

Race No	Heat	Start Time	Cap	Race Category	Race Category (Age)	First Name	Last Name	Chinese Name	Club
1	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Elite Junior 1	Chun Hei	Wong	黃俊僊	The Little Dolphin Swimming Training Center
2	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Elite Junior 1	Wai Ching Jesse	Cheung	張維正	
3	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Elite Junior 1	Tsun Fung	Yim	嚴浚鋒	Sparkle Triathlon
4	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Elite Junior 1	Yan Tao	Shum	沈恩途	Galaxy Sport Triathlon
5	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Elite Junior 1	Nok Hei	Wong	王諾熙	
6	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Elite Junior 1	Ho Ting	Lee	李灝庭	AustSports Association
7	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Elite Junior 1	LOK SHI	LAM	林樂仕	Energetic Triathlon Shatin
8	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Elite Junior 1	Pak Long	Lai	黎栢朗	
9	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Elite Junior 1	Auscar	Tsang	曾竟瑤	Energetic Triathlon Shatin
10	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Elite Junior 1	Tsz Leong Iouie	Cheng	鄭梓亮	
11	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Elite Junior 2	Po Shun Yemi	Yick	易甫鏘	Energetic Triathlon Shatin
12	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Elite Junior 2	Pak Yiu Anson	Wong	黃柏堯	Energetic Triathlon Shatin
13	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Elite Junior 2	Dominic WT	Carson	簡煒晉	Energetic Triathlon Shatin
14	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Elite Junior 2	Wang Hin Ian	Fok	霍泓軒	Energetic Triathlon Shatin
15	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Elite Junior 2	Yung	Pu Chak	翁溥澤	The Little Dolphin Swimming Training Center
16	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Elite Junior 2	Pak Fan	Mok	莫柏勛	Energetic Triathlon Shatin
17	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Elite Junior 2	Ka Ho	Wong	黃嘉豪	
18	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Elite Open	Tak Long	Yip	葉德朗	Energetic Triathlon Shatin
19	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Elite Open	Nathan Siu wo	Au Yeung	歐陽兆和	The Little Dolphin Swimming Training Center
20	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Elite Open	Jason	Ng	伍泰龍	
21	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Elite Open	Robin	Elg		
22	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Elite Open	Cheung Sing Nicholas	Tsang	曾祥星	
23	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Elite Open	Tik Long	Hung	洪迪朗	New Sports Triathlon
24	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Elite Open	Oscar Louis	Coggins	奧斯卡	
25	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Elite Open	Shing Him	Yu	余承謙	
26	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Elite Open	Tsz To	Wong	黃子圖	
28	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 20-24	Yu Hin	Ning	甯宇軒	Titan Triathlon
29	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 20-24	Ka Hang	Siu	蕭加行	Titan Triathlon
30	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 20-24	Tsun Hei	Lau	劉晉曦	Energetic Triathlon Shatin
31	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 25-29	Cheuk Hei	Lee	李卓熹	Hong Kong Fire Services Sports and Welfare Club
32	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 25-29	Man Hon	Yeung		Crest Ray Recreation & Sports Club
33	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 25-29	Ka Cheuk Samson	Lui	呂家焯	Crest Ray Recreation & Sports Club
34	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 25-29	Long Kit	Chiu	趙朗傑	New Sports Triathlon
35	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 25-29	Wai Hang	Chan	陳煒恒	
36	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 25-29	Pak Lai	Lam		
37	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 30-34	Man Kuk	SUM	沈文曲	Energetic Triathlon Shatin
38	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 30-34	Chi Haang	Cheung		
39	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 30-34	Ho Tung Arthur	LEE		
40	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 30-34	Pak Hei Cody	Kung		
41	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 30-34	wai leung	luk	陸偉樑	Titan Triathlon
42	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 30-34	Hok yee Terence	Li	李學頤	Hong Kong Fire Services Sports and Welfare Club
43	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 30-34	Ying Sun	Wong	黃迎新	
44	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 30-34	Winson	Tsoi	蔡瑋聲	
45	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 30-34	Ka Chun	Ko	高家俊	
46	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 30-34	世傑	劉		
47	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 30-34	Wai Ching	Yip		Crest Ray Recreation & Sports Club
48	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 30-34	chun fung	wong	黃震鋒	AustSports Association
49	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 30-34	Pak Lun	Lam		
50	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 30-34	KENNETH YEE LOK	WU	胡爾樂	Compass Sports Association
51	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 30-34	KA HEI	HO		Aqua Gym Sport Association
52	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 30-34	Dickson	Jim	詹迪生	Sonic Sports Association
53	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 30-34	Chun Hoi	Yuen	阮俊凱	Sonic Sports Association
54	1	07:00	Pink	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 20-24	Yan Ho Philip	Chu	朱昕浩	South China Athletic Association
56	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Elite Junior 1	Wan Tung	Wong	黃允彤	Energetic Triathlon Shatin
57	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Elite Junior 1	Lai Ki Nicole	Man	文麗淇	Energetic Triathlon Shatin
58	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Elite Junior 1	Lok Tung	Wong	王樂彤	

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59	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Elite Junior 1	Oi Yin	Chan	陳愛妍	Energetic Triathlon Shatin
60	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Elite Junior 1	Hayley	Tsang	曾熹兒	
61	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Elite Junior 1	Sarah	Madiano		
62	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Elite Junior 2	Anson	Lun	倫柏翹	AustSports Association
63	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Elite Open	Hoi Ching	Lam	林海晴	
64	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Elite Open	Bailee	Brown	彭詩雅	
65	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Elite Open	Yan yin	Choi	蔡欣妍	
