	2	08:00	Yellow	LAU	Tsun Ling	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 25-29	Dali Swimming Club
1125	2	08:00	Yellow	LAW	Leong Tim	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 25-29	First Ten Generation Team
1126	2	08:00	Yellow	CHAN	Cheuk Man	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 30-34	Titan Triathlon

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Race no.	Heat	Start Time	Swim cap	Last Name	First Name	Distance	Race Category	Club
1127	2	08:00	Yellow	CHAN	Chun Lung Alan	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 30-34	New Sports Triathlon
1128	2	08:00	Yellow	CHEUNG	Ting Ho	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 30-34	
1129	2	08:00	Yellow	DE CASTRO	Jerico	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 30-34	
1130	2	08:00	Yellow	HO	Chun Sum Samuel	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 30-34	Energetic Triathlon Shatin
1131	2	08:00	Yellow	HO	Chun Ting Timothy	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 30-34	Energetic Triathlon Shatin
1132	2	08:00	Yellow	HO	Ming Hei	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 30-34	Energetic Triathlon Shatin
1133	2	08:00	Yellow	KO	King Hei	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 30-34	Titan Triathlon
1134	2	08:00	Yellow	KUSUNOKI	Hidenori	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 30-34	
1135	2	08:00	Yellow	LAU	Long Fung	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 30-34	New Sports Triathlon
1136	2	08:00	Yellow	LEE	Ka Kit	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 30-34	
1137	2	08:00	Yellow	LEE	Ming Ki	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 30-34	
1138	2	08:00	Yellow	MAN	Ho Yin	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 30-34	Excel Swim Sports Association
1139	2	08:00	Yellow	WU	Kenneth Yee Lok	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 30-34	
1140	3	08:30	White	BONIFACIO	Kevin	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 35-39	
1141	3	08:30	White	CHAN	Chi Ming	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 35-39	
1142	3	08:30	White	GOMEZ	Cyril	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 35-39	Hong Kong Dragons Triathlon Club
1143	3	08:30	White	LEE	Lap Ken Kenneth	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 35-39	Sonic Sports Association
1144	3	08:30	White	NOLLEAU	Clement	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 35-39	
1145	3	08:30	White	PUN	Tak Kiu	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 35-39	AustSports Association
1146	3	08:30	White	TAM	Yau Yan	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 35-39	AustSports Association
1147	3	08:30	White	TSANG	Jim	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 35-39	Alpha Zone Sports
1148	3	08:30	White	WONG	Ka Ho Lawrence	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 35-39	Sonic Sports Association
1149	3	08:30	White	CHAN	Ngok Pang Ronald	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 40-44	New Sports Triathlon
1150	3	08:30	White	CHIU	Kin Sang	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 40-44	AustSports Association
1151	3	08:30	White	FU	Harbeth	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 40-44	Titan Triathlon
1152	3	08:30	White	FU	Yin Wing, Jerry	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 40-44	
1153	3	08:30	White	LAI	Chi Lai Anthony	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 40-44	Sonic Sports Association
1154	3	08:30	White	LEE	Chi Kin Bernard	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 40-44	South China Athletic Association
1155	3	08:30	White	LEUNG	Tsz	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 40-44	Hoi Ngai Sports Association
1156	3	08:30	White	MOK	Chit	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 40-44	AustSports Association
1157	3	08:30	White	SHING	Henry	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 40-44	Health Guide Sports Association Company Limited
1158	3	08:30	White	WONG	Kwok Wah	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 40-44	AustSports Association
1159	3	08:30	White	WONG YUK HEI	Gump	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 40-44	
1160	3	08:30	White	WOO	Wai Kit	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 40-44	Excel Swim Sports Association
1161	3	08:30	White	YUNG	Man Hon	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 40-44	AustSports Association
1162	3	08:30	White	CHAN	Pak-Fai	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 45-49	
1163	3	08:30	White	CHUM	Tik Ho	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 45-49	
1164	3	08:30	White	COURRET	Olivier	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 45-49	South China Athletic Association
1165	3	08:30	White	FONG	Chi Wai	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 45-49	Crest Ray Recreation & Sports Club
1166	3	08:30	White	LAM	Chung Kei	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 45-49	
1167	3	08:30	White	LEE	John Ho Chuen	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 45-49	
1168	3	08:30	White	LEE	Ka Wah	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 45-49	The Little Dolphin Swimming Training Center
1169	3	08:30	White	LEE	Kin Man	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 45-49	South China Athletic Association
1170	3	08:30	White	LOK	Lam Fung	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 45-49	New Sports Triathlon
