

Hong Kong Secondary School A quathlon Championships - Individual Start List

Race No	Heat	Lane	Start Time	Race Category	Race Category (Age)	First Name	Last Name	Chinese Name	Club
931	1	0	8:30	SA (2008 or before) Swim 300m and Run 1.4km	Boys 2008 or before	Hon Wang William	Chan	陳翰弘	
932	1	1	8:30	SA (2008 or before) Swim 300m and Run 1.4km	Boys 2008 or before	Shung Him	Lai	賴崇謙	
933	1	1	8:30	SA (2008 or before) Swim 300m and Run 1.4km	Boys 2008 or before	Lok Ping	Tung	董樂平	Galaxy Sports Triathlon
934	1	2	8:30	SA (2008 or before) Swim 300m and Run 1.4km	Boys 2008 or before	本軒	周	周本軒	
935	1	2	8:30	SA (2008 or before) Swim 300m and Run 1.4km	Boys 2008 or before	LOK HIN	LUI	呂樂軒	Galaxy Sports Triathlon
936	1	3	8:30	SA (2008 or before) Swim 300m and Run 1.4km	Boys 2008 or before	CHING YIU	CHAN	陳正堯	Galaxy Sports Triathlon
937	1	3	8:30	SA (2008 or before) Swim 300m and Run 1.4km	Boys 2008 or before	HO KIU	CHEUNG	張皓喬	Galaxy Sports Triathlon
938	1	4	8:30	SA (2008 or before) Swim 300m and Run 1.4km	Boys 2008 or before	YUI FUNG	NG	吳睿峰	
939	1	4	8:30	SA (2008 or before) Swim 300m and Run 1.4km	Boys 2008 or before	Shun Hei	Lau	劉信義	
940	1	5	8:30	SA (2008 or before) Swim 300m and Run 1.4km	Boys 2008 or before	MAN TO	CHIU	趙文韜	Aqua Gym Sport Association
941	1	5	8:30	SA (2008 or before) Swim 300m and Run 1.4km	Boys 2008 or before	Sheung Yin	Kwong	鄺尚賢	
942	1	6	8:30	SA (2008 or before) Swim 300m and Run 1.4km	Boys 2008 or before	Tsz Him	Mok	莫子謙	Galaxy Sports Triathlon
943	1	6	8:30	SA (2008 or before) Swim 300m and Run 1.4km	Boys 2008 or before	Chung Hin	Kwok	郭誦軒	
944	1	7	8:30	SA (2008 or before) Swim 300m and Run 1.4km	Boys 2008 or before	ADRIAN TSZ KIU	WONG	王祉喬	
945	1	7	8:30	SA (2008 or before) Swim 300m and Run 1.4km	Boys 2008 or before	Kam Ho	Koo	顧錦豪	
946	1	8	8:30	SA (2008 or before) Swim 300m and Run 1.4km	Boys 2008 or before	Shing Yuk	Chung	鍾承育	
947	1	8	8:30	SA (2008 or before) Swim 300m and Run 1.4km	Boys 2008 or before	Chun Ming Marcus	Wu	胡晉銘	
948	1	9	8:30	SA (2008 or before) Swim 300m and Run 1.4km	Boys 2008 or before	國斌	陳	陳國斌	
950	2	0	8:40	SA (2008 or before) Swim 300m and Run 1.4km	Boys 2008 or before	翊	黃	黃翊	
951	2	1	8:40	SA (2008 or before) Swim 300m and Run 1.4km	Boys 2008 or before	諾賢	趙	趙諾賢	
952	2	1	8:40	SA (2008 or before) Swim 300m and Run 1.4km	Boys 2008 or before	Tsun Chung Felix	Yau	姚浚琮	
953	2	2	8:40	SA (2008 or before) Swim 300m and Run 1.4km	Boys 2008 or before	希揚	葉	葉希揚	
954	2	2	8:40	SA (2008 or before) Swim 300m and Run 1.4km	Boys 2008 or before	TSZ HIM	LEE	李子謙	
955	2	3	8:40	SA (2008 or before) Swim 300m and Run 1.4km	Boys 2008 or before	CHI HIM RYAN	YAU	丘志謙	Galaxy Sports Triathlon
956	2	3	8:40	SA (2008 or before) Swim 300m and Run 1.4km	Boys 2008 or before	Bono	Woo	胡濠	
957	2	4	8:40	SA (2008 or before) Swim 300m and Run 1.4km	Boys 2008 or before	King Kam	Wong	黃環金	