66	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Elite Open	Tallulah	Wright	韋提	
67	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Elite Open	Cade	Wright	韋祺	
68	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Elite Open	Cheuk Yat	Lo	盧卓逸	Galaxy Sports Triathlon
69	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 20-24	Pui Ling	Fong	方珮鈴	
70	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 20-24	KA YING	MAK	麥嘉瑩	
71	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 20-24	Wan Chi	Lung	龍韻之	
72	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 20-24	Hiu Yu	Ting	丁曉婷	
73	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 25-29	Lindsey	MacInnes		
74	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 25-29	Nok Ting	Chan	陳諾婷	Crest Ray Recreation & Sports Club
75	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 25-29	Wing Yi	Cheng	鄭穎怡	
76	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 25-29	Yuen ching moose cullen	Hung	熊苑靖	
77	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 25-29	yan wing	to	杜昕穎	Crest Ray Recreation & Sports Club
78	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 25-29	Ishka	Hildebrandt		
79	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 25-29	Barbara	Walker		
80	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 25-29	Wai Ying Megan	Ng	吳蔚瑩	Crest Ray Recreation & Sports Club
81	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 30-34	HIU YAN	TONG	唐曉昕	
82	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 30-34	Wing Lam	Lau	劉穎霖	
83	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 30-34	Ho Yee	Wu		Sonic Sports Association
84	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 30-34	WAI TING	SIN	洗慧婷	
85	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 35-39	Sze Man	Tsoi	蔡思敏	
86	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 35-39	Elaine	Lui		Blue & White Spirit Sports Club
87	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 35-39	Long Heng	Lim		
107	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 35-39	Joyce	Chow		
88	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 40-44	Stephanie	Bina		
89	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 40-44	YUI MING	LI	李銳明	
90	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 40-44	Yee Man	Chan	陳綺雯	
91	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 45-49	Lo	LAU	劉露	Hong Kong Dragons Triathlon Club
92	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 45-49	Naoko	Wada-Thomas		
93	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 45-49	cin lam lisa	pun	潘羨霖	
94	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 45-49	Wing Yan Rouisa	Tse	謝詠恩	Energetic Triathlon Shatin
95	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 45-49	WAI CHONG HEIDI	TSE		
96	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 45-49	Man Fung	Poon	潘文鳳	
97	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 50-54	Nga Yee	Li	李雅怡	Energetic Triathlon Shatin
98	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 50-54	Stephanie	Tresch		
99	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 50-54	Tsz Ching	Lau	劉芷清	
100	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 50-54	Mika	Yamaguchi		Mango Swimming Club
101	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 50-54	MUI CHRISTINA	WONG	黃梅	
102	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 50-54	PUI YI ELIZABETH	TAM	譚佩儀	
103	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 50-54	Amandine	Courret		South China Athletic Association
104	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 65 & over	Choi ping	CHAU	周彩萍	
105	2	07:20	Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 65 & over	Shun Ying	Wong	王順英	
108	3	07:40	Yellow	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 50-54	Wai Ki	TSOI		Titan Triathlon
109	3	07:40	Yellow	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 50-54	CHI WAI SIMON	NG		
110	3	07:40	Yellow	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 50-54	RON	TUPAC		
111	3	07:40	Yellow	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 50-54	Warren	Lockner		South China Athletic Association
112	3	07:40	Yellow	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 50-54	Christopher	Lee		
113	3	07:40	Yellow	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 50-54	tik ho	chum	覃迪豪	
114	3	07:40	Yellow	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 50-54	John Ho Chuen	Lee	李浩銓	Energetic Triathlon Shatin
115	3	07:40	Yellow	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 50-54	WING YIN	YEUNG		
116	3	07:40	Yellow	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 50-54	Chi Yeong	Wong	黃智洋	

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117	3	07:40	Yellow	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 50-54	Sunil	Shah		
118	3	07:40	Yellow	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 50-54	ka fai	tse	謝嘉輝	Crest Ray Recreation & Sports Club
119	3	07:40	Yellow	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 50-54	Atsushi	Matsuzawa	松澤厚	Energetic Triathlon Shatin
120	3	07:40	Yellow	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 55-59	Bertram	Shi		Energetic Triathlon Shatin
121	3	07:40	Yellow	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 55-59	HONG	AU YEUNG	歐陽康	Mango Swimming Club
122	3	07:40	Yellow	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 55-59	Jack	Yee	Jack Yee	
123	3	07:40	Yellow	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 55-59	Wai Chung Christopher	Tong		Sonic Sports Association
124	3	07:40	Yellow	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 55-59	Kam Yau	Pang	彭金有	
125	3	07:40	Yellow	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 55-59	Chung Yat	Yuen	阮中一	
126	3	07:40	Yellow	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 55-59	man kwong	cheung		Mango Swimming Club
127	3	07:40	Yellow	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 55-59	Ricci	Yasin		Hong Kong Dragons Triathlon Club
138	3	07:40	Yellow	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 55-59	Davy	Lee		
128	3	07:40	Yellow	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 60-64	YING HO	LEE		Sonic Sports Association
129	3	07:40	Yellow	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 60-64	Alex	Lai	黎耀忠	AustSports Association
130	3	07:40	Yellow	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 60-64	Tai Wing	Choi	蔡太榮	AustSports Association
131	3	07:40	Yellow	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 60-64	Ying Fai	Lai		Tritons Triathlon Club
132	3	07:40	Yellow	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 60-64	WAH CHEUNG	CHOI		
