

2024 Duathlon Series - Race 1 Start List (updated on 16/02/2024)

Race No	Heat	Start Time	Last Name	First Name	Chinese Name	Race Category	Race Category (Age)	Club
1	1	6:40	Chan	Ho Kwan	陳灝鈞	Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Elite Open	
2	1	6:40	Medd	George		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 20-24	Hong Kong Dragons Triathlon Club
3	1	6:40	Cheuk	CHUN HIM ALVIN		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 20-24	Energetic Triathlon Shatin
4	1	6:40	Leung	King Ching	梁景程	Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 20-24	Galaxy Sports Triathlon
5	1	6:40	Chiu	Long Kit	趙朗傑	Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 20-24	New Sports Triathlon
6	1	6:40	Siu	Leong Wa Marcus	蕭亮華	Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 20-24	First Ten Generation Team
7	1	6:40	Liu	Sean		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 25-29	
8	1	6:40	Duk	Ruben Willem Maarten		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 25-29	Hong Kong Dragons Triathlon Club
9	1	6:40	Tang	Hon Man	鄧翰文	Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 25-29	
10	1	6:40	Choi	Chun Yin	蔡俊賢	Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 25-29	
11	1	6:40	Tsang	Faan Wing	曾繁穎	Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 25-29	Crest Ray Recreation & Sports Club
12	1	6:40	Piercy	James		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 25-29	
13	1	6:40	Fuller	Maxwell		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 25-29	Hong Kong Dragons Triathlon Club
14	1	6:40	Hung	Sze Yu		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 30-34	Sonic Sports Association
15	1	6:40	Carreno Cerrillo	David		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 30-34	
16	1	6:40	Bernabeu Roig	Antoni		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 30-34	
17	1	6:40	Hunter-Miller	Lawrence		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 30-34	
18	1	6:40	Lemaire	Thibaud		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 30-34	Sonic Sports Association
19	1	6:40	Wong	Ying Yeung	黃英洋	Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 30-34	
20	1	6:40	Lam	TSZ SHUN	林子洵	Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 30-34	Crest Ray Recreation & Sports Club
21	1	6:40	Choi	Sze Kam		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 30-34	Aqua Gym Sport Association
22	1	6:40	Chiu	Tsz Fung	趙子峰	Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 30-34	Sonic Sports Association
23	1	6:40	Han	Jin	韓金	Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 30-34	
24	1	6:40	Chan	Tze Chun	陳子浚	Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 30-34	
25	1	6:40	Lai	Pak Yin		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 35-39	
26	1	6:40	Kang	Kai Enoch	康愷	Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 35-39	
27	1	6:40	Chan Junkin	Kyle		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 35-39	
28	1	6:40	Kusunoki	Hidenori		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 35-39	
29	1	6:40	Roudier	Nicolas		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 35-39	
30	1	6:40	Wan	Ka ming	雲家明	Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 35-39	
31	1	6:40	Ho	SING CHI	何星志	Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 35-39	
32	1	6:40	Ma	Sean		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 35-39	Titan Triathlon
33	1	6:40	Suen	Wai Iun	孫偉倫	Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 35-39	
34	1	6:40	Kwong	Wai Hoo	鄺偉豪	Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 35-39	Crest Ray Recreation & Sports Club
35	1	6:40	DELESALLE	QUENTIN		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 35-39	
36	1	6:40	Leung	Son Keng	梁順敬	Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 40-44	
37	1	6:40	Leung	Elton	梁栢康	Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 40-44	Sonic Sports Association
38	1	6:40	Leung	Yu Kin		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 40-44	First Ten Generation Team
39	1	6:40	De Guzman	Johnny		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 40-44	
40	1	6:40	Lee	Lap Ken Kenneth	李立勤	Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 40-44	Sonic Sports Association
41	1	6:40	Li	Wai Sum Brandon		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 40-44	Sonic Sports Association
42	1	6:40	Cheung	Ki Fung	蔣淇峰	Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 40-44	First Ten Generation Team
43	1	6:40	Tsui	Man Kit	徐文傑	Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 40-44	

