

67th Festival of Sports - 2024 Age Group Triathlon Start List (29 April 2024)

Race No	Heat	Start Time	Cap	Race Category	Race Category (Age)	First Name	Last Name	Chinese Name	Club
1	1	5:55	Pink	Challenge Distance	Male Age Group 20-24	Long Kit	Chiu	趙朗傑	New Sports Triathlon
2	1	5:55	Pink	Challenge Distance	Male Age Group 20-24	Chris Chung Hang	Kwan		Sonic Sports Association
3	1	5:55	Pink	Challenge Distance	Male Age Group 20-24	Wai kit	Lee	李煒傑	
4	1	5:55	Pink	Challenge Distance	Male Age Group 20-24	TszFungJeffrey	Kwan	關梓烽	AustSports Association
5	1	5:55	Pink	Challenge Distance	Male Age Group 20-24	Matthew	Day		
6	1	5:55	Pink	Challenge Distance	Male Age Group 20-24	龔麟	張	張龔麟	
7	1	5:55	Pink	Challenge Distance	Male Age Group 20-24	YUE	ZHANG		
8	1	5:55	Pink	Challenge Distance	Male Age Group 20-24	chung hei	lau	劉仲晞	
9	1	5:55	Pink	Challenge Distance	Male Age Group 25-29	Ho Kwong Billy	Ching	程浩光	New Sports Triathlon
10	1	5:55	Pink	Challenge Distance	Male Age Group 25-29	Kin Yip	Tang	鄧建業	Sonic Sports Association
11	1	5:55	Pink	Challenge Distance	Male Age Group 25-29	George	Medd		Hong Kong Dragons Triathlon Club
12	1	5:55	Pink	Challenge Distance	Male Age Group 25-29	James	Piercy		
13	1	5:55	Pink	Challenge Distance	Male Age Group 25-29	Hon Man	Tang	鄧翰文	
14	1	5:55	Pink	Challenge Distance	Male Age Group 25-29	Sean	Liu		
15	1	5:55	Pink	Challenge Distance	Male Age Group 25-29	Timothy Tianlun	Lam		
16	1	5:55	Pink	Challenge Distance	Male Age Group 25-29	RUBEN WILLEM MAARTEN	DUK		
17	1	5:55	Pink	Challenge Distance	Male Age Group 30-34	David	Carreno Cerrillo		Hong Kong Dragons Triathlon Club
18	1	5:55	Pink	Challenge Distance	Male Age Group 30-34	Lawrence	Hunter-Miller		
19	1	5:55	Pink	Challenge Distance	Male Age Group 30-34	Romain	Cuchet		Sonic Sports Association
20	1	5:55	Pink	Challenge Distance	Male Age Group 30-34	Hiu Fung Roy	Chui		
21	1	5:55	Pink	Challenge Distance	Male Age Group 30-34	Sze Yu	Hung		Sonic Sports Association
22	1	5:55	Pink	Challenge Distance	Male Age Group 30-34	Ho Yin	Man	文浩賢	
23	1	5:55	Pink	Challenge Distance	Male Age Group 30-34	Chun Yip	Law	羅晉業	
24	1	5:55	Pink	Challenge Distance	Male Age Group 30-34	Tsz Him	Lau	劉梓謙	
25	1	5:55	Pink	Challenge Distance	Male Age Group 30-34	yin wai	lo	盧彥璋	
26	1	5:55	Pink	Challenge Distance	Male Age Group 30-34	Ricardo	Camargo de Albuquerque Maranhao		
27	1	5:55	Pink	Challenge Distance	Male Age Group 30-34	Fred	Simmonds		
28	1	5:55	Pink	Challenge Distance	Male Age Group 30-34	ka chun	lau	劉家俊	
29	1	5:55	Pink	Challenge Distance	Male Age Group 30-34	Tsz Fung	Chiu	趙子峰	Sonic Sports Association
30	1	5:55	Pink	Challenge Distance	Male Age Group 30-34	Man sum	Ho	何萬森	
31	1	5:55	Pink	Challenge Distance	Male Age Group 30-34	KA CHUNG	CHEUNG	張家頌	
32	1	5:55	Pink	Challenge Distance	Male Age Group 30-34	Ka Chung	CHEUNG	張家頌	
33	1	5:55	Pink	Challenge Distance	Male Age Group 30-34	Chung Wa Dennis	YU	余宗樺	Pro-trinity Sports Club
34	1	5:55	Pink	Challenge Distance	Male Age Group 30-34	Hok Yin Anthony	Kan	簡學研	
35	1	5:55	Pink	Challenge Distance	Male Age Group 30-34	Briand	Valentin		
36	1	5:55	Pink	Challenge Distance	Male Age Group 30-34	Steven james	Stewart		Hong Kong Dragons Triathlon Club
37	1	5:55	Pink	Challenge Distance	Male Age Group 30-34	Wai Ching	Yip		Crest Ray Recreation & Sports Club
38	1	5:55	Pink	Challenge Distance	Male Age Group 30-34	Elbert Kam Yeung	Lee	李淦暘	
39	1	5:55	Pink	Challenge Distance	Male Age Group 30-34	Tze Chun	Chan	陳子浚	
40	1	5:55	Pink	Challenge Distance	Male Age Group 30-34	Cheuk Hei Michael	Lai		
41	1	5:55	Pink	Challenge Distance	Male Age Group 30-34	Sze Kam	Choi		Aqua Gym Sport Association
42	1	5:55	Pink	Challenge Distance	Male Age Group 35-39	Carl	Marks		
43	1	5:55	Pink	Challenge Distance	Male Age Group 35-39	Wai Hoo	Kwong	鄺偉豪	Crest Ray Recreation & Sports Club
44	1	5:55	Pink	Challenge Distance	Male Age Group 35-39	Paul	Castro		
45	1	5:55	Pink	Challenge Distance	Male Age Group 35-39	Nicolas	Roudier		
46	1	5:55	Pink	Challenge Distance	Male Age Group 35-39	Sergio	Rodriguez		Hong Kong Dragons Triathlon Club
47	1	5:55	Pink	Challenge Distance	Male Age Group 35-39	JIA JIE	LIM	林佳杰	Tritons Triathlon Club
48	1	5:55	Pink	Challenge Distance	Male Age Group 35-39	NGAI KEUNG	YANG		
49	1	5:55	Pink	Challenge Distance	Male Age Group 35-39	Chung	Ho	何冲	Crest Ray Recreation & Sports Club
50	1	5:55	Pink	Challenge Distance	Male Age Group 35-39	KING HEI	KO	高敬希	Titan Triathlon

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51	1	5:55	Pink	Challenge Distance	Male Age Group 35-39	Wai lun	Suen	孫偉倫	Sonic Sports Association
52	1	5:55	Pink	Challenge Distance	Male Age Group 35-39	Man Kit	Cheung	張文傑	Alpha Zone Sports
53	1	5:55	Pink	Challenge Distance	Male Age Group 35-39	Lai Ho	Chan	陳禮豪	
54	1	5:55	Pink	Challenge Distance	Male Age Group 35-39	Ka ming	Wan	雲家明	
55	1	5:55	Pink	Challenge Distance	Male Age Group 35-39	Ka Ho Gilbert	Chang	鄭家豪	Galaxy Sports Triathlon
56	1	5:55	Pink	Challenge Distance	Male Age Group 35-39	Yau Yan	Tam	譚祐恩	AustSports Association
57	1	5:55	Pink	Challenge Distance	Male Age Group 35-39	Adrien	de Courval		Hong Kong Dragons Triathlon Club