958	2	4	8:40	SA (2008 or before) Swim 300m and Run 1.4km	Boys 2008 or before	Ka Hei Cyrus	Chan		
959	2	5	8:40	SA (2008 or before) Swim 300m and Run 1.4km	Boys 2008 or before	Yin	Kei	紀彥	Aqua Gym Sport Association
960	2	5	8:40	SA (2008 or before) Swim 300m and Run 1.4km	Boys 2008 or before	Auscar	Tsang		Energetic Triathlon Shatin
961	2	6	8:40	SA (2008 or before) Swim 300m and Run 1.4km	Boys 2008 or before	Tsun Fung	Yim		Sparkle Triathlon
962	2	6	8:40	SA (2008 or before) Swim 300m and Run 1.4km	Boys 2008 or before	Po Shun Yemi	Yick		
963	2	7	8:40	SA (2008 or before) Swim 300m and Run 1.4km	Boys 2008 or before	Pak Long	Lai		Sparkle Triathlon
964	2	7	8:40	SA (2008 or before) Swim 300m and Run 1.4km	Boys 2008 or before	Yu Chak	Chow		Crest Ray Recreation & Sports Club
965	2	8	8:40	SA (2008 or before) Swim 300m and Run 1.4km	Boys 2008 or before	Yan Tao	Shum		
969	3	0	8:50	SA (2008 or before) Swim 300m and Run 1.4km	Boys 2008 or before	Wang Hin Ian	Fok		Energetic Triathlon Shatin
970	3	1	8:50	SA (2008 or before) Swim 300m and Run 1.4km	Boys 2008 or before	Lok Chun Andrew	Kwan		South China Athletic Association
971	3	2	8:50	SA (2008 or before) Swim 300m and Run 1.4km	Boys 2008 or before	Hin Ching	Lo		
972	3	3	8:50	SA (2008 or before) Swim 300m and Run 1.4km	Boys 2008 or before	Yui Fung	Chan		Energetic Triathlon Shatin
973	3	3	8:50	SA (2008 or before) Swim 300m and Run 1.4km	Boys 2008 or before	Wai Chun	Tsang		AustSports Association
974	3	4	8:50	SA (2008 or before) Swim 300m and Run 1.4km	Boys 2008 or before	Chak Lam	Wan		Energetic Triathlon Shatin
975	3	4	8:50	SA (2008 or before) Swim 300m and Run 1.4km	Boys 2008 or before	Ka Ho	Wong		First Ten Generation Team
976	3	5	8:50	SA (2008 or before) Swim 300m and Run 1.4km	Boys 2008 or before	Tsz Hin	Yip		Energetic Triathlon Shatin
977	3	5	8:50	SA (2008 or before) Swim 300m and Run 1.4km	Boys 2008 or before	Pak Yiu Anson	Wong		Energetic Triathlon Shatin
978	3	6	8:50	SA (2008 or before) Swim 300m and Run 1.4km	Boys 2008 or before	Pu Chak	Yung		The Little Dolphin Swimming Training Center
979	3	7	8:50	SA (2008 or before) Swim 300m and Run 1.4km	Boys 2008 or before	Pak Fan	Mok		Energetic Triathlon Shatin

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980	3	8	8:50	SA (2008 or before) Swim 300m and Run 1.4km	Boys 2008 or before	Lok Shi	Lam		Energetic Triathlon Shatin
981	3	9	8:50	SA (2008 or before) Swim 300m and Run 1.4km	Boys 2008 or before	Nok Hei	Wong		The Little Dolphin Swimming Training Center
983	4	0	9:00	SA (2008 or before) Swim 300m and Run 1.4km	Girls 2008 or before	Hui Tung	Tang	鄧曉桐	
984	4	1	9:00	SA (2008 or before) Swim 300m and Run 1.4km	Girls 2008 or before	yee ching Nice	Tang	鄧綺晴	Energetic Triathlon Shatin
985	4	1	9:00	SA (2008 or before) Swim 300m and Run 1.4km	Girls 2008 or before	TSZ SHEUNG	WAN	溫芷裳	Energetic Triathlon Shatin
