

## 2023 TriKids Duathlon Race 1

Race No.	Heat	Start Time	Last Name	First Name	Race Category	Race Category (Age)	Club
403	1	07:30:00	CARSON	WT Dominic	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Male Junior 1 (2006 & 2007)	Energetic Triathlon Shatin
404	1	07:30:00	CHAN	Tsz Ho Shaun	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Male Junior 1 (2006 & 2007)	First Ten Generation Team
405	1	07:30:00	CHAN	Yui Fung	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Male Junior 1 (2006 & 2007)	Energetic Triathlon Shatin
406	1	07:30:00	FOK	Wang Hin Ian	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Male Junior 1 (2006 & 2007)	Energetic Triathlon Shatin
407	1	07:30:00	KEI	Yin	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Male Junior 1 (2006 & 2007)	Aqua Gym Sport Association
408	1	07:30:00	KWAN	Lok Chun	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Male Junior 1 (2006 & 2007)	
409	1	07:30:00	LAI	Ka Siu	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Male Junior 1 (2006 & 2007)	Crest Ray Recreation & Sports Club
410	1	07:30:00	LAM	Chak Ho	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Male Junior 1 (2006 & 2007)	First Ten Generation Team
411	1	07:30:00	LO	Hin Ching	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Male Junior 1 (2006 & 2007)	Energetic Triathlon Shatin
412	1	07:30:00	MOK	Pak Fan	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Male Junior 1 (2006 & 2007)	Energetic Triathlon Shatin
413	1	07:30:00	TSANG	Wai Chun	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Male Junior 1 (2006 & 2007)	AustSports Association
415	1	07:30:00	WAN	Chak Lam Bobby	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Male Junior 1 (2006 & 2007)	Energetic Triathlon Shatin
416	1	07:30:00	WONG	Ka Ho Gary	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Male Junior 1 (2006 & 2007)	
417	1	07:30:00	WONG	Pak Yiu Anson	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Male Junior 1 (2006 & 2007)	First Ten Generation Team
418	1	07:30:00	YICK	Po Shun	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Male Junior 1 (2006 & 2007)	Sparkle Triathlon
419	1	07:30:00	YUAN	David	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Male Junior 1 (2006 & 2007)	
420	1	07:30:00	YUNG	Pu Chak	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Male Junior 1 (2006 & 2007)	The Little Dolphin Swimming Training Center
421	2	07:30:30	CHAN	Ka Hei Cyrus	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Boys 2008	
422	2	07:30:30	CHEUK	Wa Tak	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Boys 2008	First Ten Generation Team
423	2	07:30:30	LAI	Pak Long	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Boys 2008	Sparkle Triathlon
424	2	07:30:30	LAM	Lok Shi	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Boys 2008	Energetic Triathlon Shatin
425	2	07:30:30	LO	Tin Kit	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Boys 2008	First Ten Generation Team
426	2	07:30:30	LO	Tsz Leong	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Boys 2008	
427	2	07:30:30	MOK	Tsz Him	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Boys 2008	
428	2	07:30:30	NG	Yat Long, Marcus	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Boys 2008	
429	2	07:30:30	TSANG	Auscar	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Boys 2008	Energetic Triathlon Shatin
430	2	07:30:30	TSANG	Kwong Hei Anson	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Boys 2008	Energetic Triathlon Shatin
431	2	07:30:30	WONG	Nok Hei	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Boys 2008	
432	2	07:30:30	WONG	Tsz Fung	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Boys 2008	Mango Swimming Club
