

Hong Kong Triathlon Championships - Start List

Race No	Heat	Start Time	Swim Cap	First Name	Last Name	Race Category	Race Category (Age)	Club
101	1	06:15	Yellow	Oscar	COGGINS	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Elite Open (NS only)	
102	1	06:15	Yellow	Robin	ELG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Elite Open (NS only)	
103	1	06:15	Yellow	Tik Long	HUNG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Elite Open (NS only)	New Sports Triathlon
104	1	06:15	Yellow	Jason	NG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Elite Open (NS only)	
105	1	06:15	Yellow	James	TAN	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Elite Open (NS only)	South China Athletic Association
106	1	06:15	Yellow	Cheung Sing Nicholas	TSANG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Elite Open (NS only)	
107	1	06:15	Yellow	Tsz To	WONG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Elite Open (NS only)	
108	1	06:15	Yellow	Shing Him	YU	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Elite Open (NS only)	
109	1	06:15	Yellow	Ka Nok Carlos	CHENG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 20-24	
110	1	06:15	Yellow	Cheuk Kiu Bryan	LIN	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 20-24	New Sports Triathlon
111	1	06:15	Yellow	Cheuk Fung	SIN	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 20-24	Aqua Gym Sport Association
112	1	06:15	Yellow	Hoi Tik	LEE	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 20-24	
113	1	06:15	Yellow	Alexandre	ABADIR	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 25-29	Sonic Sports Association
114	1	06:15	Yellow	Yin Ming	CHAN	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 25-29	AustSports Association
115	1	06:15	Yellow	Ho Kwong Billy	CHING	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 25-29	New Sports Triathlon
116	1	06:15	Yellow	Chun Hei	HO	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 25-29	
117	1	06:15	Yellow	Tsun Ling	LAU	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 25-29	Dali Swimming Club
118	1	06:15	Yellow	Jian Feng	LIU	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 25-29	
119	1	06:15	Yellow	Ka Wai	NG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 25-29	AustSports Association
120	1	06:15	Yellow	Wing Tai	WONG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 25-29	Energetic Triathlon Shatin
121	2	06:17	Green	Wing To Cheri	CHO	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Female Elite Open (NS only)	
122	2	06:17	Green	Yan Yin	CHOI	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Female Elite Open (NS only)	
123	2	06:17	Green	Ka Sin	LEUNG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Female Age Group 20-24	Crest Ray Recreation & Sports Club
124	2	06:17	Green	Tammy	TEUNG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Female Age Group 20-24	First Ten Generation Team
125	2	06:17	Green	Hok Ming Adeline	CHAN	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Female Age Group 25-29	Sonic Sports Association
126	2	06:17	Green	Kwan Ho	CHAN	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Female Age Group 25-29	
127	2	06:17	Green	Oi Ning	FONG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Female Age Group 25-29	Energetic Triathlon Shatin
128	2	06:17	Green	Pui Man	CHAN	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Female Age Group 30-34	Crest Ray Recreation & Sports Club
129	2	06:17	Green	Chau Yu	NG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Female Age Group 30-34	South China Athletic Association
130	2	06:17	Green	Tsz Hang Rachel	SIU	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Female Age Group 30-34	
131	2	06:17	Green	Suet Man	TONG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Female Age Group 30-34	Crest Ray Recreation & Sports Club
132	2	06:17	Green	Shirley	HUNG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Female Age Group 35-39	
133	2	06:17	Green	Sophia	LAI	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Female Age Group 35-39	Energetic Triathlon Shatin
134	2	06:17	Green	Lok Man	PANG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Female Age Group 35-39	Titan Triathlon
135	2	06:17	Green	Wai Yan	TSANG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Female Age Group 35-39	Alpha Zone Sports
136	2	06:17	Green	Begum	DEMIRAL	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Female Age Group 40-44	