58	1	5:55	Pink	Challenge Distance	Male Age Group 35-39	Gareth	Jones		
59	1	5:55	Pink	Challenge Distance	Male Age Group 35-39	Simon	Belfitt		Tritons Triathlon Club
60	1	5:55	Pink	Challenge Distance	Male Age Group 35-39	Yeung	Yiu Lun		Crest Ray Recreation & Sports Club
61	1	5:55	Pink	Challenge Distance	Male Age Group 35-39	Gabriel	Bröckerhoff		Hong Kong Dragons Triathlon Club
62	1	5:55	Pink	Challenge Distance	Male Age Group 35-39	Thibault	Morenval		Hong Kong Dragons Triathlon Club
63	1	5:55	Pink	Challenge Distance	Male Age Group 35-39	YITING	LAN	藍毅霆	
64	1	5:55	Pink	Challenge Distance	Male Age Group 35-39	Jonathan	Shuttleworth-Waite		Mango Swimming Club
65	1	5:55	Pink	Challenge Distance	Male Age Group 35-39	Cheuk Ho	KONG	江卓豪	Titan Triathlon
66	1	5:55	Pink	Challenge Distance	Male Age Group 35-39	William Donald	Rae		
67	1	5:55	Pink	Challenge Distance	Male Age Group 35-39	Eduardo	Campos		
68	1	5:55	Pink	Challenge Distance	Male Age Group 35-39	James	Pitchforth		
69	2	6:00	Navy Blue	Challenge Distance	Female Age Group 20-24	Heather	Barnes		
70	2	6:00	Navy Blue	Challenge Distance	Female Age Group 20-24	Cheuk Yat	Lo	盧卓逸	Energetic Triathlon Shatin
71	2	6:00	Navy Blue	Challenge Distance	Female Age Group 20-24	TAMMY	TANG	鄧盈双	
72	2	6:00	Navy Blue	Challenge Distance	Female Age Group 20-24	Wan Chi	Lung	龍韻之	Galaxy Sports Triathlon
73	2	6:00	Navy Blue	Challenge Distance	Female Age Group 25-29	Lindsey	MacInnes		
74	2	6:00	Navy Blue	Challenge Distance	Female Age Group 25-29	Pui Yan Naomi	Fung		
75	2	6:00	Navy Blue	Challenge Distance	Female Age Group 25-29	KA HUNG	TSANG		
76	2	6:00	Navy Blue	Challenge Distance	Female Age Group 25-29	Jodie	Crisp		Hong Kong Dragons Triathlon Club
77	2	6:00	Navy Blue	Challenge Distance	Female Age Group 25-29	MIN	ZHAO	趙敏	
78	2	6:00	Navy Blue	Challenge Distance	Female Age Group 25-29	Rose	Liang		
79	2	6:00	Navy Blue	Challenge Distance	Female Age Group 30-34	Wang Ruby	Cheng		
80	2	6:00	Navy Blue	Challenge Distance	Female Age Group 30-34	JJ	Middendorp		
81	2	6:00	Navy Blue	Challenge Distance	Female Age Group 30-34	KA YAN	TO	杜嘉欣	
82	2	6:00	Navy Blue	Challenge Distance	Female Age Group 30-34	OI NING	FONG		Energetic Triathlon Shatin
83	2	6:00	Navy Blue	Challenge Distance	Female Age Group 30-34	Chi Sum	Wong	黃志深	
84	2	6:00	Navy Blue	Challenge Distance	Female Age Group 30-34	Pui Man	Chan	陳珮雯	Crest Ray Recreation & Sports Club
85	2	6:00	Navy Blue	Challenge Distance	Female Age Group 30-34	Chau Yu	Ng	伍紉瑜	South China Athletic Association
86	2	6:00	Navy Blue	Challenge Distance	Female Age Group 35-39	Sze Wing	Chan		Tritons Triathlon Club
87	2	6:00	Navy Blue	Challenge Distance	Female Age Group 35-39	Maggie	Lau		Sonic Sports Association
88	2	6:00	Navy Blue	Challenge Distance	Female Age Group 35-39	Jen	Hsieh		
89	2	6:00	Navy Blue	Challenge Distance	Female Age Group 35-39	yuanting	zhang	張媛婷	
90	2	6:00	Navy Blue	Challenge Distance	Female Age Group 35-39	Tsz Hang Rachel	Siu	邵芷衡	
91	2	6:00	Navy Blue	Challenge Distance	Female Age Group 40-44	THUHA	TRAN		Hong Kong Dragons Triathlon Club
92	2	6:00	Navy Blue	Challenge Distance	Female Age Group 40-44	Veronica	Llorca		Tritons Triathlon Club
93	2	6:00	Navy Blue	Challenge Distance	Female Age Group 40-44	YUI MING	LI	李銳明	Alpha Zone Sports
94	2	6:00	Navy Blue	Challenge Distance	Female Age Group 40-44	Amie	Shuttleworth-Waite		Mango Swimming Club
95	2	6:00	Navy Blue	Challenge Distance	Female Age Group 45-49	Elisa Anna Maria	Carnini		Hong Kong Dragons Triathlon Club
96	2	6:00	Navy Blue	Challenge Distance	Female Age Group 45-49	Melinda	Hand		
97	2	6:00	Navy Blue	Challenge Distance	Female Age Group 45-49	LAI PING	LEUNG	梁麗萍	Alpha Zone Sports
98	2	6:00	Navy Blue	Challenge Distance	Female Age Group 45-49	cin lam lisa	pun	潘羨霖	Sonic Sports Association
99	2	6:00	Navy Blue	Challenge Distance	Female Age Group 45-49	WAI KWAN CARINA	LI		
100	2	6:00	Navy Blue	Challenge Distance	Female Age Group 45-49	Begum	Demiral		

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101	2	6:00	Navy Blue	Challenge Distance	Female Age Group 50-54	Samantha	Holyoak		Tritons Triathlon Club
102	2	6:00	Navy Blue	Challenge Distance	Female Age Group 50-54	PUI YI ELIZABETH	TAM	譚佩儀	Crest Ray Recreation & Sports Club
103	2	6:00	Navy Blue	Challenge Distance	Female Age Group 55-59	HAU YI DORA	LI		Energetic Triathlon Shatin
104	2	6:00	Navy Blue	Challenge Distance	Female Age Group 55-59	Wing Yee	Cheung		Alpha Zone Sports
105	2	6:00	Navy Blue	Challenge Distance	Female Age Group 60-64	Suet king Tracy	Chung		
106	2	6:00	Navy Blue	Challenge Distance	Female Age Group 60-64	Angel, Yin Ling	Tsoi		Energetic Triathlon Shatin
107	3	6:05	Blue	Challenge Distance	Male Age Group 50-54	Derek	Chow		
108	3	6:05	Blue	Challenge Distance	Male Age Group 50-54	ATUL	DUTT		
109	3	6:05	Blue	Challenge Distance	Male Age Group 50-54	Chris	Molnar		
110	3	6:05	Blue	Challenge Distance	Male Age Group 50-54	Wai Yin	Yu	余偉賢	Galaxy Sports Triathlon
111	3	6:05	Blue	Challenge Distance	Male Age Group 50-54	Alexander	Liauw		
112	3	6:05	Blue	Challenge Distance	Male Age Group 50-54	Shu wai	Wan		Titan Triathlon
