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香港中小學水陸兩項鐵人錦標賽 Hong Kong Primary & Secondary School Aquathlon Championships 2024

Race Schedule 比賽時間表

| Wave 組別 | Race No 比賽號碼 | Category 組別 | | Start Time 開賽時間 | Race Briefing Time 賽事講解時間 |
|--|-----------------|---------------------|----------------|--------------------|------------------------------|
| Distance 2008 or before (Swim 300m and Run 1.4km) | | | | | |
| 1 | 931-948 | Boys SA | 男子 SA | 8:30 | 8:10 |
| 2 | 950-967 | Boys SA | 男子 SA | 8:40 | |
| 3 | 969-981 | Boys SA | 男子 SA | 8:50 | 8:30 |
| 4 | 983-997 | Girls SA | 女子 SA | 9:00 | |
| Distance 2009-2010 (Swim 250m and Run 1.4km) | | | | | |
| 5 | 999-1010 | Boys SB | 男子 SB | 9:10 | 8:50 |
| 6 | 1013-1030 | Boys SB Girls SB | 男子 SB 女子 SB | 9:18 | |
| 7 | 1032-1050 | Girls SB | 女子 SB | 9:26 | 9:16 |
| Distance 2011 or after (Swim 200m and Run 1.4km) | | | | | |
| 8 | 1052-1068 | Boys SC | 男子 SC | 9:34 | 9:14 |
| 9 | 1070-1074 | Girls SC | 女子 SC | 9:48 | |