986	4	2	9:00	SA (2008 or before) Swim 300m and Run 1.4km	Girls 2008 or before	CHIN YAN	LEUNG	梁千欣	Energetic Triathlon Shatin
987	4	2	9:00	SA (2008 or before) Swim 300m and Run 1.4km	Girls 2008 or before	WING CHI	LAU	劉穎芝	Energetic Triathlon Shatin
988	4	3	9:00	SA (2008 or before) Swim 300m and Run 1.4km	Girls 2008 or before	HIU LAM	KOO	顧曉琳	Energetic Triathlon Shatin
989	4	3	9:00	SA (2008 or before) Swim 300m and Run 1.4km	Girls 2008 or before	WING HEI	WONG	王詠熹	Energetic Triathlon Shatin
990	4	4	9:00	SA (2008 or before) Swim 300m and Run 1.4km	Girls 2008 or before	Hoi Yan Hoily	Cheung	張愷恩	
991	4	4	9:00	SA (2008 or before) Swim 300m and Run 1.4km	Girls 2008 or before	Hei Ching	Ao	區希澄	New Sports Triathlon
992	4	5	9:00	SA (2008 or before) Swim 300m and Run 1.4km	Girls 2008 or before	Hoi Ching	Lam	林海晴	
993	4	5	9:00	SA (2008 or before) Swim 300m and Run 1.4km	Girls 2008 or before	Yan Lam	Wang	王恩琳	
994	4	6	9:00	SA (2008 or before) Swim 300m and Run 1.4km	Girls 2008 or before	Anson	Lun		AustSports Association
995	4	7	9:00	SA (2008 or before) Swim 300m and Run 1.4km	Girls 2008 or before	Lai Ki Nicole	Man		Energetic Triathlon Shatin
996	4	8	9:00	SA (2008 or before) Swim 300m and Run 1.4km	Girls 2008 or before	Petra	Stamenovic		
997	4	9	9:00	SA (2008 or before) Swim 300m and Run 1.4km	Girls 2008 or before	Wan Tung	Wong		Energetic Triathlon Shatin
999	5	0	9:10	SB (2009-2010) Swim 250m and Run 1.4km	Boys 2009 - 2010	YAT LONG	LAM	林日朗	
1000	5	1	9:10	SB (2009-2010) Swim 250m and Run 1.4km	Boys 2009 - 2010	Ho Ting	Lee	李灝庭	
1001	5	1	9:10	SB (2009-2010) Swim 250m and Run 1.4km	Boys 2009 - 2010	Tsz Yeung Ian	Shek	石梓暘	Galaxy Sports Triathlon
1002	5	2	9:10	SB (2009-2010) Swim 250m and Run 1.4km	Boys 2009 - 2010	Edison	Wong		
1003	5	2	9:10	SB (2009-2010) Swim 250m and Run 1.4km	Boys 2009 - 2010	HONG NAM	LAU	劉康楠	Alpha Zone Sports
1004	5	3	9:10	SB (2009-2010) Swim 250m and Run 1.4km	Boys 2009 - 2010	Pak Kiu	Ao	區柏喬	New Sports Triathlon
1005	5	4	9:10	SB (2009-2010) Swim 250m and Run 1.4km	Boys 2009 - 2010	Pak Kiu	Lee	李栢翹	
1006	5	5	9:10	SB (2009-2010) Swim 250m and Run 1.4km	Boys 2009 - 2010	Tsz Ho	Ma	馬梓皓	
1007	5	6	9:10	SB (2009-2010) Swim 250m and Run 1.4km	Boys 2009 - 2010	Pak Hei	Chan	陳柏僊	Galaxy Sports Triathlon
1008	5	7	9:10	SB (2009-2010) Swim 250m and Run 1.4km	Boys 2009 - 2010	Pak Lam Cass	Man	文柏藍	AustSports Association
1009	5	8	9:10	SB (2009-2010) Swim 250m and Run 1.4km	Boys 2009 - 2010	Chun Hei	Lau	劉駿希	
1010	5	9	9:10	SB (2009-2010) Swim 250m and Run 1.4km	Boys 2009 - 2010	TSZ LEONG LOUIE	CHENG	鄭梓亮	
1013	6	0	9:18	SB (2009-2010) Swim 250m and Run 1.4km	Boys 2009 - 2010	Hoi Fu	Tam	談鎧賦	
1014	6	1	9:18	SB (2009-2010) Swim 250m and Run 1.4km	Boys 2009 - 2010	FUNG WO	CHAN	陳鋒和	
1015	6	1	9:18	SB (2009-2010) Swim 250m and Run 1.4km	Boys 2009 - 2010	Wai Yin	Chan	陳韋弦	Sparkle Triathlon
1016	6	2	9:18	SB (2009-2010) Swim 250m and Run 1.4km	Boys 2009 - 2010	Hei Yin Jonas	Cheng	鄭熙然	Hoi Ngai Sports Association