433	2	07:30:30	YAU	Chi Him Ryan	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Boys 2008	
434	2	07:30:30	YIM	Tsun Fung	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Boys 2008	Sparkle Triathlon
435	2	07:30:30	GOLDBERG	Aitan Hilton	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Boys 2008	Energetic Triathlon Shatin
436	3	07:31:00	AU	Ho Chun	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Boys 2009	Energetic Triathlon Shatin
437	3	07:31:00	CHAN	Wai Yin	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Boys 2009	Sparkle Triathlon
438	3	07:31:00	KWOK	Ching Ho	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Boys 2009	Crest Ray Recreation & Sports Club
439	3	07:31:00	LEUNG	John	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Boys 2009	
440	3	07:31:00	MAN	Pak Lam Cass	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Boys 2009	AustSports Association
441	3	07:31:00	NG	Yu Chun Adrian	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Boys 2009	
442	3	07:31:00	SULLIVAN	Braedan	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Boys 2009	AustSports Association
443	3	07:31:00	WONG	Chun Hei	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Boys 2009	The Little Dolphin Swimming Training Center
444	3	07:31:00	WONG	Tin Chak	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Boys 2009	
445	3	07:31:00	YIP	Atlas	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Boys 2009	Crest Ray Recreation & Sports Club
446	4	08:00:00	GREATON	Tess Evelyn	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Female Junior 1 (2006 & 2007)	
447	4	08:00:00	LUN	Anson	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Female Junior 1 (2006 & 2007)	AustSports Association
448	4	08:00:00	TANG	Hiu Tung	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Female Junior 1 (2006 & 2007)	

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Race No.	Heat	Start Time	Last Name	First Name	Race Category	Race Category (Age)	Club
449	4	08:00:00	MAN	Lai Ki Nicole	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Girls 2008	Energetic Triathlon Shatin
450	4	08:00:00	STAMENOVIC	Petra	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Girls 2008	
451	4	08:00:00	WONG	Wan Tung	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Girls 2008	Energetic Triathlon Shatin
452	4	08:00:00	LAM	Tsz Yee	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Girls 2009	Energetic Triathlon Shatin
453	4	08:00:00	LEE	Tsz Yau	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Girls 2009	
454	4	08:00:00	MODIANO	Sarah Elise	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Girls 2009	
455	4	08:00:00	TSANG	Hayley	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Girls 2009	Energetic Triathlon Shatin
456	4	08:00:00	WALLACE	Adelyn	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Girls 2009	Aqua Gym Sport Association
457	4	08:00:00	WONG	Lok Tung	Discovery Distance 1 (Run 1.3km/ Bike 8km/ Run 1.3km)	Girls 2009	
458	4	08:00:00	CHAN	Yi Chun	Discovery Distance 2 (Run 1.3km/ Bike 6km/ Run 1.3km)	Girls 2010	AustSports Association
459	4	08:00:00	LEUNG	Hiu Tung	Discovery Distance 2 (Run 1.3km/ Bike 6km/ Run 1.3km)	Girls 2010	AustSports Association
460	4	08:00:00	SIU	Yik Ching	Discovery Distance 2 (Run 1.3km/ Bike 6km/ Run 1.3km)	Girls 2010	
461	4	08:00:00	SIU	Yik Nam	Discovery Distance 2 (Run 1.3km/ Bike 6km/ Run 1.3km)	Girls 2010	
462	4	08:00:00	CHAU	Heulwen	Discovery Distance 2 (Run 1.3km/ Bike 6km/ Run 1.3km)	Girls 2011	Energetic Triathlon Shatin
463	4	08:00:00	HUNG	Wing Yan	Discovery Distance 2 (Run 1.3km/ Bike 6km/ Run 1.3km)	Girls 2011	Energetic Triathlon Shatin
464	5	08:00:30	CHAN	Pak Hei	Discovery Distance 2 (Run 1.3km/ Bike 6km/ Run 1.3km)	Boys 2010	
