

2026 Aquathlon Series - Race 1: Start list (updated on 08/04/2026 15:00)

| Race No | Heat | Start Time | Swim Cap | Race Category | Race Category (Age) | First Name | Last Name | Chinese Name | Club |
|---------|------|------------|------------|--|------------------------|----------------------|-----------|--------------|---|
| 306 | 1 | 7:00 | Light Blue | Elite Distance (Run 2km > Swim 800m > Run 4km) | Female Elite Open | Hoi Ching | Lam | 林海晴 | |
| 307 | 1 | 7:00 | Light Blue | Elite Distance (Run 2km > Swim 800m > Run 4km) | Female Elite Open | Bailee | Brown | 彭詩雅 | |
| 308 | 1 | 7:00 | Light Blue | Elite Distance (Run 2km > Swim 800m > Run 4km) | Female Elite Open | Yan Yin | Choi | 蔡欣妍 | |
| 309 | 1 | 7:00 | Light Blue | Elite Distance (Run 2km > Swim 800m > Run 4km) | Female Elite Open | Cheuk Yat | Lo | 盧卓逸 | Energetic Triathlon Shatin |
| 310 | 1 | 7:00 | Light Blue | Elite Distance (Run 2km > Swim 800m > Run 4km) | Female Elite Junior 1 | Sarah | Modiano | | |
| 311 | 1 | 7:00 | Light Blue | Elite Distance (Run 2km > Swim 800m > Run 4km) | Female Elite Youth | Cin Yee Cydnee | Chung | 鍾倩兒 | Energetic Triathlon Shatin |
| 312 | 1 | 7:00 | Light Blue | Elite Distance (Run 2km > Swim 800m > Run 4km) | Female Elite Youth | Jessie | Ho | 何泳悠 | The Little Dolphin Swimming Training Center |
| 313 | 1 | 7:00 | Light Blue | Elite Distance (Run 2km > Swim 800m > Run 4km) | Female Elite Youth | Cheuk Lam | Chung | 鍾焯琳 | Energetic Triathlon Shatin |
| 314 | 1 | 7:00 | Light Blue | Elite Distance (Run 2km > Swim 800m > Run 4km) | Female Elite Youth | Heulwen | Chau | 周焜慧 | Energetic Triathlon Shatin |
| 315 | 1 | 7:00 | Light Blue | Elite Distance (Run 2km > Swim 800m > Run 4km) | Female Elite Youth | Hiu Tung Hazel | Lee | 李曉彤 | |
| 316 | 1 | 7:00 | Light Blue | Elite Distance (Run 2km > Swim 800m > Run 4km) | Female Elite Youth | Hong Ching | Wong | 黃康晴 | |
| 317 | 1 | 7:00 | Light Blue | Elite Distance (Run 2km > Swim 800m > Run 4km) | Male Elite Open | Ysz Hin | Yip | 葉子軒 | Energetic Triathlon Shatin |
| 318 | 1 | 7:00 | Light Blue | Elite Distance (Run 2km > Swim 800m > Run 4km) | Male Elite Open | Wang Hin Ian | Fok | 霍泓軒 | Energetic Triathlon Shatin |
| 319 | 1 | 7:00 | Light Blue | Elite Distance (Run 2km > Swim 800m > Run 4km) | Male Elite Open | Tak Long | Yip | 葉德朗 | Energetic Triathlon Shatin |
| 320 | 1 | 7:00 | Light Blue | Elite Distance (Run 2km > Swim 800m > Run 4km) | Male Elite Open | Cheung Sing Nicholas | Tsang | 曾祥星 | |
| 321 | 1 | 7:00 | Light Blue | Elite Distance (Run 2km > Swim 800m > Run 4km) | Male Elite Open | Tsz To | Wong | 黃子圖 | |
| 322 | 1 | 7:00 | Light Blue | Elite Distance (Run 2km > Swim 800m > Run 4km) | Male Elite Open | Siu Wo | Au Yeung | 歐陽兆和 | The Little Dolphin Swimming Training Center |
| 323 | 1 | 7:00 | Light Blue | Elite Distance (Run 2km > Swim 800m > Run 4km) | Male Elite Open | Ka Ho | Wong | 黃嘉豪 | |
| 324 | 1 | 7:00 | Light Blue | Elite Distance (Run 2km > Swim 800m > Run 4km) | Male Elite Open | Shing Him | Yu | 余承謙 | Energetic Triathlon Shatin |
| 325 | 1 | 7:00 | Light Blue | Elite Distance (Run 2km > Swim 800m > Run 4km) | Male Elite Open | Chak Lam | Wan | 溫澤林 | Energetic Triathlon Shatin |
| 326 | 1 | 7:00 | Light Blue | Elite Distance (Run 2km > Swim 800m > Run 4km) | Male Elite Junior 2 | Chun Him | Wong | 王俊謙 | |
| 327 | 1 | 7:00 | Light Blue | Elite Distance (Run 2km > Swim 800m > Run 4km) | Male Elite Junior 2 | Pak Fan | Mok | 莫柏勛 | Energetic Triathlon Shatin |
| 328 | 1 | 7:00 | Light Blue | Elite Distance (Run 2km > Swim 800m > Run 4km) | Male Elite Junior 2 | Po Shun Yemi | Yick | 易甫鏗 | Energetic Triathlon Shatin |
| 329 | 1 | 7:00 | Light Blue | Elite Distance (Run 2km > Swim 800m > Run 4km) | Male Elite Junior 2 | Ka Hei Cyrus | Chan | 陳家晞 | |
| 330 | 1 | 7:00 | Light Blue | Elite Distance (Run 2km > Swim 800m > Run 4km) | Male Elite Youth | Shun Hei | Wong | 黃淳希 | |
| 331 | 1 | 7:00 | Light Blue | Elite Distance (Run 2km > Swim 800m > Run 4km) | Male Elite Youth | Cheuk Kiu | Ng | 吳卓翹 | Energetic Triathlon Shatin |
| 332 | 1 | 7:00 | Light Blue | Elite Distance (Run 2km > Swim 800m > Run 4km) | Male Elite Youth | Hoi Jin | Lee | 李鎧靖 | Energetic Triathlon Shatin |
| 333 | 1 | 7:00 | Light Blue | Elite Distance (Run 2km > Swim 800m > Run 4km) | Male Elite Youth | Cheuk Yin Desmond | Chau | 周卓賢 | Energetic Triathlon Shatin |
| 334 | 1 | 7:00 | Light Blue | Elite Distance (Run 2km > Swim 800m > Run 4km) | Male Elite Youth | Tze Kiu | Tam | 譚子翹 | Energetic Triathlon Shatin |
| 335 | 1 | 7:00 | Light Blue | Elite Distance (Run 2km > Swim 800m > Run 4km) | Male Elite Youth | Sze Chai | Lau | 劉思齊 | Energetic Triathlon Shatin |
| 336 | 1 | 7:00 | Light Blue | Elite Distance (Run 2km > Swim 800m > Run 4km) | Male Elite Youth | Chun Ching | Ting | 丁進澄 | |
| | | | | | | | | | |
| 337 | 2 | 7:05 | Yellow | Challenge Distance (Swim 800m/Run 8km) | Female Age Group 20-24 | Yuk Kie | Chan | 陳鈺淇 | |
| 338 | 2 | 7:05 | Yellow | Challenge Distance (Swim 800m/Run 8km) | Female Age Group 25-29 | cheuk hei | chan | | |
| 339 | 2 | 7:05 | Yellow | Challenge Distance (Swim 800m/Run 8km) | Female Age Group 25-29 | Nok Ting | Chan | 陳諾婷 | |
| 340 | 2 | 7:05 | Yellow | Challenge Distance (Swim 800m/Run 8km) | Female Age Group 25-29 | Anna | Wernick | | |
| 341 | 2 | 7:05 | Yellow | Challenge Distance (Swim 800m/Run 8km) | Female Age Group 30-34 | Alkira | Reinfrank | | |
| 342 | 2 | 7:05 | Yellow | Challenge Distance (Swim 800m/Run 8km) | Female Age Group 30-34 | Suet Ling Joey | Wong | 黃雪綾 | |
| 343 | 2 | 7:05 | Yellow | Challenge Distance (Swim 800m/Run 8km) | Female Age Group 30-34 | KA YAN | TO | 杜嘉欣 | |
| 344 | 2 | 7:05 | Yellow | Challenge Distance (Swim 800m/Run 8km) | Female Age Group 30-34 | Yuen Wa | Shum | 沈婉樺 | |
| 345 | 2 | 7:05 | Yellow | Challenge Distance (Swim 800m/Run 8km) | Female Age Group 30-34 | 曉彤 | 周 | | Crest Ray Recreation & Sports Club |
| 346 | 2 | 7:05 | Yellow | Challenge Distance (Swim 800m/Run 8km) | Female Age Group 30-34 | ning | tan | 陳寧生 | |
| 347 | 2 | 7:05 | Yellow | Challenge Distance (Swim 800m/Run 8km) | Female Age Group 30-34 | mei yan | wong | 黃美欣 | |
| 348 | 2 | 7:05 | Yellow | Challenge Distance (Swim 800m/Run 8km) | Female Age Group 30-34 | Lok Man Coco | Leung | 梁樂文 | |
| 349 | 2 | 7:05 | Yellow | Challenge Distance (Swim 800m/Run 8km) | Female Age Group 30-34 | Zoe | Mau | | |
| 350 | 2 | 7:05 | Yellow | Challenge Distance (Swim 800m/Run 8km) | Female Age Group 30-34 | yan wing | to | 杜昕穎 | |
| 351 | 2 | 7:05 | Yellow | Challenge Distance (Swim 800m/Run 8km) | Female Age Group 30-34 | Tong | Yu | 雨桐 | |

