

2025 Duathlon Series - Race 2 (Start List)

Race No	Heat	Start Time	Race Category	Race Category (Age)	First Name	Last Name	Chinese Name	Club
1366	1	7:00:00	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Male Elite Junior 1	Chun Hei	Wong	黃俊僖	The Little Dolphin Swimming Training Center
1367	1	7:00:00	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Male Elite Junior 1	Wai Ching Jesse	Cheung	張維正	
1368	1	7:00:00	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Male Elite Junior 1	Tsun Fung	Yim	嚴浚鋒	Sparkle Triathlon
1369	1	7:00:00	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Male Elite Junior 1	Yan Tao	Shum	沈恩途	Galaxy Sport Triathlon
1370	1	7:00:00	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Male Elite Junior 1	Nok Hei	Wong	王諾熙	
1371	1	7:00:00	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Male Elite Junior 1	Ho Ting	Lee	李灝庭	AustSports Association
1372	1	7:00:00	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Male Elite Junior 1	LOK SHI	LAM	林樂仕	Energetic Triathlon Shatin
1373	1	7:00:00	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Male Elite Junior 1	Auscar	Tsang	曾竟瑋	Energetic Triathlon Shatin
1374	1	7:00:00	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Male Elite Junior 1	Tsz Leong louie	Cheng	鄭梓亮	
1375	1	7:00:00	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Male Junior 1	Leung Tin Lok	Leung	梁天樂	
1376	1	7:00:00	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Male Junior 1	俊樂	萬	萬俊樂	First Ten Generation Team
1377	1	7:00:00	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Male Junior 1	YAT LONG	LAM	林日朗	
1378	1	7:00:00	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Male Junior 1	梓揚	李	李梓揚	First Ten Generation Team
1379	1	7:00:00	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Male Junior 1	SAU YIN	WU	胡守賢	Galaxy Sports Triathlon
1380	1	7:00:00	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Male Junior 1	Chun Ming Marcus	Wu	胡晉銘	
1381	1	7:00:00	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Male Junior 1	Yu Chun Adrian	Ng	吳羽晉	
1382	1	7:00:00	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Male Junior 1	Kin To Kayden	Wong	黃健韜	The Little Dolphin Swimming Training Center
1383	1	7:00:00	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Male Junior 1	Hei Tung	Ng	伍希童	Blue & White Spirit Sports Club
1384	1	7:00:00	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Male Junior 1	MINGLIN AIDEN	LUO	羅銘林	
1385	1	7:00:00	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Male Junior 1	Wai Yin	Chan	陳韋弦	Sparkle Triathlon
1386	1	7:00:00	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Male Junior 1	建邦	盧	盧建邦	
1387	1	7:00:00	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Male Junior 1	Tsz Yeung Ian	Shek	石梓暘	Galaxy Sports Triathlon
1388	1	7:00:00	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Male Junior 1	Pak Lam Cass	Man	文柏藍	AustSports Association
1389	1	7:00:00	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Male Junior 1	Yat Him	Chung	鍾日謙	Energetic Triathlon Shatin
1390	1	7:00:00	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Male Junior 1	TSZ HIM	MOK	莫子謙	Galaxy Sports Triathlon
1391	1	7:00:00	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Male Junior 1	CHI HIM RYAN	YAU	丘志謙	Galaxy Sports Triathlon
1392	2	7:00:30	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Male Elite Open	Nathan Siu wo	Au Yeung	歐陽兆和	The Little Dolphin Swimming Training Center
1393	2	7:00:30	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Male Elite Junior 2	Wang Hin Ian	Fok	霍泓軒	Energetic Triathlon Shatin
1394	2	7:00:30	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Male Elite Junior 2	Po Shun Yemi	Yick	易甫鏞	Energetic Triathlon Shatin
1395	2	7:00:30	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Male Elite Junior 2	Pak Yiu Anson	Wong	黃栢堯	Energetic Triathlon Shatin
1396	2	7:00:30	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Male Elite Junior 2	Chak Lam	Wan	溫澤林	Energetic Triathlon Shatin
1397	2	7:00:30	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Male Elite Junior 2	Dominic WT	Carson	簡煒晉	Energetic Triathlon Shatin
1398	2	7:00:30	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Male Elite Junior 2	Pak Long	Lai	黎栢朗	
1399	2	7:00:30	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Male Elite Junior 2	Pu Chak	Yung	翁溥澤	The Little Dolphin Swimming Training Center
1400	2	7:00:30	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Male Elite Junior 2	Pak Fan	Mok	莫柏勳	Energetic Triathlon Shatin
1401	2	7:00:30	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Male Elite Junior 2	Ka Ho	Wong	黃嘉豪	
1402	2	7:00:30	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Male Junior 2	Chi Sheung	Wong	黃智尚	
1403	2	7:00:30	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Male Junior 2	Tsz Lok	Leung	梁子諾	
1404	2	7:00:30	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Male Junior 2	Ka Siu	Lai	賴迦兆	Crest Ray Recreation & Sports Club
1405	2	7:00:30	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Male Junior 2	Wang Hei	Kwok	郭泓錡	New Sports Triathlon
1406	2	7:00:30	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Male Junior 2	Yin	Kei	紀彥	Aqua Gym Sport Association
1407	2	7:00:30	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Female Elite Open	Hoi Ching	Lam	林海晴	
1408	2	7:00:30	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Female Elite Open	Cheuk Yat	Lo	盧卓逸	
1409	2	7:00:30	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Female Elite Junior 1	Wan Tung	Wong	黃允彤	Energetic Triathlon Shatin
1410	2	7:00:30	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Female Elite Junior 1	Lai Ki Nicole	Man	文麗淇	Energetic Triathlon Shatin
1411	2	7:00:30	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Female Elite Junior 1	Lok Tung	Wong	王樂彤	
1412	2	7:00:30	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Female Elite Junior 1	Oi Yin	Chan	陳愛妍	
1413	2	7:00:30	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Female Elite Junior 1	Hayley	Tsang	曾熹兒	Energetic Triathlon Shatin
1414	2	7:00:30	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Female Elite Junior 1	Sarah	Madiano		
1415	2	7:00:30	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Female Junior 1	Tsz Yau	Lee	李紫悠	
1416	2	7:00:30	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Female Junior 1	Mabel	Chan	陳曉文	
1417	2	7:00:30	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Female Junior 1	Adelyn	Wallace		Aqua Gym Sport Association

