

2023 Aquathlon Series Race 1
Start List

Race no.	Heat	Start time	Swim Cap	First Name	Last Name	Race Category	Race Category (Age)	Club
2001	1	7:00	Pink	Ka Sin	LEUNG	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 20-24	Crest Ray Recreation & Sports Club
2002	1	7:00	Pink	Sin Laam	TANG	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 20-24	
2003	1	7:00	Pink	Tammy	TANG	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 20-24	First Ten Generation Team
2004	1	7:00	Pink	Althea	SUEN	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 25-29	
2005	1	7:00	Pink	Cheuk Lam	MAK	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 25-29	Titan Triathlon
2006	1	7:00	Pink	Hui Yan	TONG	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 25-29	Crest Ray Recreation & Sports Club
2007	1	7:00	Pink	Hoi Yan	LEUNG	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 25-29	
2008	1	7:00	Pink	Jacqueline	LUNG	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 25-29	
2009	1	7:00	Pink	Ka Hung	TSANG	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 25-29	
2010	1	7:00	Pink	Lok Man Coco	LEUNG	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 25-29	
2011	1	7:00	Pink	Man Ting Daisy	CHENG	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 25-29	
2012	1	7:00	Pink	Sin Ching	LAM	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 25-29	New Sports Triathlon
2013	1	7:00	Pink	Yan Wing	TO	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 25-29	Crest Ray Recreation & Sports Club
2014	1	7:00	Pink	Yuen Ching Moose Cullen	HUNG	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 25-29	Excel Swim Sports Association
2015	1	7:00	Pink	Alkira	REINFRANK	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 30-34	
2016	1	7:00	Pink	Amy	MIAO	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 30-34	South China Athletic Association
2017	1	7:00	Pink	Chau Yu	NG	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 30-34	South China Athletic Association
2018	1	7:00	Pink	Cheung Sze	WU	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 30-34	Titan Triathlon
2019	1	7:00	Pink	Chui Shan	KONG	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 30-34	Titan Triathlon
2020	1	7:00	Pink	Emily	HULL	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 30-34	
2021	1	7:00	Pink	Ka Hei	LO	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 30-34	
2022	1	7:00	Pink	Lee	CECI	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 30-34	Excel Swim Sports Association
2023	1	7:00	Pink	On Ki	CHAN	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 30-34	New Sports Triathlon
2024	1	7:00	Pink	Trista	CHAN	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 30-34	
2025	1	7:00	Pink	Wing Sze	NG	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 30-34	Crest Ray Recreation & Sports Club
2026	1	7:00	Pink	Pui Yin	WONG	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 35-39	
2027	1	7:00	Pink	Man Fung	POON	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 40-44	Energetic Triathlon Shatin
2028	1	7:00	Pink	Naoko	WADA-THOMAS	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 40-44	
2029	1	7:00	Pink	Amandine	COURRET	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 45-49	South China Athletic Association
2030	1	7:00	Pink	Cin Lam Lisa	PUN	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 45-49	Sonic Sports Association
2031	1	7:00	Pink	Ka Ling	LIM	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 45-49	
2032	1	7:00	Pink	Ka Yee Doris	YEUNG	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 45-49	
2033	1	7:00	Pink	Lai Ying	FU	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 45-49	Tritons Triathlon Club
2034	1	7:00	Pink	Wing Yee Peggy	KWAN	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 45-49	New Sports Triathlon
2035	1	7:00	Pink	Chloe	THOMAS	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 50-54	Sonic Sports Association
2036	1	7:00	Pink	Hau Yi Dora	LI	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 50-54	Energetic Triathlon Shatin
2037	1	7:00	Pink	Katrin	BUCHTA	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 50-54	
2038	1	7:00	Pink	Maëva	SLOTINE	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 50-54	Sonic Sports Association
2039	1	7:00	Pink	Mika	YAMAGUCHI	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 50-54	
2040	1	7:00	Pink	Pui Yi Elizabeth	TAM	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 50-54	Crest Ray Recreation & Sports Club
2041	1	7:00	Pink	Stephanie	TRESCH	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 50-54	
2042	1	7:00	Pink	Wai Fun	LIU	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 50-54	Sonic Sports Association
2043	1	7:00	Pink	Kwok Choi Josephine	LEE	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 55-59	Tritons Triathlon Club
2044	1	7:00	Pink	Wing Yee	CHEUNG	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 55-59	Alpha Zone Sports
2045	1	7:00	Pink	Angel, Yin Ling	TSOI	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 60-64	Energetic Triathlon Shatin
2046	1	7:00	Pink	Choi Ping	CHAU	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 60-64	
2047	1	7:00	Pink	Shun Ying	WONG	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 60-64	AustSports Association
2048	1	7:00	Pink	Siu Ling Frances	LAM	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 65 & Over	
2049	1	7:00	Pink	Suet Lin Shirley	LEE	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Female Age Group 65 & Over	Aqua Gym Sport Association