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44	1	6:40	Chick	Ka Shing		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 40-44	
45	1	6:40	Li	Ka Chun		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 40-44	Titan Triathlon
46	1	6:40	Cheung	Chun Hei	張駿禧	Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 40-44	First Ten Generation Team
47	1	6:40	Wong	Ka Ho Lawrence	黃家灝	Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 40-44	Sonic Sports Association
48	1	6:40	Lau	kam chung	劉錦聰	Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 40-44	First Ten Generation Team
49	1	6:40	Fenot	Guilhem		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 40-44	
50	1	6:40	Kwok Man	Pang		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 40-44	
51	1	6:40	Burbidge	John		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 40-44	
52	1	6:40	Woo	Wai Kit	胡偉傑	Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 40-44	
53	1	6:40	Leung	Ho Kit Jacky	梁豪傑	Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 40-44	Aqua Gym Sport Association
54	1	6:40	Wong Yuk Hei	Gump	黃旭曦	Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 40-44	
55	1	6:40	Sau	Miu Cheung		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 40-44	Energetic Triathlon Shatin
56	1	6:40	Chan	Wai Lun	陳偉倫	Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 45-49	
57	1	6:40	Leung	Ka Yi	梁家怡	Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 45-49	Sonic Sports Association
58	1	6:40	Lai	Wan Fung	賴耘峯	Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 45-49	First Ten Generation Team
59	1	6:40	Frecon	Gregoire		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 45-49	
60	1	6:40	Law	Kin Tak	羅建德	Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 45-49	
61	1	6:40	Fan	Ka Ho		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 45-49	Alpha Zone Sports
62	1	6:40	Lai	Chi Lai Anthony		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 45-49	Sonic Sports Association
63	1	6:40	Mak	Chun Yin	麥振賢	Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 45-49	
64	1	6:40	Cheung	Man kit	張文傑	Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 45-49	
65	1	6:40	LU	TIN CHI KEN		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 45-49	
66	1	6:40	Giangrande	Mario		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 50-54	Hong Kong Dragons Triathlon Club
67	1	6:40	Wong	Pui Yuen	黃沛源	Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 50-54	Pro-trinity Sports Club
68	1	6:40	Holmqvist	Stefan		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 50-54	Aqua Gym Sport Association
69	1	6:40	Corno	Yvan		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 50-54	Sonic Sports Association
70	1	6:40	CHAN	PIT HO		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 50-54	Energetic Triathlon Shatin
71	1	6:40	WU	KAI CHUN	胡繼振	Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 55-59	
72	1	6:40	WU	WAI KI		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 55-59	Energetic Triathlon Shatin
73	1	6:40	Shi	Bertram		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 55-59	Energetic Triathlon Shatin
74	1	6:40	Tripodoro	Alejandro		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 55-59	
75	1	6:40	AU YEUNG	HONG	歐陽康	Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 55-59	Mango Swimming Club
76	1	6:40	cheung	man kwong		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 55-59	Mango Swimming Club
77	1	6:40	Lai	Ying Fai		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 55-59	Tritons Triathlon Club
78	1	6:40	Easter	Kenneth		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 60-64	
79	1	6:40	LEE	YING HO		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 60-64	Sonic Sports Association
80	1	6:40	Chan	King Yuen	陳景源	Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 65 & Over	New Sports Triathlon
81	1	6:40	Chan	Stephen King Che		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 65 & Over	Energetic Triathlon Shatin
82	1	6:40	Chan	Fai Ming	陳揮明	Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 65 & Over	AustSports Association
83	1	6:40	LAM	CHUNG SANG		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Male Age Group 45-49	Energetic Triathlon Shatin
84	2	6:50	TANG	TAMMY	鄧盈双	Challenge Distance (Run 2km > Bike 30km > Run 8km)	Female Age Group 20-24	
85	2	6:50	Leung	Hoi Yan		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Female Age Group 30-34	
86	2	6:50	Middendorp	JJ		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Female Age Group 30-34	

