

Race No	Heat	Start Time	Cap	Race Category	Race Category (Age)	First Name	Last Name	Chinese Name	Club
1	1	7:00	Pink	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Female Age Group 20-24	20-24	Catherine Yik Tsz	Lam	林奕孜	Sonic Sports Association
2	1	7:00	Pink	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Female Age Group 20-24	20-24	TAMMY	TANG	鄧盈双	
3	1	7:00	Pink	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Female Age Group 20-24	20-24	Heather	Barnes		
4	1	7:00	Pink	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Female Age Group 20-24	20-24	Cheuk Yat	Lo	盧卓逸	Energetic Triathlon Shatin
5	1	7:00	Pink	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Female Age Group 25-29	25-29	Mariana	MUNGUIA rodriguez		
6	1	7:00	Pink	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Female Age Group 25-29	25-29	SIU CHING	TIN	田小菁	Titan Triathlon
7	1	7:00	Pink	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Female Age Group 25-29	25-29	Lindsey	MaInnes		
8	1	7:00	Pink	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Female Age Group 30-34	30-34	Sze Man	Tsoi	蔡思敏	
9	1	7:00	Pink	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Female Age Group 30-34	30-34	Yan Yin Krystal	Lung	龍欣妍	New Sports Triathlon
10	1	7:00	Pink	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Female Age Group 30-34	30-34	Gillian	Bentley		Sonic Sports Association
11	1	7:00	Pink	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Female Age Group 30-34	30-34	Chau Yu	Ng	伍紉瑜	South China Athletic Association
12	1	7:00	Pink	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Female Age Group 30-34	30-34	HIU YAN	TONG	唐曉昕	Crest Ray Recreation & Sports Club
13	1	7:00	Pink	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Female Age Group 35-39	35-39	Long Heng	Lim	林朗行	
14	1	7:00	Pink	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Female Age Group 35-39	35-39	Maggie	Lau		Sonic Sports Association
15	1	7:00	Pink	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Female Age Group 35-39	35-39	Cheryl Jessica	Law		Sonic Sports Association
16	1	7:00	Pink	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Female Age Group 35-39	35-39	Amy	Miao	苗淑帆	South China Athletic Association
17	1	7:00	Pink	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Female Age Group 35-39	35-39	WING YEE	WONG		Alpha Zone Sports
18	1	7:00	Pink	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Female Age Group 35-39	35-39	YING LIN	LAM		Energetic Triathlon Shatin
19	1	7:00	Pink	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Female Age Group 35-39	35-39	Yick Ling	Lui		
20	1	7:00	Pink	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Female Age Group 35-39	35-39	Natalie	Kwan		South China Athletic Association
21	1	7:00	Pink	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Female Age Group 40-44	40-44	Amie	Shuttleworth Waite		Hong Kong Dragons Triathlon Club
22	1	7:00	Pink	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Female Age Group 40-44	40-44	Shu	Pu		South China Athletic Association
23	1	7:00	Pink	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Female Age Group 40-44	40-44	Ching Chi	Kwok		Sonic Sports Association
24	1	7:00	Pink	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Female Age Group 45-49	45-49	cin lam lisa	pun	潘羨霖	Sonic Sports Association
25	1	7:00	Pink	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Female Age Group 45-49	45-49	Deborah Lauren	Hanley		Hong Kong Football Club Swimming and Triathlon Society
26	1	7:00	Pink	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Female Age Group 45-49	45-49	Elisa Anna Maria	Carnini		Hong Kong Dragons Triathlon Club
27	1	7:00	Pink	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Female Age Group 45-49	45-49	Naoko	Wada-Thomas		
28	1	7:00	Pink	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Female Age Group 45-49	45-49	Man Fung	Poon	潘文鳳	Energetic Triathlon Shatin
29	1	7:00	Pink	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Female Age Group 45-49	45-49	LAI PING	LEUNG	梁麗萍	Alpha Zone Sports
30	1	7:00	Pink	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Female Age Group 45-49	45-49	Ho Suet	Li	李皓雲	Alpha Zone Sports
31	1	7:00	Pink	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Female Age Group 45-49	45-49	Ka Ling	Lim	林嘉玲	
32	1	7:00	Pink	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Female Age Group 50-54	50-54	wai fun	LIU		Sonic Sports Association
33	1	7:00	Pink	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Female Age Group 50-54	50-54	Stephanie	Tresch	non	Aqua Gym Sport Association
35	1	7:00	Pink	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Female Age Group 50-54	50-54	PUI YI ELIZABETH	TAM	譚佩儀	Crest Ray Recreation & Sports Club
36	1	7:00	Pink	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Female Age Group 50-54	50-54	MUI CHRISTINA	WONG	黃梅	Mango Swimming Club
37	1	7:00	Pink	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Female Age Group 50-54	50-54	Amandine	Courret		South China Athletic Association
38	1	7:00	Pink	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Female Age Group 55-59	55-59	Wing Yee	Cheung		Alpha Zone Sports
39	1	7:00	Pink	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Female Age Group 55-59	55-59	Shui Nin Ingrid	Lai		
40	1	7:00	Pink	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Female Age Group 55-59	55-59	Wan	Chau	周雲	
41	1	7:00	Pink	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Female Age Group 60-64	60-64	Choi ping	CHAU	周彩萍	
437	1	7:00	Pink	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Female Age Group 60-64	60-64	Angel Yin Ling	Tsoi		Energetic Triathlon Shatin
42	1	7:00	Pink	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Female Age Group 65 & C	65 & C	Shun Ying	Wong	王順英	AustSports Association