113	3	6:05	Blue	Challenge Distance	Male Age Group 50-54	Bun	Wong		Alpha Zone Sports
114	3	6:05	Blue	Challenge Distance	Male Age Group 50-54	Ka On	Yiu	姚家安	Sonic Sports Association
115	3	6:05	Blue	Challenge Distance	Male Age Group 50-54	federico	masin		Tritons Triathlon Club
116	3	6:05	Blue	Challenge Distance	Male Age Group 50-54	Wai Chung Christopher	Tong		Sonic Sports Association
117	3	6:05	Blue	Challenge Distance	Male Age Group 50-54	Jason	Edwards		Hong Kong Dragons Triathlon Club
118	3	6:05	Blue	Challenge Distance	Male Age Group 50-54	Jerry	Tang		Sonic Sports Association
119	3	6:05	Blue	Challenge Distance	Male Age Group 50-54	Sirieix	Laurent	罗仁	
120	3	6:05	Blue	Challenge Distance	Male Age Group 50-54	Kwok Kong teddy	Ho	何國光	
121	3	6:05	Blue	Challenge Distance	Male Age Group 50-54	Jesse	Plasman		
122	3	6:05	Blue	Challenge Distance	Male Age Group 50-54	Rupert	Puels		
123	3	6:05	Blue	Challenge Distance	Male Age Group 50-54	Richard	Hall		Hong Kong Football Club Swimming and Triathlon Society
124	3	6:05	Blue	Challenge Distance	Male Age Group 50-54	Pui Yuen	Wong	黃沛源	Pro-trinity Sports Club
125	3	6:05	Blue	Challenge Distance	Male Age Group 50-54	Duncan	BLACK		Hong Kong Dragons Triathlon Club
126	3	6:05	Blue	Challenge Distance	Male Age Group 50-54	Ricci	Yasin		Hong Kong Dragons Triathlon Club
127	3	6:05	Blue	Challenge Distance	Male Age Group 50-54	PIT HO	CHAN		Energetic Triathlon Shatin
128	3	6:05	Blue	Challenge Distance	Male Age Group 55-59	Jean-Philippe	Gal		Hong Kong Dragons Triathlon Club
129	3	6:05	Blue	Challenge Distance	Male Age Group 55-59	Sau Hoi	YIP	葉秀開	
130	3	6:05	Blue	Challenge Distance	Male Age Group 55-59	WAI KI	WU		Energetic Triathlon Shatin
131	3	6:05	Blue	Challenge Distance	Male Age Group 55-59	William	Chung		
132	3	6:05	Blue	Challenge Distance	Male Age Group 55-59	HONG	AU YEUNG	歐陽康	Mango Swimming Club
133	3	6:05	Blue	Challenge Distance	Male Age Group 55-59	Andy	Lee	李雲廣	
134	3	6:05	Blue	Challenge Distance	Male Age Group 55-59	Jack	Yee		
135	3	6:05	Blue	Challenge Distance	Male Age Group 55-59	Chung Ming	Leong		
136	3	6:05	Blue	Challenge Distance	Male Age Group 55-59	Alexander	Chapman		
137	3	6:05	Blue	Challenge Distance	Male Age Group 55-59	Kin Ho	Kan		
138	3	6:05	Blue	Challenge Distance	Male Age Group 55-59	kim cham	chan	陳劍燦	Alpha Zone Sports
139	3	6:05	Blue	Challenge Distance	Male Age Group 55-59	Koon Chor Ernest	Tse	謝冠初	
140	3	6:05	Blue	Challenge Distance	Male Age Group 55-59	Kwok Lun	Ho	何國倫	
141	3	6:05	Blue	Challenge Distance	Male Age Group 55-59	man kwong	cheung		Mango Swimming Club
142	3	6:05	Blue	Challenge Distance	Male Age Group 55-59	Bertram	Shi		Energetic Triathlon Shatin
143	3	6:05	Blue	Challenge Distance	Male Age Group 55-59	Tsz Cheung	Lam	林子祥	Tritons Triathlon Club
144	3	6:05	Blue	Challenge Distance	Male Age Group 55-59	Kevin Ying Wai	Lam	林應威	
145	3	6:05	Blue	Challenge Distance	Male Age Group 55-59	Hermann	Holst		
146	3	6:05	Blue	Challenge Distance	Male Age Group 55-59	Ying Fai	Lai		Tritons Triathlon Club
147	3	6:05	Blue	Challenge Distance	Male Age Group 55-59	Nigel	Mukherjee		
148	3	6:05	Blue	Challenge Distance	Male Age Group 60-64	CHUN KEUNG	CHIU		Energetic Triathlon Shatin
149	3	6:05	Blue	Challenge Distance	Male Age Group 60-64	Kenneth Nathaniel	Easter		
150	3	6:05	Blue	Challenge Distance	Male Age Group 60-64	ka fai	kwok	郭嘉輝	Crest Ray Recreation & Sports Club

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151	3	6:05	Blue	Challenge Distance	Male Age Group 60-64	TAK WA PAUL	KONG		Energetic Triathlon Shatin
152	3	6:05	Blue	Challenge Distance	Male Age Group 60-64	Kwok Ning	Lee		
153	3	6:05	Blue	Challenge Distance	Male Age Group 60-64	Jimmy Y K	Chau		South China Athletic Association
154	3	6:05	Blue	Challenge Distance	Male Age Group 60-64	Michael	Tse		Tritons Triathlon Club
155	3	6:05	Blue	Challenge Distance	Male Age Group 60-64	Bobby	Wu	胡志光	Alpha Zone Sports
156	3	6:05	Blue	Challenge Distance	Male Age Group 60-64	Marc Jacques	Abecassis		Tritons Triathlon Club
157	3	6:05	Blue	Challenge Distance	Male Age Group 60-64	YING HO	LEE		Sonic Sports Association
158	3	6:05	Blue	Challenge Distance	Male Age Group 60-64	Julius	Wang		Tritons Triathlon Club
159	3	6:05	Blue	Challenge Distance	Male Age Group 60-64	Ho Man Jonathan	Wong	黃可文	AustSports Association
160	3	6:05	Blue	Challenge Distance	Male Age Group 65 & Over	King Yuen	Chan	陳景源	New Sports Triathlon
161	3	6:05	Blue	Challenge Distance	Male Age Group 65 & Over	Stephen King Che	Chan		Energetic Triathlon Shatin
162	3	6:05	Blue	Challenge Distance	Male Age Group 65 & Over	YUE TANG	HO	何裕登	
163	3	6:05	Blue	Challenge Distance	Male Age Group 65 & Over	Fai Ming	Chan	陳揮明	AustSports Association
164	3	6:05	Blue	Challenge Distance	Male Age Group 65 & Over	Wang C	Yuen		
165	4	6:15	Pink	Challenge Distance	Male Age Group 40-44	Michael	Jacobs		
166	4	6:15	Pink	Challenge Distance	Male Age Group 40-44	Tak Kiu	Pun	潘德翹	Tritons Triathlon Club
167	4	6:15	Pink	Challenge Distance	Male Age Group 40-44	Iiu	chi kuen	廖志權	
168	4	6:15	Pink	Challenge Distance	Male Age Group 40-44	COLM	RAFFERTY		Hong Kong Dragons Triathlon Club
169	4	6:15	Pink	Challenge Distance	Male Age Group 40-44	Kevin	Chow		