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87	2	6:50	Arellano	Katrina Gayle		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Female Age Group 30-34	
88	2	6:50	Bentley	Gillian		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Female Age Group 30-34	Sonic Sports Association
89	2	6:50	Ng	Chau Yu	伍鈿瑜	Challenge Distance (Run 2km > Bike 30km > Run 8km)	Female Age Group 30-34	South China Athletic Association
90	2	6:50	Ros	Elisa		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Female Age Group 30-34	
91	2	6:50	LI	YUI MING	李銳明	Challenge Distance (Run 2km > Bike 30km > Run 8km)	Female Age Group 40-44	Alpha Zone Sports
92	2	6:50	Lee	Janice		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Female Age Group 40-44	Sonic Sports Association
93	2	6:50	Carnini	Elisa		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Female Age Group 45-49	
94	2	6:50	LI	WAI KWAN CARINA		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Female Age Group 45-49	
95	2	6:50	WONG	MUI CHRISTINA	黃梅	Challenge Distance (Run 2km > Bike 30km > Run 8km)	Female Age Group 50-54	Mango Swimming Club
96	2	6:50	TAM	PUI YI ELIZABETH	譚佩儀	Challenge Distance (Run 2km > Bike 30km > Run 8km)	Female Age Group 50-54	Crest Ray Recreation & Sports Club
97	2	6:50	LI	HAU YI DORA		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Female Age Group 55-59	Energetic Triathlon Shatin
98	2	6:50	Tsoi	Angel, Yin Ling		Challenge Distance (Run 2km > Bike 30km > Run 8km)	Female Age Group 60-64	Energetic Triathlon Shatin
99	3	7:00	chan	ching fung	陳政鋒	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Age Group 20-29	
100	3	7:00	Chan	Ka Chun, Kevin	陳家俊	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Age Group 20-29	Aqua Gym Sport Association
101	3	7:00	Ching	Ho Kwong Billy	程浩光	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Age Group 20-29	New Sports Triathlon
102	3	7:00	Ang	Dylan	汪凱豪	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Age Group 20-29	
103	3	7:00	Li	Hok yee Terence	李學頌	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Age Group 30-39	Titan Triathlon
104	3	7:00	Wong	Chik Wai Jason	黃植煒	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Age Group 30-39	
105	3	7:00	Leung	Michael	梁達志	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Age Group 40-49	
106	3	7:00	MOK	HON SUEN	莫翰遜	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Age Group 40-49	
107	3	7:00	Tse	Chung Wai		Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Age Group 40-49	
108	3	7:00	Chau	Gerard	周志立	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Age Group 40-49	Energetic Triathlon Shatin
109	3	7:00	Leung	Wai lun	梁瑋倫	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Age Group 40-49	
110	3	7:00	Law	Lok		Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Age Group 40-49	Titan Triathlon
111	3	7:00	CHEN	CHRIS		Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Age Group 40-49	Energetic Triathlon Shatin
112	3	7:00	LAU	MAN CHEUNG		Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Age Group 40-49	Energetic Triathlon Shatin
113	3	7:00	Yung	Joy Shing	翁載成	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Age Group 40-49	
114	3	7:00	chong	ting piu		Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Age Group 40-49	Titan Triathlon
115	3	7:00	WAN	SHU WAH JIMMY	溫樹華	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Age Group 50-59	Energetic Triathlon Shatin
116	3	7:00	CHEUNG	CHI HO ERIC		Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Age Group 50-59	Energetic Triathlon Shatin
117	3	7:00	oka	yosuke	岡洋介	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Age Group 50-59	
118	3	7:00	CHOW	CHIU KIN		Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Age Group 50-59	Energetic Triathlon Shatin
119	3	7:00	Lee	Vincent		Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Age Group 50-59	AustSports Association
120	3	7:00	Cheng	Kwong leung	鄭光亮	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Age Group 50-59	
121	3	7:00	Yeung	Chi Ling Clement	楊子凌	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Age Group 60 & Over	Alpha Zone Sports
122	3	7:00	Poon	Po Wah	潘寶華	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Age Group 60 & Over	
123	3	7:00	WONG	YIN CHEONG		Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Age Group 60 & Over	Energetic Triathlon Shatin
124	3	7:00	CHUNG	LUI HUNG LAWRENCE		Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Age Group 60 & Over	Energetic Triathlon Shatin