1171	3	08:30	White	NG	Chi Wai Simon	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 45-49	Energetic Triathlon Shatin
1172	3	08:30	White	NG	Wing-Fai	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 45-49	
1173	3	08:30	White	WONG	Ching Kong	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 45-49	Energetic Triathlon Shatin
1174	3	08:30	White	WONG	Man Kit	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 45-49	New Sports Triathlon
1175	3	08:30	White	YEUNG	Wing Yin	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 45-49	Energetic Triathlon Shatin
1176	3	08:30	White	YIP	Shu Pong	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 45-49	
1221	3	08:30	White	MA	Derek Hing Kwok	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 40-44	
1177	4	09:00	Pink	ABELLA	Christopher	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 50-54	
1178	4	09:00	Pink	CHEK	Yiu Wing	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 50-54	Alpha Zone Sports
1179	4	09:00	Pink	EDWARDS	Jason	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 50-54	Hong Kong Dragons Triathlon Club
1180	4	09:00	Pink	GAL	Jean-Philippe	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 50-54	

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Race no.	Heat	Start Time	Swim cap	Last Name	First Name	Distance	Race Category	Club
1181	4	09:00	Pink	LAMBOURN	Lionel	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 50-54	
1182	4	09:00	Pink	MATSUZAWA	Atsushi	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 50-54	
1183	4	09:00	Pink	MOK	Ho Yin	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 50-54	Energetic Triathlon Shatin
1184	4	09:00	Pink	SZETO	Wing Kei	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 50-54	Energetic Triathlon Shatin
1185	4	09:00	Pink	CHIH	Ming Yuen	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 55-59	Alpha Zone Sports
1186	4	09:00	Pink	GREATON	Timothy	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 55-59	
1187	4	09:00	Pink	LEONG	Chung Ming	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 55-59	
1188	4	09:00	Pink	LEUNG	Kin Keung	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 55-59	Energetic Triathlon Shatin
1189	4	09:00	Pink	MA	Chi Po	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 55-59	New Sports Triathlon
1190	4	09:00	Pink	SHI	Bertram	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 55-59	Energetic Triathlon Shatin
1191	4	09:00	Pink	CHOI	Tai Wing	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 60-64	AustSports Association
1192	4	09:00	Pink	IP	Wing Kwong	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 60-64	Energetic Triathlon Shatin
1193	4	09:00	Pink	LEE	Kwok Ning	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 60-64	
1194	4	09:00	Pink	CHAN	Fai Ming	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 65 & Over	AustSports Association
1195	4	09:00	Pink	CHAN	King Yuen	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 65 & Over	New Sports Triathlon
1196	4	09:00	Pink	SHEK	Kong	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 65 & Over	AustSports Association
1197	4	09:00	Pink	WONG	Check Yin	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 65 & Over	Mango Swimming Club
1198	4	09:00	Pink	YEUNG	Chi Ling Clement	Challenge Distance (Swim 250m > Run 2.5km > Swim 250m > Run 2.5k > Swim 250m)	Male Age Group 65 & Over	Alpha Zone Sports
1199	5	09:30	Green	CHAN	Kai Hei Cyrus	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Elite Youth (NS only)	
1200	5	09:30	Green	KAN	Carson	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Elite Youth (NS only)	Energetic Triathlon Shatin
1201	5	09:30	Green	LAM	Lok Shi	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Elite Youth (NS only)	Energetic Triathlon Shatin
1202	5	09:30	Green	TSANG	Auscar	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Elite Youth (NS only)	Energetic Triathlon Shatin
1203	5	09:30	Green	TSANG	Kwong Hei Anson	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Elite Youth (NS only)	Energetic Triathlon Shatin
1204	5	09:30	Green	WONG	Nok Hei	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Elite Youth (NS only)	
1205	5	09:30	Green	WONG	Pak Yiu Anson	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Elite Youth (NS only)	First Ten Generation Team
1206	5	09:30	Green	YIM	Tsun Fung	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Elite Youth (NS only)	Sparkle Triathlon
1207	5	09:30	Green	YUNG	Pu Chak	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Elite Youth (NS only)	The Little Dolphin Swimming Training Center
1208	5	09:30	Green	LO	Hin Ching	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Junior 1	Energetic Triathlon Shatin
1209	5	09:30	Green	LUI	Tsun Kiu	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Junior 1	
1210	5	09:30	Green	FONG	Siu Cheung	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Junior 2	Crest Ray Recreation & Sports Club
1211	5	09:30	Green	LUN	Paco Pak Hou	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Junior 2	AustSports Association
1212	5	09:30	Green	YIP	Shing Hei	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Junior 2	New Sports Triathlon
1213	5	09:30	Green	CHENG	Wing Shun Vincent	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Master	
1214	5	09:30	Green	CHONG	Ting Piu	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Master	Titan Triathlon