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2050	2	7:20	Blue	Chim Keung	CHIU	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 55-59	Mango Swimming Club
2051	2	7:20	Blue	Chung Ming	LEONG	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 55-59	
2052	2	7:20	Blue	Jack	YEE	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 55-59	
2053	2	7:20	Blue	Kin Keung	LEUNG	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 55-59	Energetic Triathlon Shatin
2054	2	7:20	Blue	Ma Chi Po	MA	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 55-59	New Sports Triathlon
2055	2	7:20	Blue	Man Kwong	CHEUNG	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 55-59	Mango Swimming Club
2056	2	7:20	Blue	Ming Yuen	CHIH	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 55-59	Alpha Zone Sports
2057	2	7:20	Blue	Peter	GOLDBERG	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 55-59	Energetic Triathlon Shatin
2058	2	7:20	Blue	Scott	BURTON	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 55-59	
2059	2	7:20	Blue	Wan Tuen	CHAN	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 55-59	
2060	2	7:20	Blue	Wing Foo Paddy	WONG	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 55-59	
2061	2	7:20	Blue	Kwok Ning	LEE	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 60-64	
2062	2	7:20	Blue	Tai Wing	CHOI	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 60-64	AustSports Association
2063	2	7:20	Blue	Yan Wah Danny	SUNG	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 60-64	Alpha Zone Sports
2064	2	7:20	Blue	Ying Ho	LEE	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 60-64	Sonic Sports Association
2065	2	7:20	Blue	Check Yin	WONG	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 65 & Over	Mango Swimming Club
2066	2	7:20	Blue	Fai Ming	CHAN	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 65 & Over	AustSports Association
2067	2	7:20	Blue	Ivan	POON	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 65 & Over	
2068	2	7:20	Blue	John	CAMPBELL	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 65 & Over	South China Athletic Association
2069	2	7:20	Blue	King Yuen	CHAN	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 65 & Over	New Sports Triathlon
2070	2	7:20	Blue	Kong	SHEK	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 65 & Over	AustSports Association
2071	2	7:20	Blue	Stephen King Che	CHAN	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 65 & Over	Energetic Triathlon Shatin
2072	2	7:20	Blue	Wing Kwong	IP	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 65 & Over	Energetic Triathlon Shatin
2073	3	7:40	White	Cheong Wang	CHAN	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 35-39	
2074	3	7:40	White	Cheuk Man	CHAN	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 35-39	Titan Triathlon
2075	3	7:40	White	Cyril	GOMEZ	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 35-39	
2076	3	7:40	White	Hamish	ORR EWING	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 35-39	
2077	3	7:40	White	Ho Tak Nick	TAM	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 35-39	Alpha Zone Sports
2078	3	7:40	White	Ho Tin	KWOK	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 35-39	
2079	3	7:40	White	Ho Yin	PANG	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 35-39	
2080	3	7:40	White	Hugo	LAM	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 35-39	Alpha Zone Sports
2081	3	7:40	White	Ka Ho Lawrence	WONG	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 35-39	Sonic Sports Association
2082	3	7:40	White	Kai Enoch	KANG	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 35-39	
2083	3	7:40	White	Kelvin	LEUNG	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 35-39	
2084	3	7:40	White	King Hei	KO	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 35-39	Titan Triathlon
2085	3	7:40	White	Man Chun	WONG	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 35-39	Titan Triathlon
2086	3	7:40	White	Marcel	SMIT	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 35-39	
2087	3	7:40	White	Sean	MA	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 35-39	
2088	3	7:40	White	Simon	BELFITT	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 35-39	Tritons Triathlon Club
2089	3	7:40	White	Tak Kiu	PUN	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 35-39	Tritons Triathlon Club
2090	3	7:40	White	Wai Lun	SUEN	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 35-39	
2091	3	7:40	White	Yau Yan	TAM	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 35-39	AustSports Association
2092	3	7:40	White	Yeung	YIU LUN	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 35-39	Crest Ray Recreation & Sports Club
2093	3	7:40	White	Alan	LAW	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 40-44	
2094	3	7:40	White	Chi Kin Bernard	LEE	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 40-44	
2095	3	7:40	White	Dean	SAM YU SUM	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 40-44	
2096	3	7:40	White	Fu Keung Stanley	WONG	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 40-44	

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2097	3	7:40	White	Gump	WONG YUK HEI	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 40-44	
2098	3	7:40	White	James	BURFORD	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 40-44	
2099	3	7:40	White	Jim	TSANG	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 40-44	Alpha Zone Sports
2100	3	7:40	White	Johnny	DE GUZMAN	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 40-44	
2101	3	7:40	White	Ken	ISHIHATA	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 40-44	
2102	3	7:40	White	Kun Lei	LAM	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 40-44	
2103	3	7:40	White	Lap Ken Kenneth	LEE	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 40-44	Sonic Sports Association
2104	3	7:40	White	Ngok Pang Ronald	CHAN	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 40-44	New Sports Triathlon
2105	3	7:40	White	Noel	CHEUNG	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 40-44	Crest Ray Recreation & Sports Club
2106	3	7:40	White	Simon	TASKER	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 40-44	Hong Kong Dragons Triathlon Club
2107	3	7:40	White	Siu Ming	AU	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 40-44	The Little Dolphin Swimming Training Center
2108	3	7:40	White	Suphathorn	RAMABUTR	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 40-44	Tritons Triathlon Club
2109	3	7:40	White	Sze Chun	POON	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 40-44	Sonic Sports Association
2110	3	7:40	White	Wai Kit	WOO	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 40-44	
2111	4	8:10	Green	Benjamin	GEBERT	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 45-49	
2112	4	8:10	Green	Charles	HUI	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 45-49	Sonic Sports Association
2113	4	8:10	Green	Chi Lai Anthony	LAI	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 45-49	Sonic Sports Association
2114	4	8:10	Green	Chi Wai Simon	NG	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 45-49	Energetic Triathlon Shatin
2115	4	8:10	Green	Chung Kei	LAM	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 45-49	
2116	4	8:10	Green	Eric	CHAMPIN	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 45-49	Aqua Gym Sport Association
2117	4	8:10	Green	Hon Wing	CHAN	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 45-49	
2118	4	8:10	Green	Ka Wah	LEE	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 45-49	The Little Dolphin Swimming Training Center
2119	4	8:10	Green	Kin Man	LEE	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 45-49	South China Athletic Association
2120	4	8:10	Green	Lai	KA MING	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 45-49	
2121	4	8:10	Green	Lam Fung	LOK	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 45-49	New Sports Triathlon
2122	4	8:10	Green	Man Cheung	LAU	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 45-49	Energetic Triathlon Shatin
2123	4	8:10	Green	Mayank	VAID	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 45-49	Hong Kong Football Club Swimming and Triathlon
2124	4	8:10	Green	On	KA MING	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 45-49	
2125	4	8:10	Green	Pak-Fai	CHAN	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 45-49	
2126	4	8:10	Green	Shu Pong	YIP	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 45-49	
2127	4	8:10	Green	Sui Tong Albert	YAN	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 45-49	South China Athletic Association
2128	4	8:10	Green	Tik Ho	CHUM	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 45-49	Aqua Gym Sport Association
2129	4	8:10	Green	Tristan	KENT	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 45-49	
2130	4	8:10	Green	Will	DALLING	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 45-49	
2131	4	8:10	Green	Ying Cheung	YIU	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 45-49	Excel Swim Sports Association
2132	4	8:10	Green	Alvaro	RODRIGUEZ	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 50-54	
2133	4	8:10	Green	Atsushi	MATSUZAWA	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 50-54	
2134	4	8:10	Green	Chi Kit	WONG	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 50-54	
2135	4	8:10	Green	Derek	CHOW	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 50-54	
2136	4	8:10	Green	Frankie	WONG	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 50-54	Alpha Zone Sports
2137	4	8:10	Green	James	SHUM	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 50-54	Sonic Sports Association
2138	4	8:10	Green	Ka On	YIU	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 50-54	Sonic Sports Association
2139	4	8:10	Green	Lap Kei	CHEUNG	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 50-54	
2140	4	8:10	Green	Mario	GIANGRANDE	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 50-54	
2141	4	8:10	Green	Mark	DOEL	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 50-54	
2142	4	8:10	Green	Olivier	COURRET	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 50-54	South China Athletic Association
2143	4	8:10	Green	Samuel	JIM	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 50-54	New Sports Triathlon
2144	4	8:10	Green	Wing Yin	YEUNG	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 50-54	Energetic Triathlon Shatin

