

# Hong Kong Secondary School Aquathlon Championships 2024 - Race 1

## 2024年香港中學水陸兩項鐵人錦標賽1



Race 1 30/06/2024

Category & Distance

組別和距離

SA(2008 or before)

Swim 300m & Run 1400m

SB(2009 - 2010)

Swim 250m & Run 1400m

SC(2011 or after)

Swim 200m & Run 1400m

Venue地點:

Hong Kong Sports Institute

香港體育學院

Subvented by

Sponsored by



TRIATHLON ASSOCIATION  
OF HONG KONG CHINA  
中國香港三項鐵人總會



康樂及文化事務署  
Leisure and Cultural  
Services Department



# Hong Kong Secondary School Aquathlon Championships 2024 – Race 1

## 2024 年香港中學水陸兩項鐵人錦標賽 1

<b>Race Date:</b>	<b>Sunday, 30 June 2024</b>	比賽日期:	<b>2024 年 6 月 30 日(星期日)</b>
<b>Race Venue:</b>	<b>Hong Kong Sports Institute, Shatin</b>	比賽地點:	沙田體育學院
<b>Race Start:</b>	<b>08:30 am</b>	比賽時間:	上午 8 時 30 分

### Secondary School 中學組別

Distance 賽程 SA (2008 or before) Swim 300m and Run 1.4km			
<b>Boys 2008 or before</b>	男子 2008 或之前出生	<b>Girls 2008 or before</b>	女子 2008 或之前出生
Distance 賽程 SB (2009-2010) Swim 250m and Run 1.4km			
<b>Boys 2009 - 2010</b>	男子 2009 – 2010	<b>Girls 2009 - 2010</b>	女子 2009 – 2010
Distance 賽程 SC (2011 or after) Swim 200m and Run 1.4km			
<b>Boys 2011 or after</b>	男子 2011 或之後出生	<b>Girls 2011 or after</b>	女子 2011 或之後出生
<b>Individual Competition Rules 個人組比賽規則</b> <b>Participants must be attending a local secondary school.</b> 參加者必須正在就讀本地中學。			
<b>School Team Competition Rules 學校隊際組比賽規則</b> <b>Each team shall consist of at least two, and at most three members. Each member must compete as individual in the same race course and same gender</b> 每隊參賽隊伍必須最少有兩名隊員，而最多不得超過三名隊員。同一隊之隊員必須參與同一級別賽程及為同一性別。			
<b>School team results shall be determined by the sum of finishing times of <u>top TWO individuals</u> in each team.</b> 學校隊際組之成績計算是根據每隊 <u>首兩名完成者</u> 之完成時間總和。			
<b>Each member's result will also be counted in the individual category.</b> 各隊員之個人成績，亦會計算於個人組別之成績內。			
<b>There is no limit on the number of teams entering from each school in each category.</b> 各院校在各組別的參賽隊數不限。			
<b>School team members' entry form must be submitted together.</b> 所有學校隊際組別的參賽報名表必須一併遞交。			
<b>Remarks</b> <b>According to the latest policy of HKSI, only participating athletes, school representatives and registered affiliated club coaches are allowed to enter HKSI area for all races organising within HKSI. There will be no auditorium on the day of the competition, and those who are not mentioned above are not allowed to enter HKSI.</b> 根據體院最新政策，在院內舉行的所有比賽，只容許參賽運動員、學校領隊及屬會註冊教練進入體院賽場，比賽當天一律不設觀眾席，而所有非上述人事均不得進入體院範圍。			
<b>Deadline for Entry</b> 截止報名日期	<b>19 June 2024, 11:59pm (Wednesday)</b> <b>2024 年 6 月 19 日下午 11 時 59 分 (星期三)</b>		
<b>Entry Fees</b> 報名費	<b>HK\$180 (Per Person)</b>		<b>港幣: \$180 (每位)</b>



<p><b>Awards</b> 獎項</p>	<p><b><u>Finisher Medal &amp; Certificates 完成獎牌及證書</u></b></p> <p><b>E-Certificate of Participation and Finisher Medal will be issued to athletes who finished races.</b> 完成賽事的運動員，將會獲頒發電子成績證明書及完成紀念獎牌。</p> <p><b><u>Individual 個人組</u></b></p> <p><b>The top 3 in each category will be presented with a Trophy. Other positions entitled to an award will be presented with medals based on the below criteria:</b> 每組頭 3 名將獲頒獎座一個，而其餘名次將依據下述計算方法頒發獎項：</p> <p><b>Awards will be presented to the Top 3 finishers if the number of entries in that category is 3- 30.</b> 如該組別參加者為 3-30 人，則只頒發獎項給前 3 名</p> <p><b>Awards will be presented to the Top 5 finishers if the number of entries in that category is 31 or above.</b> 如該組別參加者為 31 人或以上，則只頒發獎項給前 5 名</p> <p><b><u>School Team 學校隊際組</u></b></p> <p><b>Awards will be presented to the Top 3 School Team, if the number of teams in that category is 3 -14</b> 如該組別參加者為 3-14 隊，則只頒發獎項給前 3 名校隊</p> <p><b>Awards will be presented to the Top 5 School Team, if the number of teams in that category is 15 &amp; Over</b> 如該組別參加者為 15 隊或以上，則只頒發獎項給前 5 名校隊</p> <p><b>For detail information, please visit</b> 詳細資料請瀏覽：<a href="http://www.triathlon.com.hk">www.triathlon.com.hk</a></p>
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**Non-refund Policy 不退款政策**

**The TriHK operates a “Non -refund Policy”. Once your entry is accepted, your entry fee is not refundable nor transferable. If an event has been cancelled due to inclement weather or other reason beyond the control of TriHK, the race will not be re-scheduled, and your entry fee will not be refunded nor can it be transferred.**

中國香港三項鐵人總會實行“不退款”政策，報名一經接納，報名費將不獲退回，不得轉讓。如賽事因天氣惡劣或其他原因而取消，中國香港三項鐵人總會不會安排任何補賽，亦不會作任何退款之安排。有關之報名費亦不得轉讓。

**Local Event Inclement Weather Policy 惡劣天氣安排**

**If Typhoon Signal No.8 or above is hoisted at any time from 12:00 noon on the day before race, the race will be cancelled without any rescheduling**

如於比賽前一天中午十二時懸掛八號颱風訊號或以上，是項賽事將取消而不會補賽。

**If the Typhoon Signal No.3/ Red Rainstorm/ Black Rainstorm/ Thunderstorm/Landslide warning be hoisted at any time after 6:00 on race morning, the race may be cancelled without any rescheduling**

如在比賽日早上 6 時正或以後仍然懸掛三號颱風訊號/紅雨/黑雨及山泥傾瀉警告，是項賽事將有可能取消而不再補賽。

**Should the above Inclement Weather / Condition Warnings be raised after the commencement of the race, the Race Director has the right to change the course distance or arrangement or to stop the race. If the race is stopped, the race will be either be cancelled or be adjusted.**

如比賽進行中天氣惡劣或懸掛上述任何警告，賽事總監有權將比賽賽程改變 或取消正在進行中的比賽。被取消之賽事將不設補賽。

**If the weather is extremely hot on the race day, the Race Director has the right to change the course distance or arrangement or to stop the race. If the race is stopped, the race will be either be cancelled or be adjusted.**

如比賽當天氣炎熱，賽事總監有權將比賽賽程改變 或取消正在進行中的比賽。被取消之賽事將不設補賽。

**Entry Fees of cancelled race will not be refunded, nor can it be transferred of cancelled race**

被取消之賽事之報名費不設退款、亦不得轉讓