125	3	7:00	Fang	Kwok For	房國科	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Junior 1	Aqua Gym Sport Association
126	3	7:00	Wong	Lok Sum	黃鎡森	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Junior 1	
127	3	7:00	Tse	Tsz Yuen	謝梓源	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Junior 1	
128	3	7:00	Ng	Yat Long, Marcus	伍溢朗	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Junior 1	Galaxy Sports Triathlon
129	3	7:00	NG	YUI FUNG	吳睿峰	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Junior 1	

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130	3	7:00	Lau	Shun Hei	劉信義	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Junior 1	
131	3	7:00	Kei	Yin	紀彥	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Junior 1	Aqua Gym Sport Association
132	3	7:00	CHAN	YIN LAM		Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Junior 1	Energetic Triathlon Shatin
133	3	7:00	Wan	Wesley	溫政軒	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Junior 1	
134	3	7:00	MOK	TSZ HIM	莫子謙	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Junior 1	Galaxy Sports Triathlon
135	3	7:00	Wu	Chun Ming Marcus	胡晉銘	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Junior 1	
136	3	7:00	YAU	CHI HIM RYAN	丘志謙	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Junior 1	
137	3	7:00	Kwan	Lok Chun Andrew	關樂晉	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Junior 2	
138	3	7:00	Au Yeung	siu wo	歐陽兆和	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Junior 2	The Little Dolphin Swimming Training Center
139	3	7:00	Cheung	Lap Fai	張立輝	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Junior 2	Aqua Gym Sport Association
140	3	7:00	Tung	Lok Ping	董樂平	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Junior 2	Galaxy Sports Triathlon
141	3	7:00	Lui	Tsun Kiu	呂峻翹	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Junior 2	Compass Sports Association
142	3	7:00	Chu	Yan Ho Philip	朱昕浩	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Elite Junior 2	
143	3	7:00	Chan	Pak Hoi	陳柏愷	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Elite Junior 2	
144	3	7:00	Lo	Hin Ching	盧衍澄	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Elite Junior 2	Energetic Triathlon Shatin
145	3	7:00	Tsang	Wai Tsun	曾澤澹	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Elite Junior 2	AustSports Association
146	3	7:00	Yick	Po Shun Yemi	易甫鏘	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Elite Junior 1	
147	3	7:00	Chow	Yu Chak	周雨澤	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Elite Junior 1	Energetic Triathlon Shatin
148	3	7:00	Chan	Ka Hei Cyrus	陳家晞	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Elite Junior 1	
149	3	7:00	Chan	Yui Fung		Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Elite Junior 2	Energetic Triathlon Shatin
150	3	7:00	Shum	Yan To		Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Elite Junior 1	Galaxy Sports Triathlon
151	3	7:00	Lai	Pak Long		Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Elite Junior 1	Sparkle Triathlon
152	3	7:00	Tsang	Wai Chun		Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Elite Junior 2	AustSports Association
153	3	7:00	Wan	Chak Lam		Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Elite Junioe 2	Energetic Triathlon Shatin
154	3	7:00	Wong	Nok Hei		Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Elite Junior 1	
155	3	7:00	Lam	Lok Shi		Sprint Distance (Run 2km > Bike 20km > Run 4km)	Male Elite Junior 1	Energetic Triathlon Shatin
156	4	7:10	ONG	Michelle Tsui	楊雨鑫	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Female Age Group 20-29	Aqua Gym Sport Association
157	4	7:10	Shek	Yan Sin	石欣蓓	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Female Age Group 30-39	New Sports Triathlon
158	4	7:10	Tsoi	Sze Man	蔡思敏	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Female Age Group 30-39	
159	4	7:10	Yeung	Judy	Judy Yeung	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Female Age Group 30-39	Sonic Sports Association
160	4	7:10	LEUNG	WING HIN MONICA		Sprint Distance (Run 2km > Bike 20km > Run 4km)	Female Age Group 30-39	Energetic Triathlon Shatin
161	4	7:10	Lau	Wai yin		Sprint Distance (Run 2km > Bike 20km > Run 4km)	Female Age Group 30-39	
162	4	7:10	Ng	Hoi Yan	吳鎧昕	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Female Age Group 30-39	
163	4	7:10	Cheng	Kong Yi		Sprint Distance (Run 2km > Bike 20km > Run 4km)	Female Age Group 40-49	
164	4	7:10	Shek	Sin Yee	石倩儀	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Female Age Group 40-49	
