



TRIATHLON ASSOCIATION
OF HONG KONG CHINA
中國香港三項鐵人總會

2023 Hong Kong World Triathlon Coaches Level 2 Course

Course Information:

Date: 5-9 June 2023
Time: 09:00 to 17:30
Venue: Hong Kong Sports Institute (No. 25 Yuen Wo Road, Shatin, New Territories, Hong Kong)
Course Medium: English
Course Fee: HKD \$,9500/person
Quota: maximum number 18 as set by World Triathlon

Triathlon Association of Hong Kong China reserves the right to cancel the course should the number of participants be less than 15.

Schedule Details

Pre-course self-study: 8 May - 5 June (4wks)
On-course interactive phase: 5 June - 9 June
Post-course assessment phase: 9 June - 7 July (4wks)

-Course objectives:

The L2TRI is the second coaching qualification award offered by the World Triathlon and is aimed at people with some experience of coaching (formally or informally) and in triathlon – building on existing coaching experience in Level 1.

The knowledge gained from completing this qualification will allow you to develop an understanding of how to develop and deliver more advanced triathlon coaching practices, including individualized support. The certificate qualifies you to independently plan, deliver and evaluate triathlon-related activities to groups of children and/ or adults in any of the Level 2 coaching environments, including coaching in open water environments.

To provide candidates with a high-quality learning experience through an interactive course, delivered by high-quality tutors and assessors. You will be introduced to the processes and principles of coaching triathlon activities to groups of children and/ or adults through the application of training science.

It offers an opportunity for triathlon coaches to be supported in developing the knowledge of how to effectively plan, conduct and evaluate a series of triathlon coaching sessions or a programme for a



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group or an individual.

Entry Requirements:

Due to limited places available for this course, the following level of experience and qualifications will be considered in selecting and nominating the candidates with the below requirements for this course:

- The candidates must be 2023 TriHK Member.
- The candidates must have at least 2-year coaching experience after completing a World Triathlon Coaches Level 1 Course or equivalent. The fast track can be supported by the approval of World Triathlon Development based on further investigation.
- The World Triathlon is dedicated to providing equal opportunities to both genders in all aspects. On a Level 2 coaching course, we require at least 20 % of the participants to be female. Shall less female apply, the total number of participants should be reduced to match this ratio.
- The candidates must have at least 4-year coaching experience after completing a TriHK Coaches Level 1 Course or equivalent.
- Good command of English.

Advantages for selection:

- Current or Former National Squad members
- Current National Squad coach.
- Education background (e.g. Sport-related discipline).
- TriHK Level 1 coaching certificate or equivalent.
- 2023 TriHK registered coach.
- Existing Triathlon Coaches Certificate and level of certification the candidate has already attained.
- Past level of participation & contribution in triathlon activities & races.



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Obligations:

After completing the course and awarding the certificate, candidates have to serve 30 hours at TriHK, including 20 hours of coaching and 10 hours of race officiating within 12 months.

Payment:

- Deposit or transfer the prescribed amount into the HSBC saving account of HKTriA (No: 502-118375-838) – Triathlon Association of Hong Kong, China Limited.

Remarks:

- (1) World Triathlon Development and Hong Kong Triathlon Association reserve the right to reduce the number of participants from those NFs who withdraw their earlier registered nominees. We do encourage the careful selection of dedicated participants.
- (2) Final Name list is approved by World Triathlon.
- (3) Once your entry is accepted by the World Triathlon, your course fee will not be refunded.

Application:

Please email forms and attach all supporting documents (e.g. certificates, results etc.) to rebecca.mok@triathlon.com.hk on or before **22:00, 1 May 2023**



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Hong Kong: 5 to 9 June 2023

GENERIC INFORMATION*		
National Federation		
First name (as worded on passport)		
Family name (as worded on passport)		
Preferred Full Name		
Nationality		
E-mail address(s)		
Phone Number (with country code)		
Date of Birth (dd/mm/yyyy)		
Gender	Male	Female
Mailing address (Street, Number)		
Mailing address (City, Post Code)		
Mailing Address (Country)		
Medical Insurance Details (insurance plan and number) Please scan a copy of the insurance certificate with your application		
Please indicate if you have any special nutritional requirements.		
Emergency Contact Please list the name and contact phone number (incl. country code) and email we can use in the case		



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of an emergency.			
Your level of English (oral)	Beginner	Intermediate	Advanced
Your level of English (written)	Beginner	Intermediate	Advanced
Internet Access Do you have daily access to Internet?	YES		NO
Computer / Laptop Access Do you have daily access to a computer or a laptop?	YES		NO
Are you in the National Squad or retired from National Squad?	YES (Period: -)		NO
Are you a current National Squad coach?	YES		NO
COACHING EXPERIENCE / COACH PROFILE*			
Existing Triathlon Coaches Certificate and level of certification that you have ready (e.g. WT/TriHK/others):			
World Triathlon Level 1 qualification	YES		NO
Years in Coaching			
In triathlon			
Other sports (Please specify)			
Level of athletes coached			
Ages of athletes coached			
Past level of participation & contribution in triathlon activities & races.			



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Coaching Education background

**List all coaching-relevant education, sport-related discipline, etc.

**Please make sure that all details will be provided.*

Declaration

- I understand that in considering my application for the above post, the Triathlon Association of Hong Kong China may request references from my present and past employers listed above. I agree to this arrangement.
- I also understand that if I willfully give any false information or withhold any material information, I shall render myself liable to dismissal if I am nominated to the captioned course.
- I declare that all the above details are true and correct. I agree to abide by the obligations & decisions of the Triathlon Association of Hong Kong China.

Signature

Date



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