

2025 Hong Kong Triathlon Championships start list (Updated on 20/11/2025)

Race Category	Race Category (Age)	First Name	Last Name	Chinese Name	Club
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 20-24	Wing Sing Foster	Choi		
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 20-24	Yukie	Chan	陳鈺淇	
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 25-29	Jodie	Crisp		Hong Kong Dragons Triathlon Club
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 25-29	YUEN YING	TSUI		
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 30-34	AMY WING YI	LEE		
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 30-34	Qianruo	Liu	劉芊箬	
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 30-34	ning	tan	陳寧生	
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 35-39	Ruth	Johnstone		Sonic Sports Association
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 35-39	Wai Shan Lily	Chu		Sonic Sports Association
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 40-44	sophia	lai		Tritons Triathlon Club
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 40-44	Derek	Baram		
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 45-49	Alysha	Gauthier		
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 45-49	Leslie	LI		
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 45-49	ROMAIN	CAMERMAN		
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 45-49	Begum	Demiral		Hong Kong Football Club Swimming and Triathlon Society
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 50-54	Yugen	Chen	陳玉根	LGP Sports
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 50-54	Caroline	Walker		Hong Kong Dragons Triathlon Club
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 50-54	Jonette	Dimblad		
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 50-54	LAI PING	LEUNG	梁麗萍	The Little Dolphin Swimming Training Center
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 50-54	MUI CHRISTINA	WONG	黃梅	Mango Swimming Club
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 50-54	PUI YI ELIZABETH	TAM	譚佩儀	Crest Ray Recreation & Sports Club
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 55-59	wai fun	LIU		Sonic Sports Association
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 55-59	HAU YI DORA	LI		Energetic Triathlon Shatin
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 55-59	Richard	Colwill		
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 60-64	CHOI HA	CHOI	蔡彩霞	
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 20-24	Long Ching Nigel	Wong	黃朗程	Energetic Triathlon Shatin
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 20-24	Pak Hang Mannix	Wong	黃柏衡	
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 20-24	Tsun Kiu	Lui	呂峻翹	Compass Sports Association
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 20-24	ze Kai	Xie		
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 20-24	Abdulwadood Ashraf	Faazli		
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 20-24	XIE	ZE KAI		
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 20-24	Pui Shuen Anson	Ho	何沛鐔	
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 25-29	Sean James	Hagerty		
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 25-29	Chin Hang	Lee	李展鏗	
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 25-29	Long Kit	Chiu	趙朗傑	New Sports Triathlon
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 25-29	Chris Chung Hang	Kwan		Sonic Sports Association
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 25-29	Sean	Liu		Hong Kong Dragons Triathlon Club
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 25-29	Lucas	Rey		
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 25-29	James	Tan	陳明輝	South China Athletic Association
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 25-29	Man Hon	Yeung		Crest Ray Recreation & Sports Club
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 25-29	John	Liu		Crest Ray Recreation & Sports Club
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 30-34	Maxime	Piau		NL Triathlon Club
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 30-34	Ka Chung	Cheung		NL Triathlon Club
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 30-34	Keilong	Ng	吳祈朗	
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 30-34	Ka Shing	Lau	劉家誠	
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 30-34	Samuel	Juers		
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 30-34	Tsz Him	Lau	劉梓謙	
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 30-34	Sunny	Leung	梁浩靈	
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 30-34	Chun Hoi	Yuen	阮俊凱	Sonic Sports Association
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 30-34	REMI	COMMERCON		
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 30-34	Aiden Leigh	Feeney		
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 30-34	KA HEI	HO		Aqua Gym Sport Association

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Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 30-34	Benjamin	Le Crom		
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 30-34	Rikus	Keyser		Alpha Zone Sports
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 30-34	Chi Yuen Lionel	Mok		
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 30-34	Pierre	Cubillé		
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 30-34	Tin Lok	Wong		NL Triathlon Club