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| | | | | | | | | | |
|-----|---|------|--------|--|------------------------|------------------|--------------|------|--|
| 352 | 2 | 7:05 | Yellow | Challenge Distance (Swim 800m/Run 8km) | Female Age Group 30-34 | 希霖 | 宋 | 宋希霖 | |
| 353 | 2 | 7:05 | Yellow | Challenge Distance (Swim 800m/Run 8km) | Female Age Group 30-34 | Yen Yee Tiffany | Chow | | NL Triathlon Club |
| 354 | 2 | 7:05 | Yellow | Challenge Distance (Swim 800m/Run 8km) | Female Age Group 35-39 | stephanie | perrault | | |
| 355 | 2 | 7:05 | Yellow | Challenge Distance (Swim 800m/Run 8km) | Female Age Group 35-39 | Ruth | Johnstone | | Sonic Sports Association |
| 356 | 2 | 7:05 | Yellow | Challenge Distance (Swim 800m/Run 8km) | Female Age Group 35-39 | Valentina | Latorraca | | |
| 357 | 2 | 7:05 | Yellow | Challenge Distance (Swim 800m/Run 8km) | Female Age Group 35-39 | Yat Ka | Man | 文溢嘉 | |
| 358 | 2 | 7:05 | Yellow | Challenge Distance (Swim 800m/Run 8km) | Female Age Group 40-44 | Cheryl Jessica | Law | | Sonic Sports Association |
| 359 | 2 | 7:05 | Yellow | Challenge Distance (Swim 800m/Run 8km) | Female Age Group 40-44 | Wai Shan Lily | Chu | | Sonic Sports Association |
| 360 | 2 | 7:05 | Yellow | Challenge Distance (Swim 800m/Run 8km) | Female Age Group 40-44 | sophia | lai | | Hong Kong Football Club Swimming and Triathlon Society |
| 361 | 2 | 7:05 | Yellow | Challenge Distance (Swim 800m/Run 8km) | Female Age Group 40-44 | Shirley | Hung | | Excel Swim Sports Association |
| 362 | 2 | 7:05 | Yellow | Challenge Distance (Swim 800m/Run 8km) | Female Age Group 45-49 | Man Fung | Poon | 潘文鳳 | Energetic Triathlon Shatin |
| 363 | 2 | 7:05 | Yellow | Challenge Distance (Swim 800m/Run 8km) | Female Age Group 45-49 | Ching Chi | Kwok | | Sonic Sports Association |
| 364 | 2 | 7:05 | Yellow | Challenge Distance (Swim 800m/Run 8km) | Female Age Group 45-49 | Grace Yan Chung | Tang | | |
| 365 | 2 | 7:05 | Yellow | Challenge Distance (Swim 800m/Run 8km) | Female Age Group 45-49 | Stephanie | Bina | | Sonic Sports Association |
| 366 | 2 | 7:05 | Yellow | Challenge Distance (Swim 800m/Run 8km) | Female Age Group 45-49 | Ka Ling | Lim | 林嘉玲 | Titan Triathlon |
| 367 | 2 | 7:05 | Yellow | Challenge Distance (Swim 800m/Run 8km) | Female Age Group 45-49 | WAI CHONG HEIDI | TSE | | |
| 368 | 2 | 7:05 | Yellow | Challenge Distance (Swim 800m/Run 8km) | Female Age Group 50-54 | Mei No | Szeto | 司徒美娜 | Titan Triathlon |
| 369 | 2 | 7:05 | Yellow | Challenge Distance (Swim 800m/Run 8km) | Female Age Group 50-54 | FUNG MING FION | YIP | 葉鳳明 | |
| 370 | 2 | 7:05 | Yellow | Challenge Distance (Swim 800m/Run 8km) | Female Age Group 50-54 | PUI YI ELIZABETH | TAM | 譚佩儀 | Crest Ray Recreation & Sports Club |
| 371 | 2 | 7:05 | Yellow | Challenge Distance (Swim 800m/Run 8km) | Female Age Group 50-54 | Amandine | Courret | | South China Athletic Association |
| 372 | 2 | 7:05 | Yellow | Challenge Distance (Swim 800m/Run 8km) | Female Age Group 55-59 | Belinda | So | | Sonic Sports Association |
| 373 | 2 | 7:05 | Yellow | Challenge Distance (Swim 800m/Run 8km) | Female Age Group 55-59 | Joan | Tsang | | Sonic Sports Association |
| 374 | 2 | 7:05 | Yellow | Challenge Distance (Swim 800m/Run 8km) | Female Age Group 55-59 | wai fun | LIU | | Sonic Sports Association |
| 375 | 2 | 7:05 | Yellow | Challenge Distance (Swim 800m/Run 8km) | Female Age Group 55-59 | Hayley | Goldberg | | Mango Swimming Club |
| 376 | 2 | 7:05 | Yellow | Challenge Distance (Swim 800m/Run 8km) | Female Age Group 55-59 | MUI CHRISTINA | WONG | 黃梅 | Mango Swimming Club |
| 377 | 2 | 7:05 | Yellow | Challenge Distance (Swim 800m/Run 8km) | Female Age Group 55-59 | HAU YI DORA | LI | | Energetic Triathlon Shatin |
| 378 | 2 | 7:05 | Yellow | Challenge Distance (Swim 800m/Run 8km) | Female Age Group 55-59 | Pui Ha | Tsang | | Titan Triathlon |
| 379 | 2 | 7:05 | Yellow | Challenge Distance (Swim 800m/Run 8km) | Female Age Group 60-64 | Tracy | Chung | | |
| | | | | | | | | | |
| 380 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 45-49 | Mark | Tong | | |
| 381 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 45-49 | lin kit | yeung | 楊連傑 | |
| 382 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 45-49 | Adrian | Pang | | |
| 383 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 45-49 | wai yip (sony) | wu | 胡偉業 | Crest Ray Recreation & Sports Club |
| 384 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 45-49 | Sik Lam | Chow | 周錫霖 | Titan Triathlon |
| 385 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 45-49 | Matthew | Pine | 松國慶 | NL Triathlon Club |
| 386 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 45-49 | Yat Ming | Yee | 余逸銘 | |
| 387 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 45-49 | CHUN SANG | CHEUNG | 張俊笙 | |
| 388 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 45-49 | wai kit | woo | 胡偉傑 | Hong Kong Fire Services Sports and Welfare Club |
| 389 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 45-49 | chi hong | Fok | | |
| 390 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 45-49 | Kam hang | Chan | 陳鑑恒 | Crest Ray Recreation & Sports Club |
| 391 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 45-49 | Ivan | Yeung | | Sonic Sports Association |
| 392 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 45-49 | Gump | Wong Yuk Hei | 黃旭曦 | Sonic Sports Association |
| 393 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 45-49 | Fung Kei | Ng | 吳鋒奇 | |
| 394 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 45-49 | YATCHEONG | SIU | 邵日昌 | |
| 395 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 45-49 | Wing-fai | NG | 吳永輝 | |
| 396 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 45-49 | Chun Yin | Mak | 麥振賢 | |
| 397 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 45-49 | King Sau | Tsang | 曾敬修 | |
| 398 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 50-54 | AJ | Silver | | |