137	2	06:17	Green	Melinda	HAND	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Female Age Group 40-44	
138	2	06:17	Green	Michelle	LAU	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Female Age Group 40-44	
139	2	06:17	Green	Man Fung	POON	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Female Age Group 40-44	Energetic Triathlon Shatin
140	2	06:17	Green	Cin Lam Lisa	PUN	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Female Age Group 40-44	Sonic Sports Association
141	2	06:17	Green	Ka Man Amy	HUI	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Female Age Group 45-49	Energetic Triathlon Shatin
142	2	06:17	Green	Kerry	KOEN	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Female Age Group 45-49	
143	2	06:17	Green	Ka Ling	LIM	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Female Age Group 45-49	
144	2	06:17	Green	Pui Yi Elizabeth	TAM	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Female Age Group 45-49	Crest Ray Recreation & Sports Club
145	2	06:17	Green	Hau Yi Dora	LI	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Female Age Group 50-54	Energetic Triathlon Shatin
146	2	06:17	Green	Wai Yin	SO	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Female Age Group 50-54	Sonic Sports Association
147	2	06:17	Green	Wing Yee	CHEUNG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Female Age Group 55-59	Alpha Zone Sports
148	2	06:17	Green	Iris	LEUNG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Female Age Group 55-59	
149	2	06:17	Green	Judith	STEVENSON	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Female Age Group 55-59	
150	2	06:17	Green	Angel, Yin Ling	TSOI	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Female Age Group 60-64	Energetic Triathlon Shatin
151	2	06:17	Green	Yuk Ching Christina	LEUNG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Female Age Group 65 & Over	Energetic Triathlon Shatin
152	3	06:19	Pink	Marc Jacques	ABECASSIS	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 55-59	Tritons Triathlon Club
153	3	06:19	Pink	Kin Chong	CHAN	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 55-59	
154	3	06:19	Pink	Hon Man	CHEUNG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 55-59	

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155	3	06:19	Pink	Timothy	GREATON	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 55-59	
156	3	06:19	Pink	Tak Wa Paul	KONG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 55-59	Energetic Triathlon Shatin
157	3	06:19	Pink	Ying Ho	LEE	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 55-59	Sonic Sports Association
158	3	06:19	Pink	Chung Ming	LEONG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 55-59	
159	3	06:19	Pink	Kin Keung	LEUNG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 55-59	Energetic Triathlon Shatin
160	3	06:19	Pink	Ma Chi Po	MA	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 55-59	New Sports Triathlon
161	3	06:19	Pink	Bertram	SHI	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 55-59	Energetic Triathlon Shatin
162	3	06:19	Pink	Wai Yin	WONG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 55-59	
163	3	06:19	Pink	Yi Ming	WONG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 55-59	
164	3	06:19	Pink	Tai Wing	CHOI	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 60-64	AustSports Association
165	3	06:19	Pink	Lui Hung Lawrence	CHUNG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 60-64	Energetic Triathlon Shatin
166	3	06:19	Pink	Wing Kwong	IP	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 60-64	Energetic Triathlon Shatin
167	3	06:19	Pink	Kwok Ning	LEE	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 60-64	
168	3	06:19	Pink	Yuk Fu	MA	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 60-64	AustSports Association
169	3	06:19	Pink	Davy	NG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 60-64	Aqua Gym Sport Association
170	3	06:19	Pink	Fai Ming	CHAN	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 65 & Over	AustSports Association
171	3	06:19	Pink	King Yuen	CHAN	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 65 & Over	New Sports Triathlon
172	3	06:19	Pink	Stephen King Che	CHAN	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 65 & Over	Energetic Triathlon Shatin
173	3	06:19	Pink	Yue Tang	HO	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 65 & Over	Energetic Triathlon Shatin