165	4	7:10	LUI	SHUK HAN KAREN		Sprint Distance (Run 2km > Bike 20km > Run 4km)	Female Age Group 50-59	Energetic Triathlon Shatin
166	4	7:10	Chow	Echo	周慧儀	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Female Age Group 50-59	
167	4	7:10	Wong	Rachel, Kwan Kiu	黃君蕎	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Female Junior 1	AustSports Association
168	4	7:10	Chau	Nicole		Sprint Distance (Run 2km > Bike 20km > Run 4km)	Female Junior 1	
169	4	7:10	LAU	WING CHI	劉泳姿	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Female Junior 1	Galaxy Sports Triathlon
170	4	7:10	KOO	HIU LAM	顧曉琳	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Female Junior 2	Energetic Triathlon Shatin
171	4	7:10	Lam	Hoi Ching	林海晴	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Female Junior 2	
172	4	7:10	Tang	Hiu Tung	鄧曉桐	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Female Junior 2	

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173	4	7:10	Wong	Wan Tung	黃允彤	Sprint Distance (Run 2km > Bike 20km > Run 4km)	Female Elite Junior 1	Energetic Triathlon Shatin
174	5	7:30	Ting	Chun Ching	丁進澄	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Male 12-13	Sparkle Triathlon
175	5	7:30	Leung	Philip	梁飛	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Male 12-13	
176	5	7:30	Chow	Hei Shing Samuel	周熙成	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Male 12-13	First Ten Generation Team
177	5	7:30	Cheung	Ying Yeung	張英揚	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Male 12-13	Aqua Gym Sport Association
178	5	7:30	NG	HUN MAN	吳煊文	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Male 12-13	Sparkle Triathlon
179	5	7:30	Chu	Ting yui	朱靈睿	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Male 12-13	AustSports Association
180	5	7:30	Chu	Wang yui	朱泓睿	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Male 12-13	AustSports Association
181	5	7:30	Tsang	Chak Hei Jeffrey	曾澤禧	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Male 12-13	
182	5	7:30	SHAM	O	岑敖	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Male 12-13	Galaxy Sports Triathlon
183	5	7:30	yeung	ka kiu	楊傢喬	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Male 12-13	Alpha Zone Sports
184	5	7:30	Chan	Yat Hay Sky	陳逸希	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Male 12-13	Energetic Triathlon Shatin
185	5	7:30	CHEUNG	TSZ WUN XAVIER	張子桓	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Male 12-13	Crest Ray Recreation & Sports Club
186	5	7:30	Fan	Hin Curtis	范騫	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Male 12-13	Alpha Zone Sports
187	5	7:30	Wong	Cheuk Yat Julien	黃焯一	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Male 12-13	Sparkle Triathlon
188	5	7:30	Au	Leong Yin	歐亮言	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Male 12-13	Sparkle Triathlon
189	5	7:30	Wong	Ian	王喆	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Male 12-13	Energetic Triathlon Shatin
190	5	7:30	Ngan	Shing Hei	顏承希	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Male 12-13	Energetic Triathlon Shatin
191	5	7:30	CHOI	YUI HANG	蔡睿珩	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Male 12-13	
192	5	7:30	Chan	Tsz Long	陳子朗	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Male 12-13	Energetic Triathlon Shatin
193	5	7:30	Chang	Hao che	張浩哲	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Male 12-13	Crest Ray Recreation & Sports Club
194	5	7:30	Au	Cheuk Nam Janko	區卓嵐	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Male 12-13	Energetic Triathlon Shatin
195	5	7:30	Leung	John	梁璋	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Male 14-15	
196	5	7:30	Au Yeung	Yan Ho	歐陽殷豪	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Male 14-15	Aqua Gym Sport Association
197	5	7:30	WU	SAU YIN	胡守賢	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Male 14-15	Galaxy Sports Triathlon
198	5	7:30	LAM	YAT LONG	林日朗	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Male 14-15	
199	5	7:30	Siu	Enoch	蕭以樂	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Male 14-15	
200	5	7:30	Chan	Kwan Shing	陳君丞	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Male 14-15	
201	5	7:30	Chan	Anson	陳禮彥	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Male 14-15	
202	5	7:30	LAU	HONG NAM	劉康楠	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Male 14-15	Alpha Zone Sports
203	5	7:30	Wong	Tin Chak	黃天澤	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Male 14-15	
204	5	7:30	Wong	Lucas	王諾	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Male 14-15	Energetic Triathlon Shatin