43	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 40-44	40-44	Ace	Baiguen		
44	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 40-44	40-44	sze chun	poon	潘詩峻	Sonic Sports Association
45	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 40-44	40-44	Tok Fung Sam	Pun	潘鐸丰	
46	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 40-44	40-44	COLM	RAFFERTY		Hong Kong Dragons Triathlon Club
47	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 40-44	40-44	Maxime	Dulondel		

48	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 40-44	Wai Kin	Lee	李偉堅	
49	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 40-44	Luke	Schroder		
50	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 40-44	TUNG MING STEVE	LAU	劉東明	
51	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 40-44	Son Keng	Leung	梁順敬	
52	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 40-44	Man Kit	Tsui	徐文傑	
53	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 40-44	KUN LEI	LAM	林冠濃	Alpha Zone Sports
54	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 40-44	Braedon	Sharp		Hong Kong Football Club Swimming and Triathlon Society
55	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 40-44	Akiyama	Tomoki	秋山 智紀	
56	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 40-44	cyril	gomez		
57	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 40-44	Gump	Wong Yuk Hei	黃旭曦	
58	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 40-44	Ken	Ishihata		
59	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 40-44	shaun	woolnough		
60	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 40-44	Hong Ho Ronald	Lai		
61	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 50-54	KWOK CHUN ANDY	WONG		Energetic Triathlon Shatin
62	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 50-54	Pui hung	Lam	林沛洪	
63	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 50-54	Stephen	Kong		Sonic Sports Association
64	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 50-54	kwok hung	wong	黃國雄	
65	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 50-54	Wai Chung Christopher	Tong		Sonic Sports Association
66	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 50-54	Ka On	Yiu	姚家安	Sonic Sports Association
67	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 50-54	Lap Kei	Cheung		
68	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 50-54	Olivier	Courret		South China Athletic Association
69	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 50-54	WAI KEI	CHEUNG	張偉基	AustSports Association
70	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 50-54	WING YIN	YEUNG		Energetic Triathlon Shatin
71	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 50-54	ka fai	tse	謝嘉輝	Crest Ray Recreation & Sports Club
72	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 50-54	Atsushi	Matsuzawa	松澤厚	
73	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 50-54	Yun Chung	IP		Alpha Zone Sports
74	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 50-54	KWOK WAI KEN	NG	吳國偉	
75	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 55-59	Jack	Yee		
76	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 55-59	Wai Sing	Chu	朱偉成	
77	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 55-59	Tat Chuen	Lee	李達泉	
78	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 55-59	Kwong leung	Cheng	鄭光亮	
79	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 55-59	中一	阮	阮中一	
80	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 55-59	Chung Ming	Leong		
81	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 55-59	KENJI	UENO	上野賢二	
82	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 55-59	man kwong	cheung	cheung man kw	Mango Swimming Club
83	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 55-59	Ying Fai	Lai		Tritons Triathlon Club
84	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 55-59	HONG	AU YEUNG	歐陽康	Mango Swimming Club
85	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 55-59	Alex	Lai	黎耀忠	AustSports Association
86	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 60-64	WAH CHEUNG	CHOI		
87	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 60-64	Jimmy Y K	Chau		South China Athletic Association
88	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 65 & Over	Ivan	Poon	潘恒奮	
89	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 65 & Over	Check Yin	Wong	黃卓然	Mango Swimming Club
90	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 65 & Over	King Yuen	Chan	陳景源	New Sports Triathlon
91	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 65 & Over	KONG	SHEK	石江	AustSports Association
92	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 65 & Over	Philip	Pau		
93	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 65 & Over	MANYIU	TAM	譚文耀	AustSports Association
94	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 65 & Over	Fai Ming	Chan	陳揮明	AustSports Association
94	2	7:20	White	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 65 & Over	Stephen King Che	Chan	Chan Stephen King	Energetic Triathlon Shatin

95	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops)	Male Elite Open	Ho Kwan	Chan		New Sports Triathlon
96	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 20-24)		Chris Chung Hang	Kwan		Sonic Sports Association
97	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 20-24)		Ka Hang	Siu	蕭加行	Titan Triathlon
98	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 20-24)		Long Kit	Chiu	趙朗傑	New Sports Triathlon
99	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 25-29)		Hon Chun	Kwok	郭瀚駿	Crest Ray Recreation & Sports Club
100	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 25-29)		Kung Ming Coleman	Leung		