170	4	6:15	Pink	Challenge Distance	Male Age Group 40-44	Lap Ken Kenneth	Lee	李立勤	Sonic Sports Association
171	4	6:15	Pink	Challenge Distance	Male Age Group 40-44	James	Smith		South China Athletic Association
172	4	6:15	Pink	Challenge Distance	Male Age Group 40-44	Ming Hei	Cheng		AustSports Association
173	4	6:15	Pink	Challenge Distance	Male Age Group 40-44	Wai Yin	Hau		
174	4	6:15	Pink	Challenge Distance	Male Age Group 40-44	Ho shun	Ngai	魏豪遜	
175	4	6:15	Pink	Challenge Distance	Male Age Group 40-44	Vasco	van der Flier		Hong Kong Football Club Swimming and Triathlon Society
176	4	6:15	Pink	Challenge Distance	Male Age Group 40-44	Sin Tui	Fung	馮善對	
177	4	6:15	Pink	Challenge Distance	Male Age Group 40-44	潤勁	劉		
178	4	6:15	Pink	Challenge Distance	Male Age Group 40-44	Alec Kam Lek	Quan		AustSports Association
179	4	6:15	Pink	Challenge Distance	Male Age Group 40-44	Luke	Schroder		
180	4	6:15	Pink	Challenge Distance	Male Age Group 40-44	MIU CHEUNG	SAU		Energetic Triathlon Shatin
181	4	6:15	Pink	Challenge Distance	Male Age Group 40-44	Suphathorn	Ramabutr		
182	4	6:15	Pink	Challenge Distance	Male Age Group 40-44	Sebastien	Noyelle		Hong Kong Dragons Triathlon Club
183	4	6:15	Pink	Challenge Distance	Male Age Group 40-44	sze chun	poon	潘詩峻	Sonic Sports Association
184	4	6:15	Pink	Challenge Distance	Male Age Group 40-44	Dominic	Berner		Hong Kong Dragons Triathlon Club
185	4	6:15	Pink	Challenge Distance	Male Age Group 40-44	Jarek	Barc		
186	4	6:15	Pink	Challenge Distance	Male Age Group 40-44	Henry	Shing		
187	4	6:15	Pink	Challenge Distance	Male Age Group 40-44	Ngok Pang Ronald	Chan	陳岳鵬	New Sports Triathlon
188	4	6:15	Pink	Challenge Distance	Male Age Group 40-44	KUN LEI	LAM	林冠灑	Alpha Zone Sports
189	4	6:15	Pink	Challenge Distance	Male Age Group 40-44	ho kit Jacky	Leung	梁豪傑	Aqua Gym Sport Association
190	4	6:15	Pink	Challenge Distance	Male Age Group 40-44	wai kit	woo	胡偉傑	
191	4	6:15	Pink	Challenge Distance	Male Age Group 40-44	cyril	gomez		
192	4	6:15	Pink	Challenge Distance	Male Age Group 40-44	Gump	Wong Yuk Hei	黃旭曦	
193	4	6:15	Pink	Challenge Distance	Male Age Group 40-44	shaun	woolnough		
194	4	6:15	Pink	Challenge Distance	Male Age Group 45-49	Tik Ho	Chum		
195	4	6:15	Pink	Challenge Distance	Male Age Group 45-49	max	wu		New Sports Triathlon
196	4	6:15	Pink	Challenge Distance	Male Age Group 45-49	Wai Ching	Har	夏偉正	
197	4	6:15	Pink	Challenge Distance	Male Age Group 45-49	Luis Guillermo	Cepeda Zamora		
198	4	6:15	Pink	Challenge Distance	Male Age Group 45-49	JASON	LEE		
199	4	6:15	Pink	Challenge Distance	Male Age Group 45-49	Fat Yee David	Sun	辛法義	

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200	4	6:15	Pink	Challenge Distance	Male Age Group 45-49	Ka Ho	Fan		Alpha Zone Sports
201	4	6:15	Pink	Challenge Distance	Male Age Group 45-49	Chun Yee Johnny	Lam	林俊而	
202	4	6:15	Pink	Challenge Distance	Male Age Group 45-49	Niek	Niensi		Hong Kong Dragons Triathlon Club
203	4	6:15	Pink	Challenge Distance	Male Age Group 45-49	KA WAH	LEE	李嘉華	The Little Dolphin Swimming Training Center
204	4	6:15	Pink	Challenge Distance	Male Age Group 45-49	chi wai	chan	陳子為	Excel Swim Sports Association
205	4	6:15	Pink	Challenge Distance	Male Age Group 45-49	Ching Wan	Yim	嚴青雲	
206	4	6:15	Pink	Challenge Distance	Male Age Group 45-49	Ping Chan	Mok	莫秉燦	Alpha Zone Sports
207	4	6:15	Pink	Challenge Distance	Male Age Group 45-49	Yu Chun Eugene	Wong		
208	4	6:15	Pink	Challenge Distance	Male Age Group 45-49	CHING FAI	LEUNG		Energetic Triathlon Shatin
209	4	6:15	Pink	Challenge Distance	Male Age Group 45-49	LOK MAN	CHOW	周洛文	Alpha Zone Sports
210	4	6:15	Pink	Challenge Distance	Male Age Group 45-49	Wai hung	Shek	石偉雄	
211	4	6:15	Pink	Challenge Distance	Male Age Group 45-49	Hing Wah	VOON	溫慶華	Alpha Zone Sports
212	4	6:15	Pink	Challenge Distance	Male Age Group 45-49	lan	Riddell		
213	4	6:15	Pink	Challenge Distance	Male Age Group 45-49	Chun Tak	Chan	陳俊德	
214	4	6:15	Pink	Challenge Distance	Male Age Group 45-49	PO KIN TIM	CHAN		
215	4	6:15	Pink	Challenge Distance	Male Age Group 45-49	Gary	LAI	黎志聰	
216	4	6:15	Pink	Challenge Distance	Male Age Group 45-49	chi wang	chan		Aqua Gym Sport Association
217	4	6:15	Pink	Challenge Distance	Male Age Group 45-49	Kin Lung	Leung	梁健龍	Energetic Triathlon Shatin
218	4	6:15	Pink	Challenge Distance	Male Age Group 45-49	David	Rundle		Hong Kong Dragons Triathlon Club
219	4	6:15	Pink	Challenge Distance	Male Age Group 45-49	Chi Lai Anthony	Lai		Sonic Sports Association
220	4	6:15	Pink	Challenge Distance	Male Age Group 45-49	Chun Yin	Mak	麥振賢	
221	4	6:15	Pink	Challenge Distance	Male Age Group 45-49	Chi Kin, Anthony	Luk	陸志堅	
222	4	6:15	Pink	Challenge Distance	Male Age Group 45-49	Hoi Tik	Kwong	鄺凱迪	Crest Ray Recreation & Sports Club
223	5	6:45	Navy Blue	TriKids Distance	Male TriKids 1	Tin Hang	Qu	邱天行	Sparkle Triathlon
224	5	6:45	Navy Blue	TriKids Distance	Male TriKids 1	Yeung	Kak Scott	楊格	Sparkle Triathlon
225	5	6:45	Navy Blue	TriKids Distance	Male TriKids 1	HO HIN	WOO		Energetic Triathlon Shatin
226	5	6:45	Navy Blue	TriKids Distance	Male TriKids 1	博睿	陳	陳博睿	