205	5	7:30	Chan	Pak Hei	陳柏僊	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Male 14-15	
206	5	7:30	Tsang	Pok Yin		Discovery Distance (Run 2km > Bike 10km > Run 2km)	Male 14-15	Alpha Zone Sports
207	5	7:30	Man	Pak Lam Cass	文柏藍	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Male 14-15	AustSports Association
208	5	7:30	Chan	Wai Yin	陳韋弦	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Male 14-15	Sparkle Triathlon
209	5	7:30	Shum	Mathis Hin Lun	沈衍輪	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Male 14-15	Galaxy Sports Triathlon
210	5	7:30	Au	Ho Chun	區皓駿	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Male Elite Youth	Energetic Triathlon Shatin
211	5	7:30	Kwok	Ching Ho	郭鈺灝	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Male Elite Youth	Crest Ray Recreation & Sports Club
212	5	7:30	Wong	Chun Hei	黃俊僊	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Male Elite Youth	
213	5	7:30	Cheung	Wai Ching Jesse	張維正	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Male Elite Youth	
214	5	7:30	Tam	Tze Kiu	譚子翹	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Male Elite Youth	Energetic Triathlon Shatin
215	5	7:30	Chau	Cheuk Yin Desmond	周卓賢	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Male Elite Youth	Energetic Triathlon Shatin

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216	5	7:30	Ng	Cheuk Kiu	吳卓翹	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Male Elite Youth	Energetic Triathlon Shatin
217	5	7:30	Chung	Chi Yan Ian	鍾智仁	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Male Elite Youth	
218	5	7:30	Wan	Chak Yan		Discovery Distance (Run 2km > Bike 10km > Run 2km)	Male Elite Youth	Energetic Triathlon Shatin
219	5	7:30	Ting	Ngai Chun		Discovery Distance (Run 2km > Bike 10km > Run 2km)	Male Elite Youth	Sparkle Triathlon
220	6	7:40	Chung	Cin Yee Cydnee	鍾倩兒	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Female 12-13	
221	6	7:40	Yuen	Yee Tung	袁漪彤	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Female 12-13	Galaxy Sports Triathlon
222	6	7:40	WU	TSZ CHING	胡芷菁	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Female 12-13	Galaxy Sports Triathlon
223	6	7:40	Chan	Kwan Yuen	陳崑緣	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Female 12-13	Galaxy Sports Triathlon
224	6	7:40	Lai	Jacey	賴朗恩	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Female 12-13	First Ten Generation Team
225	6	7:40	Chau	Heulwen	周烜慧	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Female 12-13	Energetic Triathlon Shatin
226	6	7:40	MA	YI	馬懿	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Female 12-13	
227	6	7:40	LEUNG	SZE YAN	梁詩恩	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Female 12-13	The Little Dolphin Swimming Training Center
228	6	7:40	Yeung	Hiu Yau	楊曉悠	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Female 12-13	
229	6	7:40	Siu	Yik Ching	蕭亦晴	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Female 14-15	
230	6	7:40	Siu	Yik Nam	蕭亦嵐	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Female 14-15	
231	6	7:40	Lo	Lesley	羅海桐	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Female 14-15	First Ten Generation Team
232	6	7:40	Wallace	Adelyn		Discovery Distance (Run 2km > Bike 10km > Run 2km)	Female 14-15	Aqua Gym Sport Association
233	6	7:40	Chung	Hoi Kiu	鍾凱喬	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Female 14-15	Hoi Ngai Sports Association
234	6	7:40	Chan	Yi Chun	陳以臻	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Female 14-15	AustSports Association
235	6	7:40	Chan	Oi Yin	陳愛妍	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Female Elite Youth	
236	6	7:40	Ng	Yuet Hei	吳悅曦	Discovery Distance (Run 2km > Bike 10km > Run 2km)	Female Elite Youth	
237	6	7:40	LAM	TSZ YEE		Discovery Distance (Run 2km > Bike 10km > Run 2km)	Female 14-15	Energetic Triathlon Shatin
238	6	7:40	Wong	Lok Tung		Discovery Distance (Run 2km > Bike 10km > Run 2km)	Female Elite Youth	
239	7	9:30	Fok	Shing Hang	霍承亨	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 10-11	
240	7	9:30	Yan	Ching Long	殷靖朗	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 10-11	AustSports Association
241	7	9:30	SOU	YUI HIM		TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 10-11	Energetic Triathlon Shatin
242	7	9:30	Ng	Chak Fung	吳澤豐	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 10-11	
243	7	9:30	Leung	Pui Hin kenan	梁沛軒	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 10-11	
244	7	9:30	Fan	Ngai Carlos		TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 10-11	Alpha Zone Sports
