

2026 Overall Individual Series Awards

Awards Categories

Male Age Group 20-24	Female Age Group 20-24
Male Age Group 25-29	Female Age Group 25-29
Male Age Group 30-34	Female Age Group 30-34
Male Age Group 35-39	Female Age Group 35-39
Male Age Group 40-44	Female Age Group 40-44
Male Age Group 45-49	Female Age Group 45-49
Male Age Group 50-54	Female Age Group 50-54
Male Age Group 55-59	Female Age Group 55-59
Male Age Group 60-64	Female Age Group 60-64
Male Age Group 65 & Over	Female Age Group 65 & Over
Male Elite Open	Female Elite Open
Male Elite Junior 1	Female Elite Junior 1
Male Elite Junior 2	Female Elite Junior 2
Male Junior 1	Female Junior 1
Male Junior 2	Female Junior 2
Male Elite Youth	Female Elite Youth
Male Youth 1 (12-13)	Female Youth 1 (12-13)
Male Youth 2 (14-15)	Female Youth 2 (14-15)
Male TriKids 1 (8-9)	Female TriKids 1 (8-9)
Male TriKids 2 (10-11)	Female TriKids 2 (10-11)
Male Age Group 20-29 (Mainly Short Distances)	Female Age Group 20-29 (Mainly Short Distances)
Male Age Group 30-39 (Mainly Short Distances)	Female Age Group 30-39 (Mainly Short Distances)
Male Age Group 40-49 (Mainly Short Distances)	Female Age Group 40-49 (Mainly Short Distances)
Male Age Group 50-59 (Mainly Short Distances)	Female Age Group 50-59 (Mainly Short Distances)
Male Age Group 60-69 (Mainly Short Distances)	Female Age Group 60-69 (Mainly Short Distances)
Male Age Group 70 & Over (Mainly Short Distances)	Female Age Group 70 & Over (Mainly Short Distances)

2026 Overall Individual Series – Eligible Races

Event	Elite Open	Elite Junior	Elite Youth	Age Group (Long Distance)	Age Group (Short Distance)	Junior 1/2	2011 - 2014	2015 - 2018	Point
2026 Aquathlon Series – Race 1	Challenge	Challenge	Sprint	Challenge	Sprint	Sprint	Discovery	TriKids	1
2026 Aquathlon Series – Race 2	Challenge	Challenge	Sprint	Challenge	Sprint	Sprint	Discovery	TriKids	1
2026 Aquathlon Series – Race 3	Challenge	Challenge	Sprint	Challenge	Sprint	Sprint	Discovery	TriKids	1
2026 Aquathlon Series – Race 4	Challenge	Challenge	Sprint	Challenge	Sprint	Sprint	Discovery	TriKids	1
2026 Aquathlon Championships	Challenge	Challenge	Sprint	Challenge	Sprint	Sprint	Discovery	TriKids	1
2026 Duathlon Series – Race 1	Sprint	Sprint	Discovery	Challenge	Sprint	Sprint	Discovery	TriKids	1
2026 Duathlon Series – Race 2	Sprint	Sprint	Discovery	Challenge	Sprint	Sprint	Discovery	TriKids	1
2026 Duathlon Series – Race 3	Sprint	Sprint	Discovery	Challenge	Challenge	Sprint	Discovery	TriKids	1
69th Festival of Sports – 2026 Age Group Triathlon	Sprint	Sprint	Discovery	Challenge	Discovery	Sprint	Discovery	TriKids	1
2026 Hong Kong Summer Triathlon Challenge	Sprint	Sprint	Discovery	Challenge	Discovery	Sprint	Discovery	TriKids	1
2026 World Triathlon Cup – Hong Kong	N/A	Sprint	Discovery	Challenge	Discovery	Sprint	Discovery	TriKids	1

- Trophies will be awarded to the top 3 competitors with the highest overall eligible score in the above races. These trophies will be presented at the Annual Awards Ceremony.
- Athletes must participate and finish in at least two Aquathlon races, one Duathlon race and one Triathlon race to be eligible for the Overall Individual Series Award. However, there will be no Overall Individual Series Award this year if fewer than two to three overall races are held for whatever reason.
- The overall ranking in each category will be determined by adding the scores (The 2 highest-scoring races of Aquathlon, one Triathlon and Duathlon races, with the winner being the one with the highest total score.
- If one or more participants have the same overall eligible score, the participants who finished with a higher position in the 2026 World Triathlon Cup – Hong Kong will rank in front of the other.

Aquathlon Series	Duathlon Series	Triathlon Series	Overall Individual Series
Best 3 race results	Best 2 race results	Best 2 race results	Best 2 Aquathlon, 1 Duathlon, 1 Triathlon

Latest updated: 8 September 2026