2025 Duathlon Series - Race 2 (Start List)

1418	2	7:00:30	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Female Elite Junior 2	Anson	Lun	倫柏翹	AustSports Association
1419	2	7:00:30	Sprint Distance (Run 1.3km/ Bike 6km/ Run 1.4km)	Female Junior 2	Hiu Tung	Tang	鄧曉桐	Crest Ray Recreation & Sports Club
1420	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Female Elite Youth	Hiu Yau	Yeung	楊曉悠	
1421	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Female Elite Youth	Chung Ning	Shum	岑頌寧	Energetic Triathlon Shatin
1422	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Female Elite Youth	Heulwen	Chau	周煥慧	Energetic Triathlon Shatin
1423	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Female Elite Youth	Yuet Hey	Ng	吳悅曦	Energetic Triathlon Shatin
1424	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Female Youth 1	Cin Yee Cydnee	Chung	鍾倩兒	
1425	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Female Youth 1	Tasia	Fan	范諄雅	
1426	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Female Youth 1	sum Yuet	cheng	鄭心玥	Galaxy Sports Triathlon
1427	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Female Youth 1	YI	MA	馬懿	
1428	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Female Youth 1	Tsz Ying Charlotte	Mak	麥芷凝	Crest Ray Recreation & Sports Club
1429	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Female Youth 1	Aurora	Plews		
1430	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Female Youth 1	Tsz Shun	CHAN	陳梓淳	Blue & White Spirit Sports Club
1431	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Female Youth 1	Jessie	Ho	何泳悠	The Little Dolphin Swimming Training Center
1432	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Female Youth 1	HIU TUNG HAZEL	LEE	李曉彤	
1433	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Female Youth 1	Cheuk Lam	Chung	鍾焯琳	Energetic Triathlon Shatin
1434	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Female Youth 2	凱旻	陳	陳凱旻	First Ten Generation Team
1435	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Female Youth 2	Hong Ching	Wong	黃康晴	The Little Dolphin Swimming Training Center
1436	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Female Youth 2	HEIDI	CHEUNG	張凱堤	Crest Ray Recreation & Sports Club
1437	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Female Youth 2	Hiu Tung	Leung	梁曉彤	
1438	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Female Youth 2	Yi Chun	Chan	陳以臻	AustSports Association
1439	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Elite Youth	Edison	Wong	黃子健	
1440	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Elite Youth	Lucas	Wong	王諾	Energetic Triathlon Shatin
1441	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Elite Youth	Chi Yan Ian	Chung	鍾智仁	
1442	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Elite Youth	CHAK YAN	Wan	溫澤仁	Energetic Triathlon Shatin
1443	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Elite Youth	Yik Hei	Lau	劉奕希	Energetic Triathlon Shatin
1444	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Elite Youth	Desmond Cheuk Yin	Chau	周卓賢	Energetic Triathlon Shatin
1445	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Elite Youth	CHEUK KIU	NG	吳卓翹	Energetic Triathlon Shatin
1446	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Elite Youth	Tze Kiu	Tam	譚子翹	Energetic Triathlon Shatin
1447	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Elite Youth	Yin Hang	Chan	陳彥衡	Aqua Gym Sport Association
1448	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 2	CHEUK NAM KEAGAN	KWAN	KWAN KEAGAN	Energetic Triathlon Shatin
1449	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 2	Chun Wai	Chu	朱晉緯	
1450	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 2	SHUN AIDEN	LO	盧舜	
1451	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 2	Chum	tsz ho	冚子皓	Aqua Gym Sport Association
1452	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 2	Ngai Chun	Ting	丁毅臻	Sparkle Triathlon
1453	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 2	Dylan	Baram		Alpha Zone Sports
1454	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 2	Yu Yiu Evan	Cheung	張譽權	The Little Dolphin Swimming Training Center
1455	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 2	Pok Yin	Tsang		The Little Dolphin Swimming Training Center
1456	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 2	皓天	姜	姜皓天	
1457	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 2	vincent	ye		
1458	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 2	O	SHAM	岑敖	Galaxy Sports Triathlon
1459	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 2	Pak Yin	Chu	朱珀賢	Sparkle Triathlon
1460	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 2	Shing Hei	Ngan	顏承希	Energetic Triathlon Shatin
1461	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 2	Ngo Yin	Ng	吳傲然	First Ten Generation Team
1462	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 2	Pak Hei	Chan	陳柏僊	Galaxy Sports Triathlon
1463	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 2	Theodore	Zhang	張天維	Mango Swimming Club
1464	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 2	KING TO	CHAN	CHAN KING TO	Energetic Triathlon Shatin
1465	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 2	Jasper	Ho	何頌朗	The Little Dolphin Swimming Training Center
1466	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 2	Ching Kiu	Ng	吳政橋	AustSports Association
1467	3	7:30:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 2	Alban	Modiano		South China Athletic Association
1468	4	8:00:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 1	YIU	TANG	TANG YIU	Energetic Triathlon Shatin
1469	4	8:00:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 1	TANG	HO HIM	TANG	Energetic Triathlon Shatin