133	3	07:40	Yellow	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 60-64	TAK WA PAUL	KONG		Energetic Triathlon Shatin
134	3	07:40	Yellow	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 60-64	kenji	Ueno		
135	3	07:40	Yellow	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 65 & over	Yuk Fu	Ma	馬育富	AustSports Association
136	3	07:40	Yellow	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 65 & over	King Yuen	Chan	陳景源	New Sports Triathlon
137	3	07:40	Yellow	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 65 & over	Heng Fan	Poon	恒奮	
140	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 35-39	Hiu Kong	Choi	蔡曉剛	
141	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 35-39	ALFRED KAR LOK	SIU		Sonic Sports Association
142	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 35-39	Ying Ming	Li	李英明	
143	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 35-39	Richard	Portman		
144	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 35-39	YING KIT	Tang	鄧英傑	First Ten Generation Team
145	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 35-39	Hidenori	Kusunoki		
146	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 35-39	Ka Kei	Chan	陳嘉麒	
147	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 35-39	Chun ngai	Lau	劉俊毅	
148	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 35-39	MING HEI	HO		
149	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 35-39	Ngon ying	Wong	黃岸英	
150	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 35-39	Yiu Kwan	Chan	陳堯坤	NL Triathlon Club
151	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 35-39	Hon Kit	Kwok	郭漢傑	Aqua Gym Sport Association
152	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 35-39	Adam	Webb		
153	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 35-39	Ka fai	Chan	陳嘉輝	
154	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 35-39	Bing	Xia	夏冰	
155	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 35-39	Sze Yu	Hung		Sonic Sports Association
193	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 35-39	Tai Hang	Cheung	張泰恒	Aqua Gym Sport Association
106	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 35-39	Elliot	Chiu		
156	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-44	Ace	Baiguen		South China Athletic Association
157	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-44	Kwan Ming	Ng	吳均銘	
158	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-44	Hong Ho Ronald	Lai		
159	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-44	YIU HUNG	NG	吳耀洪	First Ten Generation Team
160	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-44	Man Kit	Tsui	徐文傑	
161	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-44	Lap Ken Kenneth	Lee	李立勤	Sonic Sports Association
162	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-44	chi hang	chan		
163	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-44	Jim	TSANG		
164	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-44	Sin Hang	Chan		
165	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-44	Sheung Mo	Ho	何尚武	
166	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-44	sze chun	poon	潘詩峻	Sonic Sports Association
167	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-44	Kai Yin	Wong	黃啟然	Hong Kong Fire Services Sports and Welfare Club
168	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-44	Ivan	Du		Aqua Gym Sport Association
169	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-44	Wing Chung Jonathan	Tang	鄧穎聰	
170	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-44	Ka kui	Cheng	鄭嘉駒	
171	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-44	DAOLONG	HU		Energetic Triathlon Shatin
172	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-44	Yin Wang	NG		

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173	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-44	Gump	Wong Yuk Hei	黃旭曦	
174	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-44	Tsz Long	Chan	陳子朗	
175	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-44	Wing ho	Tsang	曾榮浩	
176	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 45-49	Ka Ming	Yeung		
177	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 45-49	wai yip (sony)	wu	胡偉業	Crest Ray Recreation & Sports Club
178	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 45-49	Ka Ming	Lai	黎家銘	
179	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 45-49	Chi Wai	Chan	陳子為	
180	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 45-49	Wing-fai	NG	吳永耀	
181	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 45-49	YORK	LI	李越宇	
182	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 45-49	Wai Hang	Tsui	崔偉恆	
183	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 45-49	Cyril	Daccord		
184	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 45-49	Wai Hung	Chan	陳偉洪	
185	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 45-49	Robert	Small		
186	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 45-49	Pak-fai	CHAN	陳柏輝	
187	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 45-49	Marat	Bogatyrev		
188	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 45-49	Kin Ming Simon	Chan		The Little Dolphin Swimming Training Center
189	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 45-49	Lee	Kwok Man	李國文	
190	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 45-49	Chi Kong	Wong		
191	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 45-49	LEUNG	Wilson	梁財輝	
192	4	08:00	Light Blue	Challenge Distance (Swim 500m > Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 45-49	Chun yip	chan	陳振業	
194	5	08:20	White	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Female Elite Youth	Hiu Yau	Yeung	楊曉悠	
195	5	08:20	White	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Female Elite Youth	Chung Ning	Shum	岑頌寧	Energetic Triathlon Shatin
196	5	08:20	White	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Female Elite Youth	Heulwen	Chau	周烜慧	Energetic Triathlon Shatin
197	5	08:20	White	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Female Elite Youth	Yuet Hei	Ng	吳悅曦	Energetic Triathlon Shatin
198	5	08:20	White	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 20-29	Tsz Yan	Kwok	郭梓欣	First Ten Generation Team
199	5	08:20	White	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 20-29	Jun	Yeung	楊愷然	
200	5	08:20	White	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 20-29	Chit Ching	Liu		
201	5	08:20	White	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 20-29	Sirena Harcourt	Neaves		
202	5	08:20	White	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 20-29	HIU LAM	KOO	顧曉琳	Energetic Triathlon Shatin