2023 Aquathlon Series Race 1
Start List

Race no.	Heat	Start time	Swim Cap	First Name	Last Name	Race Category	Race Category (Age)	Club
2145	5	8:30	Pink	WT Dominic	CARSON	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Elite Junior 1(NS only)	Energetic Triathlon Shatin
2146	5	8:30	Pink	Lok Chun Andrew	KWAN	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Elite Junior 1(NS only)	
2147	5	8:30	Pink	Hin Ching Cyrus	LO	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Elite Junior 1(NS only)	Energetic Triathlon Shatin
2148	5	8:30	Pink	Wai Chun	TSANG	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Elite Junior 1(NS only)	AustSports Association
2149	5	8:30	Pink	Chak Lam	WAN	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Elite Junior 1(NS only)	Energetic Triathlon Shatin
2150	5	8:30	Pink	Pak Yiu Anson	WONG	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Elite Junior 1(NS only)	First Ten Generation Team
2151	5	8:30	Pink	Pu Chak	YUNG	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Elite Junior 1(NS only)	The Little Dolphin Swimming Training Center
2152	5	8:30	Pink	Pak Hoi	CHAN	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Elite Junior 2(NS only)	
2153	5	8:30	Pink	Ho Kwan	CHAN	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Elite Open (NS only)	
2154	5	8:30	Pink	Tik Long	HUNG	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Elite Open (NS only)	New Sports Triathlon
2155	5	8:30	Pink	Shing Him	YU	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Elite Open (NS only)	
2156	5	8:30	Pink	Ka Nok Carlos	CHEUNG	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 20-24	Compass Sports Association
2157	5	8:30	Pink	Long Kit	CHIU	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 20-24	New Sports Triathlon
2158	5	8:30	Pink	Tsun Hei	LAU	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 20-24	
2159	5	8:30	Pink	Wai Sheung Sean Anthony	LIU	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 20-24	
2160	5	8:30	Pink	Alexandre	ABADIR	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 25-29	Sonic Sports Association
2161	5	8:30	Pink	Cheuk Hei	LEE	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 25-29	
2162	5	8:30	Pink	Cheuk Kiu Bryan	LIN	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 25-29	New Sports Triathlon
2163	5	8:30	Pink	Ka Kam	YAU	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 25-29	
2164	5	8:30	Pink	Chun Lung Alan	CHAN	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 30-34	New Sports Triathlon
2165	5	8:30	Pink	Chung	HO	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 30-34	Crest Ray Recreation & Sports Club
2166	5	8:30	Pink	Chung Hin	TAY	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 30-34	
2167	5	8:30	Pink	Fu Shiu	CHEUNG	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 30-34	
2168	5	8:30	Pink	Hanson	TSIEN	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 30-34	Crest Ray Recreation & Sports Club
2169	5	8:30	Pink	Hidenori	KUSUNOKI	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 30-34	
2170	5	8:30	Pink	Kenneth Yee Lok	WU	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 30-34	Compass Sports Association
2171	5	8:30	Pink	Leong Tim	LAW	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 30-34	First Ten Generation Team
2172	5	8:30	Pink	Man Sum	HO	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 30-34	
2173	5	8:30	Pink	Ming Hei	HO	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 30-34	Energetic Triathlon Shatin
2174	5	8:30	Pink	Oliver	HAAS	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 30-34	South China Athletic Association
2175	5	8:30	Pink	Romain	CUCHET	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 30-34	Sonic Sports Association
2176	5	8:30	Pink	Sheung Chuen	TSOI	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 30-34	Excel Swim Sports Association
2177	5	8:30	Pink	Sze Yu	HUNG	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 30-34	Sonic Sports Association
2178	5	8:30	Pink	Thibaud	LEMAIRE	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 30-34	Sonic Sports Association
2179	5	8:30	Pink	Ting Ho	CHEUNG	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 30-34	Compass Sports Association
2180	5	8:30	Pink	Tsz Kin	LEE	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 30-34	
2181	5	8:30	Pink	Tsz Shing	LI	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 30-34	
2182	5	8:30	Pink	Tsz Tsun	SHIU	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 30-34	New Sports Triathlon
2183	5	8:30	Pink	Long Fung	LAU	Challenge Distance (Swim 250m > Run 2.5km > Swim 500m > Run 3.7k)	Male Age Group 30-34	New Sports Triathlon
2184	6	8:50	Blue	Aitan	GOLDBERG	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Elite Youth (NS only)	Energetic Triathlon Shatin
2185	6	8:50	Blue	Ho Chun	AU	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Elite Youth (NS only)	Energetic Triathlon Shatin
2186	6	8:50	Blue	Ka Hei Cyrus	CHAN	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Elite Youth (NS only)	
2187	6	8:50	Blue	Lok Shi	LAM	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Elite Youth (NS only)	Energetic Triathlon Shatin
2188	6	8:50	Blue	Auscar	TSANG	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Elite Youth (NS only)	Energetic Triathlon Shatin
2189	6	8:50	Blue	Kwong Hei Anson	TSANG	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Elite Youth (NS only)	Energetic Triathlon Shatin
2190	6	8:50	Blue	Nok Hei	WONG	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Elite Youth (NS only)	
2191	6	8:50	Blue	Tsun Fung	YIM	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Elite Youth (NS only)	Sparkle Triathlon

