

2025 Triathlon Series - Individual Result

| First name | Last name | Age Category | Club | FOS | Tri Champ | Total | Position |
|-----------------------------|-------------|------------------------|---|-------|-----------|-------|----------|
| CHALLENGE DISTANCE (BEST 2) | | | | | | | |
| Wai Man | Lee | Female Age Group 20-24 | New Sports Triathlon | 100.0 | | 100.0 | 1 |
| Wan Chi | Lung | Female Age Group 20-24 | Galaxy Sports Triathlon | 50.0 | | 50.0 | 2 |
| | | | | | | | |
| TAMMY | TANG | Female Age Group 25-29 | Energetic Triathlon Shatin | 100.0 | | 100.0 | 1 |
| Yuen ching moose cu | Hung | Female Age Group 25-29 | Aqua Gym Sport Association | 50.0 | | 50.0 | 2 |
| | | | | | | | |
| AMY WING YI | LEE | Female Age Group 30-34 | | 100.0 | | 100.0 | 1 |
| | | | | | | | |
| Lok Yin Claudia | Law | Female Age Group 35-39 | NL Triathlon Club | 100.0 | | 100.0 | 1 |
| Wai Yu | Law | Female Age Group 35-39 | | 50.0 | | 50.0 | 2 |
| | | | | | | | |
| Ella | Karsemeijer | Female Age Group 45-49 | Hong Kong Dragons Triathlon Club | 100.0 | | 100.0 | 1 |
| Melinda | Hand | Female Age Group 45-49 | | 83.3 | | 83.3 | 2 |
| Elisa | Carnini | Female Age Group 45-49 | | 66.7 | | 66.7 | 3 |
| cin lam lisa | pun | Female Age Group 45-49 | Sonic Sports Association | 50.0 | | 50.0 | 4 |
| WAI KWAN CARINA | LI | Female Age Group 45-49 | | 33.3 | | 33.3 | 5 |
| Ka Ling | Lim | Female Age Group 45-49 | Titan Triathlon | 16.7 | | 16.7 | 6 |
| | | | | | | | |
| LAI PING | LEUNG | Female Age Group 50-54 | The Little Dolphin Swimming Training Center | 100.0 | | 100.0 | 1 |
| Samantha | Holyoak | Female Age Group 50-54 | Tritons Triathlon Club | 75.0 | | 75.0 | 2 |
| PUI YI ELIZABETH | TAM | Female Age Group 50-54 | Crest Ray Recreation & Sports Club | 50.0 | | 50.0 | 3 |
| MUI CHRISTINA | WONG | Female Age Group 50-54 | Mango Swimming Club | 25.0 | | 25.0 | 4 |
| | | | | | | | |
| Helen | John | Female Age Group 55-59 | | 100.0 | | 100.0 | 1 |
| HAU YI DORA | LI | Female Age Group 55-59 | Energetic Triathlon Shatin | 50.0 | | 50.0 | 2 |
| | | | | | | | |
| "Angel, Yin Ling" | Tsoi | Female Age Group 60-64 | Energetic Triathlon Shatin | 100.0 | | 100.0 | 1 |
| Chan | Wan tuen | Female Age Group 60-64 | The Little Dolphin Swimming Training Center | 50.0 | | 50.0 | 2 |
| | | | | | | | |

2025 Triathlon Series - Individual Result

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|---------------------|-------------|----------------------|----------------------------------|-------|--|-------|----|
| Tsun Kiu | Lui | Male Age Group 20-24 | Compass Sports Association | 100.0 | | 100.0 | 1 |
| Paco Pak Hou | Lun | Male Age Group 20-24 | Titan Triathlon | 83.3 | | 83.3 | 2 |
| Tsun Hei | Lau | Male Age Group 20-24 | Energetic Triathlon Shatin | 66.7 | | 66.7 | 3 |
| LIANG | Zhisen | Male Age Group 20-24 | | 50.0 | | 50.0 | 4 |
| Neil Edwin Santiago | Sy | Male Age Group 20-24 | | 33.3 | | 33.3 | 5 |
| Ho Long | Wong | Male Age Group 20-24 | | 16.7 | | 16.7 | 6 |
| | | | | | | | |
| James | Tan | Male Age Group 25-29 | South China Athletic Association | 100.0 | | 100.0 | 1 |
| Hon Man | Tang | Male Age Group 25-29 | | 85.7 | | 85.7 | 2 |
| Long Kit | Chiu | Male Age Group 25-29 | New Sports Triathlon | 71.4 | | 71.4 | 3 |
| Ho Kwong Billy | Ching | Male Age Group 25-29 | New Sports Triathlon | 57.1 | | 57.1 | 4 |
| Wai Sheung Sean Ant | Liu | Male Age Group 25-29 | Hong Kong Dragons Triathlon Club | 42.9 | | 42.9 | 5 |
| Johannes | Vermeulen | Male Age Group 25-29 | | 28.6 | | 28.6 | 6 |
| Sze chun | HO | Male Age Group 25-29 | | 14.3 | | 14.3 | 7 |
| | | | | | | | |
| KA HEI | HO | Male Age Group 30-34 | Aqua Gym Sport Association | 100.0 | | 100.0 | 1 |
| ka fai | wong | Male Age Group 30-34 | Aqua Gym Sport Association | 80.0 | | 80.0 | 2 |
| David | Carreno Cer | Male Age Group 30-34 | NL Triathlon Club | 60.0 | | 60.0 | 3 |
| Tsz Him | Lau | Male Age Group 30-34 | | 40.0 | | 40.0 | 4 |
| Kin Hang | Tsang | Male Age Group 30-34 | | 20.0 | | 20.0 | 5 |
| | | | | | | | |
| Cheuk Man | chan | Male Age Group 35-39 | Titan Triathlon | 100.0 | | 100.0 | 1 |
| Chun Ting Timothy | Ho | Male Age Group 35-39 | Energetic Triathlon Shatin | 92.3 | | 92.3 | 2 |
| Ka ming | Wan | Male Age Group 35-39 | Titan Triathlon | 84.6 | | 84.6 | 3 |
| ka chun | Lau | Male Age Group 35-39 | | 76.9 | | 76.9 | 4 |
| Nicolas | Roudier | Male Age Group 35-39 | NL Triathlon Club | 69.2 | | 69.2 | 5 |
| Clement | Ip | Male Age Group 35-39 | | 61.5 | | 61.5 | 6 |
| Sze Yu | Hung | Male Age Group 35-39 | Sonic Sports Association | 53.8 | | 53.8 | 7 |
| Hugo | Lam | Male Age Group 35-39 | Alpha Zone Sports | 46.2 | | 46.2 | 8 |
| Richard | Portman | Male Age Group 35-39 | | 38.5 | | 38.5 | 9 |
| Eli | Parkes | Male Age Group 35-39 | NL Triathlon Club | 30.8 | | 30.8 | 10 |