203	5	08:20	White	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 20-29	Yuen Tung Megan	Chan		
204	5	08:20	White	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 20-29	SIU KWAN	OR	OR SIU KWAN	Energetic Triathlon Shatin
205	5	08:20	White	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 30-39	PO YAN	CHAN	陳寶欣	
206	5	08:20	White	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 30-39	Wing Yan Jennifer	Li	李穎欣	Crest Ray Recreation & Sports Club
207	5	08:20	White	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 30-39	Yuen Kwan Flora	Leung	梁琬筠	Hong Kong Fire Services Sports and Welfare Club
208	5	08:20	White	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 30-39	Sharon	Chan		
209	5	08:20	White	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 30-39	YING LIN	LAM		Energetic Triathlon Shatin
210	5	08:20	White	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 30-39	Cassy	Koo		NL Triathlon Club
211	5	08:20	White	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 30-39	Yu Fan	Wong		
212	5	08:20	White	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 40-49	Lo	LAU	劉露	
213	5	08:20	White	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 40-49	Sze Man	Yeung		Crest Ray Recreation & Sports Club
214	5	08:20	White	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 40-49	Adeline	PUGET		Hong Kong Football Club Swimming and Triathlon Society
215	5	08:20	White	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 40-49	MAN YI MAY	LI	MAY LI	Energetic Triathlon Shatin
216	5	08:20	White	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 40-49	Sze Man Simone	Tam		Energetic Triathlon Shatin
217	5	08:20	White	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 40-49	Yeuk Lan	Poon		
218	5	08:20	White	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 50-59	Willa	WONG		Mango Swimming Club
219	5	08:20	White	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 50-59	Ip Ching	Wong	黃葉菁	
220	5	08:20	White	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 50-59	Echo	Chow	周慧儀	
221	5	08:20	White	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 50-59	Man Ching	Lai	賴文清	Energetic Triathlon Shatin
222	5	08:20	White	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 50-59	SHUK HAN KAREN	LUI		Energetic Triathlon Shatin
223	5	08:20	White	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 50-59	Koon Fong	Lee		
224	5	08:20	White	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 60-69	Wan tuen	Chan	陳允端	
225	5	08:20	White	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Female Age Group 60-69	Cecilia	Wong	王嘉慧	Sonic Sports Association
226	5	08:20	White	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Female Junior 1	Yin Alice	Au Yeung	歐陽彥	Mango Swimming Club
227	5	08:20	White	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Female Junior 1	Adelyn	Wallace		Aqua Gym Sport Association
228	5	08:20	White	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Female Junior 1	Carina Nok Yin	Koo		
229	5	08:20	White	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Female Junior 1	Samantha	Lee	李瀚心	South China Athletic Association
230	5	08:20	White	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Female Junior 2	Leia	TONG		

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231	5	08:20	White	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Female Junior 2	Nicole	Chau		
232	5	08:20	White	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Female Junior 2	Hiu Tung	Tang	鄧曉桐	Crest Ray Recreation & Sports Club
234	6	08:35	Pink	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Elite Youth	Edison	Wong	黃子健	
235	6	08:35	Pink	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Elite Youth	Lucas	Wong	王諾	Energetic Triathlon Shatin
236	6	08:35	Pink	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Elite Youth	Chi Yan Ian	Chung	鍾智仁	
237	6	08:35	Pink	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Elite Youth	Yik Hei	Lau	劉奕希	Energetic Triathlon Shatin
238	6	08:35	Pink	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Elite Youth	Desmond Cheuk Yin	Chau	周卓賢	Energetic Triathlon Shatin
239	6	08:35	Pink	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Elite Youth	CHEUK KIU	Ng	吳卓翹	Energetic Triathlon Shatin
240	6	08:35	Pink	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Elite Youth	Tze Kiu	Tam	譚子翹	Energetic Triathlon Shatin
241	6	08:35	Pink	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Elite Youth	Yin Hang	Chan	陳彥衡	Aqua Gym Sport Association
242	6	08:35	Pink	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Junior 1	KA O	LO	盧加奧	Galaxy Sports Triathlon
243	6	08:35	Pink	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Junior 1	Yat Long, Marcus	Ng	伍溢朗	Galaxy Sports Triathlon
244	6	08:35	Pink	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Junior 1	Shung Him	Lai	賴崇謙	AustSports Association
245	6	08:35	Pink	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Junior 1	Tsz Yeung Ian	Shek	石梓暘	Galaxy Sports Triathlon
246	6	08:35	Pink	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Junior 1	LOK HIN	LUI	呂樂軒	Galaxy Sports Triathlon
247	6	08:35	Pink	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Junior 1	Pak Lam Cass	Man	文柏藍	AustSports Association
248	6	08:35	Pink	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Junior 1	YAT LONG	LAM	林日朗	
249	6	08:35	Pink	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Junior 1	Ching Nok	Chan	陳政諾	
250	6	08:35	Pink	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Junior 1	Chun Ming Marcus	Wu	胡晉銘	
251	6	08:35	Pink	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Junior 1	TSZ HIM	MOK	莫子謙	Galaxy Sports Triathlon
252	6	08:35	Pink	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Junior 1	CHI HIM RYAN	YAU	丘志謙	Galaxy Sports Triathlon
253	6	08:35	Pink	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Junior 1	Wai Yin	Chan	陳韋弦	Sparkle Triathlon
254	6	08:35	Pink	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Junior 1	Hei Tung	Ng		Blue & White Spirit Sports Club
255	6	08:35	Pink	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Junior 2	景行	周	周景行	The Little Dolphin Swimming Training Center
256	6	08:35	Pink	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Junior 2	Yin	Kei	紀彥	Aqua Gym Sport Association
257	6	08:35	Pink	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 20-29	Youval, Patrick	Vanlaer		
258	6	08:35	Pink	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 20-29	SHI HIM JOSIAH	CHOI		
259	6	08:35	Pink	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 20-29	Arnaud	Lafargue		