2025 Duathlon Series - Race 2 (Start List)

1470	4	8:00:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 1	Isaac Kai hang	Wong		
1471	4	8:00:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 1	Ching Nok	FUNG	馮靖諾	Blue & White Spirit Sports Club
1472	4	8:00:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 1	Tak Hei	Lam	林德熙	Blue & White Spirit Sports Club
1473	4	8:00:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 1	Chet	Yung	翁節	Crest Ray Recreation & Sports Club
1474	4	8:00:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 1	Oi Hei	Chan	陳愛希	Energetic Triathlon Shatin
1475	4	8:00:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 1	TING YAN MATTHEW	PANG	彭廷殷	Crest Ray Recreation & Sports Club
1476	4	8:00:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 1	Chun Ching	Ting	丁進澄	Sparkle Triathlon
1477	4	8:00:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 1	Leong Yin	Au	歐亮言	Sparkle Triathlon
1478	4	8:00:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 1	Cheuk Hang	Chan	陳焯鏗	First Ten Generation Team
1479	4	8:00:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 1	Pak Yu Jesper	Yam	任柏宇	First Ten Generation Team
1480	4	8:00:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 1	Philip	Leung	梁飛	
1481	4	8:00:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 1	chun lok	chu	朱俊諾	First Ten Generation Team
1482	4	8:00:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 1	Tsz Hei	Wong	黃梓熙	Galaxy Sports Triathlon
1483	4	8:00:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 1	Yik Hang	Fan	樊翊衍	Crest Ray Recreation & Sports Club
1484	4	8:00:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 1	Lap Yin	Tang	鄧立言	Galaxy Sports Triathlon
1485	4	8:00:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 1	Yik Sum, Sam	Kwok	郭奕琛	The Little Dolphin Swimming Training Center
1486	4	8:00:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 1	Cheuk Hang	Ko	高焯恆	
1487	4	8:00:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 1	Ching Long	Yan	殷靖朗	Sparkle Triathlon
1488	4	8:00:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 1	CHING VINCE	CHENG	鄭晴	
1489	4	8:00:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 1	Shun Hei	Wong	黃淳希	
1490	4	8:00:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 1	Lap Yan	Kei	紀立人	Sparkle Triathlon
1491	4	8:00:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 1	Cheuk Chi	Cheng	鄭焯之	Aqua Gym Sport Association
1492	4	8:00:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 1	Yat Long Julian	Cho	曹日朗	
1493	4	8:00:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 1	King Hei	Chan	陳敬希	Alpha Zone Sports
1494	4	8:00:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 1	lok Yin	Ng	伍樂言	Alpha Zone Sports
1495	4	8:00:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 1	chung hei	Hou	侯仲熹	Alpha Zone Sports
1496	4	8:00:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 1	馮	焯楠	馮焯楠	Alpha Zone Sports
1497	4	8:00:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 1	Hao che	Chang	張浩哲	Crest Ray Recreation & Sports Club
1498	4	8:00:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 1	Chak Fung	Ng	吳澤豐	First Ten Generation Team
1499	4	8:00:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 1	MARCUS	HO	MARCUS HO	Energetic Triathlon Shatin
1500	4	8:00:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 1	Chak Hei Jeffrey	Tsang	曾澤禧	Energetic Triathlon Shatin
1501	4	8:00:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 1	Sze Chai Damon	LAU	DAMON LAU	Energetic Triathlon Shatin
1502	4	8:00:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 1	Shing Hang	Fok	霍承亨	Energetic Triathlon Shatin
1503	4	8:00:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 1	Ian	Wong	王詰	Energetic Triathlon Shatin
1504	4	8:00:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 1	Cheuk Nam Janko	Au	區卓嵐	Energetic Triathlon Shatin
1505	4	8:00:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 1	San Mau Jacob	Mak	麥宸敬	Sparkle Triathlon
1506	4	8:00:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 1	Hei Shek	Leung	梁希頌	
1507	4	8:00:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 1	Cheuk Yat Julien	Wong	黃焯一	Sparkle Triathlon
1508	4	8:00:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 1	CHUN HIM LOUIS	WONG	WONG CHUN HIM LOUIS	Energetic Triathlon Shatin
1509	4	8:00:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 1	Chun Hong Chaska	Poon	方俊匡	
1510	4	8:00:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 1	JIANGZHI	HU	胡江芷	Energetic Triathlon Shatin
1511	4	8:00:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 1	Chi Hang Ian	Chak	翟智行	
1512	4	8:00:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 1	pak long Casper	chan	陳柏朗	Energetic Triathlon Shatin
1513	4	8:00:00	Discovery Distance (Run 600m/ Bike 5km/ Run 1.4km)	Male Youth 1	YUI HANG	CHOI	蔡睿衍	
1514	5	8:30:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Female TriKids 1	HAI CHING	CHUNG	CHUNG HAI CHING	Energetic Triathlon Shatin
1515	5	8:30:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Female TriKids 1	CHING YAU	CHAN	CHAN CHING YAU	Energetic Triathlon Shatin
1516	5	8:30:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Female TriKids 1	YAN NAM	LEUNG	梁甄藍	The Little Dolphin Swimming Training Center
1517	5	8:30:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Female TriKids 1	Yu Ching Charis	Chik	戚予晴	The Little Dolphin Swimming Training Center
1518	5	8:30:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Female TriKids 1	子萌	王	王子萌	Aqua Gym Sport Association
1519	5	8:30:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Female TriKids 1	Ho Ting	Lam	林皓亭	
1520	5	8:30:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Female TriKids 1	CHEUNG	YUET CHING	蔣悅晴	First Ten Generation Team
1521	5	8:30:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Female TriKids 1	kui yuen	cheng	鄭喬元	Aqua Gym Sport Association
1522	5	8:30:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Female TriKids 1	Hau Yee Alisha	WU	胡巧兒	The Little Dolphin Swimming Training Center

