

Hong Kong Triathlon Association

Benchmarking Master List\_2022

Run - 29 October 2022 (Shatin Sports Ground)

Race No	Name(ENG)	Name(CHN)	Category	Start Time	Heat	yyyy	Categoty	Run
1101	Robin Bent Edvin Thomas ELG	-		8:00	1	2002	Male Elite U23	5km
1102	Jason Ng Tai Long Hardcastle	伍泰龍	NS	8:00	1	2000	Male Elite U23	5km
1103	Tsang Cheung Sing, Nicholas	曾祥星	NS	8:00	1	2000	Male Elite U23	5km
1104	Yu Shing Him	余承謙	NS	8:00	1	1999	Male Elite U23	5km
1105	Oscar Louis Coggins	奧斯卡	NS	8:00	1	1999	Male Elite U23	5km
1106	Hung Tik Long	洪迪朗	NS	8:00	1	2001	Male Elite U23	5km
1107	Wong Tsz To	黃子圖	NS	8:00	1	1998	Male Elite	5km
1108	Tan, James Alexander Ming-Fai	陳明輝	NS	8:00	1	1997	Male Elite	5km
1109	Cho Wing To Cheri	曹詠淘	NS	8:00	1	2001	Female Elite U23	5km
1110	Choi Yan Yin	蔡欣妍	NS	8:00	1	1994	Female Elite	5km
1111	Yip Tsz Hin	葉子軒	NS	8:20	2	2006	Male Elite Junior 16	3km
1112	Chan Yui Fung	陳睿澤	NS	8:20	2	2006	Male Elite Junior 16	3km
1113	Kwan Lok Chun Andrew	關樂晉	NS	8:20	2	2006	Male Elite Junior 16	3km
1114	Tsang Wai Chun	曾滄潛	NS	8:20	2	2006	Male Elite Junior 16	3km
1115	Fok Wang Hin Ian	霍泓軒	NS	8:20	2	2006	Male Elite Junior 16	3km
1116	Wong Ka Ho	黃嘉豪	NS	8:20	2	2006	Male Elite Junior 16	3km
1117	Lo Hin Ching	盧衍澄	NS	8:20	2	2006	Male Elite Junior 16	3km
1118	Wan Chak Lam	溫澤林	NS	8:20	2	2006	Male Elite Junior 16	3km
1119	Chu Yan Ho	朱昕浩	NS	8:20	2	2005	Male Elite Junior 17	3km
1120	Chan Pak Hoi	陳柏愷	NS	8:20	2	2005	Male Elite Junior 17	3km
1121	Lui Tsun Kiu	呂峻翹	NS	8:20	2	2005	Male Elite Junior 17	3km
1122	Leung Lok Hei	梁洛熙	NS	8:20	2	2005	Male Elite Junior 17	3km
1123	Yip Tak Long	葉德朗	NS	8:20	2	2004	Male Elite Junior 18	3km
1124	Chan Ho Kwan	陳灝鈞	NS	8:20	2	2003	Male Elite Junior 19	3km
1125	Lun Paco Pak Hou	倫柏灝	NS	8:20	2	2003	Male Elite Junior 19	3km
1126	Tang Hiu Tung	鄧曉桐	NS+RS	8:30	3	2006	Female Elite Junior 16	3km / 1500m
1127	Pauline Courret	-	NS	8:30	3	2005	Female Elite Junior 17	3km
1128	Miu Tanaka		NS	8:30	3	2005	Female Elite Junior 17	3km
1129	Charlotte Hall	賀思樂	NS	8:30	3	2003	Female Elite Junior 19	3km
1130	Zoe Metais		NS	8:30	3	2005	Female Elite Junior 17	3km
1131	Lam Lok Shi	林樂仕	NS	8:40	4	2008	Male 14	1500m
1132	Tsang Auscar	曾竟瑤	NS	8:40	4	2008	Male 14	1500m
1134	Yim Tsun Fung	嚴浚鋒	NS	8:40	4	2008	Male 14	1500m
1135	Tsang Kwong Hei Anson	曾廣晞	NS	8:40	4	2008	Male 14	1500m
1136	Wu Chun Ming Marcus	胡晉銘	NS	8:40	4	2008	Male 14	1500m
1137	Law Wing Lap	羅永立	NS	8:40	4	2008	Male 14	1500m
1138	Chan Ka Hei Cyrus	陳家晞	NS	8:40	4	2008	Male 14	1500m
1139	Wong Nok Hei	王諾熙	NS	8:40	4	2008	Male 14	1500m
1140	Aitan Hilton Goldberg	-	NS+NDS	8:40	4	2008	Male 14	1500m / 800m
1141	Au Ho Chun	區皓駿	NS+NDS	8:50	5	2009	Male 13	1500m / 800m
1142	Jonathan Mak	麥筠敬	NS	8:50	5	2007	Male 15	1500m
1143	Mok Pak Fan	莫柏勛	NS	8:50	5	2007	Male 15	1500m
1144	Carson WT Dominic	簡焯晉	NS	8:50	5	2007	Male 15	1500m
1145	Yung Pu Chak	翁溥澤	NS	8:50	5	2007	Male 15	1500m
1146	Wong Pak Yiu Anson	黃栢堯	NS	8:50	5	2007	Male 15	1500m
1147	Shaun Chan	陳梓豪	NS	8:50	5	2007	Male 15	1500m
1159	Kei Yin	紀彥	RS	8:50	5	2007	Male 15	1500m
1158	Yick Po Shun Yemi	易甫鏗	NDS+RS	8:50	5	2007	Male 15	1500m / 1500m
1148	Anika Gretchen Yang	楊莉婷	NS	9:00	6	2009	Female 13	1500m
1149	Tsang Hayley	曾熹兒	NS	9:00	6	2009	Female 13	1500m
1150	Sarah Elise Modiano		NS	9:00	6	2009	Female 13	1500m
1151	Wong Lok Tung	王樂彤	NS+NDS	9:00	6	2009	Female 13	1500m / 800m
1152	Chan Oi Yin	陳愛妍	NS	9:00	6	2009	Female 13	1500m