227	5	6:45	Navy Blue	TriKids Distance	Male TriKids 1	Lau	Pak Him	劉	Crest Ray Recreation & Sports Club
228	5	6:45	Navy Blue	TriKids Distance	Male TriKids 1	CHUN TING	TSANG	曾俊廷	First Ten Generation Team
229	5	6:45	Navy Blue	TriKids Distance	Male TriKids 1	Chun Kiu	Yu	虞竣喬	Sparkle Triathlon
230	5	6:45	Navy Blue	TriKids Distance	Male TriKids 1	MARTIN	CAI		
231	5	6:45	Navy Blue	TriKids Distance	Male TriKids 1	Yuet Fung Nikan	Yiu	饒越風	Alpha Zone Sports
232	5	6:45	Navy Blue	TriKids Distance	Male TriKids 1	CHI YIN IVIN	CHUNG	鍾至瑛	
233	5	6:45	Navy Blue	TriKids Distance	Male TriKids 1	Kwun cheong	Tsang	曾冠倡	First Ten Generation Team
234	5	6:45	Navy Blue	TriKids Distance	Male TriKids 1	Yat Hei Isaac	Poon	潘日希	Sparkle Triathlon
235	5	6:45	Navy Blue	TriKids Distance	Male TriKids 2	Man ding	Hung	洪民定	AustSports Association
236	5	6:45	Navy Blue	TriKids Distance	Male TriKids 2	YUI HIM	SOU		Energetic Triathlon Shatin
237	5	6:45	Navy Blue	TriKids Distance	Male TriKids 2	Chak Fung	Ng	吳澤豐	
238	5	6:45	Navy Blue	TriKids Distance	Male TriKids 2	Tin Lap	Qu	邱天立	Sparkle Triathlon
239	5	6:45	Navy Blue	TriKids Distance	Male TriKids 2	Vir	Dutt		
240	5	6:45	Navy Blue	TriKids Distance	Male TriKids 2	YAU HEI	TONG		Energetic Triathlon Shatin
241	5	6:45	Navy Blue	TriKids Distance	Male TriKids 2	Ching Long	Yan	殷靖朗	
242	5	6:45	Navy Blue	TriKids Distance	Male TriKids 2	Kai Shun Karson	Siu	蕭啓淳	
243	5	6:45	Navy Blue	TriKids Distance	Male TriKids 2	Hok Sum	Au		Sparkle Triathlon
244	5	6:45	Navy Blue	TriKids Distance	Male TriKids 2	Shing Hang	Fok	霍承亨	Energetic Triathlon Shatin
245	5	6:45	Navy Blue	TriKids Distance	Male TriKids 2	JIANGZHI	HU	胡江芷	Energetic Triathlon Shatin
246	5	6:45	Navy Blue	TriKids Distance	Male TriKids 2	Lap Yan	Kei	紀立人	Sparkle Triathlon
247	5	6:45	Navy Blue	TriKids Distance	Male TriKids 2	Yat Long Jay	Chan	陳逸朗	Energetic Triathlon Shatin
248	5	6:45	Navy Blue	TriKids Distance	Male TriKids 2	CHUNG YU	WONG		Energetic Triathlon Shatin
249	5	6:45	Navy Blue	TriKids Distance	Male TriKids 2	Pak Hei	LAU	劉栢希	Crest Ray Recreation & Sports Club

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250	5	6:45	Navy Blue	TriKids Distance	Male TriKids 2	Chun Yin Jaiurus	Lai	賴駿賢	Sparkle Triathlon
251	5	6:45	Navy Blue	TriKids Distance	Male TriKids 2	Leung	Tsz Him	梁梓謙	
252	5	6:45	Navy Blue	TriKids Distance	Male TriKids 2	Yu Aden	Kwok	郭宇	
253	5	6:45	Navy Blue	TriKids Distance	Male TriKids 2	Yik Sum, Sam	Kwok	郭奕琛	Alpha Zone Sports
254	5	6:45	Navy Blue	TriKids Distance	Male TriKids 2	Nok Norman	Chan	陳諾	The Little Dolphin Swimming Training Center
255	5	6:45	Navy Blue	TriKids Distance	Male TriKids 2	Ho Ting	Wong	黃浩庭	
256	5	6:45	Navy Blue	TriKids Distance	Male TriKids 2	Yat to Travis	Li		
257	5	6:45	Navy Blue	TriKids Distance	Male TriKids 2	Oi Hei	Chan	陳愛希	
258	5	6:45	Navy Blue	TriKids Distance	Male TriKids 2	San Mau Jacob	Mak	麥宸畝	Sparkle Triathlon
259	5	6:45	Navy Blue	TriKids Distance	Male TriKids 2	Sze Chai Damon	LAU		Energetic Triathlon Shatin
260	5	6:45	Navy Blue	TriKids Distance	Male TriKids 2	pak long Casper	chan	陳柏朗	Energetic Triathlon Shatin
261	5	6:45	Navy Blue	TriKids Distance	Male TriKids 2	Lok Tin Mike	Man	文洛天	AustSports Association
262	5	6:45	Navy Blue	TriKids Distance	Male TriKids 2	CHUN HIM LOUIS	WONG		Energetic Triathlon Shatin
263	5	6:45	Navy Blue	TriKids Distance	Male TriKids 2	Xianda	Wu		
264	6	6:47	Yellow	TriKids Distance	Female TriKids 1	Cheryl	Lau	劉森芮	First Ten Generation Team
265	6	6:47	Yellow	TriKids Distance	Female TriKids 1	Ka Pik Abigail	Mak	麥珈璧	Sparkle Triathlon
266	6	6:47	Yellow	TriKids Distance	Female TriKids 2	Cin Yee Cydnee	Chung		
267	6	6:47	Yellow	TriKids Distance	Female TriKids 2	Chin Yui	Chan	陳芊睿	AustSports Association
268	6	6:47	Yellow	TriKids Distance	Female TriKids 2	Hei Kiu	Ng	吳滄僑	AustSports Association
269	6	6:47	Yellow	TriKids Distance	Female TriKids 2	Tsz Ki	Chiu	趙梓棋	Alpha Zone Sports
270	6	6:47	Yellow	TriKids Distance	Female TriKids 2	JIANGQI	HU		Energetic Triathlon Shatin
271	6	6:47	Yellow	TriKids Distance	Female TriKids 2	Lok Yin Alicia	Lau	劉樂然	The Little Dolphin Swimming Training Center
272	6	6:47	Yellow	TriKids Distance	Female TriKids 2	Cheuk Lam	Chung	鍾焯琳	Energetic Triathlon Shatin
273	6	6:47	Yellow	TriKids Distance	Female TriKids 2	Mo Tung	Cheung		Alpha Zone Sports
274	6	6:47	Yellow	TriKids Distance	Female TriKids 2	Ceinwen	Chau	周翹慧	Energetic Triathlon Shatin
275	6	6:47	Yellow	TriKids Distance	Female TriKids 2	Ashley	Hall		
276	7	7:30	Pink	Sprint Distance	Male Elite Junior 1	WT Dominic	Carson	簡煒晉	Energetic Triathlon Shatin
277	7	7:30	Pink	Sprint Distance	Male Elite Junior 1	Pak Yiu Anson	Wong	黃柏堯	Energetic Triathlon Shatin
278	7	7:30	Pink	Sprint Distance	Male Elite Junior 1	Pu Chak	Yung		The Little Dolphin Swimming Training Center
279	7	7:30	Pink	Sprint Distance	Male Elite Junior 1	Pak Fan	Mok		Energetic Triathlon Shatin
280	7	7:30	Pink	Sprint Distance	Male Elite Junior 1	Po Shun Yemi	Yick		
281	7	7:30	Pink	Sprint Distance	Male Elite Junior 1	Yu Chak	Chow		Crest Ray Recreation & Sports Club
282	7	7:30	Pink	Sprint Distance	Male Elite Junior 1	Ka Hei Cyrus	Chan		