2025 Duathlon Series - Race 2 (Start List)

1523	5	8:30:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Female TriKids 1	Ning	Chan	陳甯	Galaxy Sports Triathlon
1524	5	8:30:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Female TriKids 1	Cheuk Man	Ko	高焯雯	
1525	5	8:30:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Female TriKids 1	頌喬	黃		Aqua Gym Sport Association
1526	5	8:30:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Female TriKids 1	Michaela Grace	Leung	梁然知	First Ten Generation Team
1527	5	8:30:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Female TriKids 1	AMARACHI PRECIOUS	WONG	黃睿姿	Alpha Zone Sports
1528	5	8:30:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Female TriKids 1	TSZ YAU	NG	吳梓濠	First Ten Generation Team
1529	5	8:30:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Female TriKids 1	Yuet Ching	Tang	鄧悅晴	First Ten Generation Team
1530	5	8:30:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Female TriKids 1	Nga Yu	Wong	黃雅渝	
1531	5	8:30:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Female TriKids 1	Sienna	Plews		
1532	5	8:30:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Female TriKids 1	決辰	周	周決辰	First Ten Generation Team
1533	5	8:30:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Female TriKids 2	YUI YAN	NG	NG YUI YAN	Energetic Triathlon Shatin
1534	5	8:30:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Female TriKids 2	VIAN	CHUNG	CHUNG	Energetic Triathlon Shatin
1535	5	8:30:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Female TriKids 2	HEI SHUN ONA	LEUNG	LEUNG ONA	Energetic Triathlon Shatin
1536	5	8:30:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Female TriKids 2	NGAR KIU	MAK	MAK NGAR KIU	Energetic Triathlon Shatin
1537	5	8:30:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Female TriKids 2	CHUN YIN MATTHEW	CHEUK	MATTHEW	Energetic Triathlon Shatin
1538	5	8:30:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Female TriKids 2	CHING	WAN	WAN CHING	Energetic Triathlon Shatin
1539	5	8:30:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Female TriKids 2	Yat Tung	Wan	溫日彤	Sparkle Triathlon
1540	5	8:30:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Female TriKids 2	HUI YUET	LAM	林栩悅	Aqua Gym Sport Association
1541	5	8:30:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Female TriKids 2	Do Do Lenna	Hui	許多多	Mango Swimming Club
1542	5	8:30:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Female TriKids 2	Cheuk Kiu	Cheung	張焯喬	The Little Dolphin Swimming Training Center
1543	5	8:30:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Female TriKids 2	Mo Tung	Cheung	Cheung Mo Tung	The Little Dolphin Swimming Training Center
1544	5	8:30:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Female TriKids 2	Ceinwen	Chau	周翹慧	Energetic Triathlon Shatin
1545	5	8:30:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Female TriKids 2	Lok Yu	Cheng	鄭路舒	Galaxy Sports Triathlon
1546	5	8:30:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Female TriKids 2	Chily Chi Lei	Wong	王姿琳	
1547	5	8:30:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Female TriKids 2	Tsz Chin	Tsang	曾籽芊	
1548	5	8:30:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Female TriKids 2	Chin Yau	Tam	譚千柔	Crest Ray Recreation & Sports Club
1549	5	8:30:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Female TriKids 2	Gina	chan	陳思羽	Alpha Zone Sports
1550	5	8:30:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Female TriKids 2	Hei Ching	Tse	謝係澄	Sparkle Triathlon
1551	5	8:30:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Female TriKids 2	Keira Joy	Leung	梁逸玥	First Ten Generation Team
1552	5	8:30:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Female TriKids 2	YEE KIU	SHEK	石依????	Alpha Zone Sports
1553	5	8:30:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Female TriKids 2	Tsz Ki	Chiu	趙梓棋	The Little Dolphin Swimming Training Center
1554	5	8:30:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Female TriKids 2	Ka Pik Abigail	Mak	麥珈璧	Sparkle Triathlon
1555	5	8:30:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Female TriKids 2	Lok Yin Alicia	Lau	劉樂然	The Little Dolphin Swimming Training Center
1556	5	8:30:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Female TriKids 2	Cheryl	Lau	劉森芮	First Ten Generation Team
1557	5	8:30:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Female TriKids 2	JIANGQI	HU	HU JIANGQI	Energetic Triathlon Shatin
1558	5	8:30:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Female TriKids 2	Chin Yui	Chan	陳芊睿	AustSports Association
1559	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	cheuk lok	chung	鍾卓諾	Crest Ray Recreation & Sports Club
1560	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	ISRAEL	LEUNG	LEUNG ISRAEL	Energetic Triathlon Shatin
1561	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	SZE CHAI JENSON	YING	JENSON	Energetic Triathlon Shatin
1562	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	YIN WANG	PUN	PUN YIN WANG	Energetic Triathlon Shatin
1563	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	HONG PING AVERY	NG	NG HONG PING AVERY	Energetic Triathlon Shatin
1564	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	OWEN	LEE	LEE OWEN	Energetic Triathlon Shatin
1565	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	CHING KIU	WONG	WONG CHING KIU	Energetic Triathlon Shatin
1566	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	HEI LONG OTIS	LEUNG	LEUNG HEI LONG OTIS	Energetic Triathlon Shatin
1567	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	Tristan	Pidgeon		
1568	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	Ho Wang	Huen	禰皓泓	
1569	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	睿康	譚	譚睿康	The Little Dolphin Swimming Training Center
1570	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	Yat To	Wan	溫日圖	Sparkle Triathlon
1571	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	lai yin	lam		
1572	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	Morgan Muk	Yeung	楊目	Sparkle Triathlon
1573	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	Kak Scott	Yeung	楊格	Sparkle Triathlon
1574	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	柏希	陳	陳柏希	The Little Dolphin Swimming Training Center
1575	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	Tsz Ngo	cheung	張梓傲	The Little Dolphin Swimming Training Center