245	7	9:30	YUEN	YAT HEI	袁溢希	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 10-11	First Ten Generation Team
246	7	9:30	Ma	Fai Chi	馬暉智	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 10-11	Galaxy Sports Triathlon
247	7	9:30	Lai	Chun Yin Jairus	賴駿賢	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 10-11	Sparkle Triathlon
248	7	9:30	CHAN	CHING YEUNG OCEAN		TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 10-11	Energetic Triathlon Shatin
249	7	9:30	LO	CHUN ON AIDEN		TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 10-11	Energetic Triathlon Shatin
250	7	9:30	TONG	YAU HEI		TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 10-11	Energetic Triathlon Shatin
251	7	9:30	TANG	YIU		TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 10-11	Energetic Triathlon Shatin
252	7	9:30	CHAN	NAM HEI ADEN		TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 10-11	Energetic Triathlon Shatin
253	7	9:30	chan	pak kwan	陳柏均	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 10-11	Galaxy Sports Triathlon
254	7	9:30	Chan	Oi Hei	陳愛希	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 10-11	
255	7	9:30	Chan	Yat Long Jay	陳逸朗	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 10-11	Energetic Triathlon Shatin
256	7	9:30	Wu	Xianda	巫賢達	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 10-11	The Little Dolphin Swimming Training Center
257	7	9:30	Lai	Jaxon	賴峻琛	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 10-11	First Ten Generation Team

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258	7	9:30	蔣	逸朗	蔣逸朗	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 10-11	First Ten Generation Team
259	7	9:30	Kei	Lap Yan	紀立人	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 10-11	Sparkle Triathlon
260	7	9:30	PANG	TING YAN MATTHEW	彭廷殷	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 10-11	Crest Ray Recreation & Sports Club
261	7	9:30	LAU	Sze Chai Damon		TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 10-11	Energetic Triathlon Shatin
262	7	9:30	XI	JACO JIA SHEN	奚嘉霖	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 10-11	Aqua Gym Sport Association
263	7	9:30	choi	tin yui tyrus	蔡天睿	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 10-11	Aqua Gym Sport Association
264	7	9:30	Yung	Chet	翁節	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 10-11	Crest Ray Recreation & Sports Club
265	7	9:30	chan	pak long Casper	陳柏朗	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 10-11	Energetic Triathlon Shatin
266	7	9:30	Lo	Cheuk Yin	盧卓賢	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 10-11	Alpha Zone Sports
267	7	9:30	Chan	Nok Norman	陳諾	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 10-11	The Little Dolphin Swimming Training Center
268	7	9:30	LAU	Pak Hei	劉栢希	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 10-11	Crest Ray Recreation & Sports Club
269	7	9:30	Kwok	Yik Sum, Sam	郭奕琛	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 10-11	Alpha Zone Sports
270	7	9:30	LEUNG	YUK SEN	梁毓晨	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 10-11	Alpha Zone Sports
271	7	9:30	Chak	Ian	翟智行	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 10-11	
272	7	9:30	Au	Hok Sum		TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 10-11	Sparkle Triathlon
273	7	9:30	Mak	San Mau Jacob	麥宸畝	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 10-11	Sparkle Triathlon
274	7	9:30	WONG	CHUN HIM LOUIS		TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 10-11	Energetic Triathlon Shatin
275	7	9:30	Man	Lok Tin Mike	文洛天	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 10-11	AustSports Association
276	7	9:30	Li	Yat to Travis		TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 10-11	
277	8	9:31	Chan	Chin Yui	陳芊睿	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Female 10-11	AustSports Association
278	8	9:31	Leung	Keira Joy	梁逸玥	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Female 10-11	First Ten Generation Team
279	8	9:31	Chau	Ceinwen	周翹慧	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Female 10-11	Energetic Triathlon Shatin
280	8	9:31	Chiu	Tsz Ki	趙梓棋	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Female 10-11	Alpha Zone Sports
281	8	9:31	Cheung	Mo Tung		TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Female 10-11	Alpha Zone Sports
282	8	9:31	Lau	Lok Yin Alicia	劉樂然	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Female 10-11	The Little Dolphin Swimming Training Center
283	9	10:00	YUEN	PUI HEI	袁沛希	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 8-9	First Ten Generation Team