101	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 25-29)		Jing Yi Andrew	Li	李景怡	Energetic Triathlon Shatin
102	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 25-29)		Man Him Solomon	Hung	洪文謙	
103	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 25-29)		澤廷	文	文澤廷	
104	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 25-29)		Pak Lai	Lam		
105	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 25-29)		翰文	鄧		
106	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 30-34)		Romain	Cuchet		Sonic Sports Association
107	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 30-34)		Tsz Fung	Chiu	趙子峰	Sonic Sports Association
108	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 30-34)		Hadrien	van Hecke		
109	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 30-34)		Tai Wai	Chung	鍾泰偉	Aqua Gym Sport Association
110	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 30-34)		偉樑	陸	陸偉樑	
111	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 30-34)		Sze Yu	Hung		Sonic Sports Association
112	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 30-34)		Ahmed	Suraagath		Sonic Sports Association
113	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 30-34)		Chi Sum	Wong	黃志深	
114	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 30-34)		yin wai	lo	盧彥璋	
115	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 30-34)		Arthur Ho Tung	Lee		
116	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 30-34)		Sze Kam	Choi		Aqua Gym Sport Association
117	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 30-34)		KENNETH YEE LOK	WU	胡爾樂	Compass Sports Association
118	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 30-34)		Sam	Nunn		
119	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 30-34)		Pak Lun	Lam		
120	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 30-34)		Tsun Heng	Chan		
121	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 30-34)		Cheuk Wai	Chan		Crest Ray Recreation & Sports Club
122	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 30-34)		Adam	Webb		
123	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 30-34)		KA HEI	HO		
124	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 35-39)		MING HEI	HO		Excel Swim Sports Association
125	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 35-39)		Man Hon	So	蘇文瀚	Sonic Sports Association
126	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 35-39)		Ka wing	Hui		Alpha Zone Sports
127	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 35-39)		Wai Hoo	Kwong	鄺偉豪	Crest Ray Recreation & Sports Club
128	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 35-39)		Chun Fung	So		
129	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 35-39)		KING HEI	KO	高敬希	Titan Triathlon
130	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 35-39)		Tai Hang	Cheung	張泰恒	Aqua Gym Sport Association
131	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 35-39)		Yeung	Yiu Lun		Crest Ray Recreation & Sports Club
132	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 35-39)		Wai lun	Suen	孫偉倫	Sonic Sports Association
133	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 35-39)		Sean	Ma		Titan Triathlon
134	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 35-39)		Lok Kong	So	蘇樂江	
135	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 35-39)		Yau Yan	Tam	譚祐恩	AustSports Association
136	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 35-39)		Yun Hei	Lam	林潤禧	New Sports Triathlon
137	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 35-39)		Alfred	Siu		Sonic Sports Association
138	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 35-39)		Chung	Ho	何冲	Crest Ray Recreation & Sports Club
139	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 35-39)		Cheuk Man	chan	陳卓文	Titan Triathlon
140	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 35-39)		Hidenori	Kusunoki		
141	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 35-39)		Oliver	Haas		South China Athletic Association
142	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 45-49)		chi wai	chan	陳子為	Excel Swim Sports Association
143	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 45-49)		Chi Kin, Anthony	Luk	陸志堅	

144	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 45-49	Wai Hung	Chan	陳偉洪	
145	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 45-49	tik ho	chum	覃迪豪	Aqua Gym Sport Association
146	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 45-49	Ying cheung	Yiu	姚應祥	Excel Swim Sports Association
147	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 45-49	Tim YT	Lee		Aqua Gym Sport Association
148	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 45-49	Sai Hung	Lam	林世雄	
149	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 45-49	Sik Lam	Chow	周錫霖	Titan Triathlon
150	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 45-49	max	wu		New Sports Triathlon
151	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 45-49	Chi Lai Anthony	Lai		Sonic Sports Association
152	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 45-49	Pak-fai	CHAN	陳柏輝	
153	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 45-49	Julian	Lo		
154	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 45-49	Sze Wang	Chung		Titan Triathlon
155	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 45-49	WING	YIP		
156	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 45-49	Samuel	Hsieh		
157	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 45-49	Wing-fai	NG	吳永輝	
158	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 45-49	Ka Chun	Wong	黃家俊	
159	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 45-49	Kevin	Loo		South China Athletic Association
160	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 45-49	Robert	Small		