2025 Duathlon Series - Race 2 (Start List)

1576	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	曦宇	叶	叶曦宇	Aqua Gym Sport Association
1577	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	Yin Chun	Chu	朱延晉	First Ten Generation Team
1578	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	Hong Yui	Lau	劉康睿	The Little Dolphin Swimming Training Center
1579	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	Pak Kiu	Tsang	曾柏嶠	Alpha Zone Sports
1580	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	Yuk Kin	Kwong	鄺旭健	
1581	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	TAK MAN	LEUNG	梁德恣	Energetic Triathlon Shatin
1582	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	Zander chi ming	Lo	羅子銘	
1583	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	kwan long klay	choi	蔡君朗	Aqua Gym Sport Association
1584	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	Yat To Gavin	CHEUNG	張逸滔	Blue & White Spirit Sports Club
1585	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	Kwan Ho Asher	Lee	李鈞皓	Galaxy Sports Triathlon
1586	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	Tsz Ho	Yan	殷梓賀	Sparkle Triathlon
1587	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	chi pui	Law	羅智培	
1588	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	Hoi Yi	Yau	邱海懿	Aqua Gym Sport Association
1589	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	Hayden	Woo	胡晨希	Titan Triathlon
1590	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	Desmond	Leung	梁泰彰	Galaxy Sports Triathlon
1591	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	Bryce	Ekkel	劉皓正	Aqua Gym Sport Association
1592	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	Tsz Kiu	Wong	黃梓僑	
1593	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	Tin Yat	Ma	馬天一	
1594	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	bruce	chan		Alpha Zone Sports
1595	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	Tin Hang	Wong	黃天行	Titan Triathlon
1596	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	Cheuk Him	Lo	盧卓謙	The Little Dolphin Swimming Training Center
1597	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	Lok Chun	Wong	黃樂臻	First Ten Generation Team
1598	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	謙佑	陳	陳謙佑	Titan Triathlon
1599	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	Ho Shun	Chan	陳浩信	Alpha Zone Sports
1600	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	Ho Yeung	Wong	黃皓揚	
1601	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	Tsz Him	Wong	黃子謙	Alpha Zone Sports
1602	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	Shu Yan Ethan	Mak	麥蔴寅	Sparkle Triathlon
1603	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	Yuet Fung Nikan	Yiu	饒越風	The Little Dolphin Swimming Training Center
1604	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	Kwan cheong	Tsang	曾冠倡	First Ten Generation Team
1605	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	Isaac Chongyi	Shi	石崇伊	Mango Swimming Club
1606	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	CHEUK HIN CALEB	LI	李卓軒	
1607	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	Tang	Song		Mango Swimming Club
1608	6	9:00:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 1	Ho Ting Preston	WONG	黃昊霆	Sparkle Triathlon
1609	7	9:25:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 2	cheuk nam	chung	鍾卓霖	Crest Ray Recreation & Sports Club
1610	7	9:25:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 2	YAU YAT	LEUNG	LEUNG YAU YAT	Energetic Triathlon Shatin
1611	7	9:25:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 2	Shun	Tang	鄧舜	Energetic Triathlon Shatin
1612	7	9:25:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 2	SEN YIK OTTO	WANG	WANG OTTO	Energetic Triathlon Shatin
1613	7	9:25:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 2	CHUN ON AIDEN	LO	AIDEN LO	Energetic Triathlon Shatin
1614	7	9:25:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 2	PAK HIM	CHUNG	CHUNG PAK HIM	Energetic Triathlon Shatin
1615	7	9:25:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 2	LAP YIN EUGENE	WU	WU LAP YIN EUGENE	Energetic Triathlon Shatin
1616	7	9:25:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 2	YUK SEN	LEUNG	梁毓晨	The Little Dolphin Swimming Training Center
1617	7	9:25:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 2	Ngai Carlos	Fan		The Little Dolphin Swimming Training Center
1618	7	9:25:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 2	cheuk kai	chan	陳焯鏞	First Ten Generation Team
1619	7	9:25:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 2	Jaxon	Lai	賴峻琛	First Ten Generation Team
1620	7	9:25:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 2	Hei Nok	Wong	黃希諾	The Little Dolphin Swimming Training Center
1621	7	9:25:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 2	Hok Sum	Au	Au Hok Sum	Sparkle Triathlon
1622	7	9:25:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 2	Chit Hei Torres	Li	李喆晞	
1623	7	9:25:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 2	CHI YIN IVIN	CHUNG	鍾至瑛	
1624	7	9:25:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 2	Cham Yin, Andres	Wong	黃湛然	
1625	7	9:25:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 2	Fung Janson	Lau	劉楓	
1626	7	9:25:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 2	Yat Long	Cheung	蔣逸朗	First Ten Generation Team
1627	7	9:25:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 2	JACO JIA SHEN	XI	奚嘉霖	Aqua Gym Sport Association
1628	7	9:25:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 2	Yun Fung Clinton	Leung	梁潤峯	New Sports Triathlon