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| | | | | | | | |
|--------------------|--------------|----------------------|---|-------|--|-------|----|
| HAN | ZHENG | Male Age Group 35-39 | | 23.1 | | 23.1 | 11 |
| Ho Tat | Chan | Male Age Group 35-39 | | 15.4 | | 15.4 | 12 |
| KA WA | HO | Male Age Group 35-39 | | 7.7 | | 7.7 | 13 |
| | | | | | | | |
| Vasco | van der Flie | Male Age Group 40-44 | Hong Kong Football Club Swimming and Triathlon Sc | 100.0 | | 100.0 | 1 |
| Alec Kam Lek | Quan | Male Age Group 40-44 | AustSports Association | 95.0 | | 95.0 | 2 |
| COLM | RAFFERTY | Male Age Group 40-44 | Hong Kong Dragons Triathlon Club | 90.0 | | 90.0 | 3 |
| ka chun | Li | Male Age Group 40-44 | | 85.0 | | 85.0 | 4 |
| Thomas | PUGET | Male Age Group 40-44 | | 80.0 | | 80.0 | 5 |
| Tsz Long | Chan | Male Age Group 40-44 | | 75.0 | | 75.0 | 6 |
| Ka Ho Gilbert | Chang | Male Age Group 40-44 | Galaxy Sports Triathlon | 70.0 | | 70.0 | 7 |
| Ngok Pang Ronald | Chan | Male Age Group 40-44 | New Sports Triathlon | 65.0 | | 65.0 | 8 |
| Ming Hei | Cheng | Male Age Group 40-44 | AustSports Association | 60.0 | | 60.0 | 9 |
| sze chun | poon | Male Age Group 40-44 | Sonic Sports Association | 55.0 | | 55.0 | 10 |
| Ho shun | Ngai | Male Age Group 40-44 | | 50.0 | | 50.0 | 11 |
| Sin Tui | Fung | Male Age Group 40-44 | Blue & White Spirit Sports Club | 45.0 | | 45.0 | 12 |
| Man Kit | Tsui | Male Age Group 40-44 | | 40.0 | | 40.0 | 13 |
| KUN LEI | LAM | Male Age Group 40-44 | The Little Dolphin Swimming Training Center | 35.0 | | 35.0 | 14 |
| DAOLONG | HU | Male Age Group 40-44 | Energetic Triathlon Shatin | 30.0 | | 30.0 | 15 |
| Lap Ken Kenneth | Lee | Male Age Group 40-44 | Sonic Sports Association | 25.0 | | 25.0 | 16 |
| Sheung Man | Lau | Male Age Group 40-44 | NL Triathlon Club | 20.0 | | 20.0 | 17 |
| SIU HANG | SHAM | Male Age Group 40-44 | Galaxy Sports Triathlon | 15.0 | | 15.0 | 18 |
| Ming Kwok | Yung | Male Age Group 40-44 | | 10.0 | | 10.0 | 19 |
| Kwok ho | Wong | Male Age Group 40-44 | | 5.0 | | 5.0 | 20 |
| | | | | | | | |
| Niek | Niens | Male Age Group 45-49 | Hong Kong Dragons Triathlon Club | 100.0 | | 100.0 | 1 |
| Kevin | Chow | Male Age Group 45-49 | NL Triathlon Club | 91.7 | | 91.7 | 2 |
| Eugene | wong | Male Age Group 45-49 | Alpha Zone Sports | 83.3 | | 83.3 | 3 |
| Pak-fai | CHAN | Male Age Group 45-49 | | 75.0 | | 75.0 | 4 |
| Wai Hung | Chan | Male Age Group 45-49 | | 66.7 | | 66.7 | 5 |
| "Chi Kin, Anthony" | Luk | Male Age Group 45-49 | Titan Triathlon | 58.3 | | 58.3 | 6 |