284	9	10:00	TSANG	CHUN TING	曾俊廷	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 8-9	First Ten Generation Team
285	9	10:00	lee	long ki	李朗祺	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 8-9	Sparkle Triathlon
286	9	10:00	LEE	OWEN		TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 8-9	Energetic Triathlon Shatin
287	9	10:00	NG	HONG PING AVERY		TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 8-9	Energetic Triathlon Shatin
288	9	10:00	CHAN	LUCAS		TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 8-9	Energetic Triathlon Shatin
289	9	10:00	WU	LAP YIN EUGENE		TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 8-9	Energetic Triathlon Shatin
290	9	10:00	CHUNG	PAK HIM		TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 8-9	Energetic Triathlon Shatin
291	9	10:00	FANG	DAVID		TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 8-9	Energetic Triathlon Shatin
292	9	10:00	LEUNG	HEI LONG OTIS		TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 8-9	Energetic Triathlon Shatin
293	9	10:00	Kak Scott	Yeung	楊格	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 8-9	Sparkle Triathlon
294	9	10:00	Tong	Wan Chun	湯尹俊	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 8-9	Aqua Gym Sport Association
295	9	10:00	chung	hei lok	鍾曦樂	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 8-9	Energetic Triathlon Shatin
296	9	10:00	LAU	Chun-sing Murphy	劉俊昇	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 8-9	
297	9	10:00	Leung	Desmond	梁泰彰	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 8-9	Galaxy Sports Triathlon
298	9	10:00	Lee	Kwan Ho Asher	李鈞皓	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 8-9	Galaxy Sports Triathlon
299	9	10:00	Tsang	Kwun cheong	曾冠倡	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 8-9	First Ten Generation Team

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300	9	10:00	Wong	Tsun Yu	王浚宇	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 8-9	
301	9	10:00	choi	kwan long klay	蔡君朗	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 8-9	Aqua Gym Sport Association
302	9	10:00	CHUNG	CHI YIN IVIN	鍾至炫	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 8-9	
303	9	10:00	Poon	Yat Hei Isaac	潘日希	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 8-9	Sparkle Triathlon
304	9	10:00	Pak Him	Lau		TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 8-9	Crest Ray Recreation & Sports Club
305	9	10:00	cheung	Tsz Ngo	張梓傲	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 8-9	Alpha Zone Sports
306	9	10:00	Yu	Chun Kiu	虞竣喬	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 8-9	Sparkle Triathlon
307	9	10:00	YAN	JEREMY	顏心樂	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 8-9	
308	9	10:00	LEUNG	TAK MAN	梁德恣	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 8-9	Energetic Triathlon Shatin
309	9	10:00	Tang	Shun	鄧舜	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 8-9	
310	9	10:00	Yiu	Yuet Fung Nikan	饒越風	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 8-9	Alpha Zone Sports
311	9	10:00	CHUNG	HAI CHING		TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Male 8-9	Energetic Triathlon Shatin
312	10	10:01	CHUNG	HAI CHING		TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Female 8-9	Energetic Triathlon Shatin
313	10	10:01	WAN	CHING		TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Female 8-9	Energetic Triathlon Shatin
314	10	10:01	CHEUNG	TSZ LAM PATRICIA		TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Female 8-9	Energetic Triathlon Shatin
315	10	10:01	LEUNG	HEI SHUN ONA		TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Female 8-9	Energetic Triathlon Shatin
316	10	10:01	Leung	Michaela Grace	梁然知	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Female 8-9	First Ten Generation Team
317	10	10:01	Lau	Cheryl	劉森芮	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Female 8-9	First Ten Generation Team
318	10	10:01	Fong	Mei Shun Michelle		TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Female 8-9	Aqua Gym Sport Association
319	10	10:01	Mak	Ka Pik Abigail	麥珈璧	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Female 8-9	Sparkle Triathlon
320	10	10:01	Tse	Hei Ching	謝希澄	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Female 8-9	Sparkle Triathlon
321	10	10:01	Cheung	Cheuk Kiu	張焯喬	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Female 8-9	Alpha Zone Sports
322	10	10:01	WU	Hau Yee Alisha	胡巧兒	TriKids Distance (Run 1km > Bike 4km (Maim Dam) > Run 1km)	Female 8-9	Alpha Zone Sports