260	6	08:35	Pink	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 20-29	Wing Chun	Lau	劉榮臻	Galaxy Sports Triathlon
27	6	08:35	Pink	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 20-29	Ching Yiu	Chan	陳正堯	Galaxy Sports Triathlon
261	6	08:35	Pink	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 30-39	Ting Him	Ho	何庭謙	
262	6	08:35	Pink	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 30-39	ching yi	to		
263	6	08:35	Pink	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 30-39	Tsz Hin	Cheung		
264	6	08:35	Pink	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 30-39	Gordon	Kwong		
265	6	08:35	Pink	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 30-39	Bruce CM	Leung		
266	6	08:35	Pink	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 30-39	ho lun	leung		
267	6	08:35	Pink	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 30-39	Chik Wai Jason	Wong		
268	6	08:35	Pink	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 30-39	Ho Tun	Koo		
269	6	08:35	Pink	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Junior 2	Maxime Ernesto	Dulondel-Grande		
270	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-49	chun peter	cheung	張晉	Crest Ray Recreation & Sports Club
271	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-49	Ka Wai	Cheng	鄭嘉偉	
272	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-49	HON SUEN	MOK	莫翰遜	Crest Ray Recreation & Sports Club
273	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-49	Yeung	Yiu Lun		Crest Ray Recreation & Sports Club
274	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-49	Ming Kuen Alan	Wong	黃明權	Crest Ray Recreation & Sports Club
275	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-49	KIN CHUNG	HUI	許健聰	
276	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-49	Tak Kiu	Pun	潘德翹	Tritons Triathlon Club
277	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-49	Wai kei	TANG	鄧偉基	
278	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-49	Chi Hang	Chong	莊知行	Energetic Triathlon Shatin
279	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-49	Kwong Kui	Leung		
280	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-49	Wai Kin	Lee	李偉堅	Hong Kong Fire Services Sports and Welfare Club
281	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-49	Stephen	Ng		
282	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-49	Hon Yip	Chan	陳漢業	Blue & White Spirit Sports Club
283	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-49	CHI TANG JACKY	KAM	甘子騰	Alpha Zone Sports
284	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-49	Chung Shun	Chan	陳重信	
285	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-49	Ryuji	Takahashi		
286	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-49	Nobuyasu	Kijima	木島 仲安	

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287	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-49	Kazuya	Kuribayashi	栗林和也	
288	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-49	Cheuk Bun	Li	李焯斌	
289	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-49	Yin Wing, Jerry	Fu	符彥榮	
290	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-49	chuen yin james	chan		
291	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-49	Sheung Man	Lau		NL Triathlon Club
292	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-49	Yoshihiro	OTANI		
293	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-49	YUSUKE	SHIMOZONO		
294	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-49	Maxime	Dulondel		
295	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-49	Miracle	CHENG		
317	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-49	Kingwah	Ng		
296	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 50-59	King Lai, Jeffrey	LIU	廖敬禮	Mango Swimming Club
297	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 50-59	SHU WAH JIMMY	WAN	溫樹華	Energetic Triathlon Shatin
298	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 50-59	KENNY KA FAI	LEUNG	梁家輝	
299	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 50-59	KIT HUNG THOMAS	TAM		
300	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 50-59	Chi Kit	Chan	陳志傑	The Little Dolphin Swimming Training Center
301	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 50-59	yosuke	oka	岡洋介	Energetic Triathlon Shatin
302	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 50-59	Vincent	Lee		AustSports Association
303	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 50-59	Kwing hung gary	Man		
304	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 50-59	Robert	Sue		
305	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 50-59	CHI KIT	CHAN		
306	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 50-59	fung	ping yip	馮炳業	
307	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 60-69	LAI CHUNG	LEE		Mango Swimming Club
308	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 60-69	Chi Ming	Chiu	焦志明	
309	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 60-69	Ho Seng	Wong	王皓生	Energetic Triathlon Shatin
310	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 60-69	YIN CHEONG	WONG		Energetic Triathlon Shatin
311	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 60-69	富齡	譚	譚富齡	
312	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 60-69	Che Wai	Lee		
313	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 70 & Over	Stephen King Che	Chan		Energetic Triathlon Shatin
314	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 70 & Over	Chi Ling Clement	Yeung	楊子凌	The Little Dolphin Swimming Training Center
315	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 70 & Over	KONG	SHEK	石江	AustSports Association
316	7	08:50	Blue	Sprint Distance (Run 2.5km > Swim 250m > Run 2.5km)	Male Age Group 40-49	Lok	Law		Titan Triathlon
318	8	09:00	Yellow	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2010	Pok Yin	Tsang		The Little Dolphin Swimming Training Center
319	8	09:00	Yellow	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2010	Chun Yiu	Hui	許駿堯	The Little Dolphin Swimming Training Center
320	8	09:00	Yellow	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2010	Alban	Modiano	安班	South China Athletic Association
321	8	09:00	Yellow	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2010	Yat Nok	Kwok	郭一諾	
322	8	09:00	Yellow	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2010	hoi fan	ma	馬凱勳	
323	8	09:00	Yellow	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2010	Pak Hei	Chan	陳柏僊	Galaxy Sports Triathlon
324	8	09:00	Yellow	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2010	Chum	tsz ho	譚子皓	Aqua Gym Sport Association