1017	6	2	9:18	SB (2009-2010) Swim 250m and Run 1.4km	Boys 2009 - 2010	Toffy	Chan	陳颯徐	
1018	6	3	9:18	SB (2009-2010) Swim 250m and Run 1.4km	Boys 2009 - 2010	Chun Pang	Chan	陳振鵬	
1019	6	3	9:18	SB (2009-2010) Swim 250m and Run 1.4km	Boys 2009 - 2010	Yin Hang	Chan	陳彥衡	
1020	6	4	9:18	SB (2009-2010) Swim 250m and Run 1.4km	Boys 2009 - 2010	Ho Chun	Au		Energetic Triathlon Shatin
1021	6	4	9:18	SB (2009-2010) Swim 250m and Run 1.4km	Boys 2009 - 2010	Ching Ho	Kwok		Crest Ray Recreation & Sports Club
1022	6	5	9:18	SB (2009-2010) Swim 250m and Run 1.4km	Boys 2009 - 2010	Chun Hei	Wong		The Little Dolphin Swimming Training Center
1023	6	5	9:18	SB (2009-2010) Swim 250m and Run 1.4km	Boys 2009 - 2010	Wai Ching Jesse	Cheung		
1024	6	6	9:18	SB (2009-2010) Swim 250m and Run 1.4km	Boys 2009 - 2010	Ngai Chun	Ting		
1025	6	6	9:18	SB (2009-2010) Swim 250m and Run 1.4km	Girls 2009 - 2010	Yi Chun	Chan	陳以臻	AustSports Association
1026	6	7	9:18	SB (2009-2010) Swim 250m and Run 1.4km	Girls 2009 - 2010	Tsz Ching	TANG	鄧芷晴	
1027	6	7	9:18	SB (2009-2010) Swim 250m and Run 1.4km	Girls 2009 - 2010	YAT SUM	CHAN	陳一心	Energetic Triathlon Shatin
1028	6	8	9:18	SB (2009-2010) Swim 250m and Run 1.4km	Girls 2009 - 2010	MAN YING	CHEUNG	張敏盈	Energetic Triathlon Shatin

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1029	6	8	9:18	SB (2009-2010) Swim 250m and Run 1.4km	Girls 2009 - 2010	WAN YING	CHEUNG	張縉盈	Energetic Triathlon Shatin
1030	6	9	9:18	SB (2009-2010) Swim 250m and Run 1.4km	Girls 2009 - 2010	ANGELINA TSZ YAN	LOO	盧芷欣	Energetic Triathlon Shatin
1032	7	0	9:26	SB (2009-2010) Swim 250m and Run 1.4km	Girls 2009 - 2010	SUM YIN	LAW	羅沁妍	Energetic Triathlon Shatin
1033	7	1	9:26	SB (2009-2010) Swim 250m and Run 1.4km	Girls 2009 - 2010	TSZ YIN	CHAN	陳梓賢	Hoi Ngai Sports Association
1034	7	1	9:26	SB (2009-2010) Swim 250m and Run 1.4km	Girls 2009 - 2010	Yuet Tung Blu	Tsang	曾悅潼	
1035	7	2	9:26	SB (2009-2010) Swim 250m and Run 1.4km	Girls 2009 - 2010	Tsz wing	Huen	禰芷穎	
1036	7	2	9:26	SB (2009-2010) Swim 250m and Run 1.4km	Girls 2009 - 2010	Tsz Ying	Lee	李梓瑩	
1037	7	3	9:26	SB (2009-2010) Swim 250m and Run 1.4km	Girls 2009 - 2010	Cheuk Kiu	Ho	何綽蕎	
1038	7	3	9:26	SB (2009-2010) Swim 250m and Run 1.4km	Girls 2009 - 2010	Ryu Ka	Hirose	廣瀨龍香	
1039	7	4	9:26	SB (2009-2010) Swim 250m and Run 1.4km	Girls 2009 - 2010	Wing Tung	Cheung	張穎滂	Dali Swimming Club
1040	7	4	9:26	SB (2009-2010) Swim 250m and Run 1.4km	Girls 2009 - 2010	Lok Suet Ching	Lok	駱雪晴	
1041	7	5	9:26	SB (2009-2010) Swim 250m and Run 1.4km	Girls 2009 - 2010	Hiu Tung	Leung	梁曉彤	AustSports Association
1042	7	5	9:26	SB (2009-2010) Swim 250m and Run 1.4km	Girls 2009 - 2010	頌寧	岑	岑頌寧	
1043	7	6	9:26	SB (2009-2010) Swim 250m and Run 1.4km	Girls 2009 - 2010	Tsz Yau	Kwok	郭芷攸	
1044	7	6	9:26	SB (2009-2010) Swim 250m and Run 1.4km	Girls 2009 - 2010	Cheuk Yiu Vanessa	Cheung	張焯堯	