465	5	08:00:30	HUNG	Yan Sing	Discovery Distance 2 (Run 1.3km/ Bike 6km/ Run 1.3km)	Boys 2010	Energetic Triathlon Shatin
466	5	08:00:30	KWAN	Ho Ming Ethan	Discovery Distance 2 (Run 1.3km/ Bike 6km/ Run 1.3km)	Boys 2010	Energetic Triathlon Shatin
467	5	08:00:30	KWONG	Kwan Ho, Harold	Discovery Distance 2 (Run 1.3km/ Bike 6km/ Run 1.3km)	Boys 2010	
468	5	08:00:30	LAM	Pak To	Discovery Distance 2 (Run 1.3km/ Bike 6km/ Run 1.3km)	Boys 2010	Dali Swimming Club
469	5	08:00:30	LAU	Hong Nam	Discovery Distance 2 (Run 1.3km/ Bike 6km/ Run 1.3km)	Boys 2010	Alpha Zone Sports
470	5	08:00:30	NG	Lai Lok	Discovery Distance 2 (Run 1.3km/ Bike 6km/ Run 1.3km)	Boys 2010	
471	5	08:00:30	SHEINKER	Adrian	Discovery Distance 2 (Run 1.3km/ Bike 6km/ Run 1.3km)	Boys 2010	Aqua Gym Sport Association
472	5	08:00:30	SHUM	Mathis Hin Lun	Discovery Distance 2 (Run 1.3km/ Bike 6km/ Run 1.3km)	Boys 2010	
473	5	08:00:30	SIN	Cheuk Fung	Discovery Distance 2 (Run 1.3km/ Bike 6km/ Run 1.3km)	Boys 2010	First Ten Generation Team
474	5	08:00:30	TING	Ngai Chun	Discovery Distance 2 (Run 1.3km/ Bike 6km/ Run 1.3km)	Boys 2010	Sparkle Triathlon
475	5	08:00:30	TSZ HO	Chum	Discovery Distance 2 (Run 1.3km/ Bike 6km/ Run 1.3km)	Boys 2010	Aqua Gym Sport Association
476	5	08:00:30	WONG	Lok Tin	Discovery Distance 2 (Run 1.3km/ Bike 6km/ Run 1.3km)	Boys 2010	Sparkle Triathlon
477	5	08:00:30	WONG	Lucas	Discovery Distance 2 (Run 1.3km/ Bike 6km/ Run 1.3km)	Boys 2010	Energetic Triathlon Shatin
478	5	08:00:30	YAU	Cheuk Hin	Discovery Distance 2 (Run 1.3km/ Bike 6km/ Run 1.3km)	Boys 2010	First Ten Generation Team
479	5	08:00:30	YU	Ian	Discovery Distance 2 (Run 1.3km/ Bike 6km/ Run 1.3km)	Boys 2010	Mango Swimming Club
480	5	08:00:30	CHAN	Yui Hei Mason	Discovery Distance 2 (Run 1.3km/ Bike 6km/ Run 1.3km)	Boys 2010	Energetic Triathlon Shatin
481	6	08:01:00	CHAN	Tsz Long	Discovery Distance 2 (Run 1.3km/ Bike 6km/ Run 1.3km)	Boys 2011	Energetic Triathlon Shatin
482	6	08:01:00	CHAN	Yat Hay Sky	Discovery Distance 2 (Run 1.3km/ Bike 6km/ Run 1.3km)	Boys 2011	Energetic Triathlon Shatin
483	6	08:01:00	CHAU	Cheuk Yin Desmond	Discovery Distance 2 (Run 1.3km/ Bike 6km/ Run 1.3km)	Boys 2011	Energetic Triathlon Shatin
484	6	08:01:00	CHEUNG	Owin	Discovery Distance 2 (Run 1.3km/ Bike 6km/ Run 1.3km)	Boys 2011	
485	6	08:01:00	CHU	Pak Yin	Discovery Distance 2 (Run 1.3km/ Bike 6km/ Run 1.3km)	Boys 2011	AustSports Association
486	6	08:01:00	CHU	Wang Yui	Discovery Distance 2 (Run 1.3km/ Bike 6km/ Run 1.3km)	Boys 2011	AustSports Association
487	6	08:01:00	CHUNG	Ian Chi Yan	Discovery Distance 2 (Run 1.3km/ Bike 6km/ Run 1.3km)	Boys 2011	Sparkle Triathlon
488	6	08:01:00	NG	Cheuk Kiu	Discovery Distance 2 (Run 1.3km/ Bike 6km/ Run 1.3km)	Boys 2011	Energetic Triathlon Shatin
489	6	08:01:00	NG	Ngo Yin	Discovery Distance 2 (Run 1.3km/ Bike 6km/ Run 1.3km)	Boys 2011	First Ten Generation Team
490	6	08:01:00	NGAN	Shing Hei	Discovery Distance 2 (Run 1.3km/ Bike 6km/ Run 1.3km)	Boys 2011	Energetic Triathlon Shatin
491	6	08:01:00	SHAM	O	Discovery Distance 2 (Run 1.3km/ Bike 6km/ Run 1.3km)	Boys 2011	
492	6	08:01:00	SHUN	Yi Lang	Discovery Distance 2 (Run 1.3km/ Bike 6km/ Run 1.3km)	Boys 2011	
493	6	08:01:00	TAM	Tze Kiu	Discovery Distance 2 (Run 1.3km/ Bike 6km/ Run 1.3km)	Boys 2011	Energetic Triathlon Shatin
494	6	08:01:00	WAN	Chak Yan Bosco	Discovery Distance 2 (Run 1.3km/ Bike 6km/ Run 1.3km)	Boys 2011	Energetic Triathlon Shatin

## 2023 TriKids Duathlon Race 1

Race No.	Heat	Start Time	Last Name	First Name	Race Category	Race Category (Age)	Club
495	7	08:30:00	AU	Leong Yin	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Boys 2012	Sparkle Triathlon
496	7	08:30:00	CHENG	Ching Vince	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Boys 2012	