325	8	09:00	Yellow	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2010	Cheuk Long	Chun	陳卓朗	
326	8	09:00	Yellow	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2010	Eugene	Lee	李沛橋	
327	8	09:00	Yellow	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2010	KING TO	CHAN		Energetic Triathlon Shatin
328	8	09:00	Yellow	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2010	Jasper	Ho	何頌朗	The Little Dolphin Swimming Training Center
329	8	09:00	Yellow	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2011	O	SHAM	岑敬	Galaxy Sports Triathlon
330	8	09:00	Yellow	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2011	Carlos Hoi Kit	Mok	莫凱傑	
331	8	09:00	Yellow	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2011	KaSing	Lai	賴嘉昇	Galaxy Sports Triathlon
332	8	09:00	Yellow	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2011	Tsz Kin	Tse	謝梓健	Galaxy Sports Triathlon
333	8	09:00	Yellow	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2011	vincent	yee		
334	8	09:00	Yellow	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2011	YAT LONG	NG	吳日朗	Aqua Gym Sport Association
335	8	09:00	Yellow	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2011	Theodore	Zhang	張天維	Mango Swimming Club
336	8	09:00	Yellow	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2011	Ching Kiu	Ng	吳政橋	AustSports Association
337	8	09:00	Yellow	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2011	King Sing Kurtis	Lam	林敬昇	
339	9	09:05	Pink	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2012	Yi Qian	Low	劉奕謙	Crest Ray Recreation & Sports Club
340	9	09:05	Pink	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2012	Yik Hang	Fan	樊翊珩	Crest Ray Recreation & Sports Club
341	9	09:05	Pink	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2012	Ian	Wong	王喆	Energetic Triathlon Shatin
342	9	09:05	Pink	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2012	HOI JIN JAYDEN	LEE		Energetic Triathlon Shatin
343	9	09:05	Pink	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2012	Chak Hei Jeffrey	Tsang	曾澤濶	Energetic Triathlon Shatin

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344	9	09:05	Pink	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2012	LUKAS	WONG		Energetic Triathlon Shatin
345	9	09:05	Pink	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2012	Leong Yin	Au	歐亮言	Sparkle Triathlon
346	9	09:05	Pink	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2012	TSZ WUN XAVIER	CHEUNG	張子桓	Crest Ray Recreation & Sports Club
347	9	09:05	Pink	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2012	Yat Long Julian	Cho	曹日朗	
348	9	09:05	Pink	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2012	丕恩	李	李丕恩	
349	9	09:05	Pink	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2012	Cheuk Nam Janko	Au	區卓嵐	Energetic Triathlon Shatin
350	9	09:05	Pink	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2012	Hao che	Chang	張浩哲	Crest Ray Recreation & Sports Club
351	9	09:05	Pink	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2012	WAI TING	LEE	李瑋庭	AustSports Association
352	9	09:05	Pink	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2012	YUI HANG	CHOI	蔡睿珩	
353	9	09:05	Pink	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2012	Cheuk Yat Julien	Wong	黃焯一	Sparkle Triathlon
354	9	09:05	Pink	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2012	Yiyang	Tan	談弈揚	
355	9	09:05	Pink	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2012	KA HIN	LEE	李嘉軒	
356	9	09:05	Pink	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2012	新竹	趙	趙新竹	Crest Ray Recreation & Sports Club
357	9	09:05	Pink	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2013	Ching Long	Yan	殷靖朗	Sparkle Triathlon
358	9	09:05	Pink	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2013	TING YAN MATTHEW	PANG	彭廷殷	Crest Ray Recreation & Sports Club
359	9	09:05	Pink	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2013	Chak Fung	Ng	吳澤豐	First Ten Generation Team
360	9	09:05	Pink	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2013	Carson Chung Kit	Mok	莫宗杰	
361	9	09:05	Pink	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2013	TANG	HO HIM	TANG	Energetic Triathlon Shatin
362	9	09:05	Pink	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2013	Cheuk Hang	Ko	高焯恆	
363	9	09:05	Pink	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2013	TSZ LONG	TANG	鄧子朗	
364	9	09:05	Pink	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2013	Antonin	Modiano		South China Athletic Association
365	9	09:05	Pink	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2013	Tak Hei	Lam	林德熙	Blue & White Spirit Sports Club
366	9	09:05	Pink	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2013	Ka Hei	Lau	劉家熹	Galaxy Sports Triathlon
367	9	09:05	Pink	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2013	CARLOS	CHAN		Energetic Triathlon Shatin
368	9	09:05	Pink	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2013	Shing Hang	Fok	霍承亨	Energetic Triathlon Shatin
369	9	09:05	Pink	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2013	HO CHING ANGUS	LEUNG	梁皓程	The Little Dolphin Swimming Training Center
370	9	09:05	Pink	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2013	Chun Lam	Chu	朱俊霖	The Little Dolphin Swimming Training Center
371	9	09:05	Pink	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2013	Arvid Bela	Schulz		South China Athletic Association
372	9	09:05	Pink	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2013	Kwan Chung Samson	Chan	陳鯤翀	Hoi Ngai Sports Association
373	9	09:05	Pink	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2013	San Mau Jacob	Mak	麥宸歌	Sparkle Triathlon
374	9	09:05	Pink	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2013	Yu Ming Marcus	Lam	林	
375	9	09:05	Pink	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2013	Lap Yan	Kei	紀立人	Sparkle Triathlon
376	9	09:05	Pink	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2013	pak long Casper	chan	陳柏朗	Energetic Triathlon Shatin
377	9	09:05	Pink	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2013	Shun Hei	Wong	黃淳希	
378	9	09:05	Pink	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2013	Chun Hong Chaska	Poon	方俊匡	
379	9	09:05	Pink	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2013	Sze Chai Damon	LAU		Energetic Triathlon Shatin
380	9	09:05	Pink	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2013	JIANGZHI	HU	胡江芷	Energetic Triathlon Shatin
381	9	09:05	Pink	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2013	Yi Chun Leonard	Wu	胡爾璦	
382	9	09:05	Pink	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2013	THYME	FISCHER LAM	林峻廣	
383	9	09:05	Pink	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2013	Geoffrey	Birchall		Aqua Gym Sport Association