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| | | | | | | | |
|---------------------|----------|----------------------|---|-------|--|-------|----|
| Ka Ho | Fan | Male Age Group 45-49 | The Little Dolphin Swimming Training Center | 50.0 | | 50.0 | 7 |
| CHUN KWONG | SIN | Male Age Group 45-49 | New Sports Triathlon | 41.7 | | 41.7 | 8 |
| Ching Wan | Yim | Male Age Group 45-49 | Alpha Zone Sports | 33.3 | | 33.3 | 9 |
| Gregoire | Andrieu | Male Age Group 45-49 | | 25.0 | | 25.0 | 10 |
| Chun Hei | Cheung | Male Age Group 45-49 | First Ten Generation Team | 16.7 | | 16.7 | 11 |
| Man wai | Yip | Male Age Group 45-49 | | 8.3 | | 8.3 | 12 |
| | | | | | | | |
| tik ho | chum | Male Age Group 50-54 | Aqua Gym Sport Association | 100.0 | | 100.0 | 1 |
| RON | TUPAC | Male Age Group 50-54 | Energetic Triathlon Shatin | 87.5 | | 87.5 | 2 |
| federico | masin | Male Age Group 50-54 | Tritons Triathlon Club | 75.0 | | 75.0 | 3 |
| Pui Yuen | Wong | Male Age Group 50-54 | Pro-trinity Sports Club | 62.5 | | 62.5 | 4 |
| Daniel | Cole | Male Age Group 50-54 | | 50.0 | | 50.0 | 5 |
| CHING FAI | LEUNG | Male Age Group 50-54 | Energetic Triathlon Shatin | 37.5 | | 37.5 | 6 |
| Wai Ching | Har | Male Age Group 50-54 | | 25.0 | | 25.0 | 7 |
| ka lai | chan | Male Age Group 50-54 | Galaxy Sports Triathlon | 12.5 | | 12.5 | 8 |
| | | | | | | | |
| Tsz Cheung | Lam | Male Age Group 55-59 | Tritons Triathlon Club | 100.0 | | 100.0 | 1 |
| HO YIN | MOK | Male Age Group 55-59 | Energetic Triathlon Shatin | 92.9 | | 92.9 | 2 |
| Wai Chung Christoph | Tong | Male Age Group 55-59 | Sonic Sports Association | 85.7 | | 85.7 | 3 |
| Jack | Yee | Male Age Group 55-59 | | 78.6 | | 78.6 | 4 |
| man kwong | cheung | Male Age Group 55-59 | Mango Swimming Club | 71.4 | | 71.4 | 5 |
| Bertram | Shi | Male Age Group 55-59 | Energetic Triathlon Shatin | 64.3 | | 64.3 | 6 |
| HONG | AU YEUNG | Male Age Group 55-59 | Mango Swimming Club | 57.1 | | 57.1 | 7 |
| Henry | Ho | Male Age Group 55-59 | | 50.0 | | 50.0 | 8 |
| Teddy | Ho | Male Age Group 55-59 | | 42.9 | | 42.9 | 9 |
| KIN KEUNG | LEUNG | Male Age Group 55-59 | Energetic Triathlon Shatin | 35.7 | | 35.7 | 10 |
| kwonglueng | cheng | Male Age Group 55-59 | Energetic Triathlon Shatin | 28.6 | | 28.6 | 11 |
| Kin Ho | Kan | Male Age Group 55-59 | | 21.4 | | 21.4 | 12 |
| William | Chung | Male Age Group 55-59 | | 14.3 | | 14.3 | 13 |
| Wing Foo Paddy | Wong | Male Age Group 55-59 | The Little Dolphin Swimming Training Center | 7.1 | | 7.1 | 14 |
| | | | | | | | |

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| | | | | | | | |
|--------------------------|-----------|--------------------------|------------------------------------|-------|--|-------|---|
| Marc Jacques | Abecassis | Male Age Group 60-64 | Tritons Triathlon Club | 100.0 | | 100.0 | 1 |
| YING HO | LEE | Male Age Group 60-64 | Sonic Sports Association | 88.9 | | 88.9 | 2 |
| 錫棠 | 徐 | Male Age Group 60-64 | | 77.8 | | 77.8 | 3 |
| Kwok Keung Eric | Chu | Male Age Group 60-64 | Energetic Triathlon Shatin | 66.7 | | 66.7 | 4 |
| Wing Hong | Ng | Male Age Group 60-64 | | 55.6 | | 55.6 | 5 |
| Ho Man Jonathan | Wong | Male Age Group 60-64 | AustSports Association | 44.4 | | 44.4 | 6 |
| Kin San | Yan | Male Age Group 60-64 | | 33.3 | | 33.3 | 7 |
| KWOK Lun | Ho | Male Age Group 60-64 | | 22.2 | | 22.2 | 8 |
| TUNG CHEONG | POON | Male Age Group 60-64 | | 11.1 | | 11.1 | 9 |
| | | | | | | | |
| Yuk Fu | Ma | Male Age Group 65 & over | AustSports Association | 100.0 | | 100.0 | 1 |
| Wang C | Yuen | Male Age Group 65 & over | | 75.0 | | 75.0 | 2 |
| King Yuen | Chan | Male Age Group 65 & over | New Sports Triathlon | 50.0 | | 50.0 | 3 |
| Fai Ming | Chan | Male Age Group 65 & over | AustSports Association | 25.0 | | 25.0 | 4 |
| SPRINT DISTANCE (BEST 2) | | | | | | | |
| Sarah | Madiano | Female Elite Junior 1 | | 100.0 | | 100.0 | 1 |
| Lai Ki Nicole | Man | Female Elite Junior 1 | Energetic Triathlon Shatin | 80.0 | | 80.0 | 2 |
| Oi Yin | Chan | Female Elite Junior 1 | | 60.0 | | 60.0 | 3 |
| Lok Tung | Wong | Female Elite Junior 1 | Energetic Triathlon Shatin | 40.0 | | 40.0 | 4 |
| Hayley | Tsang | Female Elite Junior 1 | Energetic Triathlon Shatin | 20.0 | | 20.0 | 5 |
| | | | | | | | |
| Anson | Lun | Female Elite Junior 2 | | 100.0 | | 100.0 | 1 |
| | | | | | | | |
| Cheuk Yat | Lo | Female Elite Open | Energetic Triathlon Shatin | 100.0 | | 100.0 | 1 |
| | | | | | | | |
| Adelyn | Wallace | Female Junior 1 | Aqua Gym Sport Association | 100.0 | | 100.0 | 1 |
| Giselle | Li | Female Junior 1 | | 50.0 | | 50.0 | 2 |
| | | | | | | | |
| Hiu Tung | Tang | Female Junior 2 | Crest Ray Recreation & Sports Club | 100.0 | | 100.0 | 1 |
| Nicole | Chau | Female Junior 2 | | 50.0 | | 50.0 | 2 |
| | | | | | | | |