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 30-34	Ka Ki	Fong	方家麒	NL Triathlon Club
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 30-34	Dickson	Jim	詹迪生	Sonic Sports Association
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 35-39	Cheuk Man	chan	陳卓文	Titan Triathlon
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 35-39	ka chun	lau	劉家俊	
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 35-39	Yau Yan	Tam	譚佑恩	AustSports Association
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 35-39	HAN	ZHENG	鄭瀚	
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 35-39	Garcia Hin Chun	Kwok		
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 35-39	Tsz Fung	Chiu	趙子峰	Sonic Sports Association
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 35-39	Chung	Ho	何冲	Crest Ray Recreation & Sports Club
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 35-39	Jackson	Hall		South China Athletic Association
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 35-39	Huen Pui	Chu	朱烜培	
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 35-39	Richard	Portman		
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 35-39	Sze Yu	Hung		Sonic Sports Association
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	Man Kin	Leung	梁文健	
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	Thomas	Augarde		
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	Jean Remi	Lopez		
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	Sin Tui	Fung	馮善對	Blue & White Spirit Sports Club
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	YouWei	Zheng	郑有为	
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	Kim Man	Pong	龐劍文	
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	Stephen	Rudall		Hong Kong Dragons Triathlon Club
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	DAOLONG	HU		Energetic Triathlon Shatin
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	chi fung	chow	周熾烽	First Ten Generation Team
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	Lap Ken Kenneth	Lee	李立勤	Sonic Sports Association
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	chi hang	chan		
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	Ace	Baiguen		South China Athletic Association
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	Gump	Wong Yuk Hei	黃旭曦	
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	Man Ho Michael	Jiang	姜文浩	
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Vernon Wai Yan	Ng	吳威恩	
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Ping Lun	Ng	吳炳倫	
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Thomas Jean roger	Baccino		
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	jingxi	zhao	趙京璽	
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Malcolm	green		
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	wai yip (sony)	wu	胡偉業	Crest Ray Recreation & Sports Club
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Xie	Sheng Jie		
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	KIN TAK	LAW	羅建德	The Little Dolphin Swimming Training Center
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Gregoire	Andrieu		Hong Kong Dragons Triathlon Club
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	wai hung	shek	石偉雄	Alpha Zone Sports
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	max	wu		New Sports Triathlon
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Tak Ching	Kwong	鄭德政	Alpha Zone Sports
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Mark	Tong		
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	wai kit	woo	胡偉傑	Hong Kong Fire Services Sports and Welfare Club
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Christian	Wyborn		Hong Kong Dragons Triathlon Club
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Niek	Niensi		Hong Kong Dragons Triathlon Club
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	David	Rundle		Hong Kong Dragons Triathlon Club
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Wai Hung	Chan	陳偉洪	
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Andrew	Stevenson		Hong Kong Dragons Triathlon Club
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	COLIN	Wong		
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Matthew	Pine	松國慶	NL Triathlon Club

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Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Stephen	Morgan		
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Chi Kin, Anthony	Luk	陸志堅	Titan Triathlon
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Chak Lam	Ho		The Little Dolphin Swimming Training Center
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Will	Dalling		
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 50-54	CHING FAI	LEUNG		Energetic Triathlon Shatin
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 50-54	Pui Yuen	Wong	黃沛源	Pro-trinity Sports Club
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 50-54	LAURENT ARMAND	BENHACINE		Tritons Triathlon Club
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 50-54	Paolo	Picazo		
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 50-54	Shu wai	Wan		Titan Triathlon
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 50-54	Francis	Chan		
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 50-54	tik ho	chum	覃迪豪	Aqua Gym Sport Association