384	9	09:05	Pink	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2013	Chet	Yung	翁節	Crest Ray Recreation & Sports Club
385	10	09:10	Light Blue	Discovery Distance (Swim 250m > Run 2.5km)	Girls 2010	Hiu Tung	Leung	梁曉彤	
386	10	09:10	Light Blue	Discovery Distance (Swim 250m > Run 2.5km)	Girls 2010	Yi Chun	Chan	陳以臻	AustSports Association
387	10	09:10	Light Blue	Discovery Distance (Swim 250m > Run 2.5km)	Girls 2011	Hong Ching	Wong	黃康晴	The Little Dolphin Swimming Training Center
388	10	09:10	Light Blue	Discovery Distance (Swim 250m > Run 2.5km)	Girls 2011	瓏珍	袁		
389	10	09:10	Light Blue	Discovery Distance (Swim 250m > Run 2.5km)	Girls 2012	Wan Shun	Cheung	張蘊淳	
390	10	09:10	Light Blue	Discovery Distance (Swim 250m > Run 2.5km)	Girls 2012	YI	MA	馬懿	
391	10	09:10	Light Blue	Discovery Distance (Swim 250m > Run 2.5km)	Girls 2012	Yee ling	Yip	葉依凌	
392	10	09:10	Light Blue	Discovery Distance (Swim 250m > Run 2.5km)	Girls 2013	CHING HEI	WONG		Energetic Triathlon Shatin
393	10	09:10	Light Blue	Discovery Distance (Swim 250m > Run 2.5km)	Girls 2013	Lok Tung	Cheung	張銘桐	Blue & White Spirit Sports Club
394	10	09:10	Light Blue	Discovery Distance (Swim 250m > Run 2.5km)	Girls 2013	yilin	Ke	柯怡琳	Blue & White Spirit Sports Club
395	10	09:10	Light Blue	Discovery Distance (Swim 250m > Run 2.5km)	Girls 2013	Chen	Jiayi	陳嘉懿	Blue & White Spirit Sports Club
396	10	09:10	Light Blue	Discovery Distance (Swim 250m > Run 2.5km)	Girls 2013	Yuen Lam	Liu	廖婉霖	Blue & White Spirit Sports Club
397	10	09:10	Light Blue	Discovery Distance (Swim 250m > Run 2.5km)	Girls 2013	Tsz Shun	CHAN	陳梓淳	Blue & White Spirit Sports Club
398	10	09:10	Light Blue	Discovery Distance (Swim 250m > Run 2.5km)	Girls 2013	Cheuk Lam	Chung	鍾焯琳	Energetic Triathlon Shatin
399	10	09:10	Light Blue	Discovery Distance (Swim 250m > Run 2.5km)	Girls 2013	Hui Tung Hazel	LEE	李曉彤	
400	10	09:10	Light Blue	Discovery Distance (Swim 250m > Run 2.5km)	Girls 2013	Jessie	Ho	何泳悠	The Little Dolphin Swimming Training Center

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401	10	09:10	Light Blue	Discovery Distance (Swim 250m > Run 2.5km)	Girls 2013	Tsz Wan Ingrid	Fong		Crest Ray Recreation & Sports Club
402	10	09:10	Light Blue	Discovery Distance (Swim 250m > Run 2.5km)	Girls 2013	Cin Yee Cydnee	Chung	鍾倩兒	
404	10	09:10	Light Blue	Discovery Distance (Swim 250m > Run 2.5km)	Girls 2013	Wai Ting	Wong	黃煒婷	The Little Dolphin Swimming Training Center
403	10	09:10	Light Blue	Discovery Distance (Swim 250m > Run 2.5km)	Girls 2012	Hoi Ki	Ng	吳凱淇	Crest Ray Recreation & Sports Club
405	11	09:20	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2014	KAI HEI	LEUNG		Energetic Triathlon Shatin
406	11	09:20	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2014	CHUN HEI	LI	李俊熙	Crest Ray Recreation & Sports Club
407	11	09:20	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2014	Wan Hin	Mok	莫燼軒	Energetic Triathlon Shatin
408	11	09:20	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2014	彥信	邱	邱彥信	Blue & White Spirit Sports Club
409	11	09:20	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2014	Tsz Him	Wong	黃籽謙	Sparkle Triathlon
410	11	09:20	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2014	Lok Tin Mike	Man	文洛天	AustSports Association
411	11	09:20	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2014	YUK SEN	LEUNG	梁毓晨	The Little Dolphin Swimming Training Center
412	11	09:20	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2014	Jean	Cholvy		
413	11	09:20	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2014	YAU YAT	LEUNG		Energetic Triathlon Shatin
414	11	09:20	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2014	oson	lau	劉敖辰	The Little Dolphin Swimming Training Center
415	11	09:20	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2014	Karl	Cheung		AustSports Association
416	11	09:20	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2014	William Joshua	Harrod		Aqua Gym Sport Association
417	11	09:20	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2014	Yat to Travis	Li		Energetic Triathlon Shatin
418	11	09:20	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2014	Yuet Hei	Chan		Aqua Gym Sport Association
419	11	09:20	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2014	Yat Shun	Cheung	張逸淳	
420	11	09:20	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2014	Max	Muir		Aqua Gym Sport Association
421	11	09:20	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2014	Tin Lap	Qu	邱天立	Sparkle Triathlon
422	11	09:20	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2014	Yat Long Jay	Chan	陳逸朗	Energetic Triathlon Shatin
423	11	09:20	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2014	CHUNG YU	WONG		Energetic Triathlon Shatin
424	11	09:20	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2014	Zhao Feng Marcus	Li	李兆峰	
425	11	09:20	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2014	Ho Wai	Tsui	徐昊緯	
426	11	09:20	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2014	Gareth Pak Kiu	Li		
427	11	09:20	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2015	SEN YIK OTTO	WANG		Energetic Triathlon Shatin
428	11	09:20	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2015	Lap Yan Duncan	Chow	周立仁	The Little Dolphin Swimming Training Center
429	11	09:20	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2015	Liam	Wong		Energetic Triathlon Shatin
430	11	09:20	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2015	CHI YIN IVIN	CHUNG	鍾至弦	
431	11	09:20	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2015	Yat Hei Isaac	Poon	潘日希	Sparkle Triathlon
432	11	09:20	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2015	Cheuk Yin Dickies	NG	吳芍鋌	Crest Ray Recreation & Sports Club
433	11	09:20	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2015	Tin Hang	Qu	邱天行	Sparkle Triathlon
434	11	09:20	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2015	Lucas Timothy	Gallie		
435	11	09:20	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2015	Chun Kiu	Yu	虞竣喬	Sparkle Triathlon
436	11	09:20	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2015	Augustus	Mahmud		
437	11	09:20	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2015	Yi Li	Wong	黃爾理	
438	11	09:20	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2015	King Chiu Kaden	Lam	林敬超	
440	12	09:25	Pink	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2014	Hok Yee cheryl	Li	李學而	
441	12	09:25	Pink	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2014	WAN CHING	CHAN	陳韻晴	Crest Ray Recreation & Sports Club
442	12	09:25	Pink	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2014	YUI YAN	NG		Energetic Triathlon Shatin