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Start List

Race no.	Heat	Start time	Swim Cap	First Name	Last Name	Race Category	Race Category (Age)	Club
2192	6	8:50	Blue	Chin Yeung	LAI	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Junior 1	Crest Ray Recreation & Sports Club
2193	6	8:50	Blue	Liu Canyu	LIU	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Junior 1	
2194	6	8:50	Blue	Po Shun	YICK	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Junior 1	Sparkle Triathlon
2195	6	8:50	Blue	Tsz Him	LEE	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Junior 1	
2196	6	8:50	Blue	Tsz Ho Shaun	CHAN	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Junior 1	First Ten Generation Team
2197	6	8:50	Blue	Yu Chak	CHOW	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Junior 1	Crest Ray Recreation & Sports Club
2198	6	8:50	Blue	King Ching	LEUNG	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Junior 2	
2199	6	8:50	Blue	Lok Ping	TUNG	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Junior 2	
2200	6	8:50	Blue	Siu Wo	AU YEUNG	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Junior 2	The Little Dolphin Swimming Training Center
2201	6	8:50	Blue	Tsun Kiu	LUI	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Junior 2	Compass Sports Association
2202	7	9:05	White	Lai Ki Nicole	MAN	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Elite Youth (NS only)	Energetic Triathlon Shatin
2203	7	9:05	White	Sarah Elise	MODIANO	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Elite Youth (NS only)	South China Athletic Association
2204	7	9:05	White	Petra	STAMENOVIC	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Elite Youth (NS only)	
2205	7	9:05	White	Hayley	TSANG	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Elite Youth (NS only)	Energetic Triathlon Shatin
2206	7	9:05	White	Lok Tung	WONG	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Elite Youth (NS only)	
2207	7	9:05	White	Wan Tung	WONG	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Elite Youth (NS only)	Energetic Triathlon Shatin
2208	7	9:05	White	Hiu Tung	TANG	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Junior 1	
2209	7	9:05	White	Nicole	CHAU	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Junior 1	
2210	7	9:05	White	Tsz Long	LEUNG	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Junior 2	AustSports Association
2211	7	9:05	White	Cheuk Yin Tammy	CHEUNG	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Age Group 20-29	
2212	7	9:05	White	Tsz Huen Alexandra	WAN	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Age Group 20-29	Crest Ray Recreation & Sports Club
2213	7	9:05	White	Yi Tsun	CHAN	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Age Group 20-29	
2214	7	9:05	White	Chun Hong	LAM	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Age Group 30-39	
2215	7	9:05	White	Chung Kay Joyce	WONG	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Age Group 30-39	Energetic Triathlon Shatin
2216	7	9:05	White	Clara	CAI	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Age Group 30-39	
2217	7	9:05	White	Gobby	CHAN	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Age Group 30-39	New Sports Triathlon
2218	7	9:05	White	Kit Yi	FUNG	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Age Group 30-39	
2219	7	9:05	White	Long Heng	LIM	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Age Group 30-39	
2220	7	9:05	White	Po Yan	CHAN	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Age Group 30-39	Titan Triathlon
2221	7	9:05	White	Suet Ying	CHUNG	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Age Group 30-39	New Sports Triathlon
2222	7	9:05	White	Yu Fan	WONG	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Age Group 30-39	
2223	7	9:05	White	Ayako	OHASHI	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Age Group 40-49	
2224	7	9:05	White	Ellen	YIP	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Age Group 40-49	
2225	7	9:05	White	Emiko	IHARA	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Age Group 40-49	
2226	7	9:05	White	Nga Yee	LI	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Age Group 40-49	Energetic Triathlon Shatin
2227	7	9:05	White	Oi Lin	MOK	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Age Group 40-49	
2228	7	9:05	White	Sau Ching Joyce	KEUNG	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Age Group 40-49	
2229	7	9:05	White	Wing Yan	CHOW	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Age Group 40-49	
2230	7	9:05	White	Yuki	IIDA	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Age Group 40-49	
2231	7	9:05	White	Mui Christina	WONG	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Age Group 50-59	Mango Swimming Club
2232	7	9:05	White	Shuk Han Karen	LUI	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Age Group 50-59	Energetic Triathlon Shatin
2233	7	9:05	White	Yuen Hung	TAM	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Age Group 60 & Over	AustSports Association
2283	7	9:05	White	Ka Sin	WONG	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Female Age Group 40-49	
2234	8	9:20	Green	Hing	CHAN	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 20-29	
2235	8	9:20	Green	Jing Yi Andrew	LI	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 20-29	
2236	8	9:20	Green	Ka Nok	NG	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 20-29	
2237	8	9:20	Green	Kai Yin	WONG	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 20-29	Crest Ray Recreation & Sports Club