2025 Duathlon Series - Race 2 (Start List)

1629	7	9:25:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 2	wing shun	kong	江永惇	Sparkle Triathlon
1630	7	9:25:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 2	Nok Norman	Chan	陳諾	The Little Dolphin Swimming Training Center
1631	7	9:25:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 2	tin yui tyrus	choi	蔡天睿	Aqua Gym Sport Association
1632	7	9:25:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 2	柏希	李	李柏希	The Little Dolphin Swimming Training Center
1633	7	9:25:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 2	耀榮	施	施耀榮	Aqua Gym Sport Association
1634	7	9:25:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 2	TSUN YU	WONG	王浚宇	
1635	7	9:25:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 2	Tin Lap	Qu	邱天立	Sparkle Triathlon
1636	7	9:25:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 2	Tin Hang	Qu	邱天行	Sparkle Triathlon
1637	7	9:25:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 2	oson	lau	劉敖辰	The Little Dolphin Swimming Training Center
1638	7	9:25:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 2	Yuet Hei	Chan		Aqua Gym Sport Association
1639	7	9:25:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 2	Lap Yan Duncan	Chow	周立仁	The Little Dolphin Swimming Training Center
1640	7	9:25:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 2	Cheuk Yin	Lo	盧卓賢	The Little Dolphin Swimming Training Center
1641	7	9:25:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 2	TIN YU	CHEUNG	張天宇	
1642	7	9:25:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 2	ngo lam	ng	吳傲藍	First Ten Generation Team
1643	7	9:25:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 2	Yat Long	Leung	梁日朗	Crest Ray Recreation & Sports Club
1644	7	9:25:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 2	Chun Kiu	Yu	虞竣喬	Sparkle Triathlon
1645	7	9:25:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 2	CHUNG YU	WONG	WONG CHUNG YU	Energetic Triathlon Shatin
1646	7	9:25:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 2	CHUN TING	TSANG	曾俊廷	First Ten Generation Team
1647	7	9:25:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 2	Yat Long Jay	Chan	陳逸朗	Energetic Triathlon Shatin
1648	7	9:25:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 2	Yat to Travis	Li	Li Yat to Travis	Energetic Triathlon Shatin
1649	7	9:25:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 2	JADON	LI	JADON LI	
1650	7	9:25:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 2	杰臻	蔡	蔡杰臻	Alpha Zone Sports
1651	7	9:25:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 2	Carson	LO	盧蒼哲	
1652	7	9:25:00	TriKids Distance (Run 600m/ Bike 3km/ Run 700m)	Male TriKids 2	Yuehan	Yin	殷悅涵	
1653	8	9:50:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 45-49	Chung Wai	Tse		
1654	8	9:50:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 45-49	Michael	Leung	梁達志	
1655	8	9:50:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 45-49	Ting Lok	Ngan	顏定樂	Energetic Triathlon Shatin
1656	8	9:50:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 45-49	LOK MAN	CHOW	周洛文	Alpha Zone Sports
1657	8	9:50:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 45-49	wai hung	shek	石偉雄	Alpha Zone Sports
1658	8	9:50:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 45-49	Man wai	Yip	葉文偉	
1659	8	9:50:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 45-49	Wai Hung	Chan	陳偉洪	
1660	8	9:50:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 45-49	YIK Lung	YIU	饒奕龍	The Little Dolphin Swimming Training Center
1661	8	9:50:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 45-49	Chi Kin, Anthony	Luk	陸志堅	Titan Triathlon
1662	8	9:50:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 45-49	HA LI	See	史厦利	
1663	8	9:50:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 45-49	Tze Lung	Wat	屈子龍	
1664	8	9:50:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 50-54	CHI HO ERIC	CHEUNG		Energetic Triathlon Shatin
1665	8	9:50:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 50-54	Stephen	Kong	Hoi Tik	Sonic Sports Association
1666	8	9:50:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 50-54	yosuke	oka	岡洋介	Energetic Triathlon Shatin
1667	8	9:50:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 50-54	tik ho	chum	覃迪豪	Aqua Gym Sport Association
1668	8	9:50:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 50-54	Pui Yuen	Wong	黃沛源	Pro-trinity Sports Club
1669	8	9:50:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 50-54	Derek	Chow		
1670	8	9:50:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 50-54	Wai Yin	Yu	余偉賢	Galaxy Sports Triathlon
1671	8	9:50:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 50-54	Gary	LAI	黎志聰	
1672	8	9:50:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 50-54	Chi Kit	Chan	陳志傑	The Little Dolphin Swimming Training Center
1673	8	9:50:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 50-54	CHI KIT	CHAN		
1674	8	9:50:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 50-54	CHING FAI	LEUNG	LEUNG CHING FAI	Energetic Triathlon Shatin
1675	8	9:50:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 50-54	Man tung	Lau	劉文東	
1676	8	9:50:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 55-59	Ching ho	pang		
1677	8	9:50:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 55-59	Ching ho	pang		
1678	8	9:50:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 55-59	SHU WAH JIMMY	WAN	溫樹華	Energetic Triathlon Shatin
1679	8	9:50:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 55-59	Bertram	Shi		Energetic Triathlon Shatin
1680	8	9:50:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 55-59	King Lai, Jeffrey	LIU	廖敬禮	Mango Swimming Club
1681	8	9:50:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 55-59	Jack	Yee	Jack Yee	