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 50-54	Alexander	Liauuw		
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 50-54	federico	masin		Tritons Triathlon Club
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 50-54	Ulrich	Kirchhoff		
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 50-54	Wai Ching	Har	夏偉正	
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 50-54	Vittorio	Trusso		Hong Kong Dragons Triathlon Club
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 55-59	Ricci	Yasin		Hong Kong Dragons Triathlon Club
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 55-59	Jack	Yee		
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 55-59	Bertram	Shi		Energetic Triathlon Shatin
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 55-59	Tsz Cheung	Lam	林子祥	Tritons Triathlon Club
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 55-59	HONG	AU YEUNG	歐陽康	Mango Swimming Club
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 55-59	Henry	Ho	何瀚華	
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 55-59	Steve	Lyons		
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 55-59	Chun wah	Lin		
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 55-59	Wai Chung Christopher	Tong		Sonic Sports Association
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 55-59	WU	WEN	文武	Energetic Triathlon Shatin
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 55-59	man kwong	cheung		Mango Swimming Club
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 60-64	YING HO	LEE		Sonic Sports Association
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 60-64	Philip	Tong	湯志雄	
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 60-64	SEK TONG	CHOI	徐錫棠	
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 60-64	Kin Chong	Chan		
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 60-64	Kwok Ning	Lee		
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 60-64	Laurent	LABBE		
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 60-64	Ho Man Jonathan	Wong	黃可文	AustSports Association
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 65 & over	Yuk Fu	Ma	馬育富	AustSports Association
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 65 & over	Jimmy Y K	Chau		South China Athletic Association
Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 65 & over	Sze Wai	Ying	邢史懷	
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Female Age Group 20-29	TSZ HUEN ALEXANDRA	WAN	溫子暄	
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Female Age Group 20-29	Hiu Ting	Choi	蔡曉婷	
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Female Age Group 20-29	Shuting	Zhang		
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Female Age Group 20-29	TZAY FWU	WONG	黃在芙	
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Female Age Group 20-29	Mei Ying	Chung	鍾美瑋	
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Female Age Group 30-39	曉彤	周		Crest Ray Recreation & Sports Club
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Female Age Group 30-39	Evian	Chau		Crest Ray Recreation & Sports Club
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Female Age Group 40-49	SooHee	Paik		
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Female Age Group 40-49	Naoko	Wada-Thomas		Hong Kong Dragons Triathlon Club
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Female Age Group 40-49	Wai Tong	Yip	葉慧棠	
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Female Age Group 40-49	MAN YI MAY	Li		Energetic Triathlon Shatin
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Female Age Group 50-59	SHUK HAN KAREN	LUI		Energetic Triathlon Shatin
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Female Age Group 50-59	Lai Kuen Angel	Fu	傅麗娟	
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Female Age Group 50-59	Ching Yi	Li	李靜儀	Energetic Triathlon Shatin
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Female Age Group 60-69	LAI WA	LAU		Energetic Triathlon Shatin
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Female Age Group 60-69	YUK CHING CHRISTINA	LEUNG		Energetic Triathlon Shatin

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Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Female Youth 1	CHING HEI	WONG		Energetic Triathlon Shatin
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Female Youth 1	Yu Ching	TSANG	曾予晴	
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Female Youth 1	朝莹	付	付朝莹	
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Female Youth 1	Tsz Shun	CHAN	陳梓淳	Blue & White Spirit Sports Club
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Female Youth 1	Yi	MA	馬懿	
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Female Youth 1	Hiu Tung Hazel	LEE		
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Female Youth 2	Yik Ching	Siu	蕭亦晴	
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Female Youth 2	凱旻	陳	陳凱旻	First Ten Generation Team
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Female Youth 2	Hong Ching	Wong	黃康晴	The Little Dolphin Swimming Training Center
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Female Youth 2	Hiu Tung	Leung	梁曉彤	
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Female Youth 2	Yi Chun	Chan	陳以臻	AustSports Association
