Race No	Wave	Start Time	Cap	Race Distance	Category	First Name	Last Name	Chinese Name	Club
500	7	8:45	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 20-24	CHON IP	CHAN	陳雋曄	
501	7	8:45	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 20-24	CHEOK HEI	LAO	劉卓晞	
502	7	8:45	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 20-24	建勛	梁	梁建勛	
503	7	8:45	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 20-24	Nikita	Che		
504	7	8:45	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 20-24	Weng Hin	Chio	趙穎軒	
505	7	8:45	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 20-24	Jun Han	Dong	董鈞涵	
506	7	8:45	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 20-24	IAT HEI	LOU	勞日晞	
507	7	8:45	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 20-24	Lai Wai	Chak	翟禮維	
508	7	8:45	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 20-24	King Hang	Chau	周景行	The Little Dolphin Swimming Training Center
509	7	8:45	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 20-24	昀浩	李	李昀浩	
510	7	8:45	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 25-29	Meng Shiuan Arrow	Lee		
511	7	8:45	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 25-29	KIN MING	FUNG	馮建銘	
512	7	8:45	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 25-29	Long Kit	Chiu	趙朗傑	New Sports Triathlon
513	7	8:45	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 25-29	Shun Ming	Wong	黃信銘	
514	7	8:45	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 25-29	CHUN LOK ALAN	AU		
515	7	8:45	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 25-29	Hon Lam Jasper	Lee		
516	7	8:45	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 25-29	Bryan Ting	丁	丁勵彭	The Little Dolphin Swimming Training Center
517	7	8:45	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 25-29	Ka Kiu	LAI	賴嘉翹	NL Triathlon Club
518	7	8:45	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 25-29	James	Tan	陳明輝	South China Athletic Association
519	7	8:45	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 25-29	Vishal	Chugani	劉庭軒	NL Triathlon Club
520	7	8:45	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Junior 1	Pak Hei	Chan	陳柏僖	
521	7	8:45	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Junior 1	Ian	Yu		Mango Swimming Club
522	7	8:45	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Junior 1	Emmanuel	Baranger		
523	7	8:45	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Junior 1	Alban	Modiano	安班	South China Athletic Association
524	7	8:45	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Junior 1	Pak Lam Cass	Man	文柏藍	AustSports Association
525	7	8:45	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Junior 1	Wai Yin	Chan	陳韋弦	Sparkle Triathlon
526	7	8:45	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Junior 1	Chum	tsz ho	覃子皓	Aqua Gym Sport Association
527	7	8:45	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Junior 1	Erik	Wang	王昊程	Kwan Hung Sports Club
528	7	8:45	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Junior 2	Shung Him	Lai	賴崇謙	
529	7	8:45	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Junior 2	QINUO	LIU	刘奇诺	
530	7	8:45	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Junior 2	文軒	何	何文軒	Galaxy Sports Triathlon
531	7	8:45	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Junior 2	CHI HIM RYAN	YAU	丘志謙	
552	8	9:05	White	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 30-34	Aurelien	Cordier		
553	8	9:05	White	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 30-34	chun Hoi	Yuen	阮俊凱	Sonic Sports Association
554	8	9:05	White	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 30-34	Nikolas	Moser		NL Triathlon Club
555	8	9:05	White	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 30-34	Josh	Nedeljkovic		
556	8	9:05	White	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 30-34	Ka Kei Gabriel	Wai	衛嘉麒	
557	8	9:05	White	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 30-34	Jingnie	Tang	唐靖聂	
558	8	9:05	White	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 30-34	Wayne	Tsang	曾永傑	NL Triathlon Club
559	8	9:05	White	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 30-34	Ruben	Duk		NL Triathlon Club
560	8	9:05	White	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 30-34	KA WANG	LO	羅嘉泓	
561	8	9:05	White	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 30-34	Cheuk Kin	Tse		
562	8	9:05	White	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 30-34	Jason	Davidson		NL Triathlon Club
563	8	9:05	White	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 30-34	Adam	Janmohamed		
564	8	9:05	White	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 35-39	Glenn	Cox		
565	8	9:05	White	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 35-39	Kyle	Junkin		
566	8	9:05	White	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 35-39	Clement	Ip		