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|-----|---|------|-------|--|--------------------------|------------------|---------------|-----|---|
| 399 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 50-54 | Shiau Sin | Yen | | |
| 400 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 50-54 | Pui Wai | Leung | | |
| 401 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 50-54 | tik ho | chum | 覃迪豪 | Aqua Gym Sport Association |
| 402 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 50-54 | WING YIN | YEUNG | | Energetic Triathlon Shatin |
| 403 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 50-54 | Sze Wang | Chung | | Titan Triathlon |
| 404 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 50-54 | CHI ON | CHAN | 陳志安 | Titan Triathlon |
| 405 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 50-54 | PUI YIN ANDREW | LEE | | |
| 406 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 50-54 | Pak-fai | CHAN | 陳柏輝 | |
| 407 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 50-54 | Olivier | Courret | | South China Athletic Association |
| 408 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 50-54 | Yun Chung | IP | | Alpha Zone Sports |
| 409 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 50-54 | Eric | Lo | | |
| 410 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 50-54 | Brian | Woo | | |
| 411 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 55-59 | LAURENT ARMAND | BENHACINE | | Tritons Triathlon Club |
| 412 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 55-59 | HON FAI | WU | | South China Athletic Association |
| 413 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 55-59 | Timothy | Greaton | | South China Athletic Association |
| 414 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 55-59 | Yam Ho | Yeung | 楊任豪 | Sonic Sports Association |
| 415 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 55-59 | HONG | AU YEUNG | 歐陽康 | Mango Swimming Club |
| 416 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 55-59 | Kam Yau | Pang | 彭金有 | |
| 417 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 55-59 | Andy | Lee | 李雲廣 | |
| 418 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 55-59 | Vittorio | Trusso | | Hong Kong Dragons Triathlon Club |
| 419 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 55-59 | Jack | Yee | | |
| 420 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 55-59 | man kwong | cheung | | Mango Swimming Club |
| 421 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 55-59 | Juergen | Doerr | | |
| 422 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 60-64 | Ho Man Jonathan | Wong | 黃可文 | AustSports Association |
| 423 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 60-64 | KENNY | LEUNG | | |
| 424 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 60-64 | MA CHI PO | MA | 馬志實 | New Sports Triathlon |
| 425 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 60-64 | Bertram | Shi | | Energetic Triathlon Shatin |
| 426 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 60-64 | Kwong Leung | Cheng | 鄭光亮 | Energetic Triathlon Shatin |
| 427 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 60-64 | WAH CHEUNG | CHOI | 蔡華翊 | |
| 428 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 65 & over | Tai Wing | Choi | 蔡太榮 | AustSports Association |
| 429 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 65 & over | King Yuen | Chan | 陳景源 | New Sports Triathlon |
| 430 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 65 & over | Fai Ming | Chan | 陳揮明 | AustSports Association |
| 431 | 3 | 7:15 | Pink | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 65 & over | WING KWONG | IP | | Energetic Triathlon Shatin |
| | | | | | | | | | |
| 569 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 20-24 | King Hang | Chau | 周景行 | The Little Dolphin Swimming Training Center |
| 432 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 20-24 | Ka Hang | Siu | 蕭加行 | Titan Triathlon |
| 433 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 25-29 | King hoi | Ha | 夏勁凱 | |
| 434 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 25-29 | Chan | Chun Hin Alex | | |
| 435 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 25-29 | Chris Chung Hang | Kwan | | Sonic Sports Association |
| 436 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 25-29 | Bryan Ting | 丁 | 丁勵彭 | The Little Dolphin Swimming Training Center |
| 437 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 25-29 | cheng | He | 何铖 | |
| 438 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 25-29 | Long Kit | Chiu | 趙朗傑 | New Sports Triathlon |
| 439 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 25-29 | Yuk Pan | Kwok | 郭旭斌 | |
| 440 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 25-29 | Hon Man | Tang | 鄧翰文 | |
| 441 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 25-29 | Isaac John | Li | | |
| 442 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 25-29 | James | Tan | 陳明輝 | South China Athletic Association |
| 443 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 30-34 | Matthew | Chau | 周家裕 | Crest Ray Recreation & Sports Club |
| 444 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 30-34 | Blake Geoffry | Mallows | | Aqua Gym Sport Association |

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| | | | | | | | | | |
|-----|---|------|-------|--|----------------------|-------------------|------------|-----|---|
| 445 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 30-34 | Chun Hoi | Yuen | 阮俊凱 | Sonic Sports Association |
| 446 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 30-34 | Chun Sing Rising | Ho | 何俊昇 | Aqua Gym Sport Association |
| 447 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 30-34 | KA HEI | HO | | Aqua Gym Sport Association |
| 448 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 30-34 | Cheuk Hei | Lee | 李卓熹 | Hong Kong Fire Services Sports and Welfare Club |
| 449 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 30-34 | Dennis | Wong | | |
| 450 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 30-34 | chun fung | wong | 黃震鋒 | AustSports Association |
| 451 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 30-34 | Jingnie | Tang | 唐靖晷 | |
| 452 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 30-34 | Lok Kwan | Yu | | Crest Ray Recreation & Sports Club |
| 453 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 30-34 | Bowen | Zhang | 張博文 | |
| 454 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 30-34 | Yi Fung | Lam | 林怡峰 | |
| 455 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 30-34 | Cho yiu | Chan | | |
| 456 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 30-34 | Giopette | Gapasin | | |
| 457 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 35-39 | Chun Ting Timothy | Ho | 何俊廷 | Energetic Triathlon Shatin |
| 458 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 35-39 | Tsz Fung | Chiu | 趙子峰 | Sonic Sports Association |
| 459 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 35-39 | Toliver | Ma | 馬守彰 | Titan Triathlon |
| 460 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 35-39 | Sze Yu | Hung | | Sonic Sports Association |
| 461 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 35-39 | TAI HANG | CHEUNG | 張泰恒 | Aqua Gym Sport Association |
| 462 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 35-39 | Ho Tin | Kwok | 郭浩天 | |
| 463 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 35-39 | TZE CHUN | CHAN | | |
| 464 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 35-39 | Jonathan | Lam | | Sonic Sports Association |
| 465 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 35-39 | MING HEI | HO | | |
| 466 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 35-39 | Chung Yu Simon | Yeung | | |
| 467 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 35-39 | Jonathan | Chu | | |
| 468 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 35-39 | Yam Chun | Yung | | |
| 469 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 35-39 | Tristan | Pommier | | |
| 470 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 35-39 | francois | perrouault | | |
| 471 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 35-39 | Dickson | Jim | 詹迪生 | Sonic Sports Association |
| 472 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 35-39 | Choy | King Fai | 蔡環輝 | |
| 473 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 35-39 | Chin Shun | Sun | 孫展遜 | |
| 474 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 35-39 | Wa Chun | Lai | 賴華進 | |
| 475 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 35-39 | Creighton | Connolly | | Hong Kong Dragons Triathlon Club |
| 476 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 35-39 | Hubert Hin Fung | To | | |
| 477 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 40-44 | chun long | hung | 洪俊朗 | |
| 478 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 40-44 | Ka Wa | Ho | 何嘉華 | |
| 479 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 40-44 | Ho Tat | Chan | | |
| 480 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 40-44 | Chi Kit | Wong | 黃智傑 | Crest Ray Recreation & Sports Club |
| 481 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 40-44 | Wan Hon | Mo | 巫雲瀚 | |
| 482 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 40-44 | Ka Ho Lawrence | Wong | 黃家灝 | Sonic Sports Association |
| 483 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 40-44 | Lap Ken Kenneth | Lee | 李立勤 | Sonic Sports Association |
| 484 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 40-44 | Yau Yan | Tam | 譚祐恩 | AustSports Association |
| 485 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 40-44 | Sean | Ma | | Titan Triathlon |
| 486 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 40-44 | Ting Kwong Johnny | Ng | 吳庭光 | Titan Triathlon |
| 487 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 40-44 | Ricky | Chen | | |
| 488 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 40-44 | Sat | Ka Chun | 薩嘉俊 | AustSports Association |
| 489 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 40-44 | Yiu Kwan | Chan | 陳堯坤 | NL Triathlon Club |
| 490 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 40-44 | ping | lu | | |
| 491 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 40-44 | Cheuk Hang | Tang | | |
| 492 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 40-44 | kit fung | ho | | |