497	7	08:30:00	CHEUNG	Tsun Yat Francis	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Boys 2012	AustSports Association
498	7	08:30:00	CHEUNG	Tsz Wun Xavier	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Boys 2012	Crest Ray Recreation & Sports Club
499	7	08:30:00	CHU	Ting Yui	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Boys 2012	AustSports Association
500	7	08:30:00	FAN	Hin Curtis	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Boys 2012	Alpha Zone Sports
501	7	08:30:00	HO	Marcus	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Boys 2012	Energetic Triathlon Shatin
502	7	08:30:00	LEUNG	Jeremy Kwun-Dik	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Boys 2012	
503	7	08:30:00	LEUNG	Philip	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Boys 2012	
504	7	08:30:00	LEUNG	Ryan	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Boys 2012	Hoi Ngai Sports Association
505	7	08:30:00	MAK	Tsz Tim	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Boys 2012	Crest Ray Recreation & Sports Club
506	7	08:30:00	NG	Hun Man	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Boys 2012	Sparkle Triathlon
507	7	08:30:00	TING	Chun Ching	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Boys 2012	Sparkle Triathlon
508	7	08:30:00	VOON	Tsun Kwan	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Boys 2012	Alpha Zone Sports
509	7	08:30:00	WONG	Cheuk Yat Julien	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Boys 2012	Sparkle Triathlon
510	7	08:30:00	WONG	Hong Wang Hayden	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Boys 2012	First Ten Generation Team
511	7	08:30:00	WONG	Ian	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Boys 2012	Energetic Triathlon Shatin
512	8	08:30:30	CHAN	Pak Long Casper	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Boys 2013	Energetic Triathlon Shatin
513	8	08:30:30	CHU	Chun Lok	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Boys 2013	First Ten Generation Team
514	8	08:30:30	FOK	Shing Hang	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Boys 2013	Energetic Triathlon Shatin
515	8	08:30:30	HO HIM	Tang	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Boys 2013	Energetic Triathlon Shatin
516	8	08:30:30	KEI	Lap Yan	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Boys 2013	Sparkle Triathlon
517	8	08:30:30	KWOK	Sam	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Boys 2013	Alpha Zone Sports
518	8	08:30:30	LEUNG	Ho Chun	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Boys 2013	
519	8	08:30:30	LEUNG	Lai Sin	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Boys 2013	
520	8	08:30:30	LEUNG	Pui Hin Kenan	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Boys 2013	
521	8	08:30:30	MAK	San Mau Jacob	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Boys 2013	Sparkle Triathlon
522	8	08:30:30	PANG	Ting Yan Matthew	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Boys 2013	Crest Ray Recreation & Sports Club
523	8	08:30:30	POON	Chun Hong Chaska	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Boys 2013	
524	8	08:30:30	SOU	Yui Him	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Boys 2013	Energetic Triathlon Shatin
525	8	08:30:30	TONG	Siu Him	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Boys 2013	Energetic Triathlon Shatin
526	8	08:30:30	TONG	Yau Hei	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Boys 2013	Energetic Triathlon Shatin
527	8	08:30:30	WONG	Chun Him Louis	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Boys 2013	Energetic Triathlon Shatin
528	8	08:30:30	WU	Xianda	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Boys 2013	The Little Dolphin Swimming Training Center
529	8	08:30:30	YAM	Pak Yu Jesper	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Boys 2013	Sparkle Triathlon