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| | | | | | | | |
|-----------------------------|----------|------------------------|---|-------|--|-------|---|
| Nok Hei | Wong | Male Elite Junior 1 | | 100.0 | | 100.0 | 1 |
| LOK SHI | LAM | Male Elite Junior 1 | Energetic Triathlon Shatin | 87.5 | | 87.5 | 2 |
| Yan Tao | Shum | Male Elite Junior 1 | Galaxy Sport Triathlon | 75.0 | | 75.0 | 3 |
| Tsun Fung | Yim | Male Elite Junior 1 | Sparkle Triathlon | 62.5 | | 62.5 | 4 |
| Chun Hei | Wong | Male Elite Junior 1 | The Little Dolphin Swimming Training Center | 50.0 | | 50.0 | 5 |
| Tsz Leong louie | Cheng | Male Elite Junior 1 | | 37.5 | | 37.5 | 6 |
| Pak Long | Lai | Male Elite Junior 1 | | 25.0 | | 25.0 | 7 |
| Ho Ting | Lee | Male Elite Junior 1 | AustSports Association | 12.5 | | 12.5 | 8 |
| | | | | | | | |
| Yung | Pu Chak | Male Elite Junior 2 | The Little Dolphin Swimming Training Center | 100.0 | | 100.0 | 1 |
| Pak Yiu Anson | Wong | Male Elite Junior 2 | Energetic Triathlon Shatin | 85.7 | | 85.7 | 2 |
| Dominic WT | Carson | Male Elite Junior 2 | Energetic Triathlon Shatin | 71.4 | | 71.4 | 3 |
| Wang Hin Ian | Fok | Male Elite Junior 2 | Energetic Triathlon Shatin | 57.1 | | 57.1 | 4 |
| Pak Fan | Mok | Male Elite Junior 2 | Energetic Triathlon Shatin | 42.9 | | 42.9 | 5 |
| Ka Ho | Wong | Male Elite Junior 2 | | 28.6 | | 28.6 | 6 |
| Po Shun Yemi | Yick | Male Elite Junior 2 | Energetic Triathlon Shatin | 14.3 | | 14.3 | 7 |
| | | | | | | | |
| Nathan Siu wo | Au Yeung | Male Elite Open | The Little Dolphin Swimming Training Center | 100.0 | | 100.0 | 1 |
| | | | | | | | |
| TSZ HIM | MOK | Male Junior 1 | Galaxy Sports Triathlon | 100.0 | | 100.0 | 1 |
| Wai Yin | Chan | Male Junior 1 | Sparkle Triathlon | 85.7 | | 85.7 | 2 |
| Pak Lam Cass | Man | Male Junior 1 | AustSports Association | 71.4 | | 71.4 | 3 |
| CHI HIM RYAN | YAU | Male Junior 1 | Galaxy Sports Triathlon | 57.1 | | 57.1 | 4 |
| Jeremy | Lai | Male Junior 1 | AustSports Association | 42.9 | | 42.9 | 5 |
| Shun Hei | Lau | Male Junior 1 | | 28.6 | | 28.6 | 6 |
| Kin To Kayden | Wong | Male Junior 1 | The Little Dolphin Swimming Training Center | 14.3 | | 14.3 | 7 |
| | | | | | | | |
| Yin | Kei | Male Junior 2 | Aqua Gym Sport Association | 100.0 | | 100.0 | 1 |
| Wang Hei | Kwok | Male Junior 2 | New Sports Triathlon | 50.0 | | 50.0 | 2 |
| DISCOVERY DISTANCE (BEST 2) | | | | | | | |
| Barbara | Walker | Female Age Group 20-29 | | 100.0 | | 100.0 | 1 |