2026 Aquathlon Series - Race 1: Start list (updated on 08/04/2026 15:00)

| | | | | | | | | | |
|-----|---|------|------------|--|------------------------|-------------------------|-----------|------|--|
| 493 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 40-44 | Wing Chung Jonathan | Tang | | |
| 494 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 40-44 | DAOLONG | HU | | Energetic Triathlon Shatin |
| 495 | 4 | 7:25 | White | Challenge Distance (Swim 800m/Run 8km) | Male Age Group 40-44 | SIU YU | NG | | |
| 496 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Junior 1 | Yi Chun | Chan | 陳以臻 | AustSports Association |
| 497 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Junior 1 | Yik Ching | Siu | 蕭亦晴 | |
| 498 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Junior 1 | Yik Nam | Siu | 蕭亦嵐 | |
| 499 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Junior 1 | Lok Ching | Cheng | 鄭樂澄 | Energetic Triathlon Shatin |
| 500 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Junior 2 | Antonia | Apostolou | | |
| 501 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Junior 2 | Samantha | Lee | 李瀚心 | South China Athletic Association |
| 502 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Junior 2 | Venus | Hung | 孔雪晴 | Crest Ray Recreation & Sports Club |
| 503 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Junior 2 | WING SUM JOANE | CHEN | 陳泳心 | |
| 504 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Age Group 20-29 | Ching Yan | So | 蘇靜欣 | |
| 505 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Age Group 20-29 | CHUNG WAI | CHIU | | Sonic Sports Association |
| 506 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Age Group 20-29 | LOK YI , Joyce | WU | 胡樂宜 | |
| 507 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Age Group 20-29 | Che Yan | Lee | | |
| 508 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Age Group 20-29 | SIU KWAN | OR | | Energetic Triathlon Shatin |
| 509 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Age Group 30-39 | 芷翹 | 楊 | 楊芷翹 | |
| 510 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Age Group 30-39 | Wing Yee | Fong | | |
| 511 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Age Group 30-39 | HIU KAN | CHIU | | |
| 512 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Age Group 30-39 | Cho Kiu | Fung | | New Sports Triathlon |
| 513 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Age Group 30-39 | Pui Suen | Lo | 盧旻璇 | |
| 514 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Age Group 30-39 | Yuen ching moose cullen | Hung | 熊苑靖 | Aqua Gym Sport Association |
| 515 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Age Group 30-39 | Jasmine | Lai | | |
| 516 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Age Group 30-39 | shuk han | lo | 羅淑嫻 | |
| 517 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Age Group 30-39 | Sue Yi | Chow | | Hong Kong Football Club Swimming and Triathlon Society |
| 518 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Age Group 30-39 | Jane | Lo | | |
| 519 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Age Group 30-39 | WEIMIN | XIE | | |
| 520 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Age Group 30-39 | Pui Yan | Siu | 蕭佩茵 | |
| 521 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Age Group 40-49 | Sze Man Simone | Tam | | Energetic Triathlon Shatin |
| 522 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Age Group 40-49 | SooHee | Paik | | |
| 523 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Age Group 40-49 | Hoi Yee Emily | LAI | | |
| 524 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Age Group 40-49 | Christine | Phan | | |
| 525 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Age Group 40-49 | Sze Man | Yeung | | Titan Triathlon |
| 526 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Age Group 40-49 | Kit | Lam | | |
| 527 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Age Group 40-49 | Wai Yan | Tsang | | |
| 528 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Age Group 40-49 | CHI YAN | KWONG | 龐止恩 | |
| 529 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Age Group 40-49 | davinia | ng | | South China Athletic Association |
| 530 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Age Group 40-49 | LIE | Na | 李娜 | |
| 531 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Age Group 40-49 | YEUK LAN | POON | | |
| 532 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Age Group 40-49 | SHI SUM JOAN | TSE | | |
| 533 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Age Group 40-49 | Elisa | Szeto | 司徒倩昕 | |
| 534 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Age Group 40-49 | Astrid | Haas | | |
| 535 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Age Group 40-49 | 雅詠 | | 陳雅詠 | |
| 536 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Age Group 40-49 | Hiu Yan Amy | Cheung | 張曉欣 | |
| 537 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Age Group 50-59 | Mei chi Michelle | Ng | 伍美姿 | |
| 538 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Age Group 50-59 | MAN YI MAY | LI | | Energetic Triathlon Shatin |
| 539 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Age Group 50-59 | SHUK HAN KAREN | LUI | | Energetic Triathlon Shatin |

2026 Aquathlon Series - Race 1: Start list (updated on 08/04/2026 15:00)

| | | | | | | | | | |
|-----|---|------|------------|-------------------------------------|------------------------|---------------------|---------|-----|---|
| 540 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Age Group 50-59 | Ellen | Yip | | NL Triathlon Club |
| 541 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Age Group 50-59 | May | Ng | | |
| 542 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Age Group 50-59 | Po Lin Pauline | Ng | | |
| 543 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Age Group 50-59 | Ching Yi | Li | 李靜儀 | Energetic Triathlon Shatin |
| 544 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Age Group 60-69 | LAI WA | LAU | | Energetic Triathlon Shatin |
| 545 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Age Group 60-69 | Porlin | Yeung | | |
| 546 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Age Group 60-69 | 玲 | 吳 | 吳玲 | |
| 547 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Age Group 60-69 | YUK CHING CHRISTINA | LEUNG | | Energetic Triathlon Shatin |
| 548 | 5 | 7:45 | Light Blue | Sprint Distance (Swim 300m/Run 4km) | Female Age Group 60-69 | Cecilia | Wong | 王嘉慧 | Sonic Sports Association |
| 549 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Junior 1 | Pak Hei | Chan | 陳柏僖 | Galaxy Sports Triathlon |
| 550 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Junior 1 | Alban | Modiano | 安班 | South China Athletic Association |
| 551 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Junior 1 | Chum | tsz ho | 覃子皓 | Aqua Gym Sport Association |
| 552 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Junior 1 | Pak Lam Cass | Man | 文柏藍 | AustSports Association |
| 553 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Junior 1 | Rico | Ho | 何兆剛 | |
| 554 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Junior 1 | Ian | Yu | | Mango Swimming Club |
| 555 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Junior 1 | Kevin | Lam | 林嘉靖 | |
| 556 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Junior 1 | Pok Yin | Tsang | | The Little Dolphin Swimming Training Center |
| 557 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Junior 1 | Wai Yin | Chan | 陳韋弦 | Sparkle Triathlon |
| 558 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Junior 1 | Tsz Yeung Ian | Shek | 石梓暘 | Galaxy Sports Triathlon |
| 559 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Junior 1 | KWAN YEUNG JASPER | TANG | 鄧君揚 | |
| 560 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Junior 1 | CHAK FUNG JAIDEN | LEE | 李澤楓 | |
| 561 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Junior 2 | LOK HIN | LUI | 呂樂軒 | Galaxy Sports Triathlon |
| 562 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Junior 2 | CHI HIM RYAN | YAU | 丘志謙 | Galaxy Sports Triathlon |
| 563 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 20-29 | Kiu Sam | Cheung | 張喬森 | The Little Dolphin Swimming Training Center |
| 564 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 20-29 | Kin Yip | Tang | 鄧建業 | Sonic Sports Association |
| 565 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 20-29 | Tsz Chun | Law | 羅子駿 | |
| 566 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 20-29 | SHI HIM JOSIAH | CHOI | | |
| 567 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 20-29 | Man Hin | Leung | 梁文軒 | Crest Ray Recreation & Sports Club |
| 568 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 20-29 | Siu Cheung | Fong | 方兆章 | Crest Ray Recreation & Sports Club |
| 570 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 20-29 | CHING YIU | CHAN | 陳正堯 | Galaxy Sports Triathlon |
| 571 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 20-29 | CHI SUM | CHAN | 陳智森 | |
| 572 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 20-29 | Chin To | Cheung | 張展滔 | The Little Dolphin Swimming Training Center |
| 573 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 30-39 | Sze Kam | Choi | | Aqua Gym Sport Association |
| 574 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 30-39 | SUZUKI | Keisuke | | |
| 575 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 30-39 | Kam Yeung | Yim | | South China Athletic Association |
| 576 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 30-39 | Chun Hung | Kwong | 鄺鎮鴻 | |
| 577 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 30-39 | Chun Sum Samuel | Ho | 何俊琛 | Energetic Triathlon Shatin |
| 578 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 30-39 | Kwun San Sun | Yau | 邱冠榮 | Aqua Gym Sport Association |
| 579 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 30-39 | Ka ming | wu | | |
| 580 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 30-39 | HIN HO | CHAN | 陳衍豪 | |
| 581 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 30-39 | Chun yin | Lau | 劉俊賢 | |
| 582 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 30-39 | King Fun | Ho | 何景勳 | New Sports Triathlon |
| 583 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 30-39 | Cheuk Ki | Tse | 謝卓其 | |
| 584 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 30-39 | Hon Kit | Kwok | 郭漢傑 | Aqua Gym Sport Association |
| 585 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 30-39 | He Yi | HSIEH | 謝合一 | South China Athletic Association |
| 586 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 30-39 | Yiu Chung | Pun | 潘耀中 | Aqua Gym Sport Association |
| 587 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 30-39 | Ting Him | Ho | 何庭謙 | Blue & White Spirit Sports Club |