174	3	06:19	Pink	Chi Hung	LEUNG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 65 & Over	AustSports Association
175	4	06:21	White	Hong	AU YEUNG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 50-54	Mango Swimming Club
176	4	06:21	White	Yvan	CORNO	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 50-54	Sonic Sports Association
177	4	06:21	White	Jason	EDWARDS	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 50-54	Hong Kong Dragons Triathlon Club
178	4	06:21	White	Jean-Philippe	GAL	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 50-54	
179	4	06:21	White	Mario	GIANGRANDE	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 50-54	Hong Kong Dragons Triathlon Club
180	4	06:21	White	Tsz Cheung	LAM	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 50-54	Tritons Triathlon Club
181	4	06:21	White	Lionel	LAMBOURN	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 50-54	Sonic Sports Association
182	4	06:21	White	Ho Yin	MOK	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 50-54	Energetic Triathlon Shatin
183	4	06:21	White	Mourad	TAHIRI ALAOUI	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 50-54	
184	4	06:21	White	Jerry	TANG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 50-54	Sonic Sports Association
185	4	06:21	White	Wai Chung Christopher	TONG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 50-54	Sonic Sports Association
186	4	06:21	White	Shu Wai	WAN	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 50-54	Titan Triathlon
187	4	06:21	White	Frankie	WONG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 50-54	Alpha Zone Sports
188	4	06:21	White	Tsz Wai	WONG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 50-54	
189	4	06:21	White	Ka On	YIU	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 50-54	Sonic Sports Association
190	4	06:21	White	Kwok Chung Andrew	YUE	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 50-54	Pro-trinity Sports Club
191	5	06:40	Blue	Francis	CHAN	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 45-49	
192	5	06:40	Blue	Pak-Fai	CHAN	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 45-49	
193	5	06:40	Blue	Pit Ho	CHAN	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 45-49	Energetic Triathlon Shatin
194	5	06:40	Blue	Chi Hang	CHONG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 45-49	Aqua Gym Sport Association
195	5	06:40	Blue	Chi Wai	FONG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 45-49	Crest Ray Recreation & Sports Club
196	5	06:40	Blue	Samuel	JIM	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 45-49	New Sports Triathlon
197	5	06:40	Blue	Hoi Tik	KWONG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 45-49	Crest Ray Recreation & Sports Club
198	5	06:40	Blue	Ka Wah	LEE	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 45-49	The Little Dolphin Swimming Training Center
199	5	06:40	Blue	Wing Tao	LEE	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 45-49	
200	5	06:40	Blue	Ching Fai	LEUNG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 45-49	Energetic Triathlon Shatin
201	5	06:40	Blue	Kin Lung	LEUNG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 45-49	Energetic Triathlon Shatin
202	5	06:40	Blue	Yau Chi	LEUNG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 45-49	Energetic Triathlon Shatin
203	5	06:40	Blue	Chun Pong David	LI	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 45-49	Sonic Sports Association
204	5	06:40	Blue	Lam Fung	LOK	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 45-49	New Sports Triathlon
205	5	06:40	Blue	Chris	MOLNAR	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 45-49	
206	5	06:40	Blue	Siu Hong	NG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 45-49	AustSports Association
207	5	06:40	Blue	Ching Kong	WONG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 45-49	Energetic Triathlon Shatin
208	5	06:40	Blue	Shu Pong	YIP	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 45-49	

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Race No	Heat	Start Time	Swim Cap	First Name	Last Name	Race Category	Race Category (Age)	Club
209	5	06:40	Blue	Yu For	CHU	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 35-39	
210	5	06:40	Blue	Chak Ki	CHUNG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 35-39	Energetic Triathlon Shatin
211	5	06:40	Blue	Cheung Kit John	HUNG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 35-39	South China Athletic Association