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| | | | | | | | |
|----------------|---------|------------------------|---|-------|--|-------|----|
| | | | | | | | |
| Cassy | Koo | Female Age Group 30-39 | NL Triathlon Club | 100.0 | | 100.0 | 1 |
| Evian | Chau | Female Age Group 30-39 | Crest Ray Recreation & Sports Club | 66.7 | | 66.7 | 2 |
| 曉彤 | 周 | Female Age Group 30-39 | Crest Ray Recreation & Sports Club | 33.3 | | 33.3 | 3 |
| | | | | | | | |
| Wai Tong | Yip | Female Age Group 40-49 | | 100.0 | | 100.0 | 1 |
| Chi Mei | Wong | Female Age Group 40-49 | | 75.0 | | 75.0 | 2 |
| MAN YI MAY | LI | Female Age Group 40-49 | Energetic Triathlon Shatin | 50.0 | | 50.0 | 3 |
| Anne-Gaelle | Micolon | Female Age Group 40-49 | | 25.0 | | 25.0 | 4 |
| | | | | | | | |
| SHUK HAN KAREN | LUI | Female Age Group 50-59 | Energetic Triathlon Shatin | 100.0 | | 100.0 | 1 |
| Ching Yi | Li | Female Age Group 50-59 | Energetic Triathlon Shatin | 50.0 | | 50.0 | 2 |
| | | | | | | | |
| Yuet Hei | Ng | Female Elite Youth | Energetic Triathlon Shatin | 100.0 | | 100.0 | 1 |
| Hiu Yau | Yeung | Female Elite Youth | | 75.0 | | 75.0 | 2 |
| Chung Ning | Shum | Female Elite Youth | Energetic Triathlon Shatin | 50.0 | | 50.0 | 3 |
| Heulwen | Chau | Female Elite Youth | Energetic Triathlon Shatin | 25.0 | | 25.0 | 4 |
| | | | | | | | |
| Cin Yee Cydnee | Chung | Female Youth 1 | | 100.0 | | 100.0 | 1 |
| YI | MA | Female Youth 1 | | 91.7 | | 91.7 | 2 |
| Cheuk Lam | Chung | Female Youth 1 | Energetic Triathlon Shatin | 83.3 | | 83.3 | 3 |
| Jessie | Ho | Female Youth 1 | The Little Dolphin Swimming Training Center | 75.0 | | 75.0 | 4 |
| Hiu Tung Hazel | LEE | Female Youth 1 | | 66.7 | | 66.7 | 5 |
| Tsz Shun | CHAN | Female Youth 1 | Blue & White Spirit Sports Club | 58.3 | | 58.3 | 6 |
| CHING HEI | WONG | Female Youth 1 | Energetic Triathlon Shatin | 50.0 | | 50.0 | 7 |
| Yi Chun | Chan | Female Youth 2 | AustSports Association | 41.7 | | 41.7 | 8 |
| Hong Ching | Wong | Female Youth 2 | The Little Dolphin Swimming Training Center | 33.3 | | 33.3 | 9 |
| Yik Ching | Siu | Female Youth 2 | | 25.0 | | 25.0 | 10 |
| Yik Nam | Siu | Female Youth 2 | | 16.7 | | 16.7 | 11 |
| Hiu Tung | Leung | Female Youth 2 | | 8.3 | | 8.3 | 12 |
| | | | | | | | |

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|-----------------|-----------|----------------------|---|-------|--|-------|----|
| Jing Yi Andrew | Li | Male Age Group 20-29 | Energetic Triathlon Shatin | 100.0 | | 100.0 | 1 |
| yue | guan | Male Age Group 20-29 | | 83.3 | | 83.3 | 2 |
| Tsz kin | Kwong | Male Age Group 20-29 | | 66.7 | | 66.7 | 3 |
| Matthew | Chau | Male Age Group 20-29 | Crest Ray Recreation & Sports Club | 50.0 | | 50.0 | 4 |
| Yu Hin | Ning | Male Age Group 20-29 | Titan Triathlon | 33.3 | | 33.3 | 5 |
| YUKIT | LI | Male Age Group 20-29 | | 16.7 | | 16.7 | 6 |
| | | | | | | | |
| Hok yee Terence | Li | Male Age Group 30-39 | Hong Kong Fire Services Sports and Welfare Club | 100.0 | | 100.0 | 1 |
| Shek Lun | Li | Male Age Group 30-39 | | 87.5 | | 87.5 | 2 |
| Tze Chun | Chan | Male Age Group 30-39 | | 75.0 | | 75.0 | 3 |
| Remi | Commercor | Male Age Group 30-39 | | 62.5 | | 62.5 | 4 |
| Bruce CM | Leung | Male Age Group 30-39 | | 50.0 | | 50.0 | 5 |
| Benjamin | Le Crom | Male Age Group 30-39 | | 37.5 | | 37.5 | 6 |
| KEREN | SHEN | Male Age Group 30-39 | | 25.0 | | 25.0 | 7 |
| Siu lai | Lam | Male Age Group 30-39 | | 12.5 | | 12.5 | 8 |
| | | | | | | | |
| Michael | Leung | Male Age Group 40-49 | | 100.0 | | 100.0 | 1 |
| Lok | Law | Male Age Group 40-49 | Titan Triathlon | 90.9 | | 90.9 | 2 |
| Tak Kiu | Pun | Male Age Group 40-49 | Tritons Triathlon Club | 81.8 | | 81.8 | 3 |
| ting piu | chong | Male Age Group 40-49 | Titan Triathlon | 72.7 | | 72.7 | 4 |
| HON SUEN | MOK | Male Age Group 40-49 | Crest Ray Recreation & Sports Club | 63.6 | | 63.6 | 5 |
| chi fung | chow | Male Age Group 40-49 | First Ten Generation Team | 54.5 | | 54.5 | 6 |
| Jean-Eudes | vuillard | Male Age Group 40-49 | | 45.5 | | 45.5 | 7 |
| kam chung | Lau | Male Age Group 40-49 | First Ten Generation Team | 36.4 | | 36.4 | 8 |
| Chuen yin james | Chan | Male Age Group 40-49 | | 27.3 | | 27.3 | 9 |
| Chung Wai | Tse | Male Age Group 40-49 | | 18.2 | | 18.2 | 10 |
| lin kit | yeung | Male Age Group 40-49 | | 9.1 | | 9.1 | 11 |
| | | | | | | | |
| SHU WAH JIMMY | WAN | Male Age Group 50-59 | Energetic Triathlon Shatin | 100.0 | | 100.0 | 1 |
| HORACE | WONG | Male Age Group 50-59 | Energetic Triathlon Shatin | 87.5 | | 87.5 | 2 |
| Wai Yin | Yu | Male Age Group 50-59 | Galaxy Sports Triathlon | 75.0 | | 75.0 | 3 |