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| | | | | | | | | | |
|-----|---|------|-----------|-------------------------------------|----------------------|-------------------|--------------|--------|--|
| 588 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 30-39 | Yu Wing | Tse | 謝裕榮 | |
| 589 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 30-39 | Lai Ho Jacky | Shek | | |
| 590 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 30-39 | PAK CHUNG | TSE | 謝柏忠 | |
| 591 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 30-39 | Jason | Wong | | |
| 592 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 30-39 | Brian | McAuley | | |
| 593 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 30-39 | Ho Lun | LEUNG | 梁浩麟 | |
| 594 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 30-39 | PAK CHUNG | TSE | 謝柏忠 | |
| 595 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 30-39 | Marcel | Smit | | Hong Kong Football Club Swimming and Triathlon Society |
| 596 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 30-39 | SHUN HO TOMMY | AU | | |
| 597 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 30-39 | Hok Yan | Lee | 李學恩 | |
| 598 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 30-39 | Ka Chun | Kwong | | Crest Ray Recreation & Sports Club |
| 599 | 6 | 7:55 | Navy Blue | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 30-39 | Bruce CM | Leung | | Energetic Triathlon Shatin |
| 600 | 7 | 8:05 | Yellow | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 40-49 | TOMOYA | MIYACHI | | |
| 601 | 7 | 8:05 | Yellow | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 40-49 | kam chung | Lau | 劉錦聰 | First Ten Generation Team |
| 602 | 7 | 8:05 | Yellow | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 40-49 | ka ho | chan | 陳嘉豪 | |
| 603 | 7 | 8:05 | Yellow | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 40-49 | Wing Shun Vincent | Cheng | 鄭泳舜 | |
| 604 | 7 | 8:05 | Yellow | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 40-49 | KA FAI | LAU | 劉家輝 | |
| 605 | 7 | 8:05 | Yellow | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 40-49 | Tak Kiu | Pun | 潘德翹 | Tritons Triathlon Club |
| 606 | 7 | 8:05 | Yellow | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 40-49 | Chi Wai | Fong | | Crest Ray Recreation & Sports Club |
| 607 | 7 | 8:05 | Yellow | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 40-49 | Kwong Kui | Leung | | |
| 608 | 7 | 8:05 | Yellow | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 40-49 | Lek Yan | So | | |
| 609 | 7 | 8:05 | Yellow | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 40-49 | ting piu | chong | | Titan Triathlon |
| 610 | 7 | 8:05 | Yellow | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 40-49 | HON SUEN | MOK | 莫翰遜 | |
| 611 | 7 | 8:05 | Yellow | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 40-49 | Yin Wing, Jerry | Fu | 符彥榮 | |
| 612 | 7 | 8:05 | Yellow | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 40-49 | Siu Kuen | Wong | 黃兆權 | |
| 613 | 7 | 8:05 | Yellow | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 40-49 | Chi Lai Anthony | Lai | | Sonic Sports Association |
| 614 | 7 | 8:05 | Yellow | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 40-49 | Antony | Au | | |
| 615 | 7 | 8:05 | Yellow | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 40-49 | Hirokazu | Ochiai | | |
| 616 | 7 | 8:05 | Yellow | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 40-49 | Ka Hin | Leung | | |
| 617 | 7 | 8:05 | Yellow | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 40-49 | DEREK HING KWOK | MA | | |
| 618 | 7 | 8:05 | Yellow | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 40-49 | Fong Hei Stanley | Chan | 陳方曦 | |
| 619 | 7 | 8:05 | Yellow | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 50-59 | GARY LAU | LAU | 劉家偉 | Energetic Triathlon Shatin |
| 620 | 7 | 8:05 | Yellow | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 50-59 | KIYOSHI | NAKAGAWA | 中川 喜代志 | |
| 621 | 7 | 8:05 | Yellow | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 50-59 | yosuke | oka | 岡洋介 | Energetic Triathlon Shatin |
| 622 | 7 | 8:05 | Yellow | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 50-59 | Tin Lap | Wan | 温天立 | Energetic Triathlon Shatin |
| 623 | 7 | 8:05 | Yellow | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 50-59 | Chow | Man wai tony | | |
| 624 | 7 | 8:05 | Yellow | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 50-59 | Lo | Chung Man | 盧仲文 | Mango Swimming Club |
| 625 | 7 | 8:05 | Yellow | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 50-59 | Chi Hang | Chong | 莊知行 | Energetic Triathlon Shatin |
| 626 | 7 | 8:05 | Yellow | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 50-59 | Chi wah | Tang | 鄧志華 | |
| 627 | 7 | 8:05 | Yellow | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 50-59 | King Lai, Jeffrey | LIU | 廖敬禮 | Mango Swimming Club |
| 628 | 7 | 8:05 | Yellow | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 50-59 | SHU WAH JIMMY | WAN | 溫樹華 | Energetic Triathlon Shatin |
| 629 | 7 | 8:05 | Yellow | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 50-59 | Michael | Ma | | |
| 630 | 7 | 8:05 | Yellow | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 50-59 | CHI KIT | CHAN | | |
| 631 | 7 | 8:05 | Yellow | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 50-59 | Wilson | Chan | 陳偉信 | |
| 632 | 7 | 8:05 | Yellow | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 50-59 | Wai Hung | Chan | 陳偉洪 | |
| 633 | 7 | 8:05 | Yellow | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 50-59 | KA IP ERIC | NG | 吳家業 | |
| 634 | 7 | 8:05 | Yellow | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 60-69 | LAI CHUNG | LEE | | Mango Swimming Club |

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| | | | | | | | | | |
|-----|---|------|--------|--|--------------------------|------------------|--------|-----|---|
| 635 | 7 | 8:05 | Yellow | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 60-69 | Man Sing | Ma | 馬敏昇 | |
| 636 | 7 | 8:05 | Yellow | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 60-69 | SZE LUN | TAM | 譚仕倫 | |
| 637 | 7 | 8:05 | Yellow | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 60-69 | LOK MING VINCENT | LUI | 呂樂明 | |
| 638 | 7 | 8:05 | Yellow | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 60-69 | YIN CHEONG | WONG | | Energetic Triathlon Shatin |
| 639 | 7 | 8:05 | Yellow | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 60-69 | TAK WA PAUL | KONG | | Energetic Triathlon Shatin |
| 640 | 7 | 8:05 | Yellow | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 60-69 | Wan Kwong | Lee | 李雲光 | |
| 641 | 7 | 8:05 | Yellow | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 60-69 | Ho Seng | Wong | 王皓生 | Energetic Triathlon Shatin |
| 642 | 7 | 8:05 | Yellow | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 70 & Over | Heng Fan | Poon | 潘恒奮 | |
| 643 | 7 | 8:05 | Yellow | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 70 & Over | HON KUEN | TSOI | 蔡漢權 | Energetic Triathlon Shatin |
| 644 | 7 | 8:05 | Yellow | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 70 & Over | Chi Ling Clement | Yeung | 楊子凌 | The Little Dolphin Swimming Training Center |
| 645 | 7 | 8:05 | Yellow | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 70 & Over | Shek | Kong | 石江 | AustSports Association |
| 646 | 7 | 8:05 | Yellow | Sprint Distance (Swim 300m/Run 4km) | Male Age Group 70 & Over | Stephen King Che | Chan | | Energetic Triathlon Shatin |
| 647 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2011 | Charlie | Fraser | | |
| 648 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2011 | Tsz Wang | Wong | 黃梓宏 | The Little Dolphin Swimming Training Center |
| 649 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2011 | Tsz Kin | Tse | 謝梓健 | Galaxy Sports Triathlon |
| 650 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2011 | Shing Hei | Ngan | 顏承希 | Energetic Triathlon Shatin |
| 651 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2011 | KaSing | Lai | 賴嘉昇 | Galaxy Sports Triathlon |
| 652 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2011 | Wei Him | Chan | 陳維謙 | Energetic Triathlon Shatin |
| 653 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2011 | Ching Kiu | Ng | 吳政橋 | AustSports Association |
| 654 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2011 | vincent | yee | | |
| 655 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2011 | Kei Chi | Hung | 孔麒麟 | |
| 656 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2011 | Theodore | Zhang | 張天維 | Mango Swimming Club |
| 657 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2012 | LUKAS | WONG | | Energetic Triathlon Shatin |
| 658 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2012 | YUI HANG | CHOI | 蔡睿珩 | |
| 659 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2012 | IRON | WAN | 溫可為 | Energetic Triathlon Shatin |
| 660 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2012 | Yi Qian | Low | 劉奕謙 | Crest Ray Recreation & Sports Club |
| 661 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2012 | Sze Kwan Quintus | Wong | 黃詩鈞 | |
| 662 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2012 | 柏樂 | 周 | 周柏樂 | |
| 663 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2012 | Earnest | Lee | 李丞恩 | |
| 664 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2012 | Hao che | Chang | 張浩哲 | Crest Ray Recreation & Sports Club |
| 665 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2012 | Yat Long Julian | Cho | 曹日朗 | |
| 666 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2012 | WAI TING | LEE | 李瑋庭 | AustSports Association |
| 667 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2012 | Ian | Wong | 王喆 | Energetic Triathlon Shatin |
| 668 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2013 | HO CHING ANGUS | LEUNG | 梁皓程 | The Little Dolphin Swimming Training Center |
| 669 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2013 | Yik Sum, Sam | Kwok | 鄧奕琛 | The Little Dolphin Swimming Training Center |
| 670 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2013 | Tsz Long | TANG | 鄧子朗 | |
| 671 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2013 | San Mau Jacob | Mak | 麥宸畝 | Sparkle Triathlon |
| 672 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2013 | YUI HIM | SOU | | Energetic Triathlon Shatin |
| 673 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2013 | Ting Hei Aiken | Chan | 陳廷晞 | |
| 674 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2013 | Cheuk Hang | Ko | 高焯恆 | |
| 675 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2013 | CARLOS | CHAN | | Energetic Triathlon Shatin |
| 676 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2013 | Arvid Bela | Schulz | | South China Athletic Association |
| 677 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2013 | Chun Hong Chaska | Poon | 方俊匡 | |
| 678 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2013 | Weixia Nathan | Yan | 嚴偉夏 | Mango Swimming Club |
| 679 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2013 | Lap Yan | Kei | 紀立人 | Sparkle Triathlon |
| 680 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2013 | pak long Casper | chan | 陳柏朗 | Energetic Triathlon Shatin |
| 681 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2013 | CHUN HIM LOUIS | WONG | 黃俊謙 | Energetic Triathlon Shatin |