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Female Youth 2	HEIDI	CHEUNG	張凱堤	Crest Ray Recreation & Sports Club
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 20-29	Matthew	Chau	周家裕	Crest Ray Recreation & Sports Club
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 20-29	Tsz Chun	Law		
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 20-29	Issac	Chan	陳緯偉	
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 20-29	Chun Ho	Lau	柳震灝	
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 30-39	KA LUN	LEUNG		Energetic Triathlon Shatin
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 30-39	NING YAN	LO	盧寧恩	Crest Ray Recreation & Sports Club
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 30-39	Shek Lun	Li	李錫倫	
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 30-39	Hok yee Terence	Li	李學頌	Hong Kong Fire Services Sports and Welfare Club
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 30-39	Mingjian	Chen		
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 30-39	Oliver	Haas		South China Athletic Association
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 30-39	SIK HO	HO	何錫濠	
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 30-39	Derrick	Chan	陳江希	
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 30-39	Anthony	Soroka		
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 30-39	Kam Yeung	Yim		South China Athletic Association
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 40-49	Lik Lam	Tong		
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 40-49	嘉業	李	李嘉業	
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 40-49	Michael	Leung	梁達志	
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 40-49	Jason, chun shing	HSIEH	謝竣丞	Sonic Sports Association
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 40-49	Lok	Law		Titan Triathlon
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 40-49	Chi Hang	Chong	莊知行	Energetic Triathlon Shatin
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 40-49	Ming	Yin		
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 40-49	Ka Ming	Lai	黎家銘	AustSports Association
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 40-49	HON SUEN	MOK	莫翰遜	Crest Ray Recreation & Sports Club
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 40-49	Tak Kiu	Pun	潘德翹	Tritons Triathlon Club
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 40-49	Yin Wing, Jerry	Fu	符彥榮	
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 40-49	CHRIS	CHEN		Energetic Triathlon Shatin
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 40-49	King Man	Cheung	張競文	Crest Ray Recreation & Sports Club
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 40-49	KA HO	YAU	邱家豪	
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 40-49	DEREK HING KWOK	MA		
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 40-49	Robert	Small		
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 40-49	ting piu	chong		Titan Triathlon
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 50-59	KAR WAI	LAU		Energetic Triathlon Shatin
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 50-59	SHU WAH JIMMY	WAN	溫樹華	Energetic Triathlon Shatin
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 50-59	Ka Chun William	Hui	許嘉俊	
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 50-59	King Lai, Jeffrey	LIU	廖敬禮	Mango Swimming Club
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 50-59	chiu shan	chu	朱起山	
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 50-59	Michael	Ma		
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 50-59	HON FAI	WU	胡漢輝	
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 50-59	kai man	cheung	張佳文	
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 50-59	SIK CHUEN	CHOK	瞿適存	
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 50-59	Ka Lun Andy	Lam	林嘉倫	

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Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 50-59	Kai wing ringle	Wong	黃啟榮	
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 50-59	Chi-kong	IP	葉志剛	
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 50-59	Chris	Graham		
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 60-69	LAI CHUNG	LEE		Mango Swimming Club
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 60-69	TAK WA PAUL	KONG		Energetic Triathlon Shatin
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 60-69	Man Sing	Ma	馬敏昇	
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 60-69	YIN CHEONG	WONG		Energetic Triathlon Shatin
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 60-69	WING KWONG	IP		Energetic Triathlon Shatin
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 60-69	Heng Fan	Poon	潘恒奮	
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 60-69	HEUNG MING	WONG	黃享明	
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 60-69	KWOK WAH	LO	盧國華	
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 60-69	Kim Ping	Wai	韋劍平	
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 60-69	Ho Seng	Wong	王皓生	Energetic Triathlon Shatin
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 70 & Over	Chi Ling Clement	Yeung	楊子凌	The Little Dolphin Swimming Training Center
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 70 & Over	Stephen King Che	Chan		Energetic Triathlon Shatin
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Age Group 70 & Over	Ian	Brownlee		Sonic Sports Association