1045	7	7	9:26	SB (2009-2010) Swim 250m and Run 1.4km	Girls 2009 - 2010	Sum Yi	Mok	莫心怡	
1046	7	7	9:26	SB (2009-2010) Swim 250m and Run 1.4km	Girls 2009 - 2010	Oi Yin	Chan		
1047	7	8	9:26	SB (2009-2010) Swim 250m and Run 1.4km	Girls 2009 - 2010	Hayley	Tsang		Energetic Triathlon Shatin
1048	7	8	9:26	SB (2009-2010) Swim 250m and Run 1.4km	Girls 2009 - 2010	Lok Tung	Wong		
1049	7	9	9:26	SB (2009-2010) Swim 250m and Run 1.4km	Girls 2009 - 2010	Elise Modiano	Sarah		South China Athletic Association
1050	7	9	9:26	SB (2009-2010) Swim 250m and Run 1.4km	Girls 2009 - 2010	Yuet Hei	Ng		Energetic Triathlon Shatin
1052	8	0	9:34	SC (2011 or after) Swim 200m and Run 1.4km	Boys 2011 or after	KaSing	Lai	賴嘉昇	Galaxy Sports Triathlon
1053	8	1	9:34	SC (2011 or after) Swim 200m and Run 1.4km	Boys 2011 or after	King Sing Kurtis	Lam	林敬昇	
1054	8	1	9:34	SC (2011 or after) Swim 200m and Run 1.4km	Boys 2011 or after	O	SHAM	岑敖	Galaxy Sports Triathlon
1055	8	2	9:34	SC (2011 or after) Swim 200m and Run 1.4km	Boys 2011 or after	Tsz Long	Chan	陳子朗	Energetic Triathlon Shatin
1056	8	2	9:34	SC (2011 or after) Swim 200m and Run 1.4km	Boys 2011 or after	Chi Hin	Chu	朱智軒	
1057	8	3	9:34	SC (2011 or after) Swim 200m and Run 1.4km	Boys 2011 or after	煒杰	林	林煒杰	
1058	8	3	9:34	SC (2011 or after) Swim 200m and Run 1.4km	Boys 2011 or after	Chun Lok	Chan	陳峻諾	
1059	8	4	9:34	SC (2011 or after) Swim 200m and Run 1.4km	Boys 2011 or after	Oscar	Cheng	鄭熙哲	
1060	8	4	9:34	SC (2011 or after) Swim 200m and Run 1.4km	Boys 2011 or after	Yik Hei	Lau	劉奕希	Energetic Triathlon Shatin
1061	8	5	9:34	SC (2011 or after) Swim 200m and Run 1.4km	Boys 2011 or after	Ching Kiu	Ng	吳政橋	AustSports Association
1062	8	5	9:34	SC (2011 or after) Swim 200m and Run 1.4km	Boys 2011 or after	Chun Long	Man	文俊朗	
1063	8	6	9:34	SC (2011 or after) Swim 200m and Run 1.4km	Boys 2011 or after	Yat Yin	Lee	李逸言	
1064	8	6	9:34	SC (2011 or after) Swim 200m and Run 1.4km	Boys 2011 or after	Chak Yan Bosco	Wan		Energetic Triathlon Shatin
1065	8	7	9:34	SC (2011 or after) Swim 200m and Run 1.4km	Boys 2011 or after	Tze Kiu	Tam		Energetic Triathlon Shatin
1066	8	7	9:34	SC (2011 or after) Swim 200m and Run 1.4km	Boys 2011 or after	Cheuk Yin Desmond	Chau		Energetic Triathlon Shatin
1067	8	8	9:34	SC (2011 or after) Swim 200m and Run 1.4km	Boys 2011 or after	Cheuk Kiu	Ng		Energetic Triathlon Shatin
1070	9	1	9:48	SC (2011 or after) Swim 200m and Run 1.4km	Girls 2011 or after	Hiu Yau	Yeung	楊曉悠	
1071	9	2	9:48	SC (2011 or after) Swim 200m and Run 1.4km	Girls 2011 or after	Muk Woo	Chow	周牧和	
1072	9	3	9:48	SC (2011 or after) Swim 200m and Run 1.4km	Girls 2011 or after	Heulwen	Chau	周烜慧	Energetic Triathlon Shatin
1073	9	4	9:48	SC (2011 or after) Swim 200m and Run 1.4km	Girls 2011 or after	HEIDI	CHEUNG	張凱堤	
1074	9	5	9:48	SC (2011 or after) Swim 200m and Run 1.4km	Girls 2011 or after	Tsz Ching	Lam	林子晴	