1153	Wong Wan Tung Esme	黃允彤	NS	9:00	6	2008	Female 14	1500m
1154	Man Lai Ki Nicole	文麗淇	NS	9:00	6	2008	Female 14	1500m
1155	Petra Stamenovic	-	NS	9:00	6	2008	Female 14	1500m
1156	Tess Greaton	-	NS	9:00	6	2007	Female 15	1500m
1157	Lun Anson	倫柏翹	NS	9:00	6	2007	Female 15	1500m
1177	Rachel Wong Kwan Kiu	黃君蕎	NDS	9:00	6	2007	Female 15	1500m
1176	Leung Tsz Long	梁子朗	NDS	9:00	6	2004	Female 18	1500m

1160	Wong Chun Hei	黃俊偉	NDS+RS	9:10	7	2009	Male 13	800m / 800m
1161	Au Ho Chun	區皓駿	NDS	9:10	7	2009	Male 13	800m / 800m
1162	Man Pak Lam Cass	文柏藍	RS	9:10	7	2009	Male 13	800m
1163	Kwok Ching Ho	郭鈺灝	RS	9:10	7	2009	Male 13	800m
1164	Chan Yui Hei Mason	陳睿浣	NDS	9:10	7	2010	Male 12	800m
1165	Ting Ngai Chun	丁毅臻	NDS	9:10	7	2010	Male 12	800m
1166	Lucas Wong	王諾	RS	9:10	7	2010	Male 12	800m
1167	Chung Chi Yan Ian	鍾智仁	RS	9:10	7	2011	Male 11	800m
1168	Chan Tsz Long	陳子朗	RS	9:10	7	2011	Male 11	800m
1169	Chan Yat Hay Sky	陳逸希	RS	9:10	7	2011	Male 11	800m
1170	Tam Tze Kiu	譚子翹	RS	9:10	7	2011	Male 11	800m
1171	Chau Cheuk Yin Desmond	周卓賢	RS	9:10	7	2011	Male 11	800m
1172	Wan Chak Yan Bosco	溫澤仁	RS	9:10	7	2011	Male 11	800m
1181	Ng Cheuk Kiu	吳卓翹	RS	9:10	7	2011	Male 12	800m
1133	Lai Pak Long	黎柏朗	NDS	9:10	7	2008	Male 14	800m

1173	Tsang Kwong Ho Aiden	曾廣皓	RS	9:20	8	2012	Male 10	800m
1174	Au Cheuk Nam Janko	區卓嵐	RS	9:20	8	2012	Male 10	800m
1175	Leung Jeremy Kwun-Dik	梁君迪	RS	9:20	8	2012	Male 10	800m
1178	Leung Hiu Tung	梁曉彤	RS	9:20	8	2010	Female 12	800m
1179	Chau Heulwen	周焯慧	RS	9:20	8	2011	Female 11	800m
1180	Ma Yi	馬懿	RS	9:20	8	2012	Female 10	800m
1182	Ting Chun Ching	丁進澄	RS	9:20	8	2012	Male 10	800m