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| | | | | | | | | | |
|-----|---|------|-------|--|------------|--------------------|----------|-----|---|
| 682 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2013 | Chun Lam | Chu | 朱俊霖 | The Little Dolphin Swimming Training Center |
| 683 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2013 | JIANGZHI | HU | 胡江芷 | Energetic Triathlon Shatin |
| 684 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2014 | chun teng aiden | chow | 周駿騰 | First Ten Generation Team |
| 685 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2014 | CHUNG YU | WONG | | Energetic Triathlon Shatin |
| 686 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2014 | CHUN YIN | LAI | 賴駿賢 | |
| 687 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2014 | CHUN ON AIDEN | LO | | Energetic Triathlon Shatin |
| 688 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2014 | Lok Tin Mike | Man | 文洛天 | AustSports Association |
| 689 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2014 | Vir | Dutt | | NL Triathlon Club |
| 690 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2014 | Duren | Tang | 汤芷仁 | |
| 691 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2014 | Yat Long | Cheung | 蔣逸朗 | First Ten Generation Team |
| 692 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2014 | Ming Ho Theo | Cheng | | |
| 693 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2014 | Grayson | Yeung | 楊啟晨 | |
| 694 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2014 | Sin Hang Brown | Kwok | 郭善恆 | |
| 695 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2014 | Karl | Cheung | | AustSports Association |
| 696 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2014 | Justus Geoffrey | Liu | 廖格非 | Mango Swimming Club |
| 697 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2014 | Tin Lap | Qu | 邱天立 | Sparkle Triathlon |
| 698 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2014 | Yuehan | Yin | 殷悅涵 | |
| 699 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2014 | Wan Hin | Mok | 莫繚軒 | Energetic Triathlon Shatin |
| 700 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2014 | Yat Long Jay | Chan | 陳逸朗 | Energetic Triathlon Shatin |
| 701 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2014 | Gareth Pak Kiu | Li | | |
| 702 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2014 | JACO JIA SHEN | XI | 奚嘉霖 | Aqua Gym Sport Association |
| 703 | 8 | 8:15 | Pink | Discovery Distance (Swim 300m > Run 2km) | Boys 2014 | Yat to Travis | Li | | Energetic Triathlon Shatin |
| | | | | | | | | | |
| 704 | 9 | 8:25 | White | Discovery Distance (Swim 300m > Run 2km) | Girls 2011 | HIU TUNG HENRIETTA | CHAN | 陳曉彤 | AustSports Association |
| 705 | 9 | 8:25 | White | Discovery Distance (Swim 300m > Run 2km) | Girls 2011 | 愷齡 | 魏 | | |
| 706 | 9 | 8:25 | White | Discovery Distance (Swim 300m > Run 2km) | Girls 2011 | HEIDI | CHEUNG | 張凱堤 | Crest Ray Recreation & Sports Club |
| 707 | 9 | 8:25 | White | Discovery Distance (Swim 300m > Run 2km) | Girls 2011 | Elsie | Li | 李艾芯 | |
| 708 | 9 | 8:25 | White | Discovery Distance (Swim 300m > Run 2km) | Girls 2011 | Tung Alison | Au Yeung | 歐陽彤 | Mango Swimming Club |
| 709 | 9 | 8:25 | White | Discovery Distance (Swim 300m > Run 2km) | Girls 2012 | Ranee | Wong | | |
| 710 | 9 | 8:25 | White | Discovery Distance (Swim 300m > Run 2km) | Girls 2012 | Mika | Fujimoto | | |
| 711 | 9 | 8:25 | White | Discovery Distance (Swim 300m > Run 2km) | Girls 2012 | Aria | Ng | | |
| 712 | 9 | 8:25 | White | Discovery Distance (Swim 300m > Run 2km) | Girls 2012 | Yu Ching | TSANG | 曾予晴 | |
| 713 | 9 | 8:25 | White | Discovery Distance (Swim 300m > Run 2km) | Girls 2012 | Cheuk Kiu | Chan | 陳卓喬 | Sparkle Triathlon |
| 714 | 9 | 8:25 | White | Discovery Distance (Swim 300m > Run 2km) | Girls 2012 | Yee Ling | Yip | 葉依凌 | |
| 715 | 9 | 8:25 | White | Discovery Distance (Swim 300m > Run 2km) | Girls 2013 | Chloe | Wright | | |
| 716 | 9 | 8:25 | White | Discovery Distance (Swim 300m > Run 2km) | Girls 2013 | Lok Tung | Cheung | 張銘桐 | Blue & White Spirit Sports Club |
| 717 | 9 | 8:25 | White | Discovery Distance (Swim 300m > Run 2km) | Girls 2013 | Adryana | Mikov | | |
| 718 | 9 | 8:25 | White | Discovery Distance (Swim 300m > Run 2km) | Girls 2013 | ho yin | cheung | 張可言 | Hong Kong Everbest Sports Association |
| 719 | 9 | 8:25 | White | Discovery Distance (Swim 300m > Run 2km) | Girls 2013 | Kelly | Chan | 陳匡美 | |
| 720 | 9 | 8:25 | White | Discovery Distance (Swim 300m > Run 2km) | Girls 2013 | Amber | Chan | 陳尚言 | |
| 721 | 9 | 8:25 | White | Discovery Distance (Swim 300m > Run 2km) | Girls 2013 | Andrea | Bruchet | | |
| 722 | 9 | 8:25 | White | Discovery Distance (Swim 300m > Run 2km) | Girls 2013 | Tsz Wan Ingrid | Fong | | Crest Ray Recreation & Sports Club |
| 723 | 9 | 8:25 | White | Discovery Distance (Swim 300m > Run 2km) | Girls 2013 | 栢荷 | 黃 | 黃栢荷 | |
| 724 | 9 | 8:25 | White | Discovery Distance (Swim 300m > Run 2km) | Girls 2013 | Tsz Shun | CHAN | 陳梓淳 | Blue & White Spirit Sports Club |
| 725 | 9 | 8:25 | White | Discovery Distance (Swim 300m > Run 2km) | Girls 2013 | Wing Miu | Chan | 陳穎苗 | |
| 726 | 9 | 8:25 | White | Discovery Distance (Swim 300m > Run 2km) | Girls 2013 | Pak Yu | Lam | 林珀瑜 | |
| 727 | 9 | 8:25 | White | Discovery Distance (Swim 300m > Run 2km) | Girls 2013 | LOK CHING | WONG | 黃樂晴 | |
| 728 | 9 | 8:25 | White | Discovery Distance (Swim 300m > Run 2km) | Girls 2014 | Caitlyn | Lam | | |