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Start List

Race no.	Heat	Start time	Swim Cap	First Name	Last Name	Race Category	Race Category (Age)	Club
2238	8	9:20	Green	Shi Him Josiah	CHOI	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 20-29	
2239	8	9:20	Green	Alec Kam Lek	QUAN	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 30-39	AustSports Association
2240	8	9:20	Green	Cheuk Bun	LI	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 30-39	
2241	8	9:20	Green	Cheuk Wai	CHAN	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 30-39	Crest Ray Recreation & Sports Club
2242	8	9:20	Green	Cheuk Yin	AO	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 30-39	New Sports Triathlon
2243	8	9:20	Green	Chi Kit	WONG	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 30-39	The Little Dolphin Swimming Training Center
2244	8	9:20	Green	Chi To Tomuel	TAM	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 30-39	New Sports Triathlon
2245	8	9:20	Green	Chun Cheong Adrian	CHAN	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 30-39	
2246	8	9:20	Green	Chun Sum Samuel	HO	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 30-39	Energetic Triathlon Shatin
2247	8	9:20	Green	Chun Ting Timothy	HO	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 30-39	Energetic Triathlon Shatin
2248	8	9:20	Green	Hoi Ming	NG	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 30-39	
2249	8	9:20	Green	Jamie	PINCOTT	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 30-39	
2250	8	9:20	Green	Kai Pan`	CHAN	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 30-39	New Sports Triathlon
2251	8	9:20	Green	Kam Yeung	YIM	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 30-39	
2252	8	9:20	Green	Kin Leung	LI	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 30-39	
2253	8	9:20	Green	Kin Man	TSANG	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 30-39	
2254	8	9:20	Green	Lik Hang	CHAN	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 30-39	
2255	8	9:20	Green	Siu Ting	TANG	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 30-39	
2256	8	9:20	Green	Ting Him	HO	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 30-39	
2257	8	9:20	Green	Wai Pui	CHAN	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 30-39	
2258	8	9:20	Green	Ying Sun	WONG	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 30-39	
2259	8	9:20	Green	Yu Hang	LAW	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 30-39	
2260	8	9:20	Green	Chi Man	KWAN	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 50-59	New Target Sport Association
2261	8	9:20	Green	Hong	AU YEUNG	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 50-59	Mango Swimming Club
2262	8	9:20	Green	Jiro	IOKIBE	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 50-59	
2263	8	9:20	Green	Kwan Kuen Alexan	LEUNG	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 50-59	
2264	8	9:20	Green	Kwong Leung	CHENG	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 50-59	
2265	8	9:20	Green	Shu Wah Jimmy	WAN	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 50-59	Energetic Triathlon Shatin
2266	8	9:20	Green	Shu Wai	WAN	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 50-59	
2267	8	9:20	Green	Sunil	SHAH	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 50-59	
2268	8	9:20	Green	Vincent	LEE	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 50-59	AustSports Association
2269	8	9:20	Green	Wai Ming	LEUNG	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 50-59	Titan Triathlon
2270	8	9:20	Green	Yosuke	OKA	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 50-59	
2271	8	9:20	Green	Fuling	TAM	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 60 & Over	
2272	8	9:20	Green	Iwata	TAKATOSHI	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 60 & Over	
2273	8	9:20	Green	Yin Cheong	WONG	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 60 & Over	Energetic Triathlon Shatin
2274	9	9:35	Pink	Chi Tang Jacky	KAM	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 40-49	Alpha Zone Sports
2275	9	9:35	Pink	Chi Wai	CHAN	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 40-49	Energetic Triathlon Shatin
2276	9	9:35	Pink	Chris	GRAHAM	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 40-49	
2277	9	9:35	Pink	Derek Hing Kwok	MA	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 40-49	
2278	9	9:35	Pink	Elton	LEUNG	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 40-49	Sonic Sports Association
2279	9	9:35	Pink	Felix	FAN	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 40-49	
2280	9	9:35	Pink	Hei Chung	MA	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 40-49	The Little Dolphin Swimming Training Center
2281	9	9:35	Pink	Hon Suen	MOK	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 40-49	
2282	9	9:35	Pink	Ka Chun	WONG	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 40-49	
2284	9	9:35	Pink	Kazuya	KURIBAYASHI	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 40-49	
2285	9	9:35	Pink	Keith	KWOK	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 40-49	
2286	9	9:35	Pink	Kim Lun Gary	LUI	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 40-49	AustSports Association