2025 Duathlon Series - Race 2 (Start List)

1682	8	9:50:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 55-59	Vincent	Lee	Vincent Lee	AustSports Association
1683	8	9:50:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 55-59	KA SHUN SUNNY	YEN	YEN KA SHUN SUNNY	Energetic Triathlon Shatin
1684	8	9:50:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 55-59	man kwong	cheung	cheung man kwong	Mango Swimming Club
1685	8	9:50:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 60-64	Danny	Miao		
1686	8	9:50:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 60-64	YING HO	LEE	LEE YING HO	Sonic Sports Association
1687	8	9:50:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 60-64	Kam Shing Benjamin	Lui	呂錦誠	
1688	8	9:50:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 60-64	YIN CHEONG	WONG	WONG YIN CHEONG	Energetic Triathlon Shatin
1689	8	9:50:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 60-64	LAI CHUNG	LEE	LEE LAI CHUNG	Mango Swimming Club
1690	8	9:50:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 60-64	Yat Fai	Kwan	關日輝	
1691	8	9:50:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 60-64	Danny	Miao		
1692	8	9:50:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 65-69	WING KWONG	IP	IP WING KWONG	Energetic Triathlon Shatin
1693	8	9:50:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 65-69	Yuk Fu	Ma	馬育富	AustSports Association
1694	8	9:50:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 65-69	Heng Fan	Poon	潘恒奮	
1695	8	9:50:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 70 & Over	King Yuen	Chan	陳景源	New Sports Triathlon
1696	8	9:50:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 70 & Over	Stephen King Che	Chan	Chan Stephen King Che	Energetic Triathlon Shatin
1697	8	9:50:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 70 & Over	Chi Ling Clement	Yeung	楊子凌	The Little Dolphin Swimming Training Center
1698	8	9:50:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 70 & Over	Chi Hung	Leung	梁治洪	AustSports Association
1699	8	9:50:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 70 & Over	Fai Ming	Chan	陳揮明	AustSports Association
1700	9	10:35:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Female Age Group 20-24	Wan Chi	Lung	龍韻之	Galaxy Sports Triathlon
1701	9	10:35:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Female Age Group 30-34	Cho Kiu	Fung		New Sports Triathlon
1702	9	10:35:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Female Age Group 30-34	AMY WING YI	LEE		
1703	9	10:35:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Female Age Group 30-34	Yun Wing	Lee	李恩穎	
1704	9	10:35:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Female Age Group 35-39	YAN	YU	YU YAN	Energetic Triathlon Shatin
1705	9	10:35:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Female Age Group 35-39	Pui ling	Lee	李佩玲	
1706	9	10:35:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Female Age Group 40-44	KA MAN	LEUNG	梁家敏	Galaxy Sports Triathlon
1707	9	10:35:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Female Age Group 40-44	Wai Shan	Fan		First Ten Generation Team
1708	9	10:35:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Female Age Group 40-44	SooHee	Paik		
1709	9	10:35:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Female Age Group 40-44	Persephone	Yuen		
1710	9	10:35:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Female Age Group 45-49	Wai Tong	Yip	葉慧棠	
1711	9	10:35:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Female Age Group 45-49	NOK SZE	TSE	謝諾思	
1712	9	10:35:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Female Age Group 45-49	MAN YI MAY	LI	MAY LI	Energetic Triathlon Shatin
1713	9	10:35:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Female Age Group 50-54	Nga Yee	Li	李雅怡	Energetic Triathlon Shatin
1714	9	10:35:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Female Age Group 50-54	PUI YI ELIZABETH	TAM	譚佩儀	Crest Ray Recreation & Sports Club
1715	9	10:35:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Female Age Group 50-54	Ching Yi	Li	李靜儀	Energetic Triathlon Shatin
1716	9	10:35:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Female Age Group 50-54	Ip Ching	Wong	黃葉菁	
1717	9	10:35:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Female Age Group 50-54	Tsz Ching	Lau	劉芷清	
1718	9	10:35:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Female Age Group 55-59	Willa	WONG	Willa WONG	Mango Swimming Club
1719	9	10:35:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Female Age Group 55-59	SHUK HAN KAREN	LUI	LUI SHUK HAN KAREN	Energetic Triathlon Shatin
1720	9	10:35:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Female Age Group 55-59	HAU YI DORA	LI	LI HAU YI DORA	Energetic Triathlon Shatin
1721	9	10:35:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Female Age Group 60-64	Angel, Yin Ling	Tsoi	Tsoi Angel, Yin Ling	Energetic Triathlon Shatin
1771	9	10:35:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Female Age Group 65-69	YUK CHING CHRISTINA	LEUNG	LEUNG YUK CHING CHRISTINA	Energetic Triathlon Shatin
1722	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 20-24	Tsun Kiu	Lui	呂峻翹	Compass Sports Association
1723	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 20-24	伊航	羅	羅伊航	Crest Ray Recreation & Sports Club
1724	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 20-24	皓陽	方	方皓陽	
1725	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 20-24	Chi Fung	Leung	梁智豐	First Ten Generation Team
1726	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 20-24	Yu Hin	Choy	蔡宇軒	
1727	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 20-24	Lok Ping	Tung	董樂平	Galaxy Sports Triathlon
1728	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 25-29	Dylan	Ang		
1729	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 25-29	Long Hei Pascal	Wong	黃朗熙	
1730	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 25-29	Ho Kwong Billy	Ching	程浩光	New Sports Triathlon
1731	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 25-29	Wai Hung	Yau	邱偉鴻	
1732	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 25-29	Long Kit	Chiu	趙朗傑	New Sports Triathlon