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| | | | | | | | |
|---------------------|--------|--------------------------|----------------------------|-------|--|-------|---|
| KA SHUN SUNNY | YEN | Male Age Group 50-59 | Energetic Triathlon Shatin | 62.5 | | 62.5 | 4 |
| CHI KONG | IP | Male Age Group 50-59 | | 50.0 | | 50.0 | 5 |
| Greg | Newell | Male Age Group 50-59 | | 37.5 | | 37.5 | 6 |
| "King Lai, Jeffrey" | LIU | Male Age Group 50-59 | Mango Swimming Club | 25.0 | | 25.0 | 7 |
| YIN CHEONG | WONG | Male Age Group 60-69 | Energetic Triathlon Shatin | 12.5 | | 12.5 | 8 |
| | | | | | | | |
| Ho Seng | Wong | Male Age Group 60-69 | Energetic Triathlon Shatin | 100.0 | | 100.0 | 1 |
| Che Wai | Lee | Male Age Group 60-69 | | 83.3 | | 83.3 | 2 |
| WING KWONG | IP | Male Age Group 60-69 | Energetic Triathlon Shatin | 66.7 | | 66.7 | 3 |
| Man Sing | Ma | Male Age Group 60-69 | | 50.0 | | 50.0 | 4 |
| LAI CHUNG | LEE | Male Age Group 60-69 | Mango Swimming Club | 33.3 | | 33.3 | 5 |
| Heng Fan | Poon | Male Age Group 60-69 | | 16.7 | | 16.7 | 6 |
| | | | | | | | |
| Stephen King Che | Chan | Male Age Group 70 & Over | Energetic Triathlon Shatin | 100.0 | | 100.0 | 1 |
| | | | | | | | |
| Yik Hei | Lau | Male Elite Youth | Energetic Triathlon Shatin | 100.0 | | 100.0 | 1 |
| Tze Kiu | Tam | Male Elite Youth | Energetic Triathlon Shatin | 85.7 | | 85.7 | 2 |
| Chi Yan Ian | Chung | Male Elite Youth | | 71.4 | | 71.4 | 3 |
| CHEUK KIU | NG | Male Elite Youth | Energetic Triathlon Shatin | 57.1 | | 57.1 | 4 |
| Yin Hang | Chan | Male Elite Youth | | 42.9 | | 42.9 | 5 |
| Lucas | Wong | Male Elite Youth | Energetic Triathlon Shatin | 28.6 | | 28.6 | 6 |
| Edison | Wong | Male Elite Youth | | 14.3 | | 14.3 | 7 |
| | | | | | | | |
| Chun Ching | Ting | Male Youth 1 | Sparkle Triathlon | 100.0 | | 100.0 | 1 |
| Leong Yin | Au | Male Youth 1 | Sparkle Triathlon | 95.8 | | 95.8 | 2 |
| Cheuk Yat Julien | Wong | Male Youth 1 | Sparkle Triathlon | 91.7 | | 91.7 | 3 |
| San Mau Jacob | Mak | Male Youth 1 | Sparkle Triathlon | 87.5 | | 87.5 | 4 |
| Cheuk Nam Janko | Au | Male Youth 1 | Energetic Triathlon Shatin | 83.3 | | 83.3 | 5 |
| Sze Chai Damon | LAU | Male Youth 1 | Energetic Triathlon Shatin | 79.2 | | 79.2 | 6 |
| pak long Casper | chan | Male Youth 1 | Energetic Triathlon Shatin | 75.0 | | 75.0 | 7 |
| Lap Yan | Kei | Male Youth 1 | Sparkle Triathlon | 70.8 | | 70.8 | 8 |