443	12	09:25	Pink	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2014	思澄	呂	呂思澄	
444	12	09:25	Pink	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2014	Ming Wai Charlie	Tong		
445	12	09:25	Pink	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2014	Lok Yin Alicia	Lau	劉樂然	The Little Dolphin Swimming Training Center
446	12	09:25	Pink	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2014	Chin Yui	Chan	陳芊睿	AustSports Association
447	12	09:25	Pink	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2014	Ceinwen	Chau	周翹慧	Energetic Triathlon Shatin
448	12	09:25	Pink	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2014	JIANGQI	HU		Energetic Triathlon Shatin
449	12	09:25	Pink	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2014	DULONDEL-GRANDE	Luz		
450	12	09:25	Pink	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2015	Alicia	Li	李星藍	
451	12	09:25	Pink	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2015	HEI SHUN ONA	LEUNG		Energetic Triathlon Shatin
452	12	09:25	Pink	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2015	Yat Tung	Wan	溫日彤	Sparkle Triathlon
453	12	09:25	Pink	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2015	文珮	廖	廖文珮	Blue & White Spirit Sports Club
454	12	09:25	Pink	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2015	Ka Pik Abigail	Mak	麥珈璧	Sparkle Triathlon
455	12	09:25	Pink	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2015	Gemma Catherine	Beaumont	布珞琳	
456	12	09:25	Pink	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2015	TIN WAI	LAW		
457	12	09:25	Pink	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2015	HAYLIE	TSANG	曾希妍	The Little Dolphin Swimming Training Center

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458	12	09:25	Pink	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2015	Hei Ching	Tse	謝偉澄	Sparkle Triathlon
459	12	09:25	Pink	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2015	林欣恩	Lam	Abigail	
460	12	09:25	Pink	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2015	Miu Yan	CHU	朱妙欣	The Little Dolphin Swimming Training Center
461	12	09:25	Pink	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2015	Cheryl	Lau	劉森芮	First Ten Generation Team
462	12	09:25	Pink	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2015	Tsz Yau Gwen	Fong		Crest Ray Recreation & Sports Club
463	12	09:25	Pink	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2016	Shun Yee Charlotte	Li	李信而	
464	12	09:25	Pink	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2016	Hau Yee Alisha	WU	胡巧兒	The Little Dolphin Swimming Training Center
465	12	09:25	Pink	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2016	TSZ YAU	NG	吳梓濤	First Ten Generation Team
466	12	09:25	Pink	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2016	Cheuk Man	Ko	高焯雯	
467	12	09:25	Pink	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2016	Michaela Grace	Leung	梁然知	First Ten Generation Team
468	12	09:25	Pink	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2016	Amelia	Bogatyreva		
469	12	09:25	Pink	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2016	CHING CHING	GU	顧晴晴	The Little Dolphin Swimming Training Center
470	12	09:25	Pink	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2016	Estelle	Salomon	沙凱晴	
471	12	09:25	Pink	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2016	Tsz Yau	Yeung	楊子悠	Blue & White Spirit Sports Club
472	12	09:25	Pink	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2017	Sumyu	Cheung	張芯瑀	First Ten Generation Team
473	12	09:25	Pink	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2017	Marilou	Puget		
474	12	09:25	Pink	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2017	Yuet Ching	Tang	鄧悅晴	First Ten Generation Team
475	12	09:25	Pink	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2017	Wan Ching	Mok	莫韻澄	Energetic Triathlon Shatin
478	13	09:30	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2016	Kak Scott	Yeung	楊格	Sparkle Triathlon
479	13	09:30	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2016	Tsz Ho	Yan	殷梓賢	Sparkle Triathlon
480	13	09:30	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2016	YIU HENG	LI	李耀行	
481	13	09:30	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2016	TAK MAN	LEUNG	梁德恣	Energetic Triathlon Shatin
482	13	09:30	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2016	Desmond	Leung	梁泰彰	Galaxy Sports Triathlon
483	13	09:30	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2016	HEI LONG OTIS	LEUNG		Energetic Triathlon Shatin
484	13	09:30	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2016	Timothee	PUGET		South China Athletic Association
485	13	09:30	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2016	George	Harrod		Aqua Gym Sport Association
486	13	09:30	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2016	Yuet Fung Nikan	Yiu	饒越風	The Little Dolphin Swimming Training Center
487	13	09:30	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2016	CHEUK YIN	LAU	劉卓賢	Energetic Triathlon Shatin
488	13	09:30	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2016	JIN HARVEY	KWOK	郭臻	
489	13	09:30	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2016	Hayling William Chan	Green	希寧	
490	13	09:30	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2016	Kwun cheong	Tsang	曾冠倡	First Ten Generation Team
491	13	09:30	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2016	Ajade Chin Hap	Lee	李千俠	
492	13	09:30	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2016	Nok Yi Jasper	Chan	陳諾一	
493	13	09:30	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2017	Morgan Muk	Yeung	楊目	Sparkle Triathlon
494	13	09:30	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2017	Harvey	Leung	梁越	
495	13	09:30	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2017	Sum To	Chan	陳心陶	First Ten Generation Team
496	13	09:30	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2017	Lok Chun	Wong	黃樂臻	First Ten Generation Team
497	13	09:30	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2017	CHING KIU	WONG		Energetic Triathlon Shatin
498	13	09:30	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2017	Shu Yan Ethan	Mak	麥庶寅	Sparkle Triathlon
499	13	09:30	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2017	Cheuk Hei	Cheng		
500	13	09:30	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2017	Hoi Yi	Yau	邱海懿	Aqua Gym Sport Association
501	13	09:30	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2017	Isaac Chongyi	Shi	石崇伊	Mango Swimming Club
502	13	09:30	White	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2017	Tang	Song		Mango Swimming Club