2026 Benchmatrking - Regional Squad Start List - 2 November 2026

English Name	Chinese Name	Gender	Category	Remarks
Chan Tsz Tung	陳芷桐	Female	Female 10	RS
Lau Lilith	劉傲喬	Female	Female 10	RS
Leung Michaela Grace	梁然知	Female	Female 10	RS
MA Cheuk Yan Hannah	馬綽恩	Female	Female 10	RS
SALOMON Estelle	沙凱晴	Female	Female 10	RS
Fong Ho Lam	方顥琳	Female	Female 11	RS
Lau Cheryl	劉森芮	Female	Female 11	RS
Mak Ka Pik Abigail	麥珈璧	Female	Female 11	RS
POON YUI KIU	潘蕊喬	Female	Female 11	RS
Tse Hei Ching	謝俙澄	Female	Female 11	RS
Hu Jiangqi	胡江萋	Female	Female 12	RS
Lau Lok Yin Alicia	劉樂然	Female	Female 12	RS
Lee Olivia	李傲凝	Female	Female 12	RS
Lee Olivia	李傲凝	Female	Female 12	RS
Leung Keira Joy	梁逸玥	Female	Female 12	RS
Loi Sofie	呂思澄	Female	Female 12	RS
So Pok Nga	蘇博雅	Female	Female 12	RS
Anya Wang	王安雅	Female	Female 13	RS
Chan Tak Lam	陳德霖	Male	Male 10	RS
Cheung Ka Chun Nathan	張家俊	Male	Male 10	RS
Cheung Tin Yau Jasper	張天佑	Male	Male 10	RS
HUANG Zhengxuan	黃正軒	Male	Male 10	RS
Li, Tin Chak Jacob	李天澤	Male	Male 10	RS
Mak Shu Yan Ethan	麥庶寅	Male	Male 10	RS
Tsang Kwun Cheong	曾冠倡	Male	Male 10	RS
Tsoi Cheuk Nam	蔡卓楠	Male	Male 10	RS
Cheung Pak Ting	張百霆	Male	Male 11	RS
Chung Chi Yin Ivin	鍾至玹	Male	Male 11	RS
Clinton Leung	梁潤峯	Male	Male 11	RS
Kwok Hin Young	郭顯揚	Male	Male 11	RS
Lee Hayden	李哲祐	Male	Male 11	RS
Nathaniel Albert Sydney Smith	詩信知	Male	Male 11	RS
NG HO HEI	吳皓熹	Male	Male 11	RS
Pang tin chi jonathan	彭天賜	Male	Male 11	RS
Poon Yat Hei Isaac	潘日希	Male	Male 11	RS
Tam Kwan Yee Harry	譚珺頤	Male	Male 11	RS
TSANG CHUN TING	曾俊廷	Male	Male 11	RS
WANG SEN YIK OTTO	王宸奕	Male	Male 11	RS
Wong Hei Long	王希朗	Male	Male 11	RS
Cheung Tin Shun Jared	張天信	Male	Male 12	RS
Mok Fei Wan Aaron	莫斐雲	Male	Male 12	RS
Mok Wan Hin	莫蘊軒	Male	Male 12	RS
Xi Jaco Jia Shen	奚嘉穈	Male	Male 12	RS
YIN YUEHAN	殷悅涵	Male	Male 12	RS
Chaska Poon	方俊匡	Male	Male 13	RS
Gui Wei Chen Austin	桂伟宸	Male	Male 13	RS
Nathan Yan	严伟夏	Male	Male 13	RS
Aston Mouland	崔嘉龍	Male	Male 14	RS
Ngan Shing Hei	顏承希	Male	Male 15	RS
Leung Kerts	梁茗淪	Male	Male 15	RS
TANG KWAN YEUNG JASPER	鄧君揚	Male	Male 16 & above	RS