1215	5	09:30	Green	HAYASHI	Takeshi	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Master	
1216	5	09:30	Green	KIJIMA	Nobuyasu	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Master	
1217	5	09:30	Green	KURIBAYASHI	Kazuya	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Master	
1218	5	09:30	Green	LAM	Yiu Kwok	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Master	
1219	5	09:30	Green	LAU	Chun Yu	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Master	
1220	5	09:30	Green	LEE	Yuk Tong Sirius	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Master	Energetic Triathlon Shatin
1222	5	09:30	Green	MOK	Hon Suen	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Master	
1223	5	09:30	Green	NAGAMATSU	Osamu	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Master	
1224	5	09:30	Green	OKA	Yosuke	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Master	
1225	5	09:30	Green	TSANG	Kin Man	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Master	
1226	5	09:30	Green	WONG	Chi Kit	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Master	The Little Dolphin Swimming Training Center
1227	5	09:30	Green	WONG	Jason	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Master	
1228	5	09:30	Green	CHAN	Kai Pan`	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Open	New Sports Triathlon
1229	5	09:30	Green	CHAN	Yin Ming	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Open	AustSports Association
1230	5	09:30	Green	CHAU	Ka Lok	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Open	
1231	5	09:30	Green	CHIU	Tsz Fug	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Open	Sonic Sports Association
1232	5	09:30	Green	CHIU	Wai Chun	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Open	Energetic Triathlon Shatin
1233	5	09:30	Green	CHOI	Shi Him Josiah	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Open	
1234	5	09:30	Green	CHU	Jason	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Open	New Sports Triathlon
1235	5	09:30	Green	HO	Chung	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Open	Crest Ray Recreation & Sports Club
1236	5	09:30	Green	LAM	Yun Hei	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Open	Crest Ray Recreation & Sports Club
1237	5	09:30	Green	LEUNG	Chin Fung	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Open	Sonic Sports Association

2022 Aquathlon Series Race 4 - Start List

Race no.	Heat	Start Time	Swim cap	Last Name	First Name	Distance	Race Category	Club
1238	5	09:30	Green	NG	Ka Nok	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Open	
1239	5	09:30	Green	WONG	Kai Yin	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Open	Crest Ray Recreation & Sports Club
1240	5	09:30	Green	WONG	Sor Lam Danis	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Open	
1241	5	09:30	Green	WONG	Ying Sun	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Open	
1242	5	09:30	Green	AU YEUNG	Hong	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Veteran	Mango Swimming Club
1243	5	09:30	Green	HAU	Ka Pun	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Veteran	Sonic Sports Association
1244	5	09:30	Green	IOKIBE	Jiro	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Veteran	
1245	5	09:30	Green	LEE	Vincent	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Veteran	
1246	5	09:30	Green	WAN	Shu Wah Jimmy	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Veteran	Energetic Triathlon Shatin
1122	5	09:30	Green	SUNG	Ho Hin	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Open	
1247	6	09:50	Yellow	GREATON	Tess Evelyn	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Elite Youth (NS only)	
1248	6	09:50	Yellow	LUN	Anson	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Elite Youth (NS only)	AustSports Association
1249	6	09:50	Yellow	MAN	Lai Ki Nicole	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Elite Youth (NS only)	Energetic Triathlon Shatin
1250	6	09:50	Yellow	STAMENOVIC	Petra	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Elite Youth (NS only)	
1251	6	09:50	Yellow	WONG	Wan Tung	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Elite Youth (NS only)	Energetic Triathlon Shatin
1252	6	09:50	Yellow	KWOK	Sze Ming	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Junior 1	
1253	6	09:50	Yellow	TANAKA	Miu	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Junior 1	
1254	6	09:50	Yellow	TANG	Hiu Tung	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Junior 1	
1255	6	09:50	Yellow	LEUNG	Tsz Long	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Junior 2	AustSports Association
1256	6	09:50	Yellow	LEE	Wai Man	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Open	New Sports Triathlon
1257	6	09:50	Yellow	TO	Ka Yan	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Open	Excel Swim Sports Association
1258	6	09:50	Yellow	WAN	Tsz Huen Alexandra	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Open	
1259	6	09:50	Yellow	YEUNG	Judy	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Open	Sonic Sports Association
1260	6	09:50	Yellow	LEE	Ching Sze Susana	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Veteran	
1261	6	09:50	Yellow	LUI	Shuk Han Karen	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Veteran	Energetic Triathlon Shatin
1262	6	09:50	Yellow	WONG	Mui Christina	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Veteran	Mango Swimming Club