212	5	06:40	Blue	Cheuk Ho	KONG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 35-39	Titan Triathlon
213	5	06:40	Blue	Jia Jie	LIM	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 35-39	Tritons Triathlon Club
214	5	06:40	Blue	Alec Kam Lek	QUAN	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 35-39	AustSports Association
215	5	06:40	Blue	Miu Cheung	SAU	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 35-39	Energetic Triathlon Shatin
216	5	06:40	Blue	Alfred	SIU	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 35-39	
217	5	06:40	Blue	Yau Yan	TAM	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 35-39	AustSports Association
218	5	06:40	Blue	Ming Shing	TO	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 35-39	Excel Swim Sports Association
219	5	06:40	Blue	Derrick Ch	WONG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 35-39	
220	5	06:40	Blue	Wing To Joseph	YEUNG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 35-39	Excel Swim Sports Association
401	5	06:40	Blue	Chung Kei	LAM	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 45-49	
221	6	06:43	Yellow	Siu Ming	AU	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 40-44	The Little Dolphin Swimming Training Center
222	6	06:43	Yellow	Wai Keung	CHENG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 40-44	AustSports Association
223	6	06:43	Yellow	Kin Sang	CHIU	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 40-44	AustSports Association
224	6	06:43	Yellow	Kevin	CHOW	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 40-44	Tritons Triathlon Club
225	6	06:43	Yellow	Gilson	CHUA	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 40-44	
226	6	06:43	Yellow	Will	DALLING	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 40-44	
227	6	06:43	Yellow	Johnny	DE GUZMAN	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 40-44	
228	6	06:43	Yellow	Sung Sing	HO	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 40-44	AustSports Association
229	6	06:43	Yellow	Chi Lai Anthony	LAI	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 40-44	Sonic Sports Association
230	6	06:43	Yellow	Sheung Man	LAU	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 40-44	
231	6	06:43	Yellow	Chun Yin	MAK	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 40-44	
232	6	06:43	Yellow	Hon Suen	MOK	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 40-44	
233	6	06:43	Yellow	Mark	NG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 40-44	Energetic Triathlon Shatin
234	6	06:43	Yellow	Sze Chun	POON	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 40-44	Sonic Sports Association
235	6	06:43	Yellow	Pak Hin	TANG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 40-44	
236	6	06:43	Yellow	Hui Fai	TSOI	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 40-44	Sonic Sports Association
237	6	06:43	Yellow	Vasco	VAN DER FLIER	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 40-44	Hong Kong Football Club Swimming and Triathlon Society
238	6	06:43	Yellow	Kwok Wah	WONG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 40-44	AustSports Association
239	6	06:43	Yellow	Gump	WONG YUK HEI	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 40-44	
240	6	06:43	Yellow	Wai Kit	WOO	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 40-44	Excel Swim Sports Association
241	6	06:43	Yellow	Ying Cheung	YIU	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 40-44	Excel Swim Sports Association
242	6	06:43	Yellow	Man Hon	YUNG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 40-44	AustSports Association
243	7	06:46	Green	Lai Ho	CHAN	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 30-34	
244	7	06:46	Green	Tsz Yeung	CHENG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 30-34	Titan Triathlon
245	7	06:46	Green	Fu Shiu	CHEUNG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 30-34	
246	7	06:46	Green	Ting Ho	CHEUNG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 30-34	
247	7	06:46	Green	Chun Sum Samuel	HO	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 30-34	Energetic Triathlon Shatin
248	7	06:46	Green	Chun Ting Timothy	HO	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 30-34	Energetic Triathlon Shatin
249	7	06:46	Green	Chung	HO	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 30-34	Crest Ray Recreation & Sports Club