2023 Aquathlon Series Race 1

Start List

Race no.	Heat	Start time	Swim Cap	First Name	Last Name	Race Category	Race Category (Age)	Club
2287	9	9:35	Pink	Kin Chung	HUI	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 40-49	
2288	9	9:35	Pink	Kin Lim	KWAN	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 40-49	Energetic Triathlon Shatin
2289	9	9:35	Pink	Kin Lun	LO	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 40-49	Alpha Zone Sports
2290	9	9:35	Pink	Kin Ming Simon	CHAN	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 40-49	
2291	9	9:35	Pink	Man Wai	TAM	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 40-49	
2292	9	9:35	Pink	Nobuyasu	KIJIMA	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 40-49	
2293	9	9:35	Pink	Pui Lam Frankie	SIU	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 40-49	New Sports Triathlon
2294	9	9:35	Pink	Ryuji	TAKAHASHI	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 40-49	
2295	9	9:35	Pink	Samuel Ching Yin	LEUNG	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 40-49	New Sports Triathlon
2296	9	9:35	Pink	Sean	CRAWFORD	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 40-49	
2297	9	9:35	Pink	Sheung Man	LAU	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 40-49	
2298	9	9:35	Pink	Shimozono	YUSUKE	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 40-49	
2299	9	9:35	Pink	Siu Lung	YEUNG	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 40-49	
2300	9	9:35	Pink	Takeshi	HAYASHI	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 40-49	
2301	9	9:35	Pink	Tim Yt	LEE	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 40-49	Aqua Gym Sport Association
2302	9	9:35	Pink	Ting Piu	CHONG	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 40-49	Titan Triathlon
2303	9	9:35	Pink	Wai Hang	TSUI	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 40-49	
2304	9	9:35	Pink	Wai Ho	TSE	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 40-49	Alpha Zone Sports
2305	9	9:35	Pink	Wai Hung	CHAN	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 40-49	
2306	9	9:35	Pink	Wai Leung	CHENG	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 40-49	
2307	9	9:35	Pink	Yasuhiro	NAKAGAWA	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 40-49	
2308	9	9:35	Pink	Yi Ho	CHAN	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 40-49	
2309	9	9:35	Pink	Yin Wing, Jerry	FU	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 40-49	
2310	9	9:35	Pink	Yiu Cheung	CHAN	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 40-49	Alpha Zone Sports
2311	9	9:35	Pink	Yui Man	LO	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 40-49	New Sports Triathlon
2312	9	9:35	Pink	Yui Por	NG	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 40-49	
2313	9	9:35	Pink	Yun Gun	HA	Sprint Distance (Run 2.5k > Swim 250m > Run 2.5km)	Male Age Group 40-49	Aqua Gym Sport Association
2314	10	9:55	Blue	Chi Him Ryan	YAU	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2008	
2315	10	9:55	Blue	Chun Max	TAI	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2008	Pro-trinity Sports Club
2316	10	9:55	Blue	Pak Long	LAI	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2008	Sparkle Triathlon
2317	10	9:55	Blue	Yan Tao	SHUM	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2008	
2318	10	9:55	Blue	Tsz Him	MOK	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2008	
2319	10	9:55	Blue	Tsz Leong	LO	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2008	
2320	10	9:55	Blue	Yat Long, Marcus	NG	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2008	
2321	10	9:55	Blue	Cheuk Ki	CHUNG	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2009	AustSports Association
2322	10	9:55	Blue	Ching Ho	KWOK	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2009	Crest Ray Recreation & Sports Club
2323	10	9:55	Blue	Chun Hei	WONG	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2009	The Little Dolphin Swimming Training Center
2324	10	9:55	Blue	Jack	COLLIN-JONES	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2009	
2325	10	9:55	Blue	Jesse Wai Ching	CHEUNG	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2009	
2326	10	9:55	Blue	Pak Lam Cass	MAN	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2009	AustSports Association
2327	10	9:55	Blue	Sau Yin	WU	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2009	
2328	10	9:55	Blue	Siu Fung	HO	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2009	
2329	10	9:55	Blue	Tin Chak	WONG	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2009	
2330	10	9:55	Blue	Wai Yin	CHAN	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2009	Sparkle Triathlon
2331	10	9:55	Blue	Yu Chun Adrian	NG	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2009	
2332	11	10:00	White	Adrian	SHEINKER	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2010	Aqua Gym Sport Association
2333	11	10:00	White	Alban	MODIANO	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2010	South China Athletic Association