283	7	7:30	Pink	Sprint Distance	Male Elite Junior 1	Lok Shi	Lam		Energetic Triathlon Shatin
284	7	7:30	Pink	Sprint Distance	Male Elite Junior 1	Auscar	Tsang		Energetic Triathlon Shatin
285	7	7:30	Pink	Sprint Distance	Male Elite Junior 1	Nok Hei	Wong		The Little Dolphin Swimming Training Center
286	7	7:30	Pink	Sprint Distance	Male Elite Junior 1	Tsun Fung	Yim		Sparkle Triathlon
287	7	7:30	Pink	Sprint Distance	Male Elite Junior 1	Pak Long	Lai		Sparkle Triathlon
288	7	7:30	Pink	Sprint Distance	Male Elite Junior 1	Yan Tao	Shum		
289	7	7:30	Pink	Sprint Distance	Male Elite Junior 2	Yan Ho Philip	Chu		South China Athletic Association
290	7	7:30	Pink	Sprint Distance	Male Elite Junior 2	Pak Hoi	Chan		
291	7	7:30	Pink	Sprint Distance	Male Elite Junior 2	Wang Hin Ian	Fok		Energetic Triathlon Shatin
292	7	7:30	Pink	Sprint Distance	Male Elite Junior 2	Yui Fung	Chan		Energetic Triathlon Shatin
293	7	7:30	Pink	Sprint Distance	Male Elite Junior 2	Wai Chun	Tsang		AustSports Association
294	7	7:30	Pink	Sprint Distance	Male Elite Junior 2	Chak Lam	Wan		Energetic Triathlon Shatin
295	7	7:30	Pink	Sprint Distance	Male Elite Junior 2	Ka Ho	Wong		First Ten Generation Team
296	7	7:30	Pink	Sprint Distance	Male Elite Junior 2	Yip	Tsz Him		Energetic Triathlon Shatin
297	7	7:30	Pink	Sprint Distance	Male Junior 1	Yin	Kei	紀彥	Aqua Gym Sport Association
298	7	7:30	Pink	Sprint Distance	Male Junior 1	TSZ HIM	MOK	莫子謙	Galaxy Sports Triathlon

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299	7	7:30	Pink	Sprint Distance	Male Junior 1	nelson canyu	Lau	劉璨宇	
300	7	7:30	Pink	Sprint Distance	Male Junior 1	Shun Hei	Lau	劉信羲	
301	7	7:30	Pink	Sprint Distance	Male Junior 1	Tsz Yuen	Tse	謝梓源	
302	7	7:30	Pink	Sprint Distance	Male Junior 1	TSZ LEONG	LO	羅梓亮	
303	7	7:30	Pink	Sprint Distance	Male Junior 1	Chun Ming Marcus	Wu	胡晉銘	
304	7	7:30	Pink	Sprint Distance	Male Junior 1	CHI HIM RYAN	YAU	丘志謙	Galaxy Sports Triathlon
305	7	7:30	Pink	Sprint Distance	Male Junior 1	YIN LAM	CHAN		
306	7	7:30	Pink	Sprint Distance	Male Junior 2	siu wo	Au Yeung	歐陽兆和	The Little Dolphin Swimming Training Center
307	7	7:30	Pink	Sprint Distance	Male Junior 2	MAN TO	CHIU	趙文韜	Aqua Gym Sport Association
308	8	7:35	Navy Blue	Sprint Distance	Female Elite Junior 1	Anson	Lun		AustSports Association
309	8	7:35	Navy Blue	Sprint Distance	Female Elite Junior 1	Lai Ki Nicole	Man		Energetic Triathlon Shatin
310	8	7:35	Navy Blue	Sprint Distance	Female Elite Junior 1	Petra	Stamenovic		
311	8	7:35	Navy Blue	Sprint Distance	Female Elite Junior 1	Wan Tung	Wong		Energetic Triathlon Shatin
312	8	7:35	Navy Blue	Sprint Distance	Female Junior 1	Rachel, Kwan Kiu	Wong	黃君蓀	AustSports Association
313	8	7:35	Navy Blue	Sprint Distance	Female Junior 1	Nicole	Chau	Chau Lok	
314	8	7:35	Navy Blue	Sprint Distance	Female Junior 2	Hoi Ching	Lam	林海晴	
315	8	7:35	Navy Blue	Sprint Distance	Female Junior 2	Hiu Tung	Tang	鄧曉桐	
316	9	8:00	White	Discovery Distance	Male Elite Youth	Ho Chun	Au		Energetic Triathlon Shatin
317	9	8:00	White	Discovery Distance	Male Elite Youth	Ching Ho	Kwok		Crest Ray Recreation & Sports Club
318	9	8:00	White	Discovery Distance	Male Elite Youth	Chun Hei	Wong		The Little Dolphin Swimming Training Center
319	9	8:00	White	Discovery Distance	Male Elite Youth	Wai Ching Jesse	Cheung		
320	9	8:00	White	Discovery Distance	Male Elite Youth	Ngai Chun	Ting		Sparkle Triathlon
321	9	8:00	White	Discovery Distance	Male Elite Youth	Chak Yan Bosco	Wan		Energetic Triathlon Shatin
322	9	8:00	White	Discovery Distance	Male Elite Youth	Tze Kiu	Tam		Energetic Triathlon Shatin
323	9	8:00	White	Discovery Distance	Male Elite Youth	Cheuk Yin Desmond	Chau		Energetic Triathlon Shatin
324	9	8:00	White	Discovery Distance	Male Elite Youth	Cheuk Kiu	Ng		Energetic Triathlon Shatin
325	9	8:00	White	Discovery Distance	Male Elite Youth	Chi Yan Ian	Chung		
326	9	8:00	White	Discovery Distance	Male Youth 1	Chun Ching	Ting		Sparkle Triathlon
327	9	8:00	White	Discovery Distance	Male Youth 1	O	SHAM	岑敖	Galaxy Sports Triathlon
328	9	8:00	White	Discovery Distance	Male Youth 1	Chak Hei Jeffrey	Tsang	曾澤禧	
329	9	8:00	White	Discovery Distance	Male Youth 1	Fan	Tsz hin	樊梓軒	
330	9	8:00	White	Discovery Distance	Male Youth 1	Hin Curtis	Fan	范騫	Alpha Zone Sports
331	9	8:00	White	Discovery Distance	Male Youth 1	Ian	Wong	王喆	Energetic Triathlon Shatin
332	9	8:00	White	Discovery Distance	Male Youth 1	Pak Yin	Chu	朱珀賢	AustSports Association
333	9	8:00	White	Discovery Distance	Male Youth 1	TSZ WUN XAVIER	CHEUNG	張子桓	Crest Ray Recreation & Sports Club
334	9	8:00	White	Discovery Distance	Male Youth 1	Shing Hei	Ngan	顏承希	Energetic Triathlon Shatin
335	9	8:00	White	Discovery Distance	Male Youth 1	Theodore	Zhang	張天維	Mango Swimming Club
336	9	8:00	White	Discovery Distance	Male Youth 1	HUN MAN	NG	吳煊文	Sparkle Triathlon
337	9	8:00	White	Discovery Distance	Male Youth 1	Yat Hay Sky	Chan	陳逸希	Energetic Triathlon Shatin
338	9	8:00	White	Discovery Distance	Male Youth 1	Yik Hei	Lau	劉奕希	Energetic Triathlon Shatin
339	9	8:00	White	Discovery Distance	Male Youth 1	Ching Nok	FUNG	馮靖諾	
340	9	8:00	White	Discovery Distance	Male Youth 1	Pak yiu	Wong	黃柏堯	