161	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 45-49	Chun Yin	Mak	麥振賢	
162	3	7:40	Dark Blue	Challenge Distance (Swim 1000m/Run 6km - 3 Loops Male Age Group 45-49	KIN SING	TO	杜建聲	
163	4	8:00	Light Blue	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Female Age Group 20-29	穎心	馮	
164	4	8:00	Light Blue	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Female Age Group 20-29	TSZ HUEN ALEXANDRA WAN	溫子暄	
165	4	8:00	Light Blue	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Female Age Group 20-29	Yuen ching moose culle	Hung	熊苑靖
166	4	8:00	Light Blue	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Female Age Group 20-29	Ho Fung	Li	
167	4	8:00	Light Blue	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Female Age Group 20-29	yan wing	to	杜昕穎
168	4	8:00	Light Blue	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Female Age Group 20-29	Michelle	Tong	
169	4	8:00	Light Blue	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Female Age Group 20-29	KA YING	MAK	麥嘉瑩
170	4	8:00	Light Blue	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Female Age Group 30-39	Judy	Yeung	Sonic Sports Association
171	4	8:00	Light Blue	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Female Age Group 30-39	Chung Kay Joyce	Wong	黃頌棋
172	4	8:00	Light Blue	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Female Age Group 30-39	Tammy	Ng	
173	4	8:00	Light Blue	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Female Age Group 30-39	Sarah	Shuttleworth	
174	4	8:00	Light Blue	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Female Age Group 30-39	Antonia	Li	李家彤
175	4	8:00	Light Blue	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Female Age Group 30-39	Alison	Yim	嚴雅媛
176	4	8:00	Light Blue	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Female Age Group 30-39	佩賢	黃	黃佩賢
177	4	8:00	Light Blue	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Female Age Group 30-39	Caci Nga Sze	Ho	
178	4	8:00	Light Blue	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Female Age Group 40-49	Nga Yee	Li	李雅怡
179	4	8:00	Light Blue	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Female Age Group 40-49	Ka sin	Wong	黃嘉倩
180	4	8:00	Light Blue	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Female Age Group 40-49	Siu Po	Chan	陳小寶
181	4	8:00	Light Blue	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Female Age Group 40-49	Man Ching	Lai	賴文清
182	4	8:00	Light Blue	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Female Age Group 40-49	YEUK LAN	POON	潘若蘭
183	4	8:00	Light Blue	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Female Age Group 40-49	Emiko	lihara	飯原笑子
184	4	8:00	Light Blue	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Female Age Group 50-59	Clare	Au Young	
185	4	8:00	Light Blue	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Female Age Group 50-59	Hoi Lun Helen	Leung	Titan Triathlon
186	4	8:00	Light Blue	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Female Age Group 50-59	SHUK HAN KAREN	LUI	Energetic Triathlon Shatin
187	4	8:00	Light Blue	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Female Age Group 50-59	wai kei vicky	lam	
188	4	8:00	Light Blue	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Female Age Group 50-59	SIU PING	Ng	
189	4	8:00	Light Blue	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Female Age Group 60 & C	Cecilia	Wong	王嘉慧
190	4	8:00	Light Blue	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Female Age Group 60 & C	Wing Ho Grace	Cheng	Sonic Sports Association
191	4	8:00	Light Blue	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Female Elite Youth	Oi Yin	Chan	

192	4	8:00	Light Blue	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Female Elite Youth	Hayley	Tsang		Energetic Triathlon Shatin
193	4	8:00	Light Blue	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Female Elite Youth	Lok Tung	Wong		
194	4	8:00	Light Blue	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Female Elite Youth	Elise Modiano	Sarah		South China Athletic Association
195	4	8:00	Light Blue	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Female Elite Youth	Yuet Hei	Ng		Energetic Triathlon Shatin
196	4	8:00	Light Blue	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Female Youth 1	Christa	CHEN		Energetic Triathlon Shatin
197	4	8:00	Light Blue	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Female Youth 1	Christy	Cheung		
198	4	8:00	Light Blue	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Female Youth 1	Nicole	Chau		
199	4	8:00	Light Blue	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Female Youth 1	Tsz Shing	Poon	潘籽丞	
200	4	8:00	Light Blue	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Female Youth 2	Hoi Ching	Lam	林海晴	
201	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 40-49	Chi Wai	Fong		Crest Ray Recreation & Sports Club
202	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 40-49	Tak Kiu	Pun	潘德翹	Tritons Triathlon Club
203	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 40-49	Lap Ken Kenneth	Lee	李立勤	Sonic Sports Association
204	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 40-49	KIN CHUNG	HUI	許健聰	
205	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 40-49	HON SUEN	MOK	莫翰遜	
206	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 40-49	Ka Ho Lawrence	Wong	黃家灝	Sonic Sports Association
207	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 40-49	Nobuyasu	Kijima	木島 伸安	
208	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 40-49	Takeshi	Hayashi		
209	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 40-49	Lok	Law		Titan Triathlon
210	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 40-49	Cyril	Daccord		
211	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 40-49	John Ho Chuen	Lee	李浩銓	