567	8	9:05	White	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 35-39	Jackson	Hall		
568	8	9:05	White	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 35-39	Antoni	Bernabeu Roig		NL Triathlon Club
569	8	9:05	White	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 35-39	Sergio	Rodriguez Sanchez		Hong Kong Football Club Swimming and Triathlon Society
570	8	9:05	White	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 35-39	Ho Yin	MAN		Hong Kong Fire Services Sports and Welfare Club
571	8	9:05	White	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 35-39	Benjamin	Stani	士探尼本	
572	8	9:05	White	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 35-39	Nicolas	Roudier		NL Triathlon Club

Race No	Wave	Start Time	Cap	Race Distance	Category	First Name	Last Name	Chinese Name	Club
573	8	9:05	White	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 35-39	Jonathan	Chu		
574	8	9:05	White	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 35-39	Chun Ting Timothy	Ho	何俊廷	Energetic Triathlon Shatin
575	8	9:05	White	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 35-39	Toliver	Ma	馬守彰	Titan Triathlon
576	8	9:05	White	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 35-39	Tsz Fung	Chiu	趙子峰	Sonic Sports Association
577	8	9:05	White	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 35-39	Choy	King Fai	蔡璟辉	
578	8	9:05	White	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 35-39	David	Carreno Cerrillo		NL Triathlon Club
579	8	9:05	White	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 30-34	Lok Kwan	Yu		Crest Ray Recreation & Sports Club
580	8	9:05	White	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 30-34	Hugo	Sinieri		
600	9	9:25	Pink	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 40-44	Jason, chun shing	HSIEH	謝竣丞	Sonic Sports Association
601	9	9:25	Pink	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 40-44	Chun Kit	Chung	鍾振傑	
602	9	9:25	Pink	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 40-44	Kin Leung	Li	李健樑	
603	9	9:25	Pink	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 40-44	Dion	Houghton		
604	9	9:25	Pink	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 40-44	Yau Yan	Tam	譚祐恩	AustSports Association
605	9	9:25	Pink	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 40-44	Sean	Ma		Titan Triathlon
606	9	9:25	Pink	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 40-44	Vasco	van der Flier		Hong Kong Football Club Swimming and Triathlon Society
607	9	9:25	Pink	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 40-44	Lap Ken Kenneth	Lee	李立勤	Sonic Sports Association
608	9	9:25	Pink	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 40-44	Chi Lap Max	Lau		
609	9	9:25	Pink	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 40-44	Wai Lam	Yiu	姚瑋霖	
610	9	9:25	Pink	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 40-44	Tsz King	Fung		
611	9	9:25	Pink	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 40-44	Yuen Chi Augustine	Tsang	曾元志	
612	9	9:25	Pink	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 40-44	瀚	汪	汪瀚	
613	9	9:25	Pink	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 45-49	David Fat Yee	Sun	辛法義	
614	9	9:25	Pink	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 45-49	Himothy	Liu		
615	9	9:25	Pink	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 45-49	Chun Hei	Cheung	張駿禧	First Ten Generation Team
616	9	9:25	Pink	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 45-49	Ho Leung Howell	Wong	黃灝良	
617	9	9:25	Pink	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 45-49	Tom	van der Lee		Mango Swimming Club
618	9	9:25	Pink	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 45-49	Antonio	Ferrer		Hong Kong Dragons Triathlon Club
619	9	9:25	Pink	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 45-49	wongching	mak	麥旺清	Crest Ray Recreation & Sports Club
620	9	9:25	Pink	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 45-49	Adrien	Semblat		
621	9	9:25	Pink	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 45-49	Stephen	Morgan		
622	9	9:25	Pink	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 45-49	Jean-Charles	Fouquet		Mango Swimming Club
623	9	9:25	Pink	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 45-49	Eugene	wong		Alpha Zone Sports
624	9	9:25	Pink	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 45-49	KA HO	YAU	邱家豪	
625	9	9:25	Pink	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 45-49	Wing Shun Vincent	Cheng	鄭泳舜	
626	9	9:25	Pink	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 45-49	Robert	Small		
627	9	9:25	Pink	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 45-49	wai yip（sony）	wu	胡偉業	Crest Ray Recreation & Sports Club
628	9	9:25	Pink	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 45-49	Kevin	Chow		NL Triathlon Club