2025 Triathlon Series - Individual Result

| | | | | | | | |
|------------------|---------|--------------|---|-------|--|-------|----|
| JIANGZHI | HU | Male Youth 1 | Energetic Triathlon Shatin | 66.7 | | 66.7 | 9 |
| Oi Hei | Chan | Male Youth 1 | Energetic Triathlon Shatin | 62.5 | | 62.5 | 10 |
| Chun Hong Chaska | Poon | Male Youth 1 | | 58.3 | | 58.3 | 11 |
| Yat Long Julian | Cho | Male Youth 1 | | 54.2 | | 54.2 | 12 |
| Shun Hei | Wong | Male Youth 1 | | 50.0 | | 50.0 | 13 |
| CHUN HIM LOUIS | WONG | Male Youth 1 | Energetic Triathlon Shatin | 45.8 | | 45.8 | 14 |
| Shing Hang | Fok | Male Youth 1 | Energetic Triathlon Shatin | 41.7 | | 41.7 | 15 |
| Ching Long | Yan | Male Youth 1 | Sparkle Triathlon | 37.5 | | 37.5 | 16 |
| "Yik Sum, Sam" | Kwok | Male Youth 1 | The Little Dolphin Swimming Training Center | 33.3 | | 33.3 | 17 |
| Cheuk Hang | Ko | Male Youth 1 | | 29.2 | | 29.2 | 18 |
| Ching Nok | FUNG | Male Youth 1 | Blue & White Spirit Sports Club | 25.0 | | 25.0 | 19 |
| ka kiu | yeung | Male Youth 1 | The Little Dolphin Swimming Training Center | 20.8 | | 20.8 | 20 |
| TANG | HO HIM | Male Youth 1 | Energetic Triathlon Shatin | 16.7 | | 16.7 | 21 |
| Wang Chun | Chan | Male Youth 1 | First Ten Generation Team | 12.5 | | 12.5 | 22 |
| Chak Fung | Ng | Male Youth 1 | First Ten Generation Team | 8.3 | | 8.3 | 23 |
| Chak Hei Jeffrey | Tsang | Male Youth 1 | Energetic Triathlon Shatin | 4.2 | | 4.2 | 24 |
| | | | | | | | |
| Ngai Chun | Ting | Male Youth 2 | Sparkle Triathlon | 100.0 | | 100.0 | 1 |
| Alban | Modiano | Male Youth 2 | South China Athletic Association | 93.3 | | 93.3 | 2 |
| KING TO | CHAN | Male Youth 2 | Energetic Triathlon Shatin | 86.7 | | 86.7 | 3 |
| Jasper | Ho | Male Youth 2 | The Little Dolphin Swimming Training Center | 80.0 | | 80.0 | 4 |
| Pak Hei | Chan | Male Youth 2 | Galaxy Sports Triathlon | 73.3 | | 73.3 | 5 |
| Chum | tsz ho | Male Youth 2 | Aqua Gym Sport Association | 66.7 | | 66.7 | 6 |
| Cheuk Long | Chun | Male Youth 2 | | 60.0 | | 60.0 | 7 |
| Ching Kiu | Ng | Male Youth 2 | AustSports Association | 53.3 | | 53.3 | 8 |
| Pak Yin | Chu | Male Youth 2 | Sparkle Triathlon | 46.7 | | 46.7 | 9 |
| Pok Yin | Tsang | Male Youth 2 | The Little Dolphin Swimming Training Center | 40.0 | | 40.0 | 10 |
| O | SHAM | Male Youth 2 | Galaxy Sports Triathlon | 33.3 | | 33.3 | 11 |
| Theodore | Zhang | Male Youth 2 | Mango Swimming Club | 26.7 | | 26.7 | 12 |
| vincent | yee | Male Youth 2 | | 20.0 | | 20.0 | 13 |
| Shing Hei | Ngan | Male Youth 2 | Energetic Triathlon Shatin | 13.3 | | 13.3 | 14 |

2025 Triathlon Series - Individual Result

| | | | | | | | |
|---------------------------|--------|------------------|---|-------|--|-------|----|
| Chun Yiu | Hui | Male Youth 2 | The Little Dolphin Swimming Training Center | 6.7 | | 6.7 | 15 |
| TRIKIDS DISTANCE (BEST 2) | | | | | | | |
| Cheuk Man | Ko | Female TriKids 1 | | 100.0 | | 100.0 | 1 |
| Hau Yee Alisha | WU | Female TriKids 1 | The Little Dolphin Swimming Training Center | 66.7 | | 66.7 | 2 |
| Sumyu | Cheung | Female TriKids 1 | First Ten Generation Team | 33.3 | | 33.3 | 3 |
| | | | | | | | |
| Ka Pik Abigail | Mak | Female TriKids 2 | Sparkle Triathlon | 100.0 | | 100.0 | 1 |
| Lok Yin Alicia | Lau | Female TriKids 2 | The Little Dolphin Swimming Training Center | 88.9 | | 88.9 | 2 |
| Chin Yui | Chan | Female TriKids 2 | AustSports Association | 77.8 | | 77.8 | 3 |
| Ceinwen | Chau | Female TriKids 2 | Energetic Triathlon Shatin | 66.7 | | 66.7 | 4 |
| JIANGQI | HU | Female TriKids 2 | Energetic Triathlon Shatin | 55.6 | | 55.6 | 5 |
| Yat Tung | Wan | Female TriKids 2 | Sparkle Triathlon | 44.4 | | 44.4 | 6 |
| Hei Ching | Tse | Female TriKids 2 | Sparkle Triathlon | 33.3 | | 33.3 | 7 |
| Cheryl | Lau | Female TriKids 2 | First Ten Generation Team | 22.2 | | 22.2 | 8 |
| HEI SHUN ONA | LEUNG | Female TriKids 2 | Energetic Triathlon Shatin | 11.1 | | 11.1 | 9 |
| | | | | | | | |
| Kak Scott | Yeung | Male TriKids 1 | Sparkle Triathlon | 100.0 | | 100.0 | 1 |
| Yuet Fung Nikan | Yiu | Male TriKids 1 | The Little Dolphin Swimming Training Center | 95.5 | | 95.5 | 2 |
| Morgan Muk | Yeung | Male TriKids 1 | Sparkle Triathlon | 90.9 | | 90.9 | 3 |
| Shu Yan Ethan | Mak | Male TriKids 1 | Sparkle Triathlon | 86.4 | | 86.4 | 4 |
| Kwun cheong | Tsang | Male TriKids 1 | First Ten Generation Team | 81.8 | | 81.8 | 5 |
| chi pui | Law | Male TriKids 1 | | 77.3 | | 77.3 | 6 |
| HEI LONG OTIS | LEUNG | Male TriKids 1 | Energetic Triathlon Shatin | 72.7 | | 72.7 | 7 |
| TAK MAN | LEUNG | Male TriKids 1 | Energetic Triathlon Shatin | 68.2 | | 68.2 | 8 |
| Ajade Chin Hap | Lee | Male TriKids 1 | | 63.6 | | 63.6 | 9 |
| Tsz Ho | Yan | Male TriKids 1 | Sparkle Triathlon | 59.1 | | 59.1 | 10 |
| Isaac Chongyi | Shi | Male TriKids 1 | Mango Swimming Club | 54.5 | | 54.5 | 11 |
| Timothee | PUGET | Male TriKids 1 | South China Athletic Association | 50.0 | | 50.0 | 12 |
| Hayling William Chan | Green | Male TriKids 1 | | 45.5 | | 45.5 | 13 |
| Hayden | Woo | Male TriKids 1 | Titan Triathlon | 40.9 | | 40.9 | 14 |
| Yat To | Wan | Male TriKids 1 | Sparkle Triathlon | 36.4 | | 36.4 | 15 |

