



TRIATHLON ASSOCIATION
OF HONG KONG CHINA
中國香港三項鐵人總會

2023 Hong Kong World Triathlon Coaches Level 1 Course

Course Information

Date: 10 to 14 June 2023
Time: 0900-17:30
Venue: Hong Kong Sports Institute (No. 25 Yuen Wo Road, Shatin, New Territories, Hong Kong)
Course Medium: English
Course Fee: HKD \$5,500/person
Quota: maximum number 18 as set by World Triathlon
Triathlon Association of Hong Kong China reserves the right to cancel the course should the number of participants be less than 15.

Schedule details

Start of the World Triathlon Education & Knowledge (online phase): 13.05.2023
Pe-course tasks (online) 30% deadline: 25.05.2023
Pre-course task (online) 50% deadline 10.06.2023
First day of onsite course: 10.06.2023
First day of onsite course: 14.06.2023
Post-course tasks (online) deadline: 24.06.2023

- Entry Requirements:

Due to limited places available for this course, the following level of experience and qualifications will be considered in selecting and nominating the candidates with the below requirement for this course:

- The World Triathlon is dedicated to providing equal opportunities to both genders in all aspects. On a Level 1 coaching course, we require at least 20 % of the participants to be female. Shall less female apply, the total number of participants should be reduced to match this ratio.
- Good command of English
- 2023 TriHK Member

Advantages for selection:

1. Current or Former National Squad members.
2. Existing Triathlon Coaching Certificate.
3. Past level of participation & contribution in triathlon activities & races.
4. 2023 TriHK registered coach.



Sports Federation &
Olympic Committee of Hong Kong, China



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香港銅鑼灣掃桿埔大球場徑1號奧運大樓1020室

Room 1020, Olympic House, 1 Stadium Path, So Kon Po, Causeway Bay, Hong Kong

T.(852) 2504 8282 F.(852) 2576 8253 Email : trihk@triathlon.com.hk www.triathlon.com.hk



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- Obligations:

After completing the course and awarding the certificate, candidates have to serve 30 hours at TriHK, including 20 hours of coaching and 10 hours of race officiating within 12 months.

Payment:

- Deposit or transfer the prescribed amount into the HSBC saving account of HKTriA (No: 502-118375-838) – Triathlon Association of Hong Kong, China Limited.

Remarks:

- (1) World Triathlon Development and Hong Kong Triathlon Association reserve the right to reduce the number of participants from those NFs who withdraw their earlier registered nominees. We do encourage the careful selection of dedicated participants.
- (2) Final Name list is approved by World Triathlon.
- (3) Once your entry is accepted by the World Triathlon, your course fee will not be refunded.

Application:

Please email forms and attach all supporting documents (e.g. certificates, results etc.) to rebecca.mok@triathlon.com.hk on or before 22:00, 5 May 2023



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Hong Kong – 10 to 14 June 2023

GENERIC INFORMATION*		
National Federation		
First name (as worded on passport)		
Family name (as worded on passport)		
Preferred Full Name		
Nationality		
E-mail address(s)		
Phone Number (with country code)		
Date of Birth (dd/mm/yyyy)		
Gender	Male	Female
Mailing address (Street, Number)		
Mailing address (City, Post Code)		
Mailing Address (Country)		
Medical Insurance Details (insurance plan and number) Please scan a copy of the insurance certificate with your application		
Please indicate if you have any special nutritional requirements.		



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Emergency Contact Please list name and contact phone number (incl. country code) and email we can use in the case of an emergency.			
Your level of English (oral)	Beginner	Intermediate	Advanced
Your level of English (written)	Beginner	Intermediate	Advanced
Internet Access Do you have daily access to the internet?	YES		NO
Computer / Laptop Access Do you have daily access to a computer or a laptop?	YES		NO
Are you in the National Squad or retired from National Squad?	YES (Period: -)		NO
COACHING EXPERIENCE / COACH PROFILE*			
Existing Triathlon Coaches Certificate and level of certification that you have already achieved (e.g. World Triathlon /TriHK/others):			
Years in Coaching			
In triathlon			
Other sports (Please specify)			
Level of athletes coached			
Ages of athletes coached			
Past level of participation & contribution in triathlon activities & races.			



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Coaching Education **List all coaching-relevant education, courses, etc.	
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**Please make sure that all details will be provided.*

Declaration

- I understand that in considering my application for the above post, the Triathlon Association of Hong Kong China references my present and past employers listed above. I agree to this arrangement.
- I also understand that if I willfully give any false information or withhold any material information, I shall render myself liable to dismissal if I am nominated to the captioned course.
- I declare that all the above details are true and correct. I agree to abide by the obligations & decisions of the Triathlon Association of Hong Kong China.

Signature

Date



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