629	9	9:25	Pink	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 45-49	David	Rundle		Hong Kong Dragons Triathlon Club
630	9	9:25	Pink	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 45-49	Niek	Niens		Hong Kong Dragons Triathlon Club
631	9	9:25	Pink	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 45-49	Matthew	Pine	松國慶	NL Triathlon Club
650	10	9:45	Yellow	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 50-54	John Ho Chuen	Lee	李浩銓	
651	10	9:45	Yellow	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 50-54	Christian	Wyborn		Hong Kong Dragons Triathlon Club
652	10	9:45	Yellow	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 50-54	Chik Mo Rex	Chong		
653	10	9:45	Yellow	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 50-54	Etienne	Baranger		
654	10	9:45	Yellow	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 50-54	PUI YIN ANDREW	LEE		
655	10	9:45	Yellow	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 50-54	Pui Yuen	Wong	黃沛源	Pro-trinity Sports Club
656	10	9:45	Yellow	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 50-54	tik ho	chum	覃迪豪	Aqua Gym Sport Association
657	10	9:45	Yellow	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 50-54	Sze Wang	Chung		Titan Triathlon
658	10	9:45	Yellow	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 50-54	Alexander	Liauw		
659	10	9:45	Yellow	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 50-54	Wai Ching	Har	夏偉正	
660	10	9:45	Yellow	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 50-54	CHI KIT	CHAN		
661	10	9:45	Yellow	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 50-54	Olivier	Courret		South China Athletic Association

Race No	Wave	Start Time	Cap	Race Distance	Category	First Name	Last Name	Chinese Name	Club
662	10	9:45	Yellow	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 50-54	simon	porter		Hong Kong Dragons Triathlon Club
663	10	9:45	Yellow	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 50-54	Nicholas	Mawdsley		Tritons Triathlon Club
664	10	9:45	Yellow	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 55-59	Roger	Chiu	趙偉鴻	
665	10	9:45	Yellow	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 55-59	Siu Ming Tom	Tong	湯兆明	
666	10	9:45	Yellow	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 55-59	Ulrich	Kirchhoff		
667	10	9:45	Yellow	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 55-59	YAU KWAI	TSANG	曾有貴	
668	10	9:45	Yellow	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 55-59	federico	masin		Tritons Triathlon Club
669	10	9:45	Yellow	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 55-59	YOSHIAKI	MIURA	三浦喜明	
670	10	9:45	Yellow	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 55-59	Kevin	Lam		
671	10	9:45	Yellow	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 55-59	TAK WING DAVY	LEE		Energetic Triathlon Shatin
672	10	9:45	Yellow	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 55-59	HON FAI	WU		South China Athletic Association
673	10	9:45	Yellow	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 55-59	Tsz Cheung	Lam	林子祥	Tritons Triathlon Club
674	10	9:45	Yellow	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 55-59	Jason	Edwards		
675	10	9:45	Yellow	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 55-59	Wai Chung Christopher	Tong		Sonic Sports Association
676	10	9:45	Yellow	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 55-59	Jack	Yee		
677	10	9:45	Yellow	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 55-59	Jean-Philippe	Gal		Hong Kong Dragons Triathlon Club
678	10	9:45	Yellow	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 55-59	HONG	AU YEUNG	歐陽康	Mango Swimming Club
679	10	9:45	Yellow	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 55-59	Vittorio	Trusso		Hong Kong Dragons Triathlon Club
680	10	9:45	Yellow	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 55-59	man kwong	cheung		Mango Swimming Club
681	10	9:45	Yellow	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 55-59	Richard	Hall		Hong Kong Football Club Swimming and Triathlon Society
682	10	9:45	Yellow	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 60-64	Bertram	Shi		
683	10	9:45	Yellow	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 60-64	Man Sing	Ma	馬敏昇	
684	10	9:45	Yellow	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 60-64	Kwong Leung	Cheng	郑光亮	
685	10	9:45	Yellow	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 60-64	YING HO	LEE		Sonic Sports Association
686	10	9:45	Yellow	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 60-64	SZE LUN	TAM	譚仕倫	
687	10	9:45	Yellow	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 65 & over	Check Yin	Wong	黃卓然	
688	10	9:45	Yellow	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 65 & over	Kwok Ning	Lee		