250	7	06:46	Green	Yau Yuen	HUI	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 30-34	Energetic Triathlon Shatin
251	7	06:46	Green	King Hei	KO	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 30-34	Titan Triathlon
252	7	06:46	Green	Hidenori	KUSUNOKI	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 30-34	
253	7	06:46	Green	Wa Chun	LAI	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 30-34	
254	7	06:46	Green	Alex	LAU	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 30-34	
255	7	06:46	Green	Dennis Nga Ching	LEE	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 30-34	
256	7	06:46	Green	Kam Yuen	LEE	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 30-34	
257	7	06:46	Green	Thibaud	LEMAIRE	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 30-34	Sonic Sports Association
258	7	06:46	Green	Yin Wai	LO	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 30-34	Sonic Sports Association
259	7	06:46	Green	Shek Chung	MAK	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 30-34	Energetic Triathlon Shatin
260	7	06:46	Green	Ho Yin	MAN	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 30-34	Excel Swim Sports Association
261	7	06:46	Green	Sheung Chuen	TSOI	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 30-34	

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Race No	Heat	Start Time	Swim Cap	First Name	Last Name	Race Category	Race Category (Age)	Club
262	7	06:46	Green	Albert Hoi Fai	WONG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 30-34	
263	7	06:46	Green	Chi Sum	WONG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 30-34	Sonic Sports Association
264	7	06:46	Green	Ka Kui	WONG	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 30-34	
265	7	06:46	Green	Kenneth Yee Lok	WU	Challenge Distance (Swim 1500m/Bike 40km/Run 12.5km)	Male Age Group 30-34	
266	8	07:20	Pink	Pauline	COURRET	Sprint Distance (Swim 750m/Bike 20km/Run 5km)	Female Elite Junior 1 (NS Only)	South China Athletic Association
267	8	07:20	Pink	Zoe Olga	METAIS	Sprint Distance (Swim 750m/Bike 20km/Run 5km)	Female Elite Junior 1 (NS Only)	
268	8	07:20	Pink	Hiu Tung	TANG	Sprint Distance (Swim 750m/Bike 20km/Run 5km)	Female Junior 1	
269	8	07:20	Pink	Tsz Long	LEUNG	Sprint Distance (Swim 750m/Bike 20km/Run 5km)	Female Junior 2	AustSports Association
270	8	07:20	Pink	Yui Fung	CHAN	Sprint Distance (Swim 750m/Bike 20km/Run 5km)	Male Elite Junior 1 (NS Only)	Energetic Triathlon Shatin
271	8	07:20	Pink	Yan Ho Philip	CHU	Sprint Distance (Swim 750m/Bike 20km/Run 5km)	Male Elite Junior 1 (NS Only)	South China Athletic Association
272	8	07:20	Pink	Wang Hin Ian	FOK	Sprint Distance (Swim 750m/Bike 20km/Run 5km)	Male Elite Junior 1 (NS Only)	
273	8	07:20	Pink	Lok Chun Andrew	KWAN	Sprint Distance (Swim 750m/Bike 20km/Run 5km)	Male Elite Junior 1 (NS Only)	South China Athletic Association
274	8	07:20	Pink	Wai Chun	TSANG	Sprint Distance (Swim 750m/Bike 20km/Run 5km)	Male Elite Junior 1 (NS Only)	AustSports Association
275	8	07:20	Pink	Chak Lam Bobby	WAN	Sprint Distance (Swim 750m/Bike 20km/Run 5km)	Male Elite Junior 1 (NS Only)	Energetic Triathlon Shatin
276	8	07:20	Pink	Ka Ho	WONG	Sprint Distance (Swim 750m/Bike 20km/Run 5km)	Male Elite Junior 1 (NS Only)	First Ten Generation Team
277	8	07:20	Pink	Tsz Hin	YIP	Sprint Distance (Swim 750m/Bike 20km/Run 5km)	Male Elite Junior 1 (NS Only)	Energetic Triathlon Shatin
278	8	07:20	Pink	Tak Long	YIP	Sprint Distance (Swim 750m/Bike 20km/Run 5km)	Male Elite Junior 2 (NS Only)	Energetic Triathlon Shatin
279	8	07:20	Pink	Hin Ching	LO	Sprint Distance (Swim 750m/Bike 20km/Run 5km)	Male Elite Junior 1 (NS Only)	Energetic Triathlon Shatin
280	8	07:20	Pink	Tsun Kiu	LUI	Sprint Distance (Swim 750m/Bike 20km/Run 5km)	Male Junior 1	
281	8	07:20	Pink	Wai Yin Ryan	TSEUNG	Sprint Distance (Swim 750m/Bike 20km/Run 5km)	Male Junior 1	
282	8	07:20	Pink	Siu Cheung	FONG	Sprint Distance (Swim 750m/Bike 20km/Run 5km)	Male Junior 2	Crest Ray Recreation & Sports Club
283	8	07:20	Pink	Kwok Wai Desmond	HUI	Sprint Distance (Swim 750m/Bike 20km/Run 5km)	Male Junior 2	
284	8	07:20	Pink	Tszfungjeffrey	KWAN	Sprint Distance (Swim 750m/Bike 20km/Run 5km)	Male Junior 2	AustSports Association
285	8	07:20	Pink	Paco Pak Hou	LUN	Sprint Distance (Swim 750m/Bike 20km/Run 5km)	Male Junior 2	AustSports Association
286	9	08:10	White	WT Dominic	CARSON	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Elite Youth (NS only)	Energetic Triathlon Shatin