212	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 40-49	Wing Chung Jonathan	Tang	鄧穎聰	
213	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 40-49	Tak Fai Albert	Au		
214	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 40-49	Ryuji	Takahashi		
215	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 40-49	CHI TANG JACKY	KAM	甘子騰	Alpha Zone Sports
216	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 40-49	Wing Shun Vincent	Cheng	鄭泳舜	
217	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 40-49	Kwong Kui	Leung	梁廣駒	
218	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 40-49	Yin Wing, Jerry	Fu	符彥榮	
219	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 40-49	ting piu	chong		Titan Triathlon
220	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 40-49	Kazuya	Kuribayashi	栗林和也	
221	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 40-49	chun yu Anthony	lung	龍振宇	
222	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 40-49	DEREK HING KWOK	MA		
223	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 40-49	Adrian	Chan		
224	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 40-49	Kai Lok	Ho	何啟樂	
225	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 40-49	Simon	Tasker		Hong Kong Dragons Triathlon Club
226	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 50-59	SHU WAH JIMMY	WAN	溫樹華	Energetic Triathlon Shatin
227	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 50-59	yosuke	oka	岡洋介	
228	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 50-59	Chung Man	Lo	盧仲文	Mango Swimming Club
229	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 50-59	Ping Yip	Fung	馮炳業	
230	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 50-59	King Lai, Jeffrey	LIU	廖敬禮	Mango Swimming Club
231	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 50-59	Christopher	Lee		
232	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 50-59	Robert	Sue		
233	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 50-59	Kit Hung Thomas	Tam		
234	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 50-59	Kwun Yeung Clement	Chung	鍾冠楊	
235	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 50-59	Vincent	Lee		AustSports Association
236	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 50-59	chu	chiu shan		
237	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 50-59	Masahiro	Takahashi	高橋正浩	
238	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 50-59	Sunil	Shah		
239	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 50-59	Taku	Kasai	笠井拓	

240	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 60 & Over	Chi Ling Clement	Yeung	楊子凌	Alpha Zone Sports
241	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 60 & Over	Wai Yin	Wong	黃偉賢	
242	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 60 & Over	TING FUN STEPHEN	HOU		
243	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 60 & Over	LAI CHUNG	LEE		Mango Swimming Club
244	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 60 & Over	Chi Ming	Chiu		
245	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 60 & Over	WING KWONG	IP		Energetic Triathlon Shatin
246	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 60 & Over	YIN CHEONG	WONG		Energetic Triathlon Shatin
247	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 60 & Over	富齡	譚	譚富齡	
248	5	8:15	Pink	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 60 & Over	Johnny	Wong	黃炳全	
249	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 20-29	Ka Cheuk Samson	Lui	呂家焯	Crest Ray Recreation & Sports Club
250	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 20-29	Ting Chi	Chen	陳廷之	
251	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 20-29	Ho Hang	Tsang		
252	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 20-29	SHI HIM JOSIAH	CHOI		
253	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 20-29	Jonathan	Wong	黃家皓	
254	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 20-29	Ching Yu	Lam	林政宇	
255	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 20-29	ka chun	CHAN		
256	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 30-39	Yinliang	He	何吟亮	
257	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 30-39	Abdelouahed	Benjelloun		Sonic Sports Association
258	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 30-39	Chung Hin	Tay		
259	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 30-39	Tsz Shing	LI		
260	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 30-39	Chun Yin	Poon		
261	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 30-39	Tim	Lee	李子健	
262	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 30-39	ching yi	to		
263	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 30-39	YAT PANG	TAM		
264	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 30-39	HIN PONG	LEE		
265	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 30-39	Wai Sing	Tsoi	蔡	
266	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 30-39	Thomas	MEVEL		
267	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 30-39	TAICHI	MATSUURA		
268	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 30-39	nicolas philippe benoit	giret		
269	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 30-39	Chris	Kinloch		
270	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 30-39	Keiichiro	Kumai		
271	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 30-39	Cheuk Bun	Li	李焯斌	
272	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 30-39	Hok yee Terence	Li	李學頤	Titan Triathlon
273	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 30-39	ka ho	chan	陳嘉豪	
274	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 30-39	Siu Fung	Lui		
275	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 30-39	Kenneth	Chan		
276	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 30-39	Alexander	Langslow		