341	9	8:00	White	Discovery Distance	Male Youth 1	Cheuk Yat Julien	Wong	黃焯一	Sparkle Triathlon
342	9	8:00	White	Discovery Distance	Male Youth 1	Leong Yin	Au	歐亮言	Sparkle Triathlon
343	9	8:00	White	Discovery Distance	Male Youth 1	YUI HANG	CHOI	蔡書珩	
344	9	8:00	White	Discovery Distance	Male Youth 1	Hao che	Chang	張浩哲	Crest Ray Recreation & Sports Club
345	9	8:00	White	Discovery Distance	Male Youth 1	Cheuk Nam Janko	Au	區卓嵐	Energetic Triathlon Shatin
346	9	8:00	White	Discovery Distance	Male Youth 1	Tsz Long	Chan	陳子朗	Energetic Triathlon Shatin
347	9	8:00	White	Discovery Distance	Male Youth 1	Troy	Zheng		

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348	9	8:00	White	Discovery Distance	Male Youth 2	SAU YIN	WU	胡守賢	Galaxy Sports Triathlon
349	9	8:00	White	Discovery Distance	Male Youth 2	TSZ LEONG LOUIE	CHENG	鄭梓亮	
350	9	8:00	White	Discovery Distance	Male Youth 2	chum	tsz ho	譚子皓	Aqua Gym Sport Association
351	9	8:00	White	Discovery Distance	Male Youth 2	Alban	Modiano	安班	South China Athletic Association
352	9	8:00	White	Discovery Distance	Male Youth 2	Kin To Kayden	Wong	黃健韜	
353	9	8:00	White	Discovery Distance	Male Youth 2	Tin Chak	Wong	黃天澤	
354	9	8:00	White	Discovery Distance	Male Youth 2	Mathis Hin Lun	Shum	沈衍輪	Galaxy Sports Triathlon
355	9	8:00	White	Discovery Distance	Male Youth 2	Edison	Wong		
356	9	8:00	White	Discovery Distance	Male Youth 2	HONG NAM	LAU	劉康楠	Alpha Zone Sports
357	9	8:00	White	Discovery Distance	Male Youth 2	Wai Yin	Chan	陳韋弦	Sparkle Triathlon
358	9	8:00	White	Discovery Distance	Male Youth 2	YAT LONG	LAM	林日朗	
359	9	8:00	White	Discovery Distance	Male Youth 2	Pok Yin	Tsang		Alpha Zone Sports
360	9	8:00	White	Discovery Distance	Male Youth 2	Pak Hei	Chan	陳柏僊	Galaxy Sports Triathlon
361	9	8:00	White	Discovery Distance	Male Youth 2	Lucas	Wong	王諾	Energetic Triathlon Shatin
362	9	8:00	White	Discovery Distance	Male Youth 2	Pak Lam Cass	Man	文柏藍	AustSports Association
363	10	8:05	Yellow	Discovery Distance	Female Elite Youth	Oi Yin	Chan		
364	10	8:05	Yellow	Discovery Distance	Female Elite Youth	Hayley	Tsang		Energetic Triathlon Shatin
365	10	8:05	Yellow	Discovery Distance	Female Elite Youth	Lok Tung	Wong		
366	10	8:05	Yellow	Discovery Distance	Female Elite Youth	Elise Modiano	Sarah		South China Athletic Association
367	10	8:05	Yellow	Discovery Distance	Female Elite Youth	Yuet Hei	Ng		Energetic Triathlon Shatin
368	10	8:05	Yellow	Discovery Distance	Female Youth 1	TSZ CHING	WU	胡芷菁	Galaxy Sports Triathlon
369	10	8:05	Yellow	Discovery Distance	Female Youth 1	YI	MA	馬懿	
370	10	8:05	Yellow	Discovery Distance	Female Youth 1	Hiu Yau	Yeung	楊曉悠	
371	10	8:05	Yellow	Discovery Distance	Female Youth 1	Heulwen	Chau	周焯慧	Energetic Triathlon Shatin
372	10	8:05	Yellow	Discovery Distance	Female Youth 2	Yi Chun	Chan	陳以臻	AustSports Association
373	10	8:05	Yellow	Discovery Distance	Female Youth 2	Adelyn	Wallace		Aqua Gym Sport Association
374	10	8:05	Yellow	Discovery Distance	Female Youth 2	Ching Yau Enya	Hung	孔菁滃	Alpha Zone Sports
375	10	8:05	Yellow	Discovery Distance	Female Youth 2	Hoi Kiu	Chung	鍾凱喬	Hoi Ngai Sports Association
376	11	8:10	Pink	Discovery Distance	Male Age Group 20-29	Ho Ching	Tsang	曾皓程	
377	11	8:10	Pink	Discovery Distance	Male Age Group 20-29	Jing Yi Andrew	Li	李景怡	Energetic Triathlon Shatin
378	11	8:10	Pink	Discovery Distance	Male Age Group 30-39	Kai Enoch	Kang	康愷	
379	11	8:10	Pink	Discovery Distance	Male Age Group 30-39	Chung Shun	Lee	李宗舜	Sonic Sports Association
380	11	8:10	Pink	Discovery Distance	Male Age Group 30-39	Abdelouahed	Benjelloun		Sonic Sports Association
381	11	8:10	Pink	Discovery Distance	Male Age Group 30-39	Oliver	Haas		South China Athletic Association
382	11	8:10	Pink	Discovery Distance	Male Age Group 30-39	Joshua Cho Yu	Tang	鄧祖瑜	Excel Swim Sports Association
383	11	8:10	Pink	Discovery Distance	Male Age Group 30-39	Kenneth	Chan		
384	11	8:10	Pink	Discovery Distance	Male Age Group 30-39	Ting Kwan	Fung	馮定軍	
385	11	8:10	Pink	Discovery Distance	Male Age Group 30-39	Nelson Ngai Long	Mak	麥毅朗	
386	11	8:10	Pink	Discovery Distance	Male Age Group 30-39	Ka Wai	Lam	林家璋	
387	11	8:10	Pink	Discovery Distance	Male Age Group 30-39	Hok yee Terence	Li	李學頤	Titan Triathlon
388	11	8:10	Pink	Discovery Distance	Male Age Group 30-39	Chow	Wing kin max	周永堅	
389	11	8:10	Pink	Discovery Distance	Male Age Group 30-39	Siu Ming Timothy	Wan	尹兆明	First Ten Generation Team
390	11	8:10	Pink	Discovery Distance	Male Age Group 30-39	HIN PONG	LEE	李顯邦	
391	11	8:10	Pink	Discovery Distance	Male Age Group 30-39	Chun Sum Samuel	Ho		
392	11	8:10	Pink	Discovery Distance	Male Age Group 40-49	Wing Shun Vincent	Cheng	鄭泳舜	
393	11	8:10	Pink	Discovery Distance	Male Age Group 40-49	Chung Wai	Tse		
394	11	8:10	Pink	Discovery Distance	Male Age Group 40-49	HON SUEN	MOK	莫翰遜	
395	11	8:10	Pink	Discovery Distance	Male Age Group 40-49	YUK KEUNG	LEE	李玉強	
396	11	8:10	Pink	Discovery Distance	Male Age Group 40-49	Matthias	Pou		

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397	11	8:10	Pink	Discovery Distance	Male Age Group 40-49	YUK TONG SIRIUS	LEE		Energetic Triathlon Shatin
398	11	8:10	Pink	Discovery Distance	Male Age Group 40-49	Man kit	Cheung	張文傑	