2023 Aquathlon Series Race 1
Start List

Race no.	Heat	Start time	Swim Cap	First Name	Last Name	Race Category	Race Category (Age)	Club
2334	11	10:00	White	Bo Yuan Alexander	YANG	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2010	
2335	11	10:00	White	Chak Marc	TAI	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2010	Pro-trinity Sports Club
2336	11	10:00	White	Cheuk Nam	KWAN	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2010	Energetic Triathlon Shatin
2337	11	10:00	White	Chum	TSZ HO	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2010	Aqua Gym Sport Association
2338	11	10:00	White	Edison	WONG	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2010	Sonic Sports Association
2339	11	10:00	White	Hoi Fan	MA	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2010	
2340	11	10:00	White	Hong Nam	LAU	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2010	Alpha Zone Sports
2341	11	10:00	White	Jasper	HO	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2010	
2342	11	10:00	White	Lucas	WONG	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2010	Energetic Triathlon Shatin
2343	11	10:00	White	Mathis Hin Lun	SHUM	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2010	
2344	11	10:00	White	Minkyu Alex	HA	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2010	Aqua Gym Sport Association
2345	11	10:00	White	Ngai Chun	TING	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2010	Sparkle Triathlon
2346	11	10:00	White	Pak Hei	CHAN	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2010	
2347	11	10:00	White	Pak Kiu	AO	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2010	New Sports Triathlon
2348	11	10:00	White	Wang Yik	TANG	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2010	Crest Ray Recreation & Sports Club
2349	11	10:00	White	Yui Hei Mason	CHAN	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2010	Energetic Triathlon Shatin
2350	11	10:00	White	Angus	WONG	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2011	
2351	11	10:00	White	Chak Yan Bosco	WAN	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2011	Energetic Triathlon Shatin
2352	11	10:00	White	Cheuk Kiu	NG	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2011	Energetic Triathlon Shatin
2353	11	10:00	White	Cheuk Yin Desmond	CHAU	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2011	Energetic Triathlon Shatin
2354	11	10:00	White	Ching Yu	WONG	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2011	
2355	11	10:00	White	Chun Rex	LAU	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2011	
2356	11	10:00	White	Devat	ASHOK VAID	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2011	
2357	11	10:00	White	Ian Chi Yan	CHUNG	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2011	Sparkle Triathlon
2358	11	10:00	White	King Sing Kurtis	LAM	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2011	
2359	11	10:00	White	O	SHAM	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2011	
2360	11	10:00	White	Pak Kiu	CHAN	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2011	
2361	11	10:00	White	Sheung Ching Karson	LAI	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2011	Crest Ray Recreation & Sports Club
2362	11	10:00	White	Tsz Long	CHAN	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2011	Energetic Triathlon Shatin
2363	11	10:00	White	Tze Kiu	TAM	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2011	Energetic Triathlon Shatin
2364	11	10:00	White	Yat Hay Sky	CHAN	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2011	Energetic Triathlon Shatin
2365	11	10:00	White	Yik Hei	LAU	Discovery Distance (Swim 250m > Run 2.5km)	Boys 2011	
2366	12	10:05	Green	Christa	CHEN	Discovery Distance (Swim 250m > Run 2.5km)	Girls 2008	Energetic Triathlon Shatin
2367	12	10:05	Green	Dikko	MAK	Discovery Distance (Swim 250m > Run 2.5km)	Girls 2008	The Little Dolphin Swimming Training Center
2368	12	10:05	Green	Hei Ching	AO	Discovery Distance (Swim 250m > Run 2.5km)	Girls 2008	New Sports Triathlon
2369	12	10:05	Green	Neta	SHAHAR CHARNUHA	Discovery Distance (Swim 250m > Run 2.5km)	Girls 2008	Aqua Gym Sport Association
2370	12	10:05	Green	Wing Chi	LAU	Discovery Distance (Swim 250m > Run 2.5km)	Girls 2008	
2371	12	10:05	Green	Adelyn	WALLACE	Discovery Distance (Swim 250m > Run 2.5km)	Girls 2009	Aqua Gym Sport Association
2372	12	10:05	Green	Anika	YANG	Discovery Distance (Swim 250m > Run 2.5km)	Girls 2009	South China Athletic Association
2373	12	10:05	Green	Oi Yin	CHAN	Discovery Distance (Swim 250m > Run 2.5km)	Girls 2009	
2374	12	10:05	Green	Chung Ning	SHUM	Discovery Distance (Swim 250m > Run 2.5km)	Girls 2010	
2375	12	10:05	Green	Hiu Tung	LEUNG	Discovery Distance (Swim 250m > Run 2.5km)	Girls 2010	AustSports Association
2376	12	10:05	Green	Hoi Kiu	CHUNG	Discovery Distance (Swim 250m > Run 2.5km)	Girls 2010	Hoi Ngai Sports Association
2377	12	10:05	Green	Tsz Yin	CHAN	Discovery Distance (Swim 250m > Run 2.5km)	Girls 2010	Hoi Ngai Sports Association
2378	12	10:05	Green	Yi Chun	CHAN	Discovery Distance (Swim 250m > Run 2.5km)	Girls 2010	AustSports Association
2379	12	10:05	Green	Yuet Hei	NG	Discovery Distance (Swim 250m > Run 2.5km)	Girls 2010	Energetic Triathlon Shatin
2380	12	10:05	Green	Ava	COLIN-JONES	Discovery Distance (Swim 250m > Run 2.5km)	Girls 2011	
2381	12	10:05	Green	Chin Yat	WONG	Discovery Distance (Swim 250m > Run 2.5km)	Girls 2011	