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Youth 1	TING YAN MATTHEW	PANG	彭廷殷	Crest Ray Recreation & Sports Club
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Youth 1	YUI HANG	CHOI	蔡睿珩	
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Youth 1	Yik Sum, Sam	Kwok	郭奕琛	The Little Dolphin Swimming Training Center
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Youth 1	TANG	HO HIM		Energetic Triathlon Shatin
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Youth 1	Cheuk Hang	Ko	高焯恆	
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Youth 1	Yik Hang	Fan	樊翊珩	Crest Ray Recreation & Sports Club
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Youth 1	TSZ WUN XAVIER	CHEUNG	張子恒	Crest Ray Recreation & Sports Club
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Youth 1	Ho	Peter Pak Yin	何栢研	
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Youth 1	HO CHING ANGUS	LEUNG	梁皓程	The Little Dolphin Swimming Training Center
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Youth 1	Shing Hang	Fok	霍承亨	Energetic Triathlon Shatin
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Youth 1	Leong Yin	Au	歐亮言	Sparkle Triathlon
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Youth 1	Chun Hong Chaska	Poon	方俊匡	
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Youth 1	CHING VINCE	CHENG	鄭晴	
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Youth 1	JIANGZHI	HU	胡江芷	Energetic Triathlon Shatin
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Youth 1	TSZ SHUN	WONG	黃梓淳	
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Youth 1	Chun Lam	Chu	朱俊霖	The Little Dolphin Swimming Training Center
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Youth 1	pak long Casper	chan	陳柏朗	Energetic Triathlon Shatin
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Youth 1	Cheuk Nam Janko	Au	區卓嵐	Energetic Triathlon Shatin
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Youth 1	Yat Long Julian	Cho	曹日朗	
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Youth 1	Cheuk Yat Julien	Wong	黃焯一	Sparkle Triathlon
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Youth 1	San Mau Jacob	Mak	麥宸畝	Sparkle Triathlon
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Youth 1	CHUN HIM LOUIS	WONG		Energetic Triathlon Shatin
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Youth 1	Hao che	Chang	張浩哲	Crest Ray Recreation & Sports Club
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Youth 1	Lap Yan	Kei	紀立人	Sparkle Triathlon
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Youth 1	Sze Chai Damon	LAU		Energetic Triathlon Shatin
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Youth 1	Ian	Wong	王詰	Energetic Triathlon Shatin
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Youth 2	vincent	yee		
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Youth 2	Pak Yin	Chu	朱珀賢	Sparkle Triathlon
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Youth 2	兆剛	何	何兆剛	
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Youth 2	Pak Hei	Chan	陳柏僊	Galaxy Sports Triathlon
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Youth 2	Alban	Modiano	安班	South China Athletic Association
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Youth 2	HO CHING	WANG		Energetic Triathlon Shatin
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Youth 2	Theodore	Zhang	張天維	Mango Swimming Club
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Youth 2	TSZ WANG	WONG	黃梓宏	
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Youth 2	Louis	LABBE		
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Youth 2	Chum	tsz ho	覃子皓	Aqua Gym Sport Association
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Youth 2	Cheuk Long	Chun	陳卓朗	

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Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Youth 2	Ching Kiu	Ng	吳政橋	AustSports Association
Discovery Distance (Swim 400m/Bike 10km Bride's Pool Road/Run 2.2km)	Male Youth 2	KING TO	CHAN		Energetic Triathlon Shatin
Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Female Junior 1	Carina	Koo		
Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Female Junior 2	Christy	Cheung		
Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Female Junior 2	Leia	Tong		
Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Female Junior 2	Meagan	Lo		
Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Female Junior 2	Hiu Tung	Tang	鄧曉桐	Crest Ray Recreation & Sports Club
Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Junior 1	KIN TO KAYDEN	WONG	黃健韜	The Little Dolphin Swimming Training Center
Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Junior 1	YAT LONG	LAM	林日朗	
Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Junior 1	Kaiden	Lo		
Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Junior 1	Billy	Rudge		
Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Junior 1	Wai Yin	Chan	陳韋弦	Sparkle Triathlon
Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Junior 1	Pak Lam Cass	Man	文柏藍	AustSports Association
Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Junior 1	TSZ HIM	MOK	莫子謙	Galaxy Sports Triathlon
Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Junior 1	CHI HIM RYAN	YAU	丘志謙	Galaxy Sports Triathlon
Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Junior 2	景行	周	周景行	The Little Dolphin Swimming Training Center
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 1	Hau Yee Alisha	WU	胡巧兒	The Little Dolphin Swimming Training Center
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 1	Cheuk Man	Ko	高焯雯	
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 1	Yuet Ching	Tang	鄧悅晴	First Ten Generation Team
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 1	Sumyu	Cheung	張芯瑀	First Ten Generation Team
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 1	Rebecca Mingnuo	Chen		Sparkle Triathlon
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 2	CHING	WAN		Energetic Triathlon Shatin
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 2	HEI SHUN ONA	LEUNG		Energetic Triathlon Shatin
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 2	Yat Tung	Wan	溫日彤	Sparkle Triathlon
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 2	HAYLIE	TSANG	曾希妍	The Little Dolphin Swimming Training Center
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 2	OLIVIA	LEE	李傲凝	
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 2	鶴馨	曹	曹鶴馨	
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 2	Ceinwen	Chau	周翹慧	Energetic Triathlon Shatin
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 2	JIANGQI	HU	胡江婁	Energetic Triathlon Shatin
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 2	思澄	呂	呂思澄	Blue & White Spirit Sports Club
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 2	Lok Yin Alicia	Lau	劉樂然	The Little Dolphin Swimming Training Center
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 2	Chin Yui	Chan	陳辛睿	AustSports Association
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 2	Ka Pik Abigail	Mak	麥珈璧	Sparkle Triathlon
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	TAK MAN	LEUNG	梁德忒	Energetic Triathlon Shatin
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	Tsz Ho	Yan	殷梓賢	Sparkle Triathlon
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	CHING KIU	WONG		Energetic Triathlon Shatin
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	Tsz Lok	Chim	詹梓樂	Excel Swim Sports Association
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	Yat To	Wan	溫日圖	Sparkle Triathlon
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	Morgan Muk	Yeung	楊目	Sparkle Triathlon
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	Kak Scott	Yeung	楊格	Sparkle Triathlon
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	cheuk lok	chung	鍾卓諾	Crest Ray Recreation & Sports Club
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	Kwun cheong	Tsang	曾冠倡	
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	Ajade Chin Hap	Lee	李千俠	
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	Yuet Fung Nikan	Yiu	饒越風	The Little Dolphin Swimming Training Center
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	Hayling William Chan	Green	希寧	
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	尚坤	刘	刘尚坤	
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	Tak Lam	Chan	陳德霖	
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	Shu Yan Ethan	Mak	麥庶寅	Sparkle Triathlon
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	SEN YIK OTTO	WANG		Energetic Triathlon Shatin
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	CHUN ON AIDEN	LO		Energetic Triathlon Shatin
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Justus	Liu	廖格非	
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Tsz Him	Wong	黃籽謙	Sparkle Triathlon
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Yuet Hei	Chan		Aqua Gym Sport Association

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TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	cheuk nam	chung	鍾卓霖	Crest Ray Recreation & Sports Club
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	wing shun	kong	江永惇	Sparkle Triathlon
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Wan Hin	Mok	莫蘊軒	Energetic Triathlon Shatin
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Chun Kiu	Yu	虞竣喬	Sparkle Triathlon
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Hin Young	Kwok	郭顯揚	
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	CHUN TING	TSANG	曾俊廷	First Ten Generation Team
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Lap Yan Duncan	Chow	周立仁	The Little Dolphin Swimming Training Center
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	GAVIN	CHI	遲棣文	
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	雅珺	苗	苗雅珺	
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Ethan Andrew Vasileios	Papadopoulos		South China Athletic Association
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	CHI YIN IVIN	CHUNG	鍾至弦	
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Yat to Travis	Li		Energetic Triathlon Shatin
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Yuehan	Yin	殷悅涵	
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	CHUNG YU	WONG		Energetic Triathlon Shatin
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	charles	Labbe		
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Yat Hei Isaac	Poon	潘日希	Sparkle Triathlon
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Yat Long Jay	Chan	陳逸朗	Energetic Triathlon Shatin
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Tin Lap	Qu	邱天立	Sparkle Triathlon
TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Tin Hang	Qu	邱天行	Sparkle Triathlon