277	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Age Group 30-39	Chi Haang	Cheung	張智桁	
278	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Elite Youth	Chun Hei	Wong		The Little Dolphin Swimming Training Center
279	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Elite Youth	Ho Chun	Au		Energetic Triathlon Shatin
280	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Elite Youth	Ngai Chun	Ting		Sparkle Triathlon
281	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Elite Youth	Chak Yan Bosco	Wan		Energetic Triathlon Shatin
282	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Elite Youth	Tze Kiu	Tam		Energetic Triathlon Shatin
283	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Elite Youth	Cheuk Yin Desmond	Chau		Energetic Triathlon Shatin
284	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Elite Youth	Cheuk Kiu	Ng		Energetic Triathlon Shatin
285	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Elite Youth	Chi Yan Ian	Chung		
286	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Elite Junior 1	Po Shun Yemi	Yick		
287	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Elite Junior 1	Yu Chak	Chow		Crest Ray Recreation & Sports Club

288	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Elite Junior 1	Ka Hei Cyrus	Chan	
289	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Elite Junior 1	Pak Long	Lai	Sparkle Triathlon
290	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Elite Junior 1	Yan Tao	Shum	
291	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Elite Junior 2	Yan Ho Philip	Chan	South China Athletic Association
292	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Elite Junior 2	Pak Hoi	Chan	
293	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Elite Junior 2	Wai Chun	Tsang	AustSports Association
294	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Elite Junior 2	Hin Ching	Lo	Energetic Triathlon Shatin
295	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Elite Youth	Ching Ho	Kwok	Crest Ray Recreation & Sports Club
296	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Youth 1	Chun Ching	Ting	Sparkle Triathlon
297	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Youth 1	YIN LAM	CHAN	Energetic Triathlon Shatin
298	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Youth 1	Maxime Ernesto	Dulondel-Grande	
299	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Youth 1	YUI FUNG	NG	吳睿峰
300	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Youth 1	Kwok Pan	Chan	陳國斌
301	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Youth 1	Yik	Wong	黃翊
302	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Youth 1	Tsz Him	Lee	李子謙
303	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Youth 1	Shun Hei	Lau	劉信義
304	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Youth 1	Shung Him	Lai	賴崇謙
305	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Youth 1	TSZ HIM	MOK	莫子謙
306	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Youth 1	Yin	Kwok	紀彥
307	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Youth 1	Chun Ming Marcus	Wu	胡晉銘
308	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Youth 1	Tsz Yuen	Tse	謝梓源
309	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Youth 1	CHI HIM RYAN	YAU	丘志謙
310	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Youth 2	Lok Chun Andrew	Kwan	關樂晉
311	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Youth 2	Lok Ping	Tung	董樂平
312	6	8:30	Yellow	Sprint Distance (Swim 500m/Run 4km - 2 Loops)	Male Youth 2	Moritz	Mueller	Galaxy Sports Triathlon
313	7	8:45	White	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2009	HO TING	LEE	李灝庭
314	7	8:45	White	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2009	柏藍	周	周柏藍
315	7	8:45	White	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2009	Tin Chak	Wong	黃天澤
316	7	8:45	White	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2009	YAT LONG	LAM	林日朗
317	7	8:45	White	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2009	Wai Yin	Chan	陳韋弦
318	7	8:45	White	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2009	Jack	Colin-Jones	Sparkle Triathlon
319	7	8:45	White	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2009	Karan	Mukhi Santino	Titan Triathlon
320	7	8:45	White	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2009	Pak Lam Cass	Man	文柏藍
321	7	8:45	White	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2009	TSZ LEONG LOUIE	CHENG	鄭梓亮
322	7	8:45	White	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2010	KING TO	CHAN	CHAN KING TO
323	7	8:45	White	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2010	Alban	Modiano	安班
324	7	8:45	White	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2010	hoi fan	ma	馬凱勳
325	7	8:45	White	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2010	Chum	tsz ho	覃子皓
326	7	8:45	White	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2010	Lucas	Wong	王諾
327	7	8:45	White	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2010	Jasper	Ho	何頌朗
328	7	8:45	White	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2010	HONG NAM	LAU	劉康楠
329	7	8:45	White	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2010	sage	fischer lam	Alpha Zone Sports
330	7	8:45	White	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2010	Pak Hei	Chan	陳柏僖
331	7	8:45	White	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2010	Edison	Wong	
332	7	8:45	White	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2011	Theodore	Zhang	張天維
333	7	8:45	White	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2011	Wang Yui	Chi	朱泓睿
334	7	8:45	White	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2011	vincent	yee	
335	7	8:45	White	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2011	Pak Yin	Chu	朱珀賢