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Start List

Race no.	Heat	Start time	Swim Cap	First Name	Last Name	Race Category	Race Category (Age)	Club
2382	12	10:05	Green	Heulwen	CHAU	Discovery Distance (Swim 250m > Run 2.5km)	Girls 2011	Energetic Triathlon Shatin
2383	12	10:05	Green	Hong Ching	WONG	Discovery Distance (Swim 250m > Run 2.5km)	Girls 2011	The Little Dolphin Swimming Training Center
2384	12	10:05	Green	Sin Ting	YEUNG	Discovery Distance (Swim 250m > Run 2.5km)	Girls 2011	Hoi Ngai Sports Association
2385	13	10:10	Pink	Adam	BURETTE	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2012	
2386	13	10:10	Pink	Cheuk Nam Janko	AU	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2012	Energetic Triathlon Shatin
2387	13	10:10	Pink	Cheuk Yat Julien	WONG	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2012	Sparkle Triathlon
2388	13	10:10	Pink	Chun Ching	TING	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2012	Sparkle Triathlon
2389	13	10:10	Pink	Hao Che	CHANG	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2012	Crest Ray Recreation & Sports Club
2390	13	10:10	Pink	Ho Tsun	TANG	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2012	Crest Ray Recreation & Sports Club
2391	13	10:10	Pink	Hun Man	NG	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2012	Sparkle Triathlon
2392	13	10:10	Pink	Jack	DALLING	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2012	
2393	13	10:10	Pink	Leong Yin	AU	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2012	Sparkle Triathlon
2394	13	10:10	Pink	Ling Chun	HUNG	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2012	Hoi Ngai Sports Association
2395	13	10:10	Pink	Tasuku	KOJIMA	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2012	South China Athletic Association
2396	13	10:10	Pink	Troy	ZHENG	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2012	Energetic Triathlon Shatin
2397	13	10:10	Pink	Tsz Fung	CHAN	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2012	Hoi Ngai Sports Association
2398	13	10:10	Pink	Tsz Wun Xavier	CHEUNG	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2012	Crest Ray Recreation & Sports Club
2399	13	10:10	Pink	Yik Hang	FAN	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2012	Crest Ray Recreation & Sports Club
2400	13	10:10	Pink	Yuen Ying Max	TSUI	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2012	
2401	13	10:10	Pink	Yui Hang	CHOI	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2012	
2402	14	10:15	Blue	Cheuk Hin	LEUNG	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2013	AustSports Association
2403	14	10:15	Blue	Chun Him Louis	WONG	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2013	Energetic Triathlon Shatin
2404	14	10:15	Blue	Chun Lam	CHU	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2013	The Little Dolphin Swimming Training Center
2405	14	10:15	Blue	Chun Lok	LI	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2013	
2406	14	10:15	Blue	Damon	LAU	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2013	Energetic Triathlon Shatin
2407	14	10:15	Blue	Ho Ching Angus	LEUNG	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2013	The Little Dolphin Swimming Training Center
2408	14	10:15	Blue	Lap Yan	KEI	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2013	Sparkle Triathlon
2409	14	10:15	Blue	Pak Long Casper	CHAN	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2013	Energetic Triathlon Shatin
2410	14	10:15	Blue	Pak Yu Jesper	YAM	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2013	Sparkle Triathlon
2411	14	10:15	Blue	San Mau Jacob	MAK	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2013	Sparkle Triathlon
2412	14	10:15	Blue	Savi Acorn	MOK	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2013	
2413	14	10:15	Blue	Shing Hang	FOK	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2013	Energetic Triathlon Shatin
2414	14	10:15	Blue	Ting Hei Aiken	CHAN	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2013	
2415	14	10:15	Blue	Ting Yan Matthew	PANG	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2013	Crest Ray Recreation & Sports Club
2416	14	10:15	Blue	Xianda	WU	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2013	The Little Dolphin Swimming Training Center
2417	14	10:15	Blue	Yau Hei	TONG	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2013	Energetic Triathlon Shatin
2418	14	10:15	Blue	Yi Chun Leonard	WU	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2013	South China Athletic Association
2419	14	10:15	Blue	Yu Ming Marcus	LAM	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2013	
2452	14	10:15	Blue	Yui Him	SOU	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2013	Energetic Triathlon Shatin
2420	15	10:20	White	Chun Yin Jairus	LAI	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2014	Sparkle Triathlon
2421	15	10:20	White	Gareth Pak Kiu	LI	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2014	
2422	15	10:20	White	Hok Sum	AU	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2014	Sparkle Triathlon
2423	15	10:20	White	Jiakang	FENG	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2014	
2424	15	10:20	White	Ling Chim	HUNG	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2014	Hoi Ngai Sports Association
2425	15	10:20	White	Lok Tin Mike	MAN	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2014	AustSports Association
2426	15	10:20	White	Max	MUIR	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2014	Aqua Gym Sport Association

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Start List

Race no.	Heat	Start time	Swim Cap	First Name	Last Name	Race Category	Race Category (Age)	Club
2427	15	10:20	White	Nok Norman	CHAN	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2014	The Little Dolphin Swimming Training Center
2428	15	10:20	White	Yat Long Jay	CHAN	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2014	Energetic Triathlon Shatin
2429	15	10:20	White	Chi Yin Ivin	CHUNG	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2015	Sparkle Triathlon
2430	15	10:20	White	Chun Kiu	YU	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2015	Sparkle Triathlon
2431	15	10:20	White	Jarvis King Ho	WONG	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2015	
2432	15	10:20	White	Pak Yin	NG	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2015	Sparkle Triathlon
2433	15	10:20	White	Yat Hei Isaac	POON	TriKids Distance (Swim 250m > Run 1.3km)	Boys 2015	AustSports Association
2434	16	10:25	Green	Hiu Yau	YEUNG	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2012	
2435	16	10:25	Green	Ka Yan	LEUNG	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2012	
2436	16	10:25	Green	Tsz Ching	WU	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2012	
2437	16	10:25	Green	Cheuk Lam	CHUNG	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2013	Energetic Triathlon Shatin
2438	16	10:25	Green	Cin Yee Cydnee	CHUNG	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2013	Sparkle Triathlon
2439	16	10:25	Green	Jessie	HO	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2013	
2440	16	10:25	Green	Tsz Wan Ingrid	FONG	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2013	Crest Ray Recreation & Sports Club
2441	16	10:25	Green	Ceinwen	CHAU	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2014	Energetic Triathlon Shatin
2442	16	10:25	Green	Chin Yui	CHAN	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2014	AustSports Association
2443	16	10:25	Green	Hei Kiu	NG	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2014	AustSports Association
2444	16	10:25	Green	Jess	DALLING	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2014	
2445	16	10:25	Green	Keira Joy	LEUNG	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2014	First Ten Generation Team
2446	16	10:25	Green	Lok Yin Alicia	LAU	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2014	The Little Dolphin Swimming Training Center
2447	16	10:25	Green	Yik Hoi Raven	KWAN	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2014	
2448	16	10:25	Green	Cheryl	LAU	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2015	First Ten Generation Team
2449	16	10:25	Green	Ka Pik Abigail	MAK	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2015	Sparkle Triathlon
2450	16	10:25	Green	Niesha	BRAR	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2015	First Ten Generation Team
2451	16	10:25	Green	Tsz Yau Gwen	FONG	TriKids Distance (Swim 250m > Run 1.3km)	Girls 2015	Crest Ray Recreation & Sports Club