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| | | | | | | | | | |
|-----|----|------|------------|--|------------|------------------------|--------------|-----|---|
| 729 | 9 | 8:25 | White | Discovery Distance (Swim 300m > Run 2km) | Girls 2014 | Chin Yui | Chan | 陳芊睿 | AustSports Association |
| 730 | 9 | 8:25 | White | Discovery Distance (Swim 300m > Run 2km) | Girls 2014 | Ceinwen | Chau | 周翹慧 | Energetic Triathlon Shatin |
| 731 | 9 | 8:25 | White | Discovery Distance (Swim 300m > Run 2km) | Girls 2014 | hoi lam | chan | 陳鏗琳 | Hong Kong Everbest Sports Association |
| 732 | 9 | 8:25 | White | Discovery Distance (Swim 300m > Run 2km) | Girls 2014 | Pok Nga | So | 蘇博雅 | AustSports Association |
| 733 | 9 | 8:25 | White | Discovery Distance (Swim 300m > Run 2km) | Girls 2014 | Lok Yin Alicia | Lau | 劉樂然 | The Little Dolphin Swimming Training Center |
| 734 | 9 | 8:25 | White | Discovery Distance (Swim 300m > Run 2km) | Girls 2014 | 韻妍 | 陳 | 陳韻妍 | |
| 735 | 9 | 8:25 | White | Discovery Distance (Swim 300m > Run 2km) | Girls 2014 | 思澄 | 呂 | 呂思澄 | Blue & White Spirit Sports Club |
| 736 | 9 | 8:25 | White | Discovery Distance (Swim 300m > Run 2km) | Girls 2014 | Alexa | Mason | | South China Athletic Association |
| 737 | 9 | 8:25 | White | Discovery Distance (Swim 300m > Run 2km) | Girls 2014 | JIANGQI | HU | 胡江蕙 | Energetic Triathlon Shatin |
| 738 | 9 | 8:25 | White | Discovery Distance (Swim 300m > Run 2km) | Girls 2014 | Keira Joy | Leung | 梁逸玥 | First Ten Generation Team |
| | | | | | | | | | |
| 739 | 10 | 8:35 | Light Blue | TriKids Distance (Swim 200m > Run 1.7km) | Boys 2015 | Li Daren | silbernagl | 李大仁 | South China Athletic Association |
| 740 | 10 | 8:35 | Light Blue | TriKids Distance (Swim 200m > Run 1.7km) | Boys 2015 | Liam | Wong | | Energetic Triathlon Shatin |
| 741 | 10 | 8:35 | Light Blue | TriKids Distance (Swim 200m > Run 1.7km) | Boys 2015 | Cheuk Kai | Lee | 李卓鏗 | |
| 742 | 10 | 8:35 | Light Blue | TriKids Distance (Swim 200m > Run 1.7km) | Boys 2015 | LAP YIN EUGENE | WU | | Energetic Triathlon Shatin |
| 743 | 10 | 8:35 | Light Blue | TriKids Distance (Swim 200m > Run 1.7km) | Boys 2015 | CHUN TING | TSANG | 曾俊廷 | First Ten Generation Team |
| 744 | 10 | 8:35 | Light Blue | TriKids Distance (Swim 200m > Run 1.7km) | Boys 2015 | George | Dai | 戴勵 | |
| 745 | 10 | 8:35 | Light Blue | TriKids Distance (Swim 200m > Run 1.7km) | Boys 2015 | Tin Hang | Qu | 邱天行 | Sparkle Triathlon |
| 746 | 10 | 8:35 | Light Blue | TriKids Distance (Swim 200m > Run 1.7km) | Boys 2015 | Ethan Andrew Vasileios | Papadopoulos | | South China Athletic Association |
| 747 | 10 | 8:35 | Light Blue | TriKids Distance (Swim 200m > Run 1.7km) | Boys 2015 | Chun Fung Jonathan | Chan | 陳進峰 | The Little Dolphin Swimming Training Center |
| 748 | 10 | 8:35 | Light Blue | TriKids Distance (Swim 200m > Run 1.7km) | Boys 2015 | Chun Kiu | Yu | 虞竣喬 | Sparkle Triathlon |
| 749 | 10 | 8:35 | Light Blue | TriKids Distance (Swim 200m > Run 1.7km) | Boys 2015 | CHI YIN IVIN | CHUNG | 鍾至玆 | Energetic Triathlon Shatin |
| 750 | 10 | 8:35 | Light Blue | TriKids Distance (Swim 200m > Run 1.7km) | Boys 2015 | Yat Hei Isaac | Poon | 潘日希 | |
| 751 | 10 | 8:35 | Light Blue | TriKids Distance (Swim 200m > Run 1.7km) | Boys 2015 | SEN YIK OTTO | WANG | | Energetic Triathlon Shatin |
| 752 | 10 | 8:35 | Light Blue | TriKids Distance (Swim 200m > Run 1.7km) | Boys 2016 | Tsz Ho | Yan | 殷梓賀 | Sparkle Triathlon |
| 753 | 10 | 8:35 | Light Blue | TriKids Distance (Swim 200m > Run 1.7km) | Boys 2016 | Kak Scott | Yeung | 楊格 | Sparkle Triathlon |
| 754 | 10 | 8:35 | Light Blue | TriKids Distance (Swim 200m > Run 1.7km) | Boys 2016 | hei yu | poon | 潘郟渝 | Sonic Sports Association |
| 755 | 10 | 8:35 | Light Blue | TriKids Distance (Swim 200m > Run 1.7km) | Boys 2016 | Hayden | Woo | 胡晨希 | Titan Triathlon |
| 756 | 10 | 8:35 | Light Blue | TriKids Distance (Swim 200m > Run 1.7km) | Boys 2016 | TAK MAN | LEUNG | 梁德恣 | Energetic Triathlon Shatin |
| 757 | 10 | 8:35 | Light Blue | TriKids Distance (Swim 200m > Run 1.7km) | Boys 2016 | Lukas Jun | Lo | 羅景俊 | |
| 758 | 10 | 8:35 | Light Blue | TriKids Distance (Swim 200m > Run 1.7km) | Boys 2016 | Quentin | Chan | 陳哲桁 | |
| 759 | 10 | 8:35 | Light Blue | TriKids Distance (Swim 200m > Run 1.7km) | Boys 2016 | Yuet Fung Nikan | Yiu | 饒越風 | The Little Dolphin Swimming Training Center |
| 760 | 10 | 8:35 | Light Blue | TriKids Distance (Swim 200m > Run 1.7km) | Boys 2016 | Tsz Hin | Wong | 黃子軒 | |
| 761 | 10 | 8:35 | Light Blue | TriKids Distance (Swim 200m > Run 1.7km) | Boys 2016 | Kwun cheong | Tsang | 曾冠倡 | Galaxy Sports Triathlon |
| 762 | 10 | 8:35 | Light Blue | TriKids Distance (Swim 200m > Run 1.7km) | Boys 2016 | JIN HARVEY | KWOK | 郭臻 | |
| 763 | 10 | 8:35 | Light Blue | TriKids Distance (Swim 200m > Run 1.7km) | Boys 2016 | Nok Yi Jasper | Chan | 陳諾一 | |
| 764 | 10 | 8:35 | Light Blue | TriKids Distance (Swim 200m > Run 1.7km) | Boys 2016 | Alberto | Trusso | | |
| 765 | 10 | 8:35 | Light Blue | TriKids Distance (Swim 200m > Run 1.7km) | Boys 2016 | Hayling William Chan | Green | 希寧 | Sparkle Triathlon |
| 766 | 10 | 8:35 | Light Blue | TriKids Distance (Swim 200m > Run 1.7km) | Boys 2016 | Jasper | Glover | | South China Athletic Association |
| 767 | 10 | 8:35 | Light Blue | TriKids Distance (Swim 200m > Run 1.7km) | Boys 2017 | Ho Ting Preston | WONG | 黃昊霆 | Sparkle Triathlon |
| 768 | 10 | 8:35 | Light Blue | TriKids Distance (Swim 200m > Run 1.7km) | Boys 2017 | Morgan Muk | Yeung | 楊目 | Sparkle Triathlon |
| 769 | 10 | 8:35 | Light Blue | TriKids Distance (Swim 200m > Run 1.7km) | Boys 2017 | 謙佑 | 陳 | 陳謙佑 | Titan Triathlon |
| 770 | 10 | 8:35 | Light Blue | TriKids Distance (Swim 200m > Run 1.7km) | Boys 2017 | Hoi Yi | Yau | 邱海懿 | Aqua Gym Sport Association |
| 771 | 10 | 8:35 | Light Blue | TriKids Distance (Swim 200m > Run 1.7km) | Boys 2017 | Harvey | Leung | 梁越 | |
| 772 | 10 | 8:35 | Light Blue | TriKids Distance (Swim 200m > Run 1.7km) | Boys 2017 | Shu Yan Ethan | Mak | 麥庶寅 | Sparkle Triathlon |
| 773 | 10 | 8:35 | Light Blue | TriKids Distance (Swim 200m > Run 1.7km) | Boys 2017 | Lok Chun | Wong | 黃樂臻 | First Ten Generation Team |
| 774 | 10 | 8:35 | Light Blue | TriKids Distance (Swim 200m > Run 1.7km) | Boys 2017 | Sum To | Chan | 陳心陶 | First Ten Generation Team |
| 775 | 10 | 8:35 | Light Blue | TriKids Distance (Swim 200m > Run 1.7km) | Boys 2017 | chi pui | Law | 羅智培 | |