530	8	08:30:30	YAN	Ching Long	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Boys 2013	AustSports Association
531	9	08:31:00	CHOW	Sze Ling Celine	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Girls 2012	AustSports Association
532	9	08:31:00	FANG	Yeuk Tung Heather	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Girls 2012	AustSports Association
533	9	08:31:00	LEUNG	Ka Yan	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Girls 2012	
534	9	08:31:00	LEUNG	Sze Yan	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Girls 2012	The Little Dolphin Swimming Training Center
535	9	08:31:00	YEUNG	Hui Yau	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Girls 2012	
536	9	08:31:00	CHAN	On Ki	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Girls 2013	
537	9	08:31:00	CHUNG	Cheuk Lam	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Girls 2013	Energetic Triathlon Shatin
538	9	08:31:00	CHUNG	Cin Yee Cydnee	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Girls 2013	Sparkle Triathlon
539	9	08:31:00	NG	Hei Tung	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Girls 2013	

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Race No.	Heat	Start Time	Last Name	First Name	Race Category	Race Category (Age)	Club
540	9	08:31:00	SHI	Isabella Zihan	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Girls 2013	Mango Swimming Club
541	9	08:31:00	YIU	Mong Ching Alki	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Girls 2013	Alpha Zone Sports
542	9	08:31:00	YU	Tsz Kiu	TriKids Distance 1 (Run 650m/ Bike 4km/ Run 650m)	Girls 2013	AustSports Association
543	10	09:00:00	AU	Hok Sum	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Boys 2014	Sparkle Triathlon
544	10	09:00:00	CHAN	Davis	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Boys 2014	
545	10	09:00:00	CHAN	Man Hei	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Boys 2014	
546	10	09:00:00	CHAN	Nok Norman	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Boys 2014	The Little Dolphin Swimming Training Center
547	10	09:00:00	CHAN	Yat Long Jay	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Boys 2014	Energetic Triathlon Shatin
548	10	09:00:00	CHAN	Yuet Hei	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Boys 2014	
549	10	09:00:00	CHEUNG	Karl	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Boys 2014	
550	10	09:00:00	KWAN	Ho Him	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Boys 2014	Energetic Triathlon Shatin
551	10	09:00:00	KWONG	Kwan Yui, Jun	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Boys 2014	
552	10	09:00:00	LAI	Chun Yin Jairus	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Boys 2014	Sparkle Triathlon
553	10	09:00:00	LAI	Jaxon	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Boys 2014	First Ten Generation Team
554	10	09:00:00	LEUNG	Yau Yat	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Boys 2014	Energetic Triathlon Shatin
555	10	09:00:00	LI	Jadon	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Boys 2014	Energetic Triathlon Shatin
556	10	09:00:00	LI	Yat To Travis	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Boys 2014	AustSports Association
557	10	09:00:00	LO	Cheuk Yin	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Boys 2014	Alpha Zone Sports
558	10	09:00:00	MAN	Lok Tin Mike	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Boys 2014	AustSports Association
559	10	09:00:00	WAT	Tin Chun	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Boys 2014	Sparkle Triathlon
560	10	09:00:00	WOO	Aiden Chi Tin	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Boys 2014	AustSports Association
561	11	09:00:30	CHUNG	Chi Yin Ivin	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Boys 2015	Sparkle Triathlon