2025 Duathlon Series - Race 2 (Start List)

1733	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 25-29	Chi Yu	Leung		
1734	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 25-29	Po Yin	Tong	唐步然	NL Triathlon Club
1735	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 30-34	Ka Shing	Lau	劉家誠	
1736	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 30-34	KA CHUN	CHAN	陳嘉俊	First Ten Generation Team
1737	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 30-34	Chik Wai Jason	Wong		
1738	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 30-34	ka fai	wong		Aqua Gym Sport Association
1739	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 30-34	Bruce CM	Leung		
1740	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 30-34	chun ming	Wong	黃駿鳴	
1741	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 30-34	Kin Hang	Tsang	曾建恒	
1742	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 30-34	Nai Lun	Mak	麥乃倫	
1743	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 30-34	TSZ YU	LAM	林子渝	
1744	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 30-34	KA HEI	HO		Aqua Gym Sport Association
1745	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 35-39	SHEK CHUNG	MAK	MAK SHEK CHUNG	Energetic Triathlon Shatin
1746	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 35-39	Shek Lun	Li	李錫倫	
1747	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 35-39	yat long	Lee	李逸朗	
1748	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 35-39	Chun Sum Samuel	Ho	何俊琛	Energetic Triathlon Shatin
1749	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 35-39	Yan Yui Benedict	Cheung		
1750	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 35-39	Wing Ka	Chan	陳永嘉	New Sports Triathlon
1751	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 35-39	YING KIT	Tang	鄧英傑	First Ten Generation Team
1752	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 35-39	Chun Ting Timothy	Ho	何俊廷	Energetic Triathlon Shatin
1753	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 35-39	Lee Chiu	NGAI	魏利超	
1754	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 35-39	Wing Fung	Lai	黎永鋒	
1755	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 35-39	Clement	Ip		
1756	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 35-39	Yiu Kwan	Chan	陳堯坤	
1757	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 35-39	ka ho	chan	陳嘉豪	
1758	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 40-44	KIN LIM	KWAN	KWAN KIN LIM	Energetic Triathlon Shatin
1759	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 40-44	Sin Tui	Fung	馮善對	Blue & White Spirit Sports Club
1760	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 40-44	Derek	Baram		
1761	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 40-44	Lap Yan	Wu	胡立人	The Little Dolphin Swimming Training Center
1762	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 40-44	Ka Ho Lawrence	Wong	黃家灝	Sonic Sports Association
1763	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 40-44	kam chung	Lau	劉錦聰	First Ten Generation Team
1764	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 40-44	chi ho	kong	江志豪	
1765	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 40-44	Tak Kiu	Pun	潘德翹	Tritons Triathlon Club
1766	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 40-44	Gump	Wong Yuk Hei	黃旭曦	
1767	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 40-44	ting piu	chong	chong ting piu	Titan Triathlon
1768	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 40-44	chi fung	chow	周熾烽	First Ten Generation Team
1769	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 40-44	TSZ CHUN	WAN	尹梓俊	
1770	10	11:20:00	Challenge Distance (Run 1.3km/ Bike 8km/ Run 2.1km)	Male Age Group 40-44	Jean-Remi	Lopez		