336	7	8:45	White	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2011	Shing Hei	Ngan	顏承希	Energetic Triathlon Shatin
337	7	8:45	White	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2011	Yat Hay Sky	Chan	陳逸希	Energetic Triathlon Shatin
338	7	8:45	White	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2011	Yik Hei	Lau	劉奕希	Energetic Triathlon Shatin
339	7	8:45	White	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2011	Ching Kiu	Ng	吳政橋	AustSports Association
340	7	8:45	White	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2011	Tsz Long	Chan	陳子朗	Energetic Triathlon Shatin
341	7	8:45	White	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2012	George	Loi	呂思賢	
342	7	8:45	White	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2012	HUN MAN	NG	吳煊文	Sparkle Triathlon
343	7	8:45	White	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2012	WAI TING	LEE	李瑋庭	
344	7	8:45	White	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2012	YUI HANG	CHOI	蔡睿珩	
345	7	8:45	White	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2012	ryan	leung	梁浩鈞	Hoi Ngai Sports Association
346	7	8:45	White	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2012	TSZ WUN XAVIER	CHEUNG	張子桓	Crest Ray Recreation & Sports Club
347	7	8:45	White	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2012	Ian	Wong	王喆	Energetic Triathlon Shatin
348	7	8:45	White	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2012	TSZ FUNG	CHAN	陳籽灃	Hoi Ngai Sports Association
349	7	8:45	White	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2012	basil	fischer lam	林峻宇	
350	7	8:45	White	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2012	Pak Hei	Lam	林柏希	
351	7	8:45	White	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2012	Cheuk Yat Julien	Wong	黃焯一	Sparkle Triathlon
352	7	8:45	White	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2012	Lawrence	HOU	侯樂軒	
353	7	8:45	White	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2012	Leong Yin	Au	歐亮言	Sparkle Triathlon
354	7	8:45	White	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2012	Hao che	Chang	張浩哲	Crest Ray Recreation & Sports Club
355	7	8:45	White	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2012	Sze Kwan Quintus	Wong		
356	7	8:45	White	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2012	Cheuk Nam Janko	Au	區卓嵐	Energetic Triathlon Shatin
357	8	8:55	Light Blue	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Girls 2009	Adelyn	Wallace		Aqua Gym Sport Association
358	8	8:55	Light Blue	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Girls 2009	Yin Alice	Au Yeung	歐陽彥	Mango Swimming Club
359	8	8:55	Light Blue	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Girls 2009	Liv-Isabel	Wolf		Titan Triathlon
360	8	8:55	Light Blue	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Girls 2010	Yik Ching	Siu	蕭亦晴	
361	8	8:55	Light Blue	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Girls 2010	Yik Nam	Siu	蕭亦嵐	
362	8	8:55	Light Blue	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Girls 2010	敏晴	趙	趙敏晴	
363	8	8:55	Light Blue	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Girls 2010	TSZ YIN	CHAN	陳梓賢	Hoi Ngai Sports Association
364	8	8:55	Light Blue	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Girls 2010	Yi Chun	Chan	陳以臻	AustSports Association
365	8	8:55	Light Blue	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Girls 2010	Hiu Tung	Leung	梁曉彤	AustSports Association
366	8	8:55	Light Blue	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Girls 2011	Hong Ching	Wong	黃康晴	The Little Dolphin Swimming Training Center
367	8	8:55	Light Blue	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Girls 2011	Muk Woo	Chow	周牧和	
368	8	8:55	Light Blue	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Girls 2011	Ava	Colin-Jones		
369	8	8:55	Light Blue	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Girls 2011	Heulwen	Chau	周焯慧	Energetic Triathlon Shatin
370	8	8:55	Light Blue	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Girls 2011	Tung Alison	Au Yeung	歐陽彤	Mango Swimming Club
371	8	8:55	Light Blue	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Girls 2012	Yat Ham Halynn	Gao		
372	8	8:55	Light Blue	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Girls 2012	Ai-ly Margaret	Mcfadyen		South China Athletic Association
373	8	8:55	Light Blue	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Girls 2012	Hoi Ki	Ng	吳凱淇	Crest Ray Recreation & Sports Club
374	8	8:55	Light Blue	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Girls 2012	WAN SHUN	CHEUNG	張鑑淳	
375	8	8:55	Light Blue	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Girls 2012	Ying	Tsang	曾瑩	
376	8	8:55	Light Blue	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Girls 2012	Sze Ching	Lam	林思呈	
377	8	8:55	Light Blue	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Girls 2012	YI	MA	馬懿	
378	8	8:55	Light Blue	Discovery Distance (Swim 250m/Run 2 km - 1 Loop)	Girls 2012	Hiu Yau	Yeung	楊曉悠	
379	9	9:05	Pink	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2013	cheng	chi shing	鄭智誠	
380	9	9:05	Pink	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2013	Oi Hei	Chan	陳愛希	
381	9	9:05	Pink	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2013	Yik Sum, Sam	Kwok	郭奕琛	Alpha Zone Sports
382	9	9:05	Pink	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2013	Ching Long	Yan	殷靖朗	



383	9	9:05	Pink	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2013	Antonin	Modiano		
384	9	9:05	Pink	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2013	TSZ LONG	TANG	鄧子朗	
385	9	9:05	Pink	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2013	Lap Yan	Kei	紀立人	Sparkle Triathlon
386	9	9:05	Pink	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2013	Pak Hei	LAU	劉栢希	Crest Ray Recreation & Sports Club