562	11	09:00:30	CHUNG	Hei Lok	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Boys 2015	Energetic Triathlon Shatin
563	11	09:00:30	HO	Yat Long Same	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Boys 2015	Energetic Triathlon Shatin
564	11	09:00:30	KEI	Chi Hang	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Boys 2015	Sparkle Triathlon
565	11	09:00:30	LONG	Leonard Yuqi	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Boys 2015	Mango Swimming Club
566	11	09:00:30	NG	Pak Yin	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Boys 2015	Sparkle Triathlon
567	11	09:00:30	POON	Yat Hei Isaac	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Boys 2015	AustSports Association
568	11	09:00:30	SIU	Yik Chun	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Boys 2015	
569	11	09:00:30	TSANG	Chun Ting	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Boys 2015	First Ten Generation Team
570	11	09:00:30	WOO	Ho Hin	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Boys 2015	Energetic Triathlon Shatin
571	11	09:00:30	YAN	Jeremy	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Boys 2015	
572	11	09:00:30	YU	Chun Kiu	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Boys 2015	Sparkle Triathlon
573	11	09:00:30	ZENG	Zikai	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Boys 2015	
574	11	09:00:30	ZENG	Zirui	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Boys 2015	
575	11	09:00:30	ZHANG	Chakyu	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Boys 2015	Mango Swimming Club
576	12	09:01:00	CHAN	Chin Yui	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Girls 2014	AustSports Association
577	12	09:01:00	CHAU	Ceinwen	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Girls 2014	Energetic Triathlon Shatin
578	12	09:01:00	CHEUNG	Mo Tung	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Girls 2014	Alpha Zone Sports
579	12	09:01:00	CHIU	Tsz Ki	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Girls 2014	Alpha Zone Sports
580	12	09:01:00	LAU	Lok Yin Alicia	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Girls 2014	The Little Dolphin Swimming Training Center
581	12	09:01:00	LEUNG	Keira Joy	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Girls 2014	First Ten Generation Team
582	12	09:01:00	NG	Hei Kiu	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Girls 2014	AustSports Association
583	12	09:01:00	WONG	Cheuk Yin	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Girls 2014	
584	12	09:01:00	CHAN	Chin Nam	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Girls 2015	Energetic Triathlon Shatin

## 2023 TriKids Duathlon Race 1

Race No.	Heat	Start Time	Last Name	First Name	Race Category	Race Category (Age)	Club
585	12	09:01:00	CHEUNG	Cheuk Kiu	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Girls 2015	Alpha Zone Sports
586	12	09:01:00	CHEUNG	Olga	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Girls 2015	
587	12	09:01:00	LAM	Tsz Yue	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Girls 2015	
588	12	09:01:00	LAU	Cheryl	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Girls 2015	First Ten Generation Team
589	12	09:01:00	LEUNG	Hei Shun Ona	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Girls 2015	Energetic Triathlon Shatin
590	12	09:01:00	MAK	Ka Pik Abigail	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Girls 2015	Sparkle Triathlon
591	12	09:01:00	MORTON	Tess	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Girls 2015	
592	12	09:01:00	TSE	Hei Ching	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Girls 2015	Sparkle Triathlon
593	12	09:01:00	WAN	Ching	TriKids Distance 2 (Run 650m/ Bike 3km/ Run 650m)	Girls 2015	Energetic Triathlon Shatin