689	10	9:45	Yellow	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 65 & over	Julius	Wang		Tritons Triathlon Club
690	10	9:45	Yellow	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Male Age Group 65 & over	Tai Wing	Choi	蔡太榮	AustSports Association
700	11	10:05	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Female Age Group 25-29	Jodie	Crisp		Hong Kong Dragons Triathlon Club
701	11	10:05	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Female Age Group 25-29	Wai Ying	Kwong		
702	11	10:05	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Female Age Group 25-29	Juliette Francoise Heidi	Petiteaux		NL Triathlon Club
703	11	10:05	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Female Age Group 25-29	佳琦	吴	吴佳琦	
704	11	10:05	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Female Age Group 30-34	Christie	Mak		
705	11	10:05	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Female Age Group 30-34	Sarah	Cheung	張倩行	Mango Swimming Club
706	11	10:05	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Female Age Group 30-34	Yen Yee Tiffany	Chow		NL Triathlon Club
707	11	10:05	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Female Age Group 35-39	UN IAN	NG	吳婉欣	
708	11	10:05	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Female Age Group 35-39	Ka Hei	Lo		
709	11	10:05	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Female Age Group 35-39	Ruth	Johnstone		Sonic Sports Association
710	11	10:05	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Female Age Group 35-39	Melinna	Mei	梅曉林	
711	11	10:05	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Female Age Group 40-44	LONG	HOI	許朗	
712	11	10:05	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Female Age Group 40-44	Hiu Tung	Lau	劉曉彤	
713	11	10:05	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Female Age Group 40-44	YUI MING	LI	李銳明	The Little Dolphin Swimming Training Center
714	11	10:05	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Female Age Group 40-44	Susan	Hood		Hong Kong Football Club Swimming and Triathlon Society
715	11	10:05	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Female Age Group 40-44	承乐	王	王承乐	
716	11	10:05	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Female Age Group 45-49	Grace	Tang		
717	11	10:05	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Female Age Group 45-49	Kirsty	Smith		
718	11	10:05	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Female Age Group 45-49	Jessica	Tesaury		
719	11	10:05	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Female Age Group 45-49	SooHee	Paik		
720	11	10:05	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Female Age Group 45-49	Ella	Karsemeijer		Hong Kong Dragons Triathlon Club
721	11	10:05	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Female Age Group 45-49	Elaine	Fu		
722	11	10:05	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Female Age Group 45-49	Man Fung	Poon	潘文鳳	Energetic Triathlon Shatin
723	11	10:05	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Female Age Group 45-49	CHI NGAN	CHOW		Energetic Triathlon Shatin

Race No	Wave	Start Time	Cap	Race Distance	Category	First Name	Last Name	Chinese Name	Club
724	11	10:05	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Female Age Group 45-49	Gi Wai Gigi	Wong		Sonic Sports Association
725	11	10:05	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Female Age Group 45-49	deborah	hanley		Hong Kong Football Club Swimming and Triathlon Society
726	11	10:05	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Female Age Group 50-54	KUAI HEONG	CHAN	陳桂香	
727	11	10:05	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Female Age Group 50-54	鑾萁	王	王鑾萁	Titan Triathlon
728	11	10:05	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Female Age Group 50-54	PUI YI ELIZABETH	TAM	譚佩儀	Crest Ray Recreation & Sports Club
729	11	10:05	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Female Age Group 55-59	Joan	Tsang		Sonic Sports Association
730	11	10:05	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Female Age Group 55-59	HAU YI DORA	LI		Energetic Triathlon Shatin
731	11	10:05	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Female Age Group 55-59	Ying Rosanna	Wong	黃英	Mango Swimming Club
732	11	10:05	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Female Age Group 55-59	MUI CHRISTINA	WONG	黃梅	Mango Swimming Club
733	11	10:05	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Female Junior 1	Wenxin	HUANG		
734	11	10:05	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Female Junior 1	Ruby	Ramsay		
735	11	10:05	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Female Junior 1	Lok Ching	Cheng	鄭樂澄	Energetic Triathlon Shatin
736	11	10:05	Blue	Challenge Distance Swim 750m/ Bike 18k (5 laps)/ Run 5k (1.5 laps)	Female Junior 1	Yin Alice	Au Yeung	歐陽彥	Mango Swimming Club