287	9	08:10	White	Kai Hei Cyrus	CHAN	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Elite Youth (NS only)	
288	9	08:10	White	Lok Shi	LAM	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Elite Youth (NS only)	Energetic Triathlon Shatin
289	9	08:10	White	Auscar	TSANG	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Elite Youth (NS only)	Energetic Triathlon Shatin
290	9	08:10	White	Kwong Hei Anson	TSANG	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Elite Youth (NS only)	Energetic Triathlon Shatin
291	9	08:10	White	Nok Hei	WONG	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Elite Youth (NS only)	
292	9	08:10	White	Pak Yiu Anson	WONG	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Elite Youth (NS only)	First Ten Generation Team
293	9	08:10	White	Tsun Fung	YIM	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Elite Youth (NS only)	Sparkle Triathlon
294	9	08:10	White	Pu Chak	YUNG	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Elite Youth (NS only)	The Little Dolphin Swimming Training Center
295	9	08:10	White	Ho Chun	AU	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Youth	Energetic Triathlon Shatin
296	9	08:10	White	Tsz Ho Shaun	CHAN	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Youth	First Ten Generation Team
297	9	08:10	White	Aitan Hilton	GOLDBERG	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Youth	Energetic Triathlon Shatin
298	9	08:10	White	Siu Fung	HO	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Youth	First Ten Generation Team
299	9	08:10	White	Kin Ting Francis	KWOK	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Youth	First Ten Generation Team
300	9	08:10	White	Pak Long	LAI	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Youth	Sparkle Triathlon
301	9	08:10	White	Chi Yin	LAW	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Youth	
302	9	08:10	White	Cheuk Wei Hayden	LEUNG	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Youth	
303	9	08:10	White	John	LEUNG	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Youth	
304	9	08:10	White	Jonathan Kwan King	MAK	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Youth	AustSports Association
305	9	08:10	White	Tsz Him	MOK	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Youth	
306	9	08:10	White	Yat Long, Marcus	NG	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Youth	
307	9	08:10	White	Yan Tao	SHUM	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Youth	
308	9	08:10	White	Chun Max	TAI	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Youth	Pro-trinity Sports Club
309	9	08:10	White	Tsz Yuen	TSE	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Youth	
310	9	08:10	White	Chun Hei	WONG	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Youth	The Little Dolphin Swimming Training Center
311	9	08:10	White	Tin Chak	WONG	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Youth	First Ten Generation Team
312	9	08:10	White	Chi Him Ryan	YAU	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Youth	
313	9	08:10	White	Po Shun	YICK	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Youth	Sparkle Triathlon
314	9	08:10	White	Zeng Han	WONG	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Youth	

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Race No	Heat	Start Time	Swim Cap	First Name	Last Name	Race Category	Race Category (Age)	Club
315	10	08:13	Blue	Olivier	BOURGADE	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 50-59	
316	10	08:13	Blue	Chak Sang Raymond	CHAN	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 50-59	
317	10	08:13	Blue	Man Kwong	CHEUNG	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 50-59	Mango Swimming Club
318	10	08:13	Blue	Ka Pun	HAU	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 50-59	Sonic Sports Association
319	10	08:13	Blue	Yiu Chung	HO	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 50-59	
320	10	08:13	Blue	Chi Man	KWAN	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 50-59	New Target Sport Association
321	10	08:13	Blue	Ka Lun Andy	LAM	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 50-59	
322	10	08:13	Blue	Yat Sang	LAM	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 50-59	Energetic Triathlon Shatin
323	10	08:13	Blue	Lai Chung	LEE	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 50-59	Mango Swimming Club
324	10	08:13	Blue	Vincent	LEE	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 50-59	