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| | | | | | | | | | |
|-----|----|------|------------|--|------------|---------------------|----------------|-----|------------------------------------|
| 776 | 10 | 8:35 | Light Blue | TriKids Distance (Swim 200m > Run 1.7km) | Boys 2017 | Tang | Song | | Mango Swimming Club |
| 777 | 10 | 8:35 | Light Blue | TriKids Distance (Swim 200m > Run 1.7km) | Boys 2017 | Cheuk Hei Amos | CHENG | 鄭焯熙 | |
| 778 | 10 | 8:35 | Light Blue | TriKids Distance (Swim 200m > Run 1.7km) | Boys 2017 | Isaac Chongyi | Shi | 石崇伊 | Mango Swimming Club |
| 779 | 10 | 8:35 | Light Blue | TriKids Distance (Swim 200m > Run 1.7km) | Boys 2017 | Yat To | Wan | 溫日圖 | Sparkle Triathlon |
| 780 | 10 | 8:35 | Light Blue | TriKids Distance (Swim 200m > Run 1.7km) | Boys 2018 | Yui Ting | Siu | 蕭睿廷 | First Ten Generation Team |
| 781 | 10 | 8:35 | Light Blue | TriKids Distance (Swim 200m > Run 1.7km) | Boys 2018 | Lucas | Lee | | |
| 782 | 10 | 8:35 | Light Blue | TriKids Distance (Swim 200m > Run 1.7km) | Boys 2018 | Jamie Chi Yin | Chan | 陳自然 | |
| 783 | 10 | 8:35 | Light Blue | TriKids Distance (Swim 200m > Run 1.7km) | Boys 2018 | YIK HEI | NG | 吳奕熙 | Energetic Triathlon Shatin |
| 784 | 10 | 8:35 | Light Blue | TriKids Distance (Swim 200m > Run 1.7km) | Boys 2018 | Pok Yin | Leung | 梁博賢 | First Ten Generation Team |
| | | | | | | | | | |
| 785 | 11 | 8:45 | Navy Blue | TriKids Distance (Swim 200m > Run 1.7km) | Girls 2015 | Stephanie Yee Ching | Foo | 傅以晴 | |
| 786 | 11 | 8:45 | Navy Blue | TriKids Distance (Swim 200m > Run 1.7km) | Girls 2015 | Sze Yiu | Yeung | 楊思瑤 | |
| 787 | 11 | 8:45 | Navy Blue | TriKids Distance (Swim 200m > Run 1.7km) | Girls 2015 | Hoi Ying | Lam | 林愷盈 | |
| 788 | 11 | 8:45 | Navy Blue | TriKids Distance (Swim 200m > Run 1.7km) | Girls 2015 | Ka Pik Abigail | Mak | 麥珈璧 | Sparkle Triathlon |
| 789 | 11 | 8:45 | Navy Blue | TriKids Distance (Swim 200m > Run 1.7km) | Girls 2015 | 愷樂 | 魏 | | |
| 790 | 11 | 8:45 | Navy Blue | TriKids Distance (Swim 200m > Run 1.7km) | Girls 2015 | Ashley | Siu | 蕭晴 | |
| 791 | 11 | 8:45 | Navy Blue | TriKids Distance (Swim 200m > Run 1.7km) | Girls 2015 | Si Ching | Ho | 何僂晴 | |
| 792 | 11 | 8:45 | Navy Blue | TriKids Distance (Swim 200m > Run 1.7km) | Girls 2015 | Yanes | Lam | 林欣 | |
| 793 | 11 | 8:45 | Navy Blue | TriKids Distance (Swim 200m > Run 1.7km) | Girls 2015 | Tsz Yau Gwen | Fong | | Crest Ray Recreation & Sports Club |
| 794 | 11 | 8:45 | Navy Blue | TriKids Distance (Swim 200m > Run 1.7km) | Girls 2015 | TIN WAI | LAW | 羅天蔚 | |
| 795 | 11 | 8:45 | Navy Blue | TriKids Distance (Swim 200m > Run 1.7km) | Girls 2015 | Fong | Ho Lam | 方靚琳 | |
| 796 | 11 | 8:45 | Navy Blue | TriKids Distance (Swim 200m > Run 1.7km) | Girls 2015 | Abigail | Nim Syn En | 林欣恩 | |
| 797 | 11 | 8:45 | Navy Blue | TriKids Distance (Swim 200m > Run 1.7km) | Girls 2015 | Yui Kiu | Poon | | |
| 798 | 11 | 8:45 | Navy Blue | TriKids Distance (Swim 200m > Run 1.7km) | Girls 2015 | Yat Tung | Wan | 溫日彤 | Sparkle Triathlon |
| 799 | 11 | 8:45 | Navy Blue | TriKids Distance (Swim 200m > Run 1.7km) | Girls 2015 | Hei Ching | Tse | 謝係澄 | |
| 800 | 11 | 8:45 | Navy Blue | TriKids Distance (Swim 200m > Run 1.7km) | Girls 2015 | Cheryll | Lau | 劉森芮 | First Ten Generation Team |
| 801 | 11 | 8:45 | Navy Blue | TriKids Distance (Swim 200m > Run 1.7km) | Girls 2016 | Carissa | Lam | | |
| 802 | 11 | 8:45 | Navy Blue | TriKids Distance (Swim 200m > Run 1.7km) | Girls 2016 | ZIJUN | CAI | 才子瑋 | |
| 803 | 11 | 8:45 | Navy Blue | TriKids Distance (Swim 200m > Run 1.7km) | Girls 2016 | CHEUNG | YUET CHING | 蔣悅晴 | First Ten Generation Team |
| 804 | 11 | 8:45 | Navy Blue | TriKids Distance (Swim 200m > Run 1.7km) | Girls 2016 | Lok | Sze | 施樂 | |
| 805 | 11 | 8:45 | Navy Blue | TriKids Distance (Swim 200m > Run 1.7km) | Girls 2016 | xinwen | li | 李歆雯 | |
| 806 | 11 | 8:45 | Navy Blue | TriKids Distance (Swim 200m > Run 1.7km) | Girls 2016 | Cheuk Man | Ko | 高焯雯 | |
| 807 | 11 | 8:45 | Navy Blue | TriKids Distance (Swim 200m > Run 1.7km) | Girls 2016 | Estelle | Salomon | 沙凱晴 | Energetic Triathlon Shatin |
| 808 | 11 | 8:45 | Navy Blue | TriKids Distance (Swim 200m > Run 1.7km) | Girls 2016 | Tsz Yau | Yeung | 楊子滌 | Blue & White Spirit Sports Club |
| 809 | 11 | 8:45 | Navy Blue | TriKids Distance (Swim 200m > Run 1.7km) | Girls 2016 | Michaela Grace | Leung | 梁然知 | First Ten Generation Team |
| 810 | 11 | 8:45 | Navy Blue | TriKids Distance (Swim 200m > Run 1.7km) | Girls 2016 | Rebecca Mingnuo | Chen | | Sparkle Triathlon |
| 811 | 11 | 8:45 | Navy Blue | TriKids Distance (Swim 200m > Run 1.7km) | Girls 2017 | Olivia | Margitan | 李敏怡 | South China Athletic Association |
| 812 | 11 | 8:45 | Navy Blue | TriKids Distance (Swim 200m > Run 1.7km) | Girls 2017 | Alexandra | Wright | | |
| 813 | 11 | 8:45 | Navy Blue | TriKids Distance (Swim 200m > Run 1.7km) | Girls 2017 | Yuet Ching | Tang | 鄧悅晴 | First Ten Generation Team |
| 814 | 11 | 8:45 | Navy Blue | TriKids Distance (Swim 200m > Run 1.7km) | Girls 2017 | Sumyu | Cheung | 張芯瑀 | First Ten Generation Team |
| 815 | 11 | 8:45 | Navy Blue | TriKids Distance (Swim 200m > Run 1.7km) | Girls 2017 | Wan Ching | Mok | 莫韻澄 | Energetic Triathlon Shatin |
| 816 | 11 | 8:45 | Navy Blue | TriKids Distance (Swim 200m > Run 1.7km) | Girls 2017 | 子昕 | 彭 | 彭子昕 | Sparkle Triathlon |
| 817 | 11 | 8:45 | Navy Blue | TriKids Distance (Swim 200m > Run 1.7km) | Girls 2017 | PO YEE | WONG | 黃實怡 | Hoi Ngai Sports Association |
| 818 | 11 | 8:45 | Navy Blue | TriKids Distance (Swim 200m > Run 1.7km) | Girls 2017 | cheuk lam | leung | | |
| 819 | 11 | 8:45 | Navy Blue | TriKids Distance (Swim 200m > Run 1.7km) | Girls 2017 | HANG TING | LEE | 李幸庭 | AustSports Association |
| 820 | 11 | 8:45 | Navy Blue | TriKids Distance (Swim 200m > Run 1.7km) | Girls 2017 | Adeline | Mason | | South China Athletic Association |
| 821 | 11 | 8:45 | Navy Blue | TriKids Distance (Swim 200m > Run 1.7km) | Girls 2018 | Chan | Ching Yee ALLY | 陳靖兒 | Titan Triathlon |
| 822 | 11 | 8:45 | Navy Blue | TriKids Distance (Swim 200m > Run 1.7km) | Girls 2018 | HUEN AVA | KWOK | 郭萱 | |

2026 Aquathlon Series - Race 1: Start list (updated on 08/04/2026 15:00)

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|-----|----|------|-----------|--|------------|-----------|------|-----|---------------------------|
| 823 | 11 | 8:45 | Navy Blue | TriKids Distance (Swim 200m > Run 1.7km) | Girls 2018 | Yik Yan | Tong | 唐奕忻 | Alpha Zone Sports |
| 824 | 11 | 8:45 | Navy Blue | TriKids Distance (Swim 200m > Run 1.7km) | Girls 2018 | Ngo Ching | Wong | 王傲晴 | First Ten Generation Team |