387	9	9:05	Pink	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2013	Sze Chai Damon	LAU		Energetic Triathlon Shatin
388	9	9:05	Pink	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2013	THYME	FISCHER LAM	林峻廣	
389	9	9:05	Pink	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2013	Chun Lok	Li	李雋樂	
390	9	9:05	Pink	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2013	San Mau Jacob	Mak	麥宸畝	Sparkle Triathlon
391	9	9:05	Pink	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2013	Yu Ming marcus	Lam	林汝明	
392	9	9:05	Pink	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2013	Kwan Yu William	Wong	王筠宇	
393	9	9:05	Pink	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2013	Yi Chun Leonard	Wu	胡爾臻	
394	9	9:05	Pink	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2013	CHUN HIM LOUIS	WONG		Energetic Triathlon Shatin
395	9	9:05	Pink	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2013	pak long Casper	chan	陳柏朗	Energetic Triathlon Shatin
438	9	9:05	Pink	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2013	Shing Hang	Fok		Energetic Triathlon Shatin
396	9	9:05	Pink	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2014	Yannick	He	何揚力	
397	9	9:05	Pink	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2014	KAI HEI	LEUNG	梁啟希	
398	9	9:05	Pink	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2014	Yat Chuen Run Run	WANG	王一川	
399	9	9:05	Pink	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2014	Wan Hin	Mok	莫蘊軒	
400	9	9:05	Pink	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2014	Yicheng	Luo		Sparkle Triathlon
401	9	9:05	Pink	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2014	YAT SHUN	CHEUNG	張逸淳	
402	9	9:05	Pink	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2014	Lok Tin Mike	Man	文洛天	AustSports Association
403	9	9:05	Pink	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2014	Immanuel Yimai	Lam	林以靄	
404	9	9:05	Pink	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2014	Tin Lap	Qu	邱天立	Sparkle Triathlon
405	9	9:05	Pink	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2014	Yat Long Jay	Chan	陳逸朗	Energetic Triathlon Shatin
406	9	9:05	Pink	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2014	Hok Sum	Au		Sparkle Triathlon
407	9	9:05	Pink	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2014	HO WAI	TSUI	徐昊緯	
408	9	9:05	Pink	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2014	Chun Yin Jairus	Lai	賴駿賢	Sparkle Triathlon
409	9	9:05	Pink	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2014	Gareth Pak Kiu	Li	李栢翹	
410	9	9:05	Pink	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2014	Yat to Travis	Li		
411	10	9:15	Dark Blue	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2015	Chun Kiu	Yu	虞竣喬	Sparkle Triathlon
412	10	9:15	Dark Blue	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2015	CHUN TING	TSANG	曾俊廷	First Ten Generation Team
413	10	9:15	Dark Blue	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2015	Lau	Pak Him	劉	Crest Ray Recreation & Sports Club
414	10	9:15	Dark Blue	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2015	Tin Hang	Qu	邱天行	Sparkle Triathlon
415	10	9:15	Dark Blue	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2015	Chun Kiu	Yu	虞竣喬	Sparkle Triathlon
416	10	9:15	Dark Blue	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2015	Caleb	Yu	于卓弘	
417	10	9:15	Dark Blue	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2015	King Ho Jarvis	Wong	黃敬浩	
418	10	9:15	Dark Blue	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2015	Yat Hei Isaac	Poon	潘日希	Sparkle Triathlon
419	10	9:15	Dark Blue	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2015	CHI YIN IVIN	CHUNG	鍾至瑛	
420	10	9:15	Dark Blue	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2016	Yuet Fung Nikan	Yiu	饒越風	Alpha Zone Sports
421	10	9:15	Dark Blue	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Boys 2016	Yeung	Kak Scott	楊格	Sparkle Triathlon
422	10	9:15	Dark Blue	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Girls 2013	Jessie	Ho	何泳悠	The Little Dolphin Swimming Training Center
423	10	9:15	Dark Blue	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Girls 2013	Cheuk Lam	Chung	鍾焯琳	Energetic Triathlon Shatin
424	10	9:15	Dark Blue	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Girls 2013	Tsz Shun	CHAN	陳梓淳	
425	10	9:15	Dark Blue	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Girls 2013	Tsz Wan Ingrid	Fong		Crest Ray Recreation & Sports Club
426	10	9:15	Dark Blue	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Girls 2013	Cin Yee Cydnee	Chung		
427	10	9:15	Dark Blue	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Girls 2014	Keira Joy	Leung	梁逸玥	First Ten Generation Team
428	10	9:15	Dark Blue	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Girls 2014	Ming Wai Charlie	Tong		
429	10	9:15	Dark Blue	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Girls 2014	Chin Yui	Chan	陳芊睿	AustSports Association

430	10	9:15	Dark Blue	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Girls 2014	Ceinwen	Chau	周翹慧	Energetic Triathlon Shatin
431	10	9:15	Dark Blue	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Girls 2014	思澄	呂	呂思澄	
432	10	9:15	Dark Blue	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Girls 2015	Cheryl	Lau	劉森芮	First Ten Generation Team
433	10	9:15	Dark Blue	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Girls 2015	TIN WAI	LAW		
434	10	9:15	Dark Blue	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Girls 2015	Ka Pik Abigail	Mak	麥珈璧	Sparkle Triathlon
435	10	9:15	Dark Blue	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Girls 2015	Tsz Yau Gwen	Fong		Crest Ray Recreation & Sports Club
436	10	9:15	Dark Blue	TriKids Distance (Swim 250m/Run 2 km - 1 Loop)	Girls 2016	Michaela Grace	Leung	梁然知	First Ten Generation Team