399	11	8:10	Pink	Discovery Distance	Male Age Group 40-49	Yau Moon	Tsai	蔡友滿	
400	11	8:10	Pink	Discovery Distance	Male Age Group 40-49	chen nien	kwok		
401	11	8:10	Pink	Discovery Distance	Male Age Group 40-49	SHANG	CAI		
402	11	8:10	Pink	Discovery Distance	Male Age Group 40-49	Robert	Small		
403	11	8:10	Pink	Discovery Distance	Male Age Group 40-49	MAN LUNG KENNETH	KO		
404	11	8:10	Pink	Discovery Distance	Male Age Group 40-49	Yin Wing, Jerry	Fu	符彥榮	
405	11	8:10	Pink	Discovery Distance	Male Age Group 40-49	JOY SHING	YUNG	翁載成	
406	11	8:10	Pink	Discovery Distance	Male Age Group 40-49	Ka Shing	Chick		
407	11	8:10	Pink	Discovery Distance	Male Age Group 40-49	Pui Wing	Ho	何根榮	
408	11	8:10	Pink	Discovery Distance	Male Age Group 40-49	Simon	Tasker		Hong Kong Dragons Triathlon Club
409	11	8:10	Pink	Discovery Distance	Male Age Group 40-49	Kin Fai	Lo	盧健輝	
410	11	8:10	Pink	Discovery Distance	Male Age Group 40-49	Wai Hung	Chan	陳偉洪	
411	11	8:10	Pink	Discovery Distance	Male Age Group 40-49	Kwok Hau	Chu	朱國孝	
412	11	8:10	Pink	Discovery Distance	Male Age Group 40-49	ting piu	chong		Titan Triathlon
413	11	8:10	Pink	Discovery Distance	Male Age Group 40-49	Stephen	Morgan		
414	11	8:10	Pink	Discovery Distance	Male Age Group 40-49	Ka Ho Lawrence	Wong	黃家灝	Sonic Sports Association
415	11	8:10	Pink	Discovery Distance	Male Age Group 40-49	Ace	Baiguen		
416	11	8:10	Pink	Discovery Distance	Male Age Group 50-59	SHU WAH JIMMY	WAN	溫樹華	Energetic Triathlon Shatin
417	11	8:10	Pink	Discovery Distance	Male Age Group 50-59	Chi Kit	Wong	黃智傑	
418	11	8:10	Pink	Discovery Distance	Male Age Group 50-59	Jeremy	Kwok	郭惠文	Alpha Zone Sports
419	11	8:10	Pink	Discovery Distance	Male Age Group 50-59	yosuke	oka	岡洋介	
420	11	8:10	Pink	Discovery Distance	Male Age Group 50-59	Kwong Tat	Chan	陳廣達	
421	11	8:10	Pink	Discovery Distance	Male Age Group 50-59	NG	KWOK WAI KEN	吳國偉	
422	11	8:10	Pink	Discovery Distance	Male Age Group 50-59	Kwong leung	Cheng	鄭光亮	
423	11	8:10	Pink	Discovery Distance	Male Age Group 50-59	Chi kong	IP	葉志剛	
424	11	8:10	Pink	Discovery Distance	Male Age Group 50-59	Siu Fo	Wong	黃少科	
425	11	8:10	Pink	Discovery Distance	Male Age Group 50-59	Vincent	Lee		AustSports Association
426	11	8:10	Pink	Discovery Distance	Male Age Group 50-59	HO YIN	MOK		
427	11	8:10	Pink	Discovery Distance	Male Age Group 60 & Over	LUI HUNG LAWRENCE	CHUNG		Energetic Triathlon Shatin
428	11	8:10	Pink	Discovery Distance	Male Age Group 60 & Over	YIN CHEONG	WONG		Energetic Triathlon Shatin
429	11	8:10	Pink	Discovery Distance	Male Age Group 60 & Over	富齡	譚	譚富齡	Energetic Triathlon Shatin
430	11	8:10	Pink	Discovery Distance	Male Age Group 60 & Over	Chi Ling Clement	Yeung	楊子凌	Alpha Zone Sports
431	11	8:10	Pink	Discovery Distance	Male Age Group 60 & Over	Wong	Lai Sing	黃勵昇	
432	11	8:10	Pink	Discovery Distance	Male Age Group 60 & Over	WING KWONG	IP		Energetic Triathlon Shatin
433	11	8:10	Pink	Discovery Distance	Male Age Group 60 & Over	CHI NGAI	LIN	連至毅	
434	12	8:15	Blue	Discovery Distance	Female Age Group 20-29	Yuen ching moose cullen	Hung	熊苑靖	Excel Swim Sports Association
435	12	8:15	Blue	Discovery Distance	Female Age Group 30-39	Judy	Yeung		Sonic Sports Association
436	12	8:15	Blue	Discovery Distance	Female Age Group 30-39	WING HIN MONICA	LEUNG		Energetic Triathlon Shatin
437	12	8:15	Blue	Discovery Distance	Female Age Group 30-39	Amy	Miao	苗淑帆	South China Athletic Association
438	12	8:15	Blue	Discovery Distance	Female Age Group 30-39	Yuen Wa	Cheung	張婉華	
439	12	8:15	Blue	Discovery Distance	Female Age Group 30-39	Tania	Tasker		
440	12	8:15	Blue	Discovery Distance	Female Age Group 30-39	Emily	Wong		
441	12	8:15	Blue	Discovery Distance	Female Age Group 40-49	Naoko	Wada-Thomas		
442	12	8:15	Blue	Discovery Distance	Female Age Group 40-49	Kwan yee	Tam		
443	12	8:15	Blue	Discovery Distance	Female Age Group 40-49	Sarah	Wersborg		Tritons Triathlon Club
444	12	8:15	Blue	Discovery Distance	Female Age Group 40-49	Nga Yee	Li	李雅怡	Energetic Triathlon Shatin
445	12	8:15	Blue	Discovery Distance	Female Age Group 40-49	Ho Suet	Li	李皓雪	Alpha Zone Sports
446	12	8:15	Blue	Discovery Distance	Female Age Group 40-49	Tan Tan	Wong	王丹丹	

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447	12	8:15	Blue	Discovery Distance	Female Age Group 40-49	Chunhua	Ou		
448	12	8:15	Blue	Discovery Distance	Female Age Group 50-59	Joan	Tsang		
449	12	8:15	Blue	Discovery Distance	Female Age Group 50-59	SHUK HAN KAREN	LUI		Energetic Triathlon Shatin
450	12	8:15	Blue	Discovery Distance	Female Age Group 50-59	Monet	Tsang	曾佩霞	
451	12	8:15	Blue	Discovery Distance	Female Age Group 50-59	Yammie	Wong	黃秀媚	
452	12	8:15	Blue	Discovery Distance	Female Age Group 50-59	Ching Yi	Li	李靜儀	Energetic Triathlon Shatin
453	12	8:15	Blue	Discovery Distance	Female Age Group 50-59	wai fun	LIU		Sonic Sports Association
454	12	8:15	Blue	Discovery Distance	Female Age Group 50-59	Clare	Au Young		
455	12	8:15	Blue	Discovery Distance	Female Age Group 60 & Over	Mei Yi	KWOK	郭美儀	
456	12	8:15	Blue	Discovery Distance	Female Age Group 60 & Over	Shuk Wah	Chu		
457	12	8:15	Blue	Discovery Distance	Female Age Group 60 & Over	Lai Yin	Cheng	鄭麗燕	