325	10	08:13	Blue	Jeffrey	LIU	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 50-59	Mango Swimming Club
326	10	08:13	Blue	Shui Yiu	SO	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 50-59	
327	10	08:13	Blue	Kwun Kit	TAI	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 50-59	Pro-trinity Sports Club
328	10	08:13	Blue	Chi Kin	TSE	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 50-59	AustSports Association
329	10	08:13	Blue	Shu Wah Jimmy	WAN	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 50-59	Energetic Triathlon Shatin
330	10	08:13	Blue	Ka Shun Sunny	YEN	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 50-59	Energetic Triathlon Shatin
331	10	08:13	Blue	Vor	YIU	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 50-59	
332	10	08:13	Blue	Wai Leung	AU	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 60 & Over	
333	10	08:13	Blue	Chun Hon	HUI	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 60 & Over	Energetic Triathlon Shatin
334	10	08:13	Blue	Check Yin	WONG	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 60 & Over	Mango Swimming Club
335	10	08:13	Blue	Chi Ling Clement	YEUNG	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 60 & Over	Alpha Zone Sports
336	11	08:16	Yellow	Tak Fai Albert	AU	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 40-49	
337	11	08:16	Yellow	Ka Lai	CHAN	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 40-49	
338	11	08:16	Yellow	Siu Wai	CHAN	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 40-49	
339	11	08:16	Yellow	Yin Wing, Jerry	FU	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 40-49	
340	11	08:16	Yellow	Charles	HUI	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 40-49	Sonic Sports Association
341	11	08:16	Yellow	Wong	KAMING	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 40-49	Energetic Triathlon Shatin
342	11	08:16	Yellow	Chi Bun William	LAU	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 40-49	
343	11	08:16	Yellow	Yuk Tong Sirius	LEE	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 40-49	Energetic Triathlon Shatin
344	11	08:16	Yellow	Michael	LEUNG	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 40-49	
345	11	08:16	Yellow	Tiecheng	LI	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 40-49	
346	11	08:16	Yellow	Hei Chung	MA	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 40-49	The Little Dolphin Swimming Training Center
347	11	08:16	Yellow	James	MAK	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 40-49	Hong Kong Dragons Triathlon Club
348	11	08:16	Yellow	Siu Hang	SHAM	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 40-49	
349	11	08:16	Yellow	Wing Cheung Kelvin	SHUM	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 40-49	
350	11	08:16	Yellow	Tse	WAI CHI	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 40-49	
351	11	08:16	Yellow	Siu Hon	WONG	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 40-49	
352	11	08:16	Yellow	Lin Kit	YEUNG	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 40-49	
353	11	08:16	Yellow	Wing Yin	YEUNG	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 40-49	Energetic Triathlon Shatin
354	11	08:16	Yellow	Wai Yin	YU	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 40-49	
355	12	08:19	Green	Leong Tim	LAW	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 20-29	First Ten Generation Team
356	12	08:19	Green	Hok Yee Terence	LI	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 20-29	Titan Triathlon
357	12	08:19	Green	Jing Yi Andrew	LI	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 20-29	
358	12	08:19	Green	Kin Yip	TANG	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 20-29	Sonic Sports Association
359	12	08:19	Green	Hoi Hang	WONG	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 20-29	
360	12	08:19	Green	Hui Wai	WONG	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 20-29	Energetic Triathlon Shatin
361	12	08:19	Green	Tsz Fug	CHIU	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 30-39	Sonic Sports Association
362	12	08:19	Green	Ting Piu	CHONG	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 30-39	Titan Triathlon
363	12	08:19	Green	Kong Yau	FUNG	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 30-39	Energetic Triathlon Shatin
364	12	08:19	Green	Mang Hin Marco	KOK	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 30-39	
365	12	08:19	Green	Ka Chun	LAU	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 30-39	
366	12	08:19	Green	Kwan Yu Brian	LEE	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 30-39	Energetic Triathlon Shatin
367	12	08:19	Green	Ka Lun	LEUNG	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 30-39	Energetic Triathlon Shatin
368	12	08:19	Green	Simon	TASKER	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 30-39	

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Race No	Heat	Start Time	Swim Cap	First Name	Last Name	Race Category	Race Category (Age)	Club
369	12	08:19	Green	Jim	TSANG	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 30-39	Alpha Zone Sports
370	12	08:19	Green	Chun Pui	YEUNG	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 30-39	
371	12	08:19	Green	Wai Shuen	YEUNG	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 30-39	Sonic Sports Association
372	12	08:19	Green	Chung Wa Dennis	YU	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Male Age Group 30-39	Pro-trinity Sports Club
373	13	08:22	Pink	Lai So	CHENG	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Female Age Group 30-39	Energetic Triathlon Shatin
374	13	08:22	Pink	Kit Yi	FUNG	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Female Age Group 30-39	
375	13	08:22	Pink	Yan Yin Krystal	LUNG	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Female Age Group 30-39	New Sports Triathlon
376	13	08:22	Pink	Stephanie	PERRAULT	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Female Age Group 30-39	
377	13	08:22	Pink	Judy	YEUNG	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Female Age Group 30-39	Sonic Sports Association
378	13	08:22	Pink	Xixi	ZHAO	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Female Age Group 30-39	
379	13	08:22	Pink	Olivia	ALFHEIM	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Female Age Group 40-49	
380	13	08:22	Pink	Shui Ping	CHUNG	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Female Age Group 40-49	Energetic Triathlon Shatin
381	13	08:22	Pink	Hoi Lam	FUNG	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Female Age Group 40-49	
382	13	08:22	Pink	Shu	PU	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Female Age Group 40-49	
383	13	08:22	Pink	Gi Wai Gigi	WONG	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Female Age Group 40-49	Sonic Sports Association
384	13	08:22	Pink	Wai Tong	YIP	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Female Age Group 40-49	
385	13	08:22	Pink	Koon Fong Jo	LEE	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Female Age Group 50-59	
386	13	08:22	Pink	Wai Fun	LIU	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Female Age Group 50-59	
387	13	08:22	Pink	Shuk Han Karen	LUI	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Female Age Group 50-59	Energetic Triathlon Shatin
388	13	08:22	Pink	Belinda	SO	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Female Age Group 50-59	Sonic Sports Association
389	13	08:22	Pink	Mui Christina	WONG	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Female Age Group 50-59	Mango Swimming Club
390	13	08:22	Pink	Yuen Hung	TAM	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Female Age Group 60 & Over	
391	13	08:22	Pink	Tess Evelyn	GREATON	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Female Elite Youth (NS only)	
392	13	08:22	Pink	Anson	LUN	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Female Elite Youth (NS only)	AustSports Association
393	13	08:22	Pink	Lai Ki Nicole	MAN	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Female Elite Youth (NS only)	Energetic Triathlon Shatin
394	13	08:22	Pink	Petra	STAMENOVIC	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Female Elite Youth (NS only)	
395	13	08:22	Pink	Wan Tung	WONG	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Female Elite Youth (NS only)	Energetic Triathlon Shatin
396	13	08:22	Pink	Ching Kiu	LAW	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Female Youth	
397	13	08:22	Pink	Hayley	TSANG	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Female Youth	Energetic Triathlon Shatin
398	13	08:22	Pink	Lok Tung	WONG	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Female Youth	
399	13	08:22	Pink	Rachel, Kwan Kiu	WONG	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Female Youth	AustSports Association
400	13	08:22	Pink	Anika	YANG	Super Sprint Distance (Swim 375m/Bike 10km/Run 2.5km)	Female Youth	South China Athletic Association