2025 Triathlon Series - Individual Result

| | | | | | | | |
|-----------------|--------|----------------|---|-------|--|-------|----|
| Cheuk Him | Lo | Male TriKids 1 | The Little Dolphin Swimming Training Center | 31.8 | | 31.8 | 16 |
| Yuk Kin | Kwong | Male TriKids 1 | | 27.3 | | 27.3 | 17 |
| Tang | Song | Male TriKids 1 | Mango Swimming Club | 22.7 | | 22.7 | 18 |
| Tsz Ngo | cheung | Male TriKids 1 | The Little Dolphin Swimming Training Center | 18.2 | | 18.2 | 19 |
| Ho Ting Preston | WONG | Male TriKids 1 | Sparkle Triathlon | 13.6 | | 13.6 | 20 |
| CHING KIU | WONG | Male TriKids 1 | Energetic Triathlon Shatin | 9.1 | | 9.1 | 21 |
| Tin Hang | Wong | Male TriKids 1 | Titan Triathlon | 4.5 | | 4.5 | 22 |
| | | | | | | | |
| Chun Kiu | Yu | Male TriKids 2 | Sparkle Triathlon | 100.0 | | 100.0 | 1 |
| Yat to Travis | Li | Male TriKids 2 | Energetic Triathlon Shatin | 94.7 | | 94.7 | 2 |
| CHI YIN IVIN | CHUNG | Male TriKids 2 | | 89.5 | | 89.5 | 3 |
| Tin Hang | Qu | Male TriKids 2 | Sparkle Triathlon | 84.2 | | 84.2 | 4 |
| Yat Long Jay | Chan | Male TriKids 2 | Energetic Triathlon Shatin | 78.9 | | 78.9 | 5 |
| Tin Lap | Qu | Male TriKids 2 | Sparkle Triathlon | 73.7 | | 73.7 | 6 |
| CHUN TING | TSANG | Male TriKids 2 | First Ten Generation Team | 68.4 | | 68.4 | 7 |
| Hok Sum | Au | Male TriKids 2 | Sparkle Triathlon | 63.2 | | 63.2 | 8 |
| Houming | Chen | Male TriKids 2 | | 57.9 | | 57.9 | 9 |
| Wang Chin | chan | Male TriKids 2 | First Ten Generation Team | 52.6 | | 52.6 | 10 |
| Yuet Hei | Chan | Male TriKids 2 | Aqua Gym Sport Association | 47.4 | | 47.4 | 11 |
| Tsz Him | Wong | Male TriKids 2 | Sparkle Triathlon | 42.1 | | 42.1 | 12 |
| HO HIN | WOO | Male TriKids 2 | Energetic Triathlon Shatin | 36.8 | | 36.8 | 13 |
| wing shun | kong | Male TriKids 2 | Sparkle Triathlon | 31.6 | | 31.6 | 14 |
| oson | lau | Male TriKids 2 | The Little Dolphin Swimming Training Center | 26.3 | | 26.3 | 15 |
| Thomas | Cole | Male TriKids 2 | | 21.1 | | 21.1 | 16 |
| Nok Norman | Chan | Male TriKids 2 | The Little Dolphin Swimming Training Center | 15.8 | | 15.8 | 17 |
| Ngai Carlos | Fan | Male TriKids 2 | The Little Dolphin Swimming Training Center | 10.5 | | 10.5 | 18 |
| Lap Yan Duncan | Chow | Male TriKids 2 | The Little Dolphin Swimming Training Center